

DISCOURAGED WOMEN.

A Word of Hope for Despairing Ones.

Kidney trouble makes weak, weary, worn women. Backache, hip pains, dizziness, headaches, nervousness, languor, urinary troubles make women suffer untold misery. Ailing kidneys are the cause. Cure them. Mrs. S. D. Ellison, N. Broadway, Lamar, Mo., says: "Kidney trouble wore me down till I had to take to bed. I had terrible pains in my body and limbs and the urine was annoying and full of sediment. I got worse and doctors failed to help. I was discouraged. Doan's Kidney Pills brought quick relief and a final cure and now I am in the best of health."

Remember the name—Doan's. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Aid Fight Against Tuberculosis.

At the recent meeting of the National Association of Bill Posters, held in Atlanta, Ga., it was decided to donate to the campaign against tuberculosis \$1,200,000 worth of publicity. The bill posters in all parts of the United States and Canada will fill the vacant spaces on their 3,500 bill boards with large posters illustrating the ways to prevent and cure consumption. The Poster Printers' association has also granted \$200,000 worth of printing and paper for this work. This entire campaign of bill-board publicity will be conducted under the direction of the National Association for the Study and Prevention of Tuberculosis in co-operation with the National Bill Posters' association.

The Newer Way.

Many ideas in regard to women have entirely changed, and among the better and wiser changes is that old thought that the women who were given to good works must needs be dowdy. It is undeniable that "good" women used to wear dowdiness as a sort of hall mark of virtue. As a matter of fact, dowdiness is merely a mark of bad taste and a sign of some lack in the mind. Women are no longer lacking in the wisdom that chooses pretty rather than ugly clothing, and those who do not make the best of their appearance are losing a golden opportunity of giving pleasure.

Severe.

Samuel Gompers was talking in the smokeroom of the Baltic about a recent newspaper attack on a rich corporation.

"It was a cruel attack," Mr. Gompers chuckled. "It was as cruel as the Jonesville Clarion's paragraph about old Deacon Hiram Ludlow."

"This paragraph header the Clarion's obituary column. It said:

"Deacon Hiram Ludlow of Frisbie township, aged 82, passed peacefully away on Thursday last from single blessedness to matrimonial bliss after a short but severe attack by Maria Higgins, a blooming widow of 37 summers."—Detroit Journal.

Look at the Names.

In 4 A. D. Fearaidhach-Fionashtna was an Irish king, a "most just and good prince," who was slain by his successor, Finchadh-Fion, who was treated to a similar fate by Finchadh-Fionashtna, "the prince with the white cows," who died at the hands of "the Irish plebeians of Connaught." Eochair-Moldmedhain was one of the half dozen who died of natural causes, and Flaithheartagh was one of the two to resign the monarch's scepter for the monk's cowl.—New York Press.

Well, What?

"Pa!"

"Johnny, leave me alone and don't ask me another question!"

"Aw, jest one more an' then I'll keep still."

"Well, what is it?"

"What relation is a cousin german to a Dutch uncle?"—Cleveland Leader.

Baking Cakes.

An experienced cook says that there is no necessity of cake baked in a gas oven being over-done on the bottom if this precaution is taken: Before lighting the gas under the oven, slip out the bottom sheet of the oven, replacing it just before putting in the cake. Then the cake is not over-baked at the start. That is when the damages is done to it.

Russian Salad.

Take several kinds of cold, cooked vegetables—for example, string beans, peas, carrots and sprigs of cauliflower—and mix with mayonnaise, into which a heaping teaspoon of dissolved gelatine has been stirred. Put the whole into small individual molds, and when cold turn out on lettuce, which has had French dressing poured over it.

Pressing Down Seams.

After stitching down a seam press with a hot iron, and it is useful to know that a rolling pin, wrapped in a clean cloth, will answer the purpose equally as well.

Mending Table Linen.

A neat way to mend a hole in table linen is to darn it with linen threads off an old tablecloth. It will look much neater than a patch sewed on. It is advisable to keep a piece of a discarded tablecloth in the mending basket for that purpose.

To Clean Paint.

