

**Syrup of Figs and Elixir of Senna**  
acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the  
**CALIFORNIA FIG SYRUP CO.**  
SOLD BY LEADING DRUGGISTS—50¢ PER BOTTLE.

**LOW ONE-WAY RATES**  
FROM  
**Lincoln**  
EVERY DAY  
to April 30, 1908

**\$30** to San Francisco, Los Angeles, San Diego, and many other California points.  
**\$30** To Everett, Bellingham, Vancouver and Victoria, via Spokane.  
**\$30** To Portland and Astoria.  
**\$30** To Tacoma and Seattle, via Spokane.  
**\$30** To Ashland, Roseburg, Eugene, Albany and Salem, including So. Pac. branch lines in Oregon.  
**\$30** To Spokane and intermediate O. R. & N. points.

VIA  
**Union Pacific**  
For full information inquire of your nearest Union Pacific agent or  
**E. B. SLOSSON, Gen. Agt., LINCOLN, NEB.**

**Money Making Possibilities**  
For the farmer, truck gardener, stockman and merchant there never better than they are today in the Dakotas and Montana along the new line to the Pacific Coast.  
Mild climate; ample rainfall; productive soil; good crops; convenient markets; cheap fuel.  
More stores, hotels and other industries are needed in the growing new towns on the new line of the  
**Chicago, Milwaukee & St. Paul Railway**

Trains are now operated on this new line to Lombard; Montana—92 miles east of Butte—with connections for Moore, Lewistown and other points in the Judith Basin. Daily service between St. Paul and Minneapolis and Miles City; daily except Sunday service beyond.  
Send for free descriptive books and maps regarding this new country—they will interest you.  
**F. A. MILLER, General Passenger Agent, Chicago.**

**Paxtine TOILET ANTISEPTIC**  
Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting and deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid.  
Large Trial Sample  
WITH "HEALTH AND BEAUTY" BOOK SENT FREE  
**THE PAXTON TOILET CO., Boston, Mass.**  
**DEFIANCE STARCH** never sticks to the iron.

**GOOD DISHES FROM KIDNEYS.**  
Are a Neglected Meat, According to High Culinary Authority.  
Kidneys are a neglected meat. Ask the butcher for fresh ones, beef, lamb or veal, parboiled until very tender. To make deviled kidneys according to the cook of the New Idea Magazine, procure some lambs' kidneys, remove the skin and vein or cord, and then gash with a sharp knife, rub the kidneys with a prepared seasoning, then brush with bacon fat and broil; or they may be fried with bacon in a very hot iron skillet if a broiling fire is not to be had. Now prepare a sauce from two-thirds of a cupful of scalded milk, thickened with butter and flour rubbed to a paste or roux, as it is called, using a tablespoonful of each; when thickened and smooth, remove to the back of the range and stir in an egg yolk, a little salt and paprika, half a tablespoonful of finely minced parsley and one teaspoonful of lemon juice; if the kidneys are fried with bacon fat, the gravy left in the pan may be added to the sauce, if desired. Place each kidney on a round of buttered toast, dot with butter and pour the sauce around each slice of toast, placing one spoonful on top of each; serve at once.

**WASHINGTON SWAN'S DOWN FUR.**  
Delicate Fabric Requires Skillful and Careful Handling.  
This fur is very delicate and soft and forms a pretty trimming for children's clothing, but being white, it soon becomes soiled and unless some method could be adopted to restore its appearance it would be rather an expensive trimming.  
Washing is one of the cheapest and simplest methods for cleaning this fur and almost restores its new appearance.  
As the fur is very fine and easily destroyed, all rubbing and even squeezing to any extent, must be avoided, as either would break off the down.  
It should instead be washed by shaking in a good soap lather, and when clean, should be rinsed in warm water and pressed to remove the moisture.  
It must then be shaken to separate the down and hung in front of the fire to dry. It ought to be occasionally shaken during the drying process.

