

# OWES HER LIFE TO

Lydia E. Pinkham's Vegetable Compound

Chicago, Ill.—"I was troubled with falling and inflammation, and the doctors said I could not get well unless I had an operation. I knew I could not stand the strain of one, so I wrote to you some time ago about my health and you told me what to do. After taking Lydia E. Pinkham's Vegetable Compound and Blood Purifier I am to-day a well woman."—Mrs. WILLIAM ALBRENS, 988 W. 21st St., Chicago, Ill.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs, and to-day holds the record for the largest number of actual cures of female diseases of any similar medicine in the country, and thousands of voluntary testimonials are on file in the Pinkham laboratory at Lynn, Mass., from women who have been cured from almost every form of female complaints, inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, indigestion and nervous prostration. Every such suffering woman owes it to herself to give Lydia E. Pinkham's Vegetable Compound a trial.

If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

**Financial Loss Through Tuberculosis.**  
Based on the census of 1900, it is estimated by the National Association for the Study and Prevention of Tuberculosis that nearly 100,000 children now in school will die of tuberculosis before they are 18 years of age, or that about 6,400 die annually from this disease. Estimating that on an average each child who dies of tuberculosis has had six years of schooling, the aggregate loss to the country in wasted education each year amounts to \$1,152,000. According to investigations made in New York, Boston and Stockholm, the percentage of children who are afflicted with tuberculosis is much larger than the death rate would indicate.

**Sunday School's Want Ad.**  
There is a church in Brooklyn that has adopted a novel scheme for enlarging its Sunday school. It advertises for boys and girls to come to it. In the shop windows in the neighborhood of the church one may see placards, such as are used for advertising entertainments of various kinds, that bear the legend:  
"Wanted—Boys and girls to join our Sunday school." Below this are set forth the advantages that will come to the young folk who attend the classes.

**Damage Done by Smoke.**  
Herbert M. Wilson, of the United States geological survey, places the annual damage and waste by smoke in the United States at \$500,000,000 in the large cities alone, or about \$6 to each man, woman and child of the population.

A scientist claims that hogs have souls, but he probably doesn't mean those who occupy two double seats in a crowded railway car.

**Ticket Speculators Victorious.**  
The ticket speculators in front of the theaters in Berlin, against whom the directors have made war, will remain active in their business. The authorities have decided that the speculators cannot be driven away from their haunts, but that they must not block traffic. The manager agreed to keep in reserve a certain number of tickets for every performance for those people who came late, and, inasmuch as the police cannot break up the business, they intend to petition for a law making the vending of tickets on the sidewalks a misdemeanor.

**Superstition of Chinese.**  
The Chinese are a superstitious people, and think it a bounden duty to keep the body intact, and if by any misfortune they are compelled to lose a limb by amputation they invariably ask for the severed member and keep it in a box. Sometimes they will actually eat it, thinking it only right that that which has been taken from the body should be returned to it. On this same principle an extracted tooth will be carefully preserved or ground to powder and swallowed in water.

**Eggs Stuffed and Fried.**  
With a small tin tube or a sharp knife cut a cylindrical piece of white from the pointed ends of hard-boiled eggs, then with a small after-dinner coffee spoon remove the yolks. Rub these through a sieve, add half the amount of cooked giblets, chicken, veal or ham, moisten to a paste with melted butter and season highly. Fill the whites with this mixture, brush the openings with white or raw egg and put the pieces of white back in place. Egg and bread crumbs the eggs and fry to a pale straw color in deep fat. Serve hot with tomato or mushroom sauce. This is simple and inexpensive and may be served with wafers as a dainty appetizer.