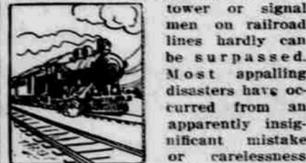
A clean cloth dipped in hot water, then a saucer of bran, will speedily clean white paint without injury to it. The soft bran acts like soap on the dirt.

WORK IN THE TOWER

RAILROAD OCCUPATION THAT MEANS CONSTANT STRAIN.

Much Depends on the Man at the Levers, and Bad Weather is at Any Time Liable to Cause Him Trouble.

For work requiring coolness and constant watchfulness that of the tower or signal men on railroad lines hardly can be surpassed.



Most appalling disasters have occurred from an apparently insignificant mistake or carelessness and others have been averted by the bravery and quick thought of these men. Little consideration ever is given by the traveling public to the signal men on the line, as the work they do is not observed to any extent, though it is as intimately connected with the operation of the train as is that of the engineer or conductor.

In a talk to railroad men not long ago W. J. Harahan, assistant to the president of the Erie, said: "There is no line of work more exacting than railroad work, and there is no character of work requiring a greater sustained interest. There is no line of work either in which indifference is more quickly manifested." With hardly any exception this remark could properly refer to the tower men as much as to any employe of the road.

Weather conditions, of course, have important bearing on signal work, and difficult and trying as the work often is in favorable weather it is doubly so when a snowstorm comes on or, what is worst of all, a heavy fog settles down, blotting out even the nearest objects and rendering lights and semaphores useless. This is a particularly common annoyance, and no way ever has been found to entirely overcome it and prevent the tedious delays and blockades which always result.

Some experiments of Sir Oliver Lodge in London, which if proven practical will be of great value to the railroads, were made during the early spring. He believes he can dispel fogs by electrical explosions. The experiment consists in electricity being driven into the fog at a light voltage from a series of disks placed on the tops of poles. The currents act directly on the constituents of the fog, millions of minute particles falling to the ground after having been tossed about for a time.

The work of the signal men has become so complicated of late years that schools of instruction have been established aside from those maintained by the railroads. A high state of perfection has been attained in the manufacture of signal apparatus and much of it is automatic in its workings. The chief aim is to eliminate as far as possible the human element in this branch of railroading, and this has led to great improvements in automatic signaling and thus reducing the number of accidents.

Beautifulizing Right of Way.

It is stated that the Union Pacific railroad is planning to plant its right of way from the Missouri river to the Pacific with alfalfa. At each edge of the right of way also will be planted a row of pine trees alternating with elms, there being a tree at intervals of every two rods. As the alfalfa becomes green early in the spring and remains so until late in the fall, the ornamental effect should be decidedly pleasing. Furthermore, it is claimed that the grass and trees will furnish, in certain localities, a decided protection against snowdrifts and washouts. It is stated that the Chicago, Milwaukee & St. Paul railroad proposes to do similar planting and grassing between Ottumwa and Kapsas City.—Scientific American.

Hotel's Private Liner.

Wary of listening to the complaints of his patrons touching the difficulty of securing adequate or even comfortable steamship accommodations during the rush season to Europe, the manager of one of New York's big hotels proposes to solve the difficulty by running his own private liner for the benefit of his customers.

The craft is a large luxurious, sea-going yacht, the ocean counterpart, as far as possible, of the land establishment on Fifth avenue, and each passenger will feel that he or she is crossing in a personally owned yacht. The cost is estimated at not more than 15 per cent. above usual rates.

Records Shown to Employes.

The management of the Chicago, Burlington & Quincy railroad has ceased the practice of suspending operating employes for infractions of rules on the ground that such punishment is an ineffectual means of discipline. Instead, the company has instituted a comprehensive system of records which are at all times accessible to the men, and from which promotions and dismissals from the service will be made.

Checking Unwise Curiosity.

Lord Baltimore—My dear lady, how much is this inquiry going to cost me? Dame Democracy—Oh, let's change the subject. I do hate petty gossip.

Highest Track-Laying Record.

The highest track-laying record on the Western Pacific railroad is 7,300 feet a day.

