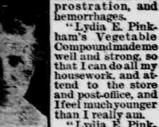


For Women-Lydia E. Pinkham'sVegetable Compound Noah, Ky. - "I was passing through the Change of Life and suffered from headaches, nervous



"Lydia E. Pink-aam's Vegetable Compound is the most successful remedy for all kinds of female troubles, and I feel that I can never praise it enough." — MRS. LIZZIE HOLLAND, Noah, Ky. The Changeof Life is the mostoritical period of a woman's existence, and aeglect of health at this time invites disease and pain. Womeneverywhere should remember that there is no other remedy known to medicine that will so successfully carry "Lydia E. Pink-

women through this trying period as Lydia E. Pinkham's Vegetable Com-pound, made from native roots and

For 30 years it has been curing women from the worst forms of female ills — inflammation, ulceration, dis-placements, fibroid tumors, irregulari-ties, periodic pains, backache, and perrone prostration

nervous prostration. If you would like special advice about your case write a confiden-tial letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

ATTENUATED.



He-See, Samantha, that shows how terribly thin some folks are.

Alas, How True!

"I often wonder," remarked Mr. Stubb, in solemn reflection, "if the last man on earth will have the last word." "Of course he will, John," laughed Mrs. Stubb.

"But why are you so sure?" "Because the last woman will give it to him."

Important to Mothers. Examine carefully every bottle of CASTORIA a safe and sure remedy for infants and children, and see that it Bears the Signature of Arth Thite tons In Use For Over 30 Years.

The Kind You Have Always Bought Just Shoot Twice. "I thought you said this gun would a thousand yards?"

# TRY THIS BEEF TEA PUDDING Very Nutritious and Frequently Will Tempt Invalid's Appetite.

Beef tea pudding is very nutritious and is generally much relished by those who declare they could not touch beef tea in any form.

Take half a cupful of white or brown bread crumbs, one egg, and one teacupful of beef tea. Put the crumbs into a basin make the beef tea hot, and pour over. - Let it stand for a few minutes. Beat the egg well, and mix it with a little cold beef to keep the

egg from curdling. Add to the crumbs, etc., and either bake for twenty minutes or steam for thirty minutes. The necessary salt should be in the beef tea; but of course invalids, as a

rule, are allowed very little seasoning. If permitted, a little good mushoom catsup might be served with it. A savory cup castard might be made as above, omitting the bread crumbs and allowing only half the quantity of beef tea. Beat up the egg. Add the beef tea cold. Pour into a buttered cup, cover with a buitered paper and steam gently for ten minutes. Turn

out and serve hot. When beef tea is ordered for children who are sick or delicate, it will frequently be found more palatable for them if, instead of salt, sugar be used. This is done in many hospitals, so there is no reason why it should not be a common practice in our homes. And another hint I should like to give in connection with beef tea is to turn it into a jelly for a change. For a half pint of beef tea, dissolve one easpoonful of powdered gelatine in it while warm, add sugar to taste, and either a glass of sherry or a good home-made ginger wine. Turn into a wet mold, and it will stiffen like an

ordinary jelly .-- Chicago Inter Ocean. The Home.

A little kerosene added to the wash

water is said to make the clothes extra

To restore discolored ivory, paint it

the sunshine for two or three days.

grape-fruit pulp, white grapes and

stalks of romaine, dressed with oil and

To take old stains from marble, mix

one gill of soapsuds and oxgall and

half a gill of turpentine, and as much

fuller's earth as will make a paste,

and rub it on the stains. Leave it

on for a few days and then wipe off.

"What am I doing to the candle?"

said a housewife. "I am rubbing it

well with salt. My grandmother taught

me this years and years ago. She

said that if I wanted a faint light in

a sickroom I could have a candle burn

well, being careful not to get the salt

on the black part of the wick. I have

acted on this suggestion more than

Light, Crisp, Griddle Cakes.