# In the LABOR WORLD



Cleveland, O.—Work is being rushed on the new skyscraper office building being erected at Saint Clair avenue and Ontario street by the Brotherhood of Locomotive Engineers. The building will be completed about May 1. The Brotherhood of Engineers decided on the building venture as an investment for surplus capital on hand. When completed the skyscraper will represent an investment of about \$1,250,000. Work was begun last March. An auditorium with a seating capacity of 1,400 will be a feature of the building. A \$10,000 pipe organ, which will be available for concerts and recitals, will be installed. The Brotherhood of Locomotive Engineers will occupy all of the eleventh floor.

Butte, Mont.—Unless there are unforeseen developments, all the mines in the Butte district will close as a result of a jurisdictional labor dispute. A committee representing the International Engineers' union waited on the superintendent of the Amalgamated Copper Mining Company and announced that the jurisdiction of the union must be recognized. The committee also claimed jurisdiction over the pump men, compressor men, firemen and others. Officers of the miners' union said that the Western Federation of Miners would furnish enough engineers to operate the mines, and thus a long shut down may be avoided.

Boston.—The work for the raising of the fund for a memorial monument to the grave of the late Frank B. Monaghan at Forest Hills cemetery has been started by the executive board of the Massachusetts state conference of steam engineers' union. The fund will be the tribute of the engineers of the country, and no other persons or organizations will be asked or allowed to contribute. Mr. Monaghan was an ex-international president, for years a national councillor, and at the time of his death last summer was the editor of the International union journal.

St. Louis.—Following a conference in this city with James Elliott, president of the Southwestern Coal Operatives' association, Thomas L. Lewis, president of the United Mine Workers of America, departed for Indianapolis. Before leaving the city Lewis said that 15 questions of minor importance relating to the affairs of the miners in the southwest had been taken up, but that no decision had been reached. Wage agreements were not discussed, he said.

Boston.—March 1 the 65-cents-an-hour rate will go into effect for the members of Boston Operative Plasterers' union '10. The men struck last summer for an increase from 60 to 65 cents an hour. A compromise was made by which the men then received 62½ cents an hour and the 65-cents-an-hour rate was to go into effect March 1 of this year. The union will enforce the agreement if necessary, it is stated.

Topeka, Kan.—The work of organization is being carried on steadily in Kansas. New unions have been formed within the last two months as follows: In Emporia, a typographical union; in Atchison, a machinists' union; in Horton, a telephone operators' union; in Kansas City, Kan., a plumbers' union, and in Pittsburg, a printing pressmen's union.

Boston.—Boston building laborers' district council has decided that its wage request this year will be for five cents an hour, which, if secured, will make the new rate 35 cents an hour. The members of the six unions of Boston, Cambridge and Brookline will have a mass meeting Sunday, February 27, to take final action on the matter.

Indianapolis, Ind.—The International Typographical union has taken a special referendum vote on the proposition to establish a mortuary benefit in accordance with a resolution adopted at the recent convention of the International.

Worcester, Mass.—In this city April 3, will be held a meeting of the train service men of the United States, Canada and Mexico, and the head of practically every railroad system of the country will attend and speak.

Washington.—Six countries already have agreed to send representatives to the international congress on child welfare in this city in May.

Indianapolis, Ind.—Of the 600,000 coal miners in North America, only 260,000 are within the United Mine Workers.

New Bedford, Mass.—There are 27,700 cotton mill operatives here and about the same number in Fall River. Chicago.—In death benefits the carpenters paid out \$221,742.56 last year.

Augusta, Me.—General organizing work will be undertaken in an endeavor to absolutely organize machinists in New England states before May 1, when, according to the present program, a demand for the eight-hour work day and substantial wage increases will be made at every point.

Chicago.—The possibility of a strike of 4,000 switchmen employed in the Chicago switching district of 18 railroads was believed to have been averted when the parties at dispute agreed to submit the question to the Illinois state board of arbitration. The switchmen who are members of the Brotherhood of Railway Trainmen, demanded an increase in wages of five cents an hour and time and a half for overtime. Both sides signed an agreement to arbitrate. The men voted for a strike, but F. O. Melchor, vice-president of the Rock Island and chairman of the General Passengers' committee, said no strike was now possible. The application for arbitration was filed at Springfield, Ill.