**National Cake.**  
White Part—Cream together one cup white sugar and one-half cup of butter, then add one-half cup sweet milk, the beaten whites of four eggs, one-half cup of cornstarch, one cup flour into which has been mixed one teaspoonful of cream of tartar and one-half teaspoonful of soda; flavor with lemon extract.  
Blue Part—Cream together one cup of blue sugar and one-half cup of butter, then add one-half cup of sweet milk, the beaten whites of four eggs and two cups of flour in which mix one teaspoonful of cream of tartar and one-half teaspoonful of soda; no flavor.  
Red Part—Cream together one cup of red sugar and one-half cup of butter, then add one-half cup of sweet milk, the beaten whites of four eggs and two cups of flour, in which mix one-half teaspoonful of cream of tartar and one-half teaspoonful of soda; no flavor. Place in a bake pan, first the red, then the white and last the blue. Bake in a moderate oven.

**Loin of Veal Jardiniere.**  
Order a four-pound loin of veal, wipe it with a wet cloth, sprinkle it with salt and pepper and dredge with flour. Melt four level tablespoons butter in a deep stewpan and sear the meat on all sides, turning it often. Watch carefully, as it will burn easily. When well seared add a cup of boiling water, cover closely and cook until tender, adding more water when needed. When done remove to a hot platter and thicken the stock with a little flour diluted with a little cold water to pour. Garnish the meat with boiled carrots cut in cubes and seasoned nicely with salt, pepper and butter and potato balls. Serve with gravy separately.

**Care of Blankets.**  
The laundering of blankets and quilts may be postponed a long time if the parts that come near the face are protected with cheesecloth. When soiled this is easily removed and washed. Cut it as long as the blanket or quilt is wide, hem the ends, fold in the middle lengthwise and tack half on each side of blanket.  
**To Polish Plate Glass.**  
To polish plate glass and remove slight scratches, rub the surface gently, first with a clean pad of fine cotton wool, and afterward with a similar pad covered with velvet which has been covered with fine rouge. The surface will, under this treatment, acquire a polish of great brilliancy, quite free from any scratches.

**Skeleton Underwaists.**  
To make boys' or girls' skeleton underwaists take the pockets out of men's old trousers, wash them and cut them in strips about one and one-half inches wide; make to fit waist loosely, with straps for shoulder. You will have a good, substantial waist to button under, trousers and garters upon.  
**Indian Meal.**  
A small box of Indian meal kept by the sink or washstand is a very convenient article, especially to get off the hands.  
**With Soapy Water.**  
A fine glass can be obtained if starch is made with soapy water, and the starch will not stick.

**DO YOU KNOW WHAT WHITE LEAD IS?**  
Its Chief Use and a Method of Determining Good from Bad Explained.  
White Lead is the standard paint material all over the world. It is made by corroding metallic lead into a white powder, through exposing it to the fumes of weak acetic acid and carbonic acid gas; this powder is then ground and mixed with linseed oil, making a thick paste, in which form it is packed and sold for painting purposes. The painter thins it down to the proper consistency for application by the addition of more linseed oil.  
The above refers, of course, to pure, genuine White Lead only. Adulterated and fake "White Lead," of which there are many brands on the market, is generally some sort of composition containing only a percentage of white lead; sometimes no White Lead at all; in such stuff, barytes or ground rock, chalk, and similar cheap substances are used to make bulk and imitate the appearance of pure White Lead.  
There is, however, a positive test by which the purity or impurity of White Lead may be proved or exposed, before painting with it.  
The blow-pipe flame will reduce pure white lead to metallic lead. If a supposed white lead be thus tested and it only partially reduces to lead, leaving a residue, it is proof that something else was there besides white lead.  
The National Lead Company guarantees all White Lead sold in packages bearing its "Dutch Boy Painter" trademark to prove absolutely pure under this blow-pipe test, and that you may make the test yourself in your own home, they will send free upon request a blow-pipe and everything else necessary to make the test, together with a valuable booklet on paint. Address, National Lead Company, Woodbridge Building, New York.