Put one cup of sour milk in a mix-

ing bowl, sprinkle over it one cup of

sifted flour, but do not mix. Lay a

fine strainer on the flour and sift

through it one-half level teaspoon of

soda, one-half level teaspoon of baking

powder and one-quarter level teaspoon

once and never found it to fail."

all night if I but rubbed salt into it

vinegar and sweetened slightly.

white,

as bright as new.

# WHAT WIFE SAYS "GOES." But It Sometimes Is Bad for the Painting.

When a property-owner knows nothing about paint it is bad for the property-owner, and bad for the painter. It would not be so if the propertyowner would always hire a skilled painter, and then really leave everything to him. But the house-owner so often fools himself on one or the other of these things.

The skilled painter in every community has some of the most incompetent competitors that ever vexed a conscientions workman or contractor, and the incompetents get jobs generally by working cheap. In the next place, when the skilled painter is hired, they do not leave everything to him, as so many property-owners boast they do. They interfere most ignorantly and most fatally. They insist sometimes on using paint materials without investigating whether they are good or not. Or perhaps they insist on the painter's hurrying the work.

"I'm not going to have that painter's mess around my house a month," the wife says, and what wife says goesat the cost of a lot of wasted painting money.

If the painter stays away a few days to allow the paint to thoroughly dry the owner says: "That painter's neglecting this work-guess he's sidetracking me for Jones' work. I won't stand it."

What chance does a painter have to do good work for a man who is continually nagging at him and otherwise handicapping him (without meaning it, of course)? A poor job is the inevitable esult of such interference.

Poor painting costs the houseowned money-don't forget that. It might pay you to get the practical paint book, painting specifications and instrument for detecting paint adul-terants, which National Lead Co. are offering under the title of House Owner's Painting Outfit No. 49. Address National Lead Co., 1902 Trinity Bldg., New York City. This company do not make paint (they leave that to the painter to do) but they make pure white lead ("Dutch Boy Painter" trademark kind), and they can tell

children that at first she didn't know what to do.

A friend of the family who happened to come along just then, how-ever, made the following suggestions: To put one of them in a factory.

To send one to a modern public

To bring up another on a pure food diet.

Which no sooner having been car ried into effect than the old woman settled down to a life of case and lone

omeness.-New York Herald. Unfortunate Expression That fruitful source of mirth, the mixed metaphor, is ever with us. It illustrates on almost every appearance the truth of the saying that the sublime and the ridiculous are but a step apart.

In a book on the laboring man, containing some excellent ideas, there appeared the following sentence:

What manner of woman is

#### A CURE FOR FITS. WHAT A FORMER OREGON The Treatment is to Accomplish FARMER THINKS OF WEST-What Science Has Been Struggling to Attain for Centuries. ERN GANADA.

The intense interest that has oeen mani-fested throughout the country by the xon-derful cures that are being accomplished daily by epilepticide still continues. It is really surprising the vast number of peo-ple who have already been cured of fits and nervousness. In order that everybody may have a chance to test the medicine, large trial bottles, valuable literature, His-tory of Epilepsy and testimonials, will be Albert Nelson left Benton Co., Oregon, in Sept., 1904, for the great Canadian prairies. To quote from his letter: "I was greatly surprised to find such an immense stretch of rich virgin prairie still almost unoccupied tory of Epilepsy and testimonials, will be sent by mail absolutely free to all who write to the Dr. May Laboratory, 548 Pearl Street, New York City. in the very heart of North America. The splendid crops of oats, wheat, barley, potatoes and hay I beheld in the settlements made me very eager for a His Humorous Error. piece of this rich soil, and I soon lo-During one of the banquets of the cated in the Goose Lake country. We Church Congress in London, a cerhave here a great stretch of the rich, tain bishop had as his left hand comdeep clay loam of the Saskatchewanpanion a clergyman who was com a soil heavy and hard to break, but pletely bald. During dessert the bald particularly well adapted for the reheaded vicar dropped his napkin and tention of moisture and production of stooped to pick it up. At this moment the bright No. 1 hard wheat, and the bishop, who was talking to his great crops of oats, barley, flax and poright-hand neighbor, felt a slight touch I had 60 bushels of oais, on his left arm. He turned, and, be weighing 441 lb, to the bushel, per holding the vicar's pate on a level acre. Some of my neighbors had still with his elbow, said, "No, thank you, greater yields. Wheat yielded from 20 no melon. I will take some pineap-