Wilkesbarre, Pa.—There is consternation among the anthracite miners in this region over a decision of the Luzerne county mining board to recall all certificates issued to the many thousands of miners in this county and to examine every man as to his fitness to hold a certificate. Under a Pennsylvania law a man must have two years' experience in hard coal mining before he can obtain a certificate to work as a miner. The decision of the board is due to the finding of large numbers of fraudulent certificates throughout the county, the inexperienced men endangering the safety of mine workers and mine property.

New York.—Between 5,000 and 6,000 structural iron workers employed by the members of the Iron League Erectors association have received an increase in wages of 30 cents a day, dating from the beginning of this month, and on July 1 another advance of 20 cents a day will go into effect, which will bring up the wages to five dollars a day, the highest structural iron workers have yet received. The wage increase was voluntarily granted by the employers.

Boston.—John C. Dyer of New York, general secretary of the Ladies' Garment Workers' union, has sent word that the entire energies of the international will be concentrated in securing a complete victory for the Boston Ladies' Tailors' and Dressmakers' union in its prolonged battle against several local open shop firms. The work of organizing the Boston shirtwaist and white goods makers is progressing most satisfactorily, it is said.

South Bethlehem, Pa.—A point for the Bethlehem Steel Company in the strike controversy was the decision of the 500 steel molders not to strike. To keep the molders at work the company granted them part of their demands. Jacob Tazzler of Washington, representative of Samuel Gompers, arrived and took charge of the fight for the men. The agitators say they propose to get out the entire 10,000 employees of the plant.

Boston.—John B. Lennon, who will retire next July, has been at the head of the International Journeymen Tailors for nearly a quarter of a century, and for almost as long a time has been a prominent figure in international labor circles. As treasurer of the American Federation of Labor and a member of the executive council of the American Federation of Labor Mr. Lennon has always been in the limelight.

Washington.—A popular error in regard to the number of industries in which women were employed during the first quarter of the last century limits their occupation to five or six—the mills, shoemaking, cigar making, sewing, the manufacture of clothing, and printing. Actually statistics from the industrial reports of that period show that over one hundred occupations were open to women.

New York.—The executive body of the Barbers' International union has given notice that hereafter no delegate to the international body will be seated if he does not wear clothing bearing the union label.

London, Eng.—The Great Northern railroad of Ireland has issued a notice that employees reaching the age of 65 years must resign their positions. No pensions will be granted.

New York.—The linotype machinists of Manhattan have established for themselves an official organ under the title Typesetting Machine Engineers' Journal.

New York.—There was a notable decrease in the number of violations of New York's child labor law last year, and fewer children were employed.

Washington.—There were about twenty national or international unions in the United States in 1881; in 1907 there were upward of 125.

Newport, Eng.—The Labor party convention voted down a resolution to change the title under which the party's candidates should stand for parliament from Labor to Labor and Socialist by a vote of 1,492 to 44. A resolution was adopted demanding laws to enfranchise women and pay members of parliament.

Boston.—Just 470 clerks employed in the general offices of the B. & M. railroad system in this city were granted a wage increase of ten per cent. last week. The requests of the clerks in the local offices and the freight clerks are still pending.

# NEVER TASTED FLESH

Philadelphia Girl Vegetarian All Her Life.

Miss Ora Kress is Not Interested in the Boycott on the Meat Trust—She Bars Feathers on Her Hats.

Philadelphia, Pa.—There is one young woman in this city who is not at all concerned about the outcome of the anti-meat crusade, or the beef trust investigation, and that is Miss Ora Kress, a junior at the Woman's Medical college. Miss Kress is a vegetarian, not one who adopts it as a fad, but one who has never tasted meat from the time of her birth, 22 years ago.