**GLAD TO HAVE HIM GO.**  
Toll-Gate Keeper Thought He Had Visit from His Satanic Majesty.  
This is not the only age in which motor cars have created excitement and disturbance. In 1802 such apparitions were few and far between; at present they are too frequent to attract attention. Mr. Joseph Hatton, in "Old Lamps and New," tells of the fright caused by one of Trevithick's steam locomotives, made to run on unrailed roads in the early part of the last century.  
Now and then one of these extraordinary vehicles would be encountered, snorting and puffing on the highway. The countrymen regarded them as the evil one in disguise.  
One of the cars, coming to a toll-gate, stopped for the gate to be opened. The toll-man came hurrying out. He flung the gate open with trembling hands, and teeth which chattered audibly.  
The driver asked him how much toll there was to pay.  
"O, nothing, dear Mr. Satan, nothing!" hastily assured the man. "Go on as fast as you like; there's nothing to pay."—Youth's Companion.

**Origin of the Elevator.**  
The elevator originated in Central Europe. The earliest mention of the elevator is made in a letter of Napoleon I. addressed to his wife, Archduchess Maria Louise. He writes to her that when in Schoenbrunn, then the summer residence of the Austrian emperor, near Vienna, he used the "chaise volante" (flying chair) in that castle which had been constructed for Empress Maria Theresa. It consisted of a small, square room, sumptuously furnished with hangings of red silk and suspended by strong ropes with counter weights, so that it could be pulled up or let down with great ease in a shaft built for the purpose about 1760.

**Frozen Lambs.**  
Bill—I see that of domestic animals, sheep come first as cold resistors. Sheep have lived for weeks buried in snow.  
Jill—They've often been frozen out in Wall street, though.

**BUCKWHEAT CAKES FOR TWO.**  
By Leaving a Starter, They Can Be Kept Going for Several Weeks.  
One quart lukewarm water, one tablespoonful cornmeal, one teaspoonful sugar, one-half cake of compressed yeast, one cupful buckwheat flour, one cupful white flour; let rise over night; in morning add one teaspoonful salt. Leave two-thirds cupful of batter for starter, and put in cool place until following night, when you repeat as before, with the exception of the yeast (which you do not need again), and the sugar. The second morning turn out the batter you want to use in another dish and add the salt and sugar and a pinch of soda. If any of this batter is left do not put back with the starter, as it is not good to keep after the soda is in it.  
By leaving a starter each time and doing as directed, these cakes can be kept going for several weeks, but be sure and not put in salt until just before baking, and they will always be light.  
This recipe is sufficient for two people.

**Glazed Carrots.**  
Wash and scrape the carrots and cook in boiling salted water until tender. Drain; slice and place in a buttered baking pan. Sprinkle sparingly with sugar, salt and pepper, and dot over with butter. Add a half cup of water and bake in a hot oven until brown.

**A REMARKABLE MAN.**  
Active and Bright, Though Almost a Centenarian.  
Shepard Kollock, of 44 Wallace St., Red Bank, N. J., is a remarkable man at the age of 98.  
For 40 years he was a victim of kidney troubles and doctors said he would never be cured. "I was trying everything," says Mr. Kollock, "but my back was lame and weak, and every exertion sent a sharp twinge through me. I had to get up several times each night and the kidney secretions contained a heavy sediment. Recently I began using Doan's Kidney Pills, with fine results. They have given me entire relief."  
Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

**Druggist's Generous Offer.**  
"I am sorry to disappoint you," said the old-time druggist to the suitor for his daughter's hand. "I can't let you have Amy because I've promised her to the son of my partner. But I have five other daughters and give you something just as good."  
**Billion Dollar Grass.**  
Most remarkable grass of the century. Good for three rousing crops annually. One Iowa farmer on 100 acres sold \$3,800.00 worth of seed and had 300 tons of hay besides. It is immense. Do try it.  
For 10¢ and THIS NOTICE send to the John A. Salzer Seed Co., La Crosse, Wis., to pay postage, etc., and they will mail you the only original seed catalog published in America with samples of Billion Dollar Grass, Macaroni Wheat, the sly miller mixer, Sainfoin the dry soil luxuriator, Victoria Rape, the 20¢ a ton green food producer, Silver King Barley yielding 173 bu. per acre, etc., etc.

