

# Armstrong Clothing Company

LINCOLN, NEBRASKA.

## ..Free Catalogues..

Our Catalogues are handsomely illustrated and contain **Samples of the Cloth** from which the clothing is made. They are valuable to any one needing clothing. Through our mail order department you will receive the same courteous treatment and excellent value for your money that you would get if you called personally. All goods are shipped by express subject to examination and approval, and if not satisfactory, may be returned at our expense. Catalogues are **FREE**. Put **X** in front of Catalogues Desired. Sign name and address plainly.

Send Me the Catalogues Marked X Below

- Men's Suit catalogue
- Boys' Clothing catalogue
- Men's Overcoat catalogue
- Men's Furnishings catalogue
- Men's Odd pants catalogue
- Men's Work Clothes catalogue

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After filling in the above cut out and send to

# Armstrong Clothing Company

Lincoln, Nebraska.

Mail Order Department

off for awhile just to let my nerves know that I am thinking about them," he said to an interviewer who congratulated him on the brilliancy of his latter days.

Dortzal, who took the great French beauty prize, is quoted as giving this talisman for rest: "I know how to rest, even when I am talking. When I am tired I don't try to get away, but just rest where I am. I have learned the secret. I stop talking for one thing and so rest my face, my throat

and my lungs. Then I rest my neck. I take the strain off my spine. You can do this only by elevating your feet. Do not attempt to put them above your head, nor on the table, nor even on top of a chair. Just lift them and let them rest on a high footstool. That is the best way in the world to take the strain off your spine. There are many who say placing both feet on the floor will rest the spine, but that is a mistake. Lift your feet. Take the pull off your spinal column. That is the only way to get rested. Now, take the strain off the back of your neck. Rest your head against something. Don't tip your head too far back. Don't turn or twist your neck. Don't strain the neck muscles by getting into an un-

usual position. Don't attempt to rest the head against anything that is unsteady. Have the pillow soft and yielding. Have it placed at a slight angle. Rest your shoulder blades against something firm and about the shape of your back. Have the elbows supported. And don't let the hands be cramped. "These are my rules for resting. I get into a comfortable position, and then I am ready for anybody, be he friend or foe or interviewer."

Send \$1.00 for a year's subscription to The Independent and receive Mr. Berge's book, "The Free Pass Bribery System," free as a premium. This offer applies to full paid advance subscriptions only.

### 2 EXTRA SPECIALS

FOR OUR MAIL ORDER PATRONS  
A PAIR FOR LADIES' IMPORTED KID GLOVES WORTH \$1.50

90c  
Send sample of any material and we'll send gloves in shade to match, also in plain black or white; all sizes 5 1/4 to 8. Regular \$1.50 gloves for 90c; if not entirely satisfactory we'll gladly refund the money.

65c  
each, LADIES' BLACK MERCERIZED PETTI-COATS, WORTH \$1.

Good quality mercerized sateen, accordion pleated and ruffled; especially well made, sizes 40 to 44. If you don't consider this an excellent \$1.00 value we will gladly refund the money.

WE PAY DELIVERY CHARGES  
PEOPLE'S STORE, Lincoln, Neb.  
Reference: Columbia National Bank

Agents Wanted Everywhere to sell Mr. Berge's New Book, "THE FREE PASS BRIBERY SYSTEM." This book will be a seller. Everybody will want it. You can make \$100.00 per month. For particulars, address The Independent.