Her father, Dr. D. H. Kress, superintendent of the Seventh Day Adventist sanatorium at Washington, D. C., is an ardent advocate of vegetarianism, and he has brought up his daughter in accordance with his views.

Miss Kress is none the worse off for her abstinence from meat. Healthy and robust, with a clear complexion, a pleasant temperament and genial disposition, she is the favorite of friends and fellow-students.

"Time and again her chums endeavored to tempt her with a 'sirloin, well done,' or a brown turkey drumstick, but she resisted the temptation. "Do you know, it often strikes me so funny," said Miss Kress, with a laugh, "to see people gorging the carcass of some dead animal or fowl down their throats. It is repulsive to me."

"Why kill living things for food when the earth is so generous with her bounty of healthful, nourishing food?"

"Do you believe in vegetarianism because it is healthful or because it is humane?" she was asked.

"Both," she answered. "Do you wear plumes or feathers?" "Oh, no; that would be inconsistent."

"Is not the human alimentary canal



so constructed as to be able to digest meat and fat?" she was questioned.

"Fat, not meat," was the answer. "Butter is fat, too. Then, it must be remembered that wheat and nuts contain a great deal of fat."

"The ancient Greeks, who attained the highest point in the development of the human form and who gave so much to the world that is beautiful and artistic, subsisted almost entirely upon vegetable food. Flesh food was a luxury to them, and when they ate meat abundantly they began to degenerate."

"Do you find your light food nourishing and satisfying?" she was asked.

"Do I look as if I were underfed?" she retorted. "And then remember that I work rather hard and need nutritious food."

Oatmeal, eggs, butter, milk, bread and ice cream are the principal articles of food in this remarkable young woman's diet. Sometimes fruit and candies relieve the monotony of her course.

"You see, we are not vegetarians in the fullest sense of the word," added Miss Kress. "Extremists insist upon vegetable food only, and place the ban upon milk and eggs, as well. We, however, use milk and eggs, because it does not require the killing of life. But fish, of course, is in the same category with meat."

**Improved Cutting Blowpipe.**  
The cutting blowpipe, of which so many surprising things have been reported, has recently been improved in France in a way to render it more generally useful. Two inflammable gases must be employed. One is required to keep the metal at a high temperature. The other is oxygen to concentrate action by oxidation along the line of the cut. For heating, either coal gas, acetylene or hydrogen is employed, but as there is sometimes difficulty in procuring a supply of those gases, the new blowpipe is arranged to use instead of the ordinary gasoline employed by motorists.

**Superstition of Chinese.**  
The Chinese are a superstitious people, and think it a bounden duty to keep the body intact, and if by any misfortune they are compelled to lose a limb by amputation they invariably ask for the severed member and keep it in a box. Sometimes they will actually eat it, thinking it only right that that which has been taken from the body should be returned to it. On this same principle an extracted tooth will be carefully preserved or ground to powder and swallowed in water.

# madam: Don't be misled

Cheap and Big Can Baking Powder is Only Big in Size - Not in Satisfaction - Not in Economy

A large can and a small cost does not make baking powder cheap—or even less expensive than Calumet—the high-quality, moderate-price kind. It certainly cannot make it as good. Don't judge baking powder in this way—the real test—the proof of raising power, of evenness, uniformity, wholesomeness and deliciousness will be found only in the baking.

# CALUMET BAKING POWDER

is a better baking powder than you have ever used before. And we will leave it to your good judgment for proof. Buy a can today. Try it for any baking purpose. If the results are not better—if the baking is not lighter, more delicious, take it back and get your money. Calumet is medium in price—but great in satisfaction. Free—large handsome recipe book, illustrated in colors. Send 4c and slip found in pound can.

Calumet Received Highest Award—World's Pure Food Exposition



# HE WOULD DO BETTER.



Chaplain—Tommy, I was very sorry to see you in a state of inebriety last night.  
Tommy—Sorry, sir. In future I won't go out when I'm drunk.

