

Eating for Strength.

The greatest pleasure to be derived from eating is the pleasure one gets in the knowledge that his food is giving him greater strength and vitality.

Because of this fact there is a constant increase in the consumption of Quaker Oats; every time the strength making qualities of Quaker Oats have been tested by scientific investigation or by experiments in families it has been found to be a food without an equal.

It builds the muscles and brain without taxing the digestive organs; it costs so little anyone can afford it, and it is so carefully prepared and packed that it is absolutely pure and clean. A Quaker Oats eating family is always a healthy family.

Quaker Oats is packed in regular size packages and also in large size family packages. The latter very convenient for those not near the store.

NO PLACE FOR A PAINTER.



Visitor—Does the painter Maier live here?
Landlady—No; they are all respectable people in this house.

RECIPE FOR CATARRH.

Furnished by High Medical Authority. Gives Prompt Results.

The only logical treatment for catarrh is through the blood. A prescription which has recently proved wonderfully effective in hospital work is the following. It is easily mixed.

"One ounce compound syrup of Sarsaparilla; one ounce Toris compound; half pint first-class whiskey." These to be mixed by shaking well in a bottle, and used in tablespoon doses before each meal and at bedtime.

The ingredients can be gotten from any well stocked drugist, or he will get them from his wholesale house.

Worth the Expense.

The story that Sir John Fisher of the British admiralty tells with the greatest enjoyment—and he tells many, and all with zest—is of an old boatswain on his flagship who fell into a little money and retired. One day the admiral visited him at his country box, to find the old sailor possessed of an apparently useless man servant.

"What do you want with him?" asked Fisher.

"He's very morning," explained the old sailor. "I come to me 'ammock and tells me to roll 'out. The h'admiral wants to see you," 'e says to me. 'I and I says to 'im, 'Tell the h'admiral to go to 'ell,' says 'I."

Misery.

The neighbor's dog sits out on the front lawn and howls dully. The man in the window looks out and yells: "Sh-h-h, you beast!" The dog continues to howl. The man again comes to the window and still the animal howls. Another shoe follows. The next day the man's wife goes around in her stocking feet because she can't find her shoes. The man hasn't the price of another pair of shoes for her, and the next night the dog howls louder than ever.

Christmas Post Cards Free.

Send 2c stamp for five samples of our very best Gold and Silk Finish Christmas, Flower and Motto Post Cards; beautiful colors and loveliest designs. Art Post Card Club, 792 Jackson St., Topeka, Kan.

Not Expecting Too Much.

"I suppose your remarks in congress will be listened to with great interest?"

"My friend," said the statesman, "in congress a man is lucky to get a chance to make a speech without expecting people to listen to it."

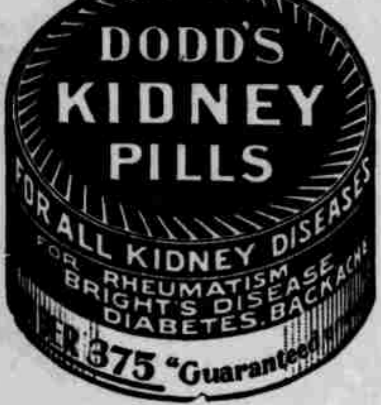
The danger from slight cuts or wounds is always poisoning. The immediate application of Hamlin's Wizard Oil makes blood poisoning impossible.

The best preparation for the future is the present well seen to, and the last duty well done.

Good company and good discourses are the very sinews of virtue.—Isaak Walton.

DOCTOR YOURSELF
When you feel a cold coming on by taking a few doses of Perry Davis' Painkiller, it is better than Quinine and safer. The large 10c bottles are the cheapest.

To believe only what our finite minds can grasp.



ELECTRICAL NOTES.

An American company is equipping Rio de Janeiro and the surrounding districts with a thoroughly modern telephone system.

Ligating which struck his kite recently killed a Norwegian scientist who was emulating Franklin.

The Canadian government supports more than a score of wireless telegraph stations along its coasts, five of which are on the Pacific.

Canada has 20 wireless stations, and new wireless service is being established between Prince Rupert and Vancouver.

In the course of trials of wireless telephone service between the French cruiser "Conde" and land stations, the cruiser was able to talk with a station 100 miles distant.

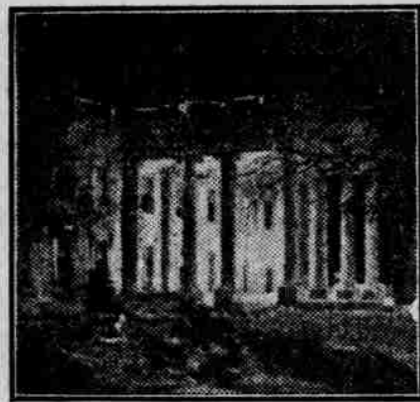
Conversation by a wireless telephone, the invention of two lieutenants of the French navy, is said to have been carried on between Toulon and Fort Vendres, a distance of 155 miles.