**The Telephone Girl's Amendment.**  
Said the business man with a grouch against the telephone central:  
"One day I was calling a number and said, 'Get me on-four-hundred so-and-so.' The girl said, 'Fourteen-hundred so-and-so.' So the next time I called the number I thought I'd be forehanded.  
"I said, 'Get me fourteen-hundred so-and-so.' And the girl asked, 'One-four-oh-oh so-and-so.'"  
**DEEP CRACKS FROM ECZEMA**  
Could Lay Slate-Pencil in One-Hand in Dreadful State—Permanent Cure in Cuticura.

"I had eczema on my hands for about seven years and during that time I had used several so-called remedies, together with physicians' and druggists' prescriptions. The disease was so bad on my hands that I could lay a slate-pencil in one of the cracks and a rule placed across the hand would not touch the pencil. I kept using remedy after remedy, and while some gave partial relief, none relieved as much as did the first box of Cuticura Ointment. I made a purchase of Cuticura Soap and Ointment and my hands were perfectly cured after two boxes of Cuticura Ointment and one cake of Cuticura Soap were used. W. H. Dean, Newark, Del., Mar. 28, 1907."

**Admitted That Much.**  
"But," she persisted, "you can't deny it. A woman's life is made up of sacrifices."  
"Of sacrifice sales, yes," replied the brute, her husband.  
**Important to Mothers.**  
Examine carefully every bottle of CASTORIA a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Watson* in Use For Over 30 Years. The Kind You Have Always Bought.

**It's All Right, Then.**  
She—You have kissed other girls, haven't you?  
He—Yes; but no one that you know.—Harper's Weekly.  
Garfield Tea—a simple and satisfactory laxative! Composed of Herbs, it regulates liver and kidneys, overcomes constipation and brings Good Health.

High aims form noble character and great objects bring out great minds.—Tryon Edwards.  
Chicago youths do not need coming-out parties. They just come out. A few going-in parties might help.  
It's easier for a woman to hold a strong man than her own tongue.  
**FILES CURED IN 6 TO 14 DAYS.**  
PAZO OINTMENT is guaranteed to cure any case of Itching, Blinding, or Pruritic Files in 6 to 14 days or money refunded. 50¢.

It isn't idle curiosity that prompts a man to look for work.  
Mrs. Winslow's Soothing Syrup. For children teething, soothes the gums, reduces inflammation, allays pain, cures wind colic. 25¢ a bottle.  
Many a man is buried in oblivion long before he is dead.

**DODD'S KIDNEY PILLS**  
FOR ALL KIDNEY DISEASES  
RHEUMATISM  
BRIGHT'S DISEASE  
DIABETES  
Backache  
75¢ Guaranteed

**WESTERN CANADA CROPS CANNOT BE CHECKED.**  
OATS YIELDED 90 BUSHELS TO THE ACRE.

The following letter written the Dominion Government Commissioner of Emigration speaks for itself. It proves the story of the Agents of the Government that on the free homesteads offered by the Government it is possible to become comfortably well off in a few years:  
Regina, Sask., 23rd Nov., 1907.  
Commissioner of Immigration, Winnipeg.

Dear Sir:  
It is with pleasure that I reply to your request. Some years ago I took up a homestead for myself and also one for my son. The half section which we own is situated between Rouleau and Drinkwater, adjoining the Moose Jaw creek, is a low level and heavy land. We put in 70 acres of wheat in stubble, which went 20 bushels to the acre, and 30 acres of summer fallow, which went 25 bushels to the acre. All the wheat we harvested this year is No. 1 hard. That means the best wheat that can be raised on the earth. We did not sell any wheat yet as we intend to keep one part for our own seed, and sell the other part to people who want first-class seed, for there is no doubt if you sow good wheat you will harvest good wheat. We also threshed 9,000 bushels of first-class oats out of 160 acres. 80 acres has been fall plowing which yielded 90 bushels per acre, and 80 acres stubble, which went 30 bushels to the acre. These oats are the best kind that can be raised. We have shipped three car loads of them, and got 53 cents per bushel clear. All our grain was cut in the last week of the month of August before any frost could touch it.  
Notwithstanding the fact that we have had a late spring, and that the weather conditions this year were very adverse and unfavorable, we will make more money out of our crop this year than last.  
For myself I feel compelled to say that Western Canada crops cannot be checked, even by unusual conditions. I am, dear sir,  
Yours truly,  
(Signed) A. Kaltenbrunner.