# TACK THIS UP

**Prescription That Breaks Up the Worst Cold in a Day.**  
Every winter this prescription is published here and thousands have been benefited by it. "Get two ounces of Glycerine and half an ounce of Concentrated Pine compound. Then get half a pint of good whiskey and put the other two ingredients into it. Take a teaspoonful to a tablespoonful of this mixture after each meal and at bed time. Shake the bottle well each time." But be sure to get only the genuine Concentrated Pine. Each half ounce bottle comes in a tin screw-top case. Any druggist has it on hand or will quickly get it from the wholesale house. Many other pine extracts are impure and cause nausea.

**Talkative Woman.**  
Hewitt—Some men talk and don't say anything.  
Jewett—Yes, my wife is just that kind of a man.

**Mrs. Winslow's Soothing Syrup.**  
For children teething, softens the gums, reduces inflammation, allays the pain, cures wind colic. 30c a bottle.

Two-thirds of all a man's troubles wear petticoats.

**ONLY ONE "BROMO QUININE."**  
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

Many people want assistance—and a few really need it.

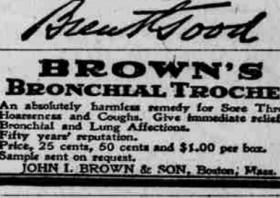
# The more you eat

Quaker Oats the better your health will be.

Practical experiments with athletes show Quaker Oats to be the greatest strength maker.

# Constipation Vanishes Forever

**Prompt Relief—Permanent Cure**  
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner—cure indigestion—improve the complexion—brighten the eyes. Small Pill, Small Dose, Small Price. GENUINE must bear signature:



**BROWN'S BRONCHIAL TROCHES**  
An absolutely harmless remedy for Croup, Whooping Cough, and Croup. Give immediate relief in Bronchial and Lung Affections. Fifty years' reputation. Price, 25 cents, 50 cents and \$1.00 per box. Sample sent on request.

**DEFIANCE STARCH**—16 ounces in other starches only 12 ounces—same price and "DEFIANCE" IS SUPERIOR QUALITY.

**PATENT** Book and Advice FREE. Mass. Patent & License, Washington, D.C. Est. 49 yrs. Best restorative.

**THE APPROVAL of the most EMINENT PHYSICIANS and its WORLD-WIDE ACCEPTANCE by the WELL-INFORMED,**

**BECAUSE ITS COMPONENT PARTS ARE KNOWN TO BE MOST WHOLESOME AND TRULY BENEFICIAL IN EFFECT, HAVE GIVEN TO**

**Syrup of Figs and ELIXIR OF SENNA**

**THE FIRST POSITION AMONG FAMILY LAXATIVES AND HAVE LED TO ITS GENERAL USAGE WITH THE MOST UNIVERSAL SATISFACTION.**

**TO GET ITS BENEFICIAL EFFECTS, ALWAYS BUY THE GENUINE**

MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO. FOR SALE BY ALL LEADING DRUGGISTS ONE SIZE ONLY, REGULAR PRICE 50¢ PER BOTTLE

**Syrup of Figs and ELIXIR OF SENNA**

THE ORIGINAL AND ONLY GENUINE IS MANUFACTURED BY THE

**California Fig Syrup Co.**

**Baby Smiles—When He Takes**

**PISO'S CURE**

THE BEST MEDICINE FOR COLIC AND COLDS

So pleasant that he likes it—and contains no opiates. There is nothing like it for Colic, Croup, Asthma and all troubles of the throat and lungs. A Standard Remedy for half a century. All Druggists, 25 Cents.

**Constipation—Nearly Every One Gets It**

The bowels show first signs of things going wrong. A Cascarel taken every night as needed keeps the bowels working naturally without grip, gripe and that upset sick feeling.

Ten cent box, week's treatment. All drug stores. Biggest seller in the world—million boxes a month.