During the recent rioting at Barcelona, all the gas and electric light plants were out of commission, and the city was illuminated only by the searchlights of warships in the harbor.

ELECTRICITY IN WHITE HOUSE

Plant is Now One of Most Elaborate to Be Found in Any Residence in the United States.

According to a writer in Popular Electricity, the White House at Washington now enjoys the distinction of



Entrance to White House at Night.

supporting the most elaborate electric light plant in the United States. He says:

A considerable portion of the electric lights at the White House are in use during every hour of dusk or darkness, week-days and Sundays, from one end of the year to the other, so that it can be appreciated that merely the maintenance of this lighting system, the renewing of lamps, etc., is a considerable chore.

Electricity is also employed to operate an automatic elevator and dumb-waiters; supplies the energy for a vacuum cleaner for carpets, curtains, etc.; drives upward of two hundred house fans and a number of exhaust fans for ventilating purposes; provides a private telephone system with stations in all parts of the mansion and grounds; and finally, does much of the cooking in the kitchen and the ironing in the laundry.

"The power plant which supplies the electricity for the White House is not located in the mansion, but in the sub-basement of the state, war and navy department building, directly across the street. The machinery was thus placed because it was not desirable to have the dirt and noise incident to a power plant at the White House and also from considerations of the danger from fire. The power plant has a 200-horsepower engine and two Curtis turbines of 75 and 150 kilowatts capacity, respectively. The White House receives a 220-volt direct current for power and a 110-volt direct current for lighting. There is a lighting circuit at the White House stables, located nearly a square from the mansion, and facilities have lately been installed for the charging of Mrs. Taft's new electric automobile.

As the White House is absolutely dependent upon electricity as an illuminant (the mansion not being supplied with gas), it is of supreme importance that dependable current be available every minute of the 24 hours. The equipment in the dynamo-room presents three sources of electrical energy, any one of which is all-sufficient for White House needs and in the unheard of event that all three installations should be simultaneously out of commission or unable to carry the load from any cause, the White House may be immediately thrown on to an emergency street service supplied by the leading commercial company at the national capital.

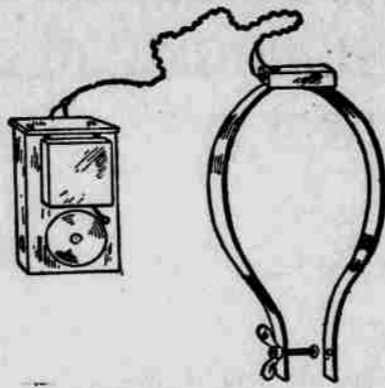
Wireless New York to Chicago.

A press message was recently sent by the New York Times to the Chicago Tribune by means of wireless telegraphy from the tower of the Waldorf-Astoria hotel to the Auditorium Annex in Chicago. The difficulties involved in sending the message, owing to the interfering and conflicting waves from other stations, showed that wireless telegraphy, at least in its present state, is not a serious competitor of wire telegraphy for transmission over land. It was only after repeated attempts to get the Chicago station that communication was finally established.

ALARM ANNOUNCES HOT BOX

Device Consists of Tube Filled with Mercury and Terminals of an Electric Battery.

A device consisting of a tiny tube and bulb filled with mercury, into which are set the positive and negative terminals of an electric battery, has been designed to give the alarm when the bearings of an engine become overheated. The mercury tube is inserted in a case, two inches square, to prevent breakage. On the heating of a bearing the mercury expands and reaches the terminal at the upper end of the tube. This closes the circuit and the bell rings. When there are a large number of bearings, an indicator board is provided to show just which bearing is hot, thus saving the necessity of a hunt for the one



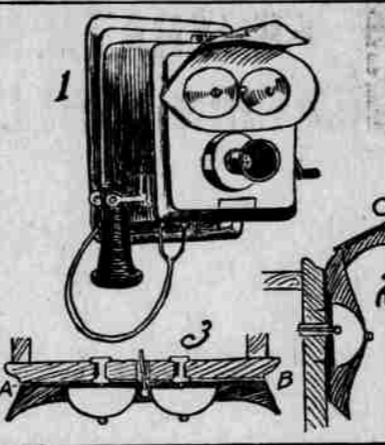
Hot-Bearing Annunciator.

affected. The device is in fact an engine-room detective, and can be used on large steamships or small motor boats.

RESONATOR ON A TELEPHONE

Illustration Showing Device to Augment Sound of Bell Where There is Very Much Noise.