**Guess.**  
He—I think that I have the pleasure of the next dance?  
She—You do.  
Now, what did she mean by that?—Harvard Lampoon.  
A western man has invented a balloon that will go 60 miles an hour if nothing happens.  
The damage caused by rust is more to be feared than the wear and tear of work.—Halliburton.

**ONLY ONE "BROMO QUININE"**  
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Drive a Nail in One Day. 25¢.

After calling a prisoner down the judge is apt to send him up.

**I AM A MOTHER**



How many American women in lonely homes to-day long for this blessing to come into their lives, and to be able to utter these words, but because of some organic derangement this happiness is denied them.  
Every woman interested in this subject should know that preparation for healthy maternity is accomplished by the use of **LYDIA E. PINKHAM'S VEGETABLE COMPOUND**.  
Mrs. Maggie Gilmer, of West Union, S. C., writes to Mrs. Pinkham: "I was greatly run-down in health from a weakness peculiar to my sex, when Lydia E. Pinkham's Vegetable Compound was recommended to me. It not only restored me to perfect health, but to my delight I am a mother."  
Mrs. Josephine Hall, of Bardonia, Ky., writes: "I was a very great sufferer from female troubles, and my physician failed to help me. Lydia E. Pinkham's Vegetable Compound not only restored me to perfect health, but I am now a proud mother."

**FACTS FOR SICK WOMEN.**  
For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?  
Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

**READERS** of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

**DEFIANCE Cold Water Starch** makes laundry work a pleasure. 16 oz. pkg. 10¢.  
W. N. U., LINCOLN, NO. 13, 1908.

**"OUCH" OH, MY BACK**  
IT IS WONDERFUL HOW QUICKLY THE PAIN AND STIFFNESS GO WHEN YOU USE  
**ST. JACOBS OIL**  
THIS WELL-TRIED, OLD-TIME REMEDY FILLS THE BILL  
25¢.—ALL DRUGGISTS.—60¢.  
**CONQUERS PAIN**

**W. L. DOUGLAS SHOES**  
\$3.00 SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY.  
MEN, BOYS, WOMEN, MISSES AND CHILDREN.  
W. L. Douglas makes and sells more men's \$3.00, \$3.50 and \$5.00 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.  
W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price.  
W. L. Douglas name and price is stamped on bottom. Take No Substitutes. Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Illustrated Catalog free to any address.  
W. L. DOUGLAS, Brockton, Mass.

**The State of Wyoming**  
Is preparing to open for settlement ten thousand acres of irrigable land, under the Carey Act, at 50 cents per acre, as an addition to the now famous Wheatland Colony. For further information write to  
**J. R. MASON, General Immigration Agent, Wheatland, Wyo.**

**WEAR SHIELD BRAND SHOES**  
The Women's Congress Gaiter—elegant patent leather trimmed fine kid vamps—easy as a slipper. Price, \$3.00. If not at dealers ask us.  
**EILET-KENDALL SHOE CO. MFGS. Kansas City, Mo.**

**COLT DISTEMPER**  
Can be handled very easily. The sick are cured, and all others in one stable, no matter how "stagnant" from having the disease, by using **COLT'S LIQUID DISTEMPER CURE**. Give one the longest or in feed. Acts on the blood and expels germs of all forms of distemper. Best remedy ever known for man or foal. One bottle guaranteed to cure one case. 50¢ per bottle. Send 100 doses of druggists and harness dealers, or send express paid by manufacturer. Get how to apply through. City free booklets give everything. Local agents wanted. Largest selling horse remedy in existence—twelve years.  
**SPOHN MEDICAL CO., Chemists and Bacteriologists, Cochran, Ind., U. S. A.**