to 30 bushels per acre. We have all ple! done well here, and I could name many Americans who came here with Young Wife (mournfully)-I am means to go ahead, who have done big already. For homesteads one has afraid, doctor, my poor husband with to go further west, but the best praithis wretched cold will cough up his rie can be bought here for from \$12.00 life. to \$16.00 per acre. The climate is Young Doctor (startled)-Oh I trust dry and healthy. This is the regular not, my dear madam; at least not until Saskatchewan fall weather - frosty he coughs up my bill.-Baltimore nights, and bright, sunny days-ideal American. for threshing and hauling out of Pettit's Eye Salve 100 Years Old. wheat. The trails are dusty, as thourelieves tired eyes, quickly cures eye aches, inflamed, sore, watery or ulcerated eyes. All druggists or Howard Bros Buffalo, N.Y. sands of wheat teams are moving

towards the elevators. "The sight of it makes one stop and wonder what it will be in a few years overtime if they practiced half wha when the immense prairies get under they preach. cultivation. Heavy snowfall is the exception here. Snow generally falls Rheumatism, Neuralgia and Sore Throat will not live under the same root with Hamlins Wizard Oil, the best of all remedies for the relief of all pain. in December and goes off in March. It sometimes gets very cold, but the Saskatchewan farmer does not fear the cold. Winter is his season of rest. The first or second crop he to their art have good grounds for a builds a comfortable house for himdivorce. self and warm stables for his horses.

if you feel languid and depressed all the time. The best thing to help nature build up the system is

> DR.D.JAYNE'S TONIC VERMIFUGE

Fatal Catastrophe.

Some people would have to work

Some actors who claim to be wedded

You Need a Tonic

This great tonic is not a false stim ulant as many of the so-called "spring tonics." It is a natural strengthgiver. For all run-down condit of the health it is an invaluable remedy; imparts new life and vigor and builds up the entire system.

Sold by All Leading Druggists in two size bottles, 50c and 35c



# **JUST DOUBLE** 320 ACRES INSTEAD OF 160 ACRES



Western Cana Canadian Gr Canada, the has increased the area

that may be taken by a esteader to 320 acres-160 free and 160 to \$300 per acre. These lacks homestender to 320 acres-160 free and 160 to be purchased at \$3.00 per acre. These faeds are in the grain-canong area, where mixed farming is also carried on with unqualified success. A callway will shortly be built to Hussen Easy, bring-ing the world's markets a thousand mixes secure these wheat-fields, where schools and churches are convenient, climate excellent, railways close to all settlements, and local markets good.

"It would take time to assimilate the revela-tions that a visit to the great empirefering to the North of us unfolded at every tarm."--Correspondence of a National Editor, who binded Western Ganada in August, 1995.

Lands may also he purchased from railway and and companies at low prices and on easy terms

For pamphlets, maps and information as to low railway rates, apply to Superintendent of Immigration, Ottawa, Canada, or the suthorized Canadian Government Agenti

W. V. BENBETT, 101 New York Life Building. Omaha, Nebraal

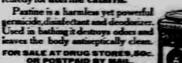


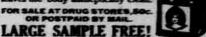
NOTHING LIKE IT FOR-

THE TEETH Pastine encels any deatifrice ing tartar from the teeth, besides destroying rms of decay and disease which ordinary

THE MOUTH Pastine used as a month-and throat, purifies the breath, and kills the genus which collect in the mouth, causing size diseat, had teeth, had breath, grippe, and much sickness. THE EYES when inflamed, tired, acho relieved and strengthened by Pastine.

CATARRH Parties will destroy the germs that cause catarth, heal the in-famoration and stop the discharge. It is a sure remedy for uterime catarrh.