Pictured in the accompanying engraving is a device adapted to augment the sound of telephone bells or other signals, so that the signal may be heard in places where there is more or less noise. The device is particularly adapted for use in shops, pumping stations, and the like, where ordinary sounds are not discernible, especially under heavy atmospheric conditions or in damp or rainy weather. The device consists of an elongated dish body formed with sound reflectors overhanging the center of the body. This device is placed behind the bells of the telephone, and acts to reflect the sound in a definite direction. The reflectors referred to are indicated at A, B, and C in the illustration. It will be observed that they are of conical form, and the reflectors A and B serve to catch the sounds which ordinarily travel out in a lateral direction from the telephone, and direct them forward. The reflector C serves similarly to collect and reflect the sound waves that pass upward. For convenience in manufacture the reflector C is preferably made in a separate piece, but the portion which extends to the main body is tangent thereto and flattened, in order that a neat joint with the body may



Resonator for Telephones.

be effected. The device is extremely simple, and can readily be attached to a telephone by means of a couple of screws. The form of the reflector can be modified to throw the sound to one side if desired instead of directly forward.

LITTLE RIVER WORKS HARD

Tiny Stream, only Seventy-Five Miles in Length, Furnishes Immense Amount of Horsepower.

The hardest working river, the one most thoroughly harnessed to the mill-wheels of labor in the United States, probably in the world, is the Blackstone. This river rises in Worcester county, Massachusetts, U. S. A., flows eastward entering Providence river, near the city of Providence, R. I. It is not a large river either, its length being about 75 miles. Its drainage area is only about 458 square miles and in its power-producing section it is only 43 miles long; a very Tom Thumt of a river as rivers go in America. Yet the doughty little stream produces 23,000 horsepower, 50 for every square mile of its drainage area. If you will figure out this amount of horsepower in terms of coal you will find that the busy little stream represents a capitalization of about \$25,000,000. This is twice the developed horsepower of any other important river.

One horsepower, ten hours a day, 300 days in a year would require just about seven and a half tons of good steam coal for its production and the whole 17,000 minimum horsepower would mean 127,500 tons of coal at probably four dollars a ton, a total of \$510,000.

TALKS ON BEAUTY

Employed to Stimulate Industries, Says Hattie Williams.

Actress Says Good Looks Are Asset in Business and Scouts Idea That Ugly Women Are Most Useful.

Philadelphia.—"This is the age of beauty in the business world," says Hattie Williams, the star of "Detective Spikes," now playing at the Garrick theater.

"Mark me, I do not mean the beautiful age, but the age of beauty. We have come to the time when a sweet, a pliant, a bewitching face is quite as important a factor in legitimate business as price or quality of wares, convenience of mart or effective advertising.

"Woman—good-looking woman—has at last found a sphere of honest endeavor that cannot but appeal to her—the legitimate exploitation of the goods she is paid to show off. Paris led the way in this new field of endeavor and Philadelphia has rapidly fallen into line.

"Next to the French capital I know of no city where the fairness of its daughters is so effectively used for honest business purposes.

"Let me explain. Let us walk down Chestnut street. We drift along with the stream of shoppers until that stream becomes jammed in front of a big show window. There in the window sits a girl of surpassing fairness. Her beautifully shaped head, crowned with a wealth of glossy black hair, is bent over a new model sewing machine. She is intent on her work and we are intent on the picture she makes. It is probably a very fine, up-to-date sewing machine, but it could stay in that window for many weeks and not attract a crowd.

"The man whose business it is to sell that machine knows his business and knows it well. The combination of girl and machine is a pleasing one and the impression is lasting.

"Further down the street there is a shop with big windows, through which we see heaps of confections, and we



can see, too, a dainty blonde miss of exquisite feature and coloring who seems to have little in the world to do except to sit just where the passing throngs can get glimpse of her fresh loveliness. Why is that store crowded with customers while another confectionery shop further down the street languishes for want of trade? The sweets in the one shop may be no better than those in the other, but the attractiveness of the blonde saleswoman furnishes the one thing needful in business—the initiative.

"In these days of greatest competition among merchants, it was a clever man indeed who first realized the tremendous attraction of a pretty woman's face for shoppers, women as well as men. For, don't for a moment think that the potency of these fair young women is felt only by the opposite sex.

"Bertha, the Beautiful Sewing Machine Girl, can go on hiding her beauty in the dusty factory, where it seems, after all, she has had a hard time of it, but if Bertha is really so beautiful she can be happily prosperous by giving legitimate publicity to her fresh, wholesome charms. And that's what many Berthas are doing to-day in Philadelphia, and it's a good thing all around. It won't spoil Bertha if she's the right sort of girl, and won't hurt the shopping public to look upon bright, pretty faces."

Phosphorescent Forests.

