

CULINARY NOVELTIES

WELSH RABBITS THAT SEEM TO SAVOR OF INDIGESTION.

Inventors of Choice