THE PAXTON TOILET CO. BOSTON, MASS

# Protect the Finger.

Every woman who sews or broiders objects to the roughened first finger of the left hand, which seems impossible not to prick. Not only is the roughened edge unsightly, but it catches on the work, especially when doing silk embroidery, and is almost impossible to keep clean.

There is a new protector for this finger that seems to protect without getting in the way of the sewer. It is made in a specially prepared glass that does not blunt the needle, comes in several sizes, and, best of all, is cheap enough for every sewer to own.

For the home nurse who would so willingly gown herself in white to care for the family invalid, but who shrinks before the already lengthening laundry list, there is the gown of cotton crepe. It is inexpensive, and a good shaking will smooth it out, or, even if it be found to require some froning, the merest rub will do the work, since it is not starched or



Patient-But, doctor, didn't you tell me to take the pills in water?

ING OF IRRIGATED LAND.

MAY 1. Applications and particulars furnished by TALLMADGE-BUNTIN LAND CO., Agents, Railway Exchange, Chicago. Agents wanted.

He need not, like some, be poking about in the mud all winter attending a few beasts for a livelihood." INSTRUCTED.

with spirits of turpentine and lay in you how to save money by securing durable painting. Save the water in which potatoes have been boiled and use it to wash Easy. Once there was an old woman who lived in a shoe. She had so many tarnished brass. It will come out A deligious salad may be made of

To have a couple more operated on and otherwise fussed over by the doctors.

To put a couple of them in a coal mine.

school

at 50c per acre at Cooper Lake, Wyo., to those who have made applications for WATER RIGHTS NOW ON SALE at \$5 per acre cash and \$3 per acre annually for ten years. Free railroad fare, sleeping and dining car accommodations and FREE DEED to TWO TOWN LOTS to all applying BEFORE

Proving His Caution.

tatoes.

Doctor-What are you doing in that tub? You'll catch your death.

GOVERNMENT CAREY ACT OPEN

MAY 6, the State of Wyoming Will Sell 100 Irrigated Farms

"It will."

"It won't. It only shoots 500 yards." "Well, it's a double-barreled gun, aln't it?"

A Demestic Eye Remedy Compounded by Experienced Physiciana. Conforms to Pure Food and Drugs Laws. Wins Friends Wherever Used. Ask Drug-gists for Murine Eye Remedy. Try Mu-rine in Your Eyes. You Will Like Murine

It's not difficult to judge some men by their clothes-policemen and letter earriers, for example.

You will respond very quickly to the Garfield Tea treatment, for this Natural laxative corrects constipation, purifies the blood, and benefits the entire system.

It's the easiest thing in the world to point out the proper course for others to pursue.

The envelope was invented in 1685 and was in disfavor for a long time.

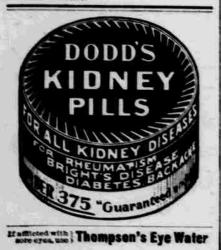
Some men haven't sense enough to do the best they can.

ONLY ONE "BROMO OUININE." That is LAXATIVE BROMO OUININE. Look for the signature of E.W. GROVE. Used the World over to Cure a Cold in One Day. 200.

The dentist is invited to attend many a swell gathering.

These Tired, Aching Feet of Yours seed Allen's Fost-Rase. Be at your Droggist's Write A. S. Oimsted, Le Roy, N. Y., for sample.

The airship habit will take an automobile income.



salt. Mix slightly then add well-beaten egg, one tablespoon of melted butter. Beat vigorously until smooth. If the batter is not thick like cream add a tablespoon of flour. If too thick, add a little milk or water. Rub the griddle with bacon rind. Drop from tablespoon. When done serve at once with butter, sugar or sirup,

## Grease on Carpets.

An excellent paste for getting grease from carpets is made by mixing fuller's earth with a little ammonia. This mixture should be quite thick and should be applied with a lavish hand. Let it remain over night, then brush off with a stiff brush. Sometimes it is necessary to put on a second supply. If the colors of the carnet are delicate and there is danger of discoloring, the ammonia may be omitted. Should the tone of the carpet seem to be dull after the grease is out, the color may be freshened by sweeping with moist

salt.