TRAINS STOPPED BY INSECTS.

Caterpillars Retard Traffic on Lines of the Canadian Pacific Railroad in Maine.

The mechanical department of the Canadian Pacific railway's Atlantic division, from Montreal to St. John, N. B., part of which crosses Maine on the tracks of the Maine Central, has been called upon to continue an arrangement for ridding the line of a pest which is seldom or never encountered by this road anywhere else than on a particular section of the local division, according to a dispatch from Mattawamkeag, Me.

Every year about this time the line is blocked by an army of caterpillars, whose numbers run into the millions and who make it very difficult for trains to get over the rails between Routh and Tracy stations.

A few nights ago the line of caterpillars was seven miles in length between these two stations. Two engines had to be put ahead of the Montreal train, and even with the additional power the distance was covered very slowly.

A more effective method than sprinkling with Bordeaux mixture has been devised by the railroad, and one which is much cheaper for the company.

Steam is the power used, and it is applied from an apparatus attached to locomotive No. 1,200, the largest of the division. Two pipes connected with the engine's exhaust run close to the rails ahead of the foremost wheels, and the steam issuing from them is a dose which the caterpillars cannot stand. A clean rail is gained by this method, and little trouble is now experienced.

This same pest has been bothering the railway men for 30 years past. It always occurs in the same locality, and hitherto the only course has been to drive the trains over the slimy rails at a great loss of time or with an absolute holdup.

One feature of the nuisance, which appeals particularly to the train crews, is the malodorous nature of the little beasts when the train crunches through them and administers a partial cooking.

LOCOMOTIVES OF YEAR 1908.

Few Actual Novelties Have Been Recorded, But There Are Some New Developments.

The actual novelties in locomotive design in the last year are comparatively few, though the number of interesting designs is considerable; but, according to Cassier's Magazine, the main features of the world's locomotive practice in 1908 may be briefly reviewed as follows:

1. The extensive introduction of "pacific" locomotives in France and the initial introduction thereof in England and Germany, both of the latter, however, being really toward the close of 1907, though usually associated with 1908.

2. The extensive introduction and development of articulated locomotives in the United States and the construction of such locomotives by British and American firms for use in other countries.

3. The somewhat extensive building of locomotives of moderate dimensions for use on railways already using large engines, these smaller engines in some cases nearly or exactly corresponding in design with engines built some years ago or being developments of such designs. This has occurred particularly in Great Britain, but is also characteristic to some extent of continental railways.

4. The extension of the use of super-heating apparatus.

5. The introduction of several new wheel arrangements and of at least one engine which is a very radical departure from usual methods of design.

Traveling by Wheelbarrow.

The earl of Ronaldshay, M. P., says that in those parts of China to which the Peking car has not yet penetrated the wheelbarrow affords an agreeable substitute.

In the province of Szechuan he perceived the leisureed classes who do not aspire to the dignity of a chair being trundled along in these vehicles, the rate of hire being two cash per li, roughly two-thirds of a farthing per mile.

Even in the coast towns, where many forms of conveyance are available, the wheelbarrow finds favor among the lower classes, and in Shanghai he found factory hands wheeled daily to the scene of their labors on barrows of exaggerated size, six men to the barrow, at a contract price of 60 cents (say one shilling two and one-half pence) a man a month.—Travel and Exploration.

Enormous Cost of Ties.

A consumption of 112,000,000 cross-ties, costing over \$56,000,000, or an average of about 50 cents per tie, is shown for the steam and electric railroads of the United States during the year 1908, according to statistics given by the census bureau in co-operation with the United States forestry service.

The amount of railroad ties consumed during the year 1908 fell short of the consumption for 1907 by 40,000,000, the total for that year of 152,000,000 being the largest ever recorded. For new track in 1908 only 7,331,000 cross-ties were purchased, compared with 23,557,000 in 1907. Of the total number of ties used, the steam roads took 94 per cent. and the electric six.

The Secret of Happiness.

"He seems to be well pleased with life."

"That's because he's well pleased with himself."

\$1000.00

SOLID GOLD & SILVER AWARD

For the Best Ear of Corn

To be Known as the *N.K. Kellogg* National Corn Trophy

To be Awarded at the

National Corn Exposition, Omaha, December 6 to 18, 1909.

Over one hundred thousand million (100,000,000,000) ears of corn were grown in the United States last year. Over a billion dollars were paid for them. More than a million and a quarter extra dollars went into the pockets of the farmers for corn this year than they received for the previous year's crop. The reason for this may be found in the fact that the people of the United States are beginning to learn how delicious corn is and to realize its full food value.

Kellogg's Toasted Corn Flakes has placed corn among the indispensable items of daily fare. The makers, therefore, are interested in the development of the King of Cereals, and have decided to award a beautiful trophy for the man, woman or child who can produce the best ear of corn in two different seasons.

Professor Holden, of the Iowa State College, the greatest authority on corn in the world, will award the prize at the National Corn Exposition, to be held at Omaha, Neb., December 6th to 18th, 1909. Two state rules will govern the plan, and they are—Just you send your best ear of corn to the National Corn Exposition, Omaha, Neb., before November 27, 1909; and that you are a member of the National Corn Association. Full particulars regarding which can be had by writing to National Corn Exposition, Omaha, Neb. Tie a tag securely to your specimen and word it. For the Kellogg Trophy Contest, and write your name and address plainly. If yours is judged the best, you will get the trophy for 1909. If you succeed again next year or the year following, the trophy will become your property for all time. In other words, you must produce the best ear of corn two different years.

There will be no restrictions. Any man, woman or child belonging to the Association can enter. It will be open to every state in the Union. Professor Holden will judge the corn particularly on the basis of quality. The growing of more corn per acre is one object of the award, but the main purpose of the founder of the trophy is for

Increasing the Quality of Corn Used in Making Kellogg's TOASTED CORN FLAKES

Many people think we have reached the point of perfection in Toasted Corn Flakes as it now is. Perhaps we have. If you haven't tried it, begin your education in "good things to eat" today. All grocers have it.

KELLOGG TOASTED CORN FLAKE CO., Battle Creek, Mich.

W. K. Kellogg

The Genuine Corn Flakes has this Signature

GAVE HER AN IDEA.



Cycle Dealer—Here is a cyclometer I can recommend. It is positively accurate; not at all like some cyclometers, which register two miles, perhaps, where you have only ridden one.

Miss de Byke—You haven't any of that kind, have you?

And Ma Fainted. "Why did she refuse you?" she asked her son, with fine scorn.

"Well," the boy replied between his sobs, "she objects to our family. She says pa's a loafer, that you're too fat and that everybody laughs at Daisey Mayne because she's a fool and talks about nothing but the greatness of her family." (Chauncey threw water in his mother's face, but at three o'clock this afternoon she was still in a swoon, with four doctors working on her.)—Atchison (Kan.) Globe.

They Were Good Mothers. Elizabeth Cady Stanton is quoted as saying that a woman's first duty is to develop all her powers and possibilities, that she may better guide and serve the next generation. Mrs. Stanton raised seven uncommonly healthy and handsome children, says an admirer of hers, and the children of Mrs. Julia Ward Howe testify to the virtues of the noted woman as a mother. The eagle may be as good a mother as the hen or the goose.

Gov. Stubbs to Accompany Taft. Topeka, Kan.—Governor Stubbs has accepted the invitation of the officers of the deep waterways convention to make the trip down the Mississippi with President Taft to the deep waterways convention at New Orleans.

Registered 111 Degrees. Muskogee, Ok.—The government thermometer at Bacone university here registered 111 degrees. This is the highest mark ever recorded here.

Heat Blights Crops. Vinita, Ok.—Yesterday was the hottest ever recorded here, the temperature reaching 105. The heat continues. Hot winds have destroyed much unmaturing corn and blighted brightest crop prospect of recent years.

Heat and Drouth in Arkansas. Fort Smith, Ark.—The hottest weather in eight years was reported here, the thermometer registering 105. No rain has fallen since July 15, and crops are practically burned up.

Is "Mother of Coffeyville." Coffeyville, Kansas.—Mrs. J. A. Coffey, whose husband founded the city of Humboldt in 1850, and the city of Coffeyville in 1863, is visiting in Coffeyville this week. She is known as the "mother of Coffeyville."

Will Not Join Swedish Strike. Stockholm.—What is considered the last card of the strikers, an attempt to get the railroad men to join their movement, failed when a ballot taken by the railroad showed that a majority of them were against the strike.

An American Consul III. Washington, D. C.—Oscar Malinos, American consul at Rouen, France, is dangerously ill, according to a dispatch received at the state department.

Takahira May Not Return. Seattle, Wash.—That Baron Takahira, Japanese ambassador to the United States, will return no more to this country, but will be made minister of foreign affairs by his government, was stated here by well informed Japanese.

Not Certain. "What is that you are reading John?" queried the better half of the other half, who was deeply interested in a newspaper article.

"I don't know, my dear," replied her husband. "I've only read about two-thirds of it, and I'm not sure whether it is a love story or a patent-medicine advertisement."

More than 200,000 pounds of human hair are exported from Hongkong to this country annually.

The man who does his best can trust the world to do its part.

Too many men try to build a skyscraper on a one-story foundation.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. See bottle.

Seeks the Man. Tommy—Pop, what is the office that seeks the man?

Tommy's Pop—The tax office, my son.—Philadelphia Record.

Practical Device. "Why don't you mend that large hole in your umbrella?"

"I keep it to put my hand through to see if it is still raining."—Meggen-dorfer Blaetter.

Self-Made. "I might say to you, young men, that I am a self-made man."

"In what respect?" asked an impatient youth.

"In this respect, if you must know," replied the orator. "I made myself popular with men who had a pull and thus obtained my present lofty position."

Prepared for the Worst. "How long had your wife's first husband been dead when you married her?"

"About eight months." "Only eight months? Don't you think she was in a good deal of a hurry?"

"Oh, I don't know. We had been engaged for nearly two years."

Could She? "When women get to voting," said the man, "they will have a great many more calls than they now have to put their hands in their pockets and give money to further important causes."

The woman looked thoughtful. "I'm always willing, of course," she said, "to give money for a good cause, but as for putting my hand in my pocket—"

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Nebraska Directory

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Improved and unimproved farms in eastern South Dakota for sale on

CROP PAYMENTS or 10 YEARS TIME Will erect buildings on any farm on same easy terms. Price \$20 to \$50 per acre. For lists, maps, etc., address ALEX. H. BART, Farmers & Merchants' Bldg., 15th and O Sts., Lincoln, Neb.

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Pastine TOILET ANTISEPTIC

NOTHING LIKE IT FOR

THE TEETH Pastine cleans any dentures in a clean, whitening and removing tartar from the teeth, besides destroying all germs of decay and disease which ordinary tooth preparations cannot do.

THE MOUTH Pastine used as a mouth-wash disinfects the mouth and throat, purifies the breath, and kills the germs which collect in the mouth, causing sore throat, bad teeth, bad breath, grippe, and such ailments.

THE EYES and nose may be safely relieved and strengthened by Pastine.

CATARRH Pastine will destroy the germs that cause catarrh, soothe the inflammation and stop the discharge. It is a sure remedy for uterine catarrh.

Pastine is a harmless yet powerful germicide, disinfectant and deodorizer. Used in bathing it destroys odors and leaves the body antiseptically clean.

FOR SALE AT DRUG STORES, 50c. OR POSTPAID BY MAIL. LARGE SAMPLE FREE!

THE PAKTO TOILET CO., BOSTON, MASS.

Is Your Health Worth 10c?

That's what it costs to get a week's treatment of CASCARETS. They do more for you than any medicine on Earth. Sickness generally shows and starts first in the Bowels and Liver. CASCARETS cure these ills. It's so easy to try—why not start to-night and have help in the morning?

CASCARETS are a box for a week's treatment, all druggists. Suggest either in the world. Millions benefit a month.

DEFIANCE STARCH—In cases of the passage—other starches only 12 ounces—same price and "DEFIANCE" IS SUPERIOR QUALITY.