The phosphorescence of certain agarics of Borneo has more than once demoralized the superstitious natives and astonished whites. Some years ago a party of English engineers found it necessary to survey a tract of low lying country which was almost impenetrable, and to blaze the trail natives were employed to work at night, others during the day. The former came into camp one night stating that they could not go through a portion of the bush or forest, strange "spirits" on the trees telling them that evil would befall them if they continued. The "spirits" proved to be a magnificent display of phosphorescence emanating from agarics growing upon the dead limbs of the trees. These vegetable fire bodies were traced for a considerable distance, producing a most remarkable exhibition, the light in some places being so brilliant that it was difficult to believe that the forest was not afire. To test the brilliancy the men held papers near the most brilliant portions and read by the light.

SAYS CANNON MUST QUIT

Victor Murdock Predicts Trouble for Man Who Serves Notice on "Uncle Joe."

Kansas City, Mo.—Some one in the next session of congress is going to have a mighty unhappy ten seconds in the company of Speaker Cannon. Men who reviewed the future here believed that about ten seconds would do, and they were equally certain that the particular visit to the sacred chamber would be made by some one; especially certain was Victor Murdock of the Seventh Kansas congressional district.

The most disagreeable job in the world is waiting for some member of the Cannon machine in the house," Mr. Murdock said. "It will be performed, in all probability, in the next



"Uncle Joe" Cannon.

eight months. The straps of the Cannon machine will hold a meeting and pick some man to go to Cannon and tell him that for the safety of the system he must announce immediately his retirement.

"The domination of Cannon over his lieutenants is such that any one of them would rather meet death than to face the speaker on this proposition, because Cannon has no intention of retiring, and will not take kindly to the suggestion; but he is impossible, and his lieutenants know it and fear that if he continues as a factor he will carry the system down with him.

"They know that for their own good the system must be saved. They are guarding three propositions.

"The first is the right in the speakership of inquisitorial recognition. The second, the power which the system will do everything to preserve, even to eliminating the present speaker, is the power of the appointment of committees, under which, as is well known, a part of the house control hinges.

"The third factor of control which the machine will try to preserve is the membership of the speaker on the committee on rules.

"The condemnation of Cannon can no longer be identified as sectional. I am in receipt of letters from nearly every section of the country, official and private alike, and all tell the same tale of a widespread determination to veto the power of this man.

"Cannon may not know that he is gone, probably does not, but his lieutenants know it, and from this time on their whole endeavor will be to save the system and transmit, unimpaired, its machinery to another personality."

STAMPS FOR THE RED CROSS

Sixty Millions of Christmas "Stickers" to Be Sold to Aid Tuberculosis War.

Washington.—Thirty million 1909 Merry Christmas stamps have been ordered by the American Red Cross society to be sold to raise funds for the war on tuberculosis. Thirty million more stamps will be ordered later and by December 15 it is expected that these 60,000,000 bullets will be fired in the national battle against the White Plague.

President Taft is the sponsor for the Red Cross movement. He is now the



The Red Cross Stamp.

president of the society. The stamp this year is similar in design to the one used last year. The 1908 stamp sale netted the society \$140,000, all of which was used in the fight against the tubercular bacilli.

The stamps are sold to Christmas shoppers who in their turn put them on all the packages and Christmas greetings which they send to their friends and relatives.

Allowed to Cry Their Wares.
The city council of Chicago has killed the proposed ordinance prohibiting peddlers and newboys from crying their wares.

A GOOD COUGH MIXTURE.

Simple Home-Made Remedy That is Free from Opium and Harmful Drugs.

An effective remedy that will usually break up a cold in twenty-four hours, is easily made by mixing together in a large bottle two ounces of Glycerine, a half-ounce of Virgin Oil of Pine compound pure and eight ounces of pure Whisky. This mixture will cure any cough that is curable, and is not expensive as it makes enough to last the average family an entire year. Virgin Oil of Pine compound pure is prepared only in the laboratories of the Leach Chemical Co., Cincinnati O.

Good Work Goes On.

During the year that has passed since the international congress on tuberculosis met at Washington, one institution or organization for the treatment or prevention of tuberculosis has been established every day, Sundays and holidays included, according to a bulletin of the National Association for the Study and Prevention of Tuberculosis. Fifteen new beds in hospitals or sanatoria have been provided also for every day of the year.

Constipation causes and aggravates many serious illnesses. It is thoroughly cured by Dr. Pierce's Pleasant Pellets. The favorite family laxative.

Not to alleviate if we can all that needs alleviation.

Nebraska Directory

A Physician Says of UNCLE SAM Breakfast Food AS A CURE FOR CONSTIPATION

"As a number of cases of Constipation in my practice it has given very good results. Several patients claim to be entirely relieved of severe constipation by its use."

Dr. J. T. M. (Name on request.)

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