# Lily Cake.

One-third cup butter, one cup sugar, one-half cup milk, 134 cups flour, 212 teaspoons baking powder, three egg whites, one-half teaspoon extract of lemon, two-thirds teaspoon vanilla. Cream and butter, add gradually the sugar and the vanilla. Beat the egg whites to a stiff froth and add. Sift the flour and baking powder together thoroughly and add to the first mixture alternately with the milk. Add lemon extract. Bake in moderate oven.

#### Spiced Meat.

First mix dry 2½ pounds of salt, onehalf pound black pepper, one-half ounce mace, one-half ounce cayenne pepper, 1% ounces nutmeg. Then prepare your meat for roasting in the usual way, omitting pepper and salt. Sprinkle plentifully with the mixture and put in oven to roast. This is delicious. Put remainder of the mixture in a jar, cover tightly and keep for future use,

#### German Puffs.

Sift eight tablespoonfuls of flour into a pan, stir in one quart of milk very slowly; when quite smooth add the yolks of eight well-beaten eggs, a little salt, then the eight stiffly beaten whites. Pour into buttered cups and, bake 20 minutes. Serve hot with wine sauce.

would turn her eyes toward other things, which would become ashes on her very lips?"

The flippant answer is, of course, "A cross-eyed woman .-- Youth's Companion.

## Wanted Longer Sermons.

It was a proud boast one clergyman made to two or three others who were having a quiet chat in his study the other night-namely, that he had actually on one occasion been asked to make his service, both prayers and sermon, a bit longer.

His brethren regarded him with superstitious awe, and one asked, feebly: "Where on earth was that?"

"Well, boys," was the frank confession, "it was with a goal where I acted as chaplain for a short time. The poor beggars dreaded to leave the church for their cells."

TWO DAINTY LUNCHEON DISHES.

Hot Biscuit Chicken and Peach Pudding Furnish a Meal.

Hot Biseuit Chicken-Chop the breast of a chicken quite fine, with six olives, a stalk of celery and a strip of green pepper. Add mayonnaise to make a smooth paste and season well. Make tiny raised biscuits, break them apart, fill with the prepared chicken. Serve hot on a lettuce leaf.

Peach Pudding-Skim and halve as many peaches as you wish place half in each dessert dish and pour over a lemon custard covering the neach entirely. Whip the whites of eggs (as many as is desired) until very stiff, sweeten, flavor and cover over all. This will be found delicious if eaten very cold and served with plain cake. An easy method of skinning peaches

is to pour over them boiling water, let stand for two minutes, when they peel easily and evenly, leaving the peaches nice and smooth, without softening them.

# Cheese Balls.

Mix well together 114 cups of grated cheese, 11/2 teaspoonfuls of flour, 2 pinch of red pepper, and the well-Make beaten whites of three eggs. into small balls (about 16) and fry a light brown.

Elder W. H. Underwood, chaplain of the state senate, was walking down a street at his home at Clay Center recently with a friend. Another friend. with whom Underwood joked a good deal, met them and said: "Elder, I thought you were careful of the company you keep.'

"I am," replied the chaplain, walking right on. "I'm not going to stop."-Kansas City Journal.

The Grip of Spring.

The Grip of Spring. During the last twenty years many of our citizens have been attacked in the spring months by grip. Some have had serious or slight attacks every year or two. All know it to be a dangerous disease. If Lane's Pleasant Tablets (which are sold at 25 cents a box by druggists and dealers) are taken when the first symptoms are felt, there is hardly a chance of the malady get-ting a foothold. If you cannot get them near home, send 25 cents to Orator F. Woodward, Le Rey, N. Y. Sample free.

### The Rightful User. Knicker-Why did you discharge

your chauffeur? Bocker-He persisted in taking his friends out when the cook wanted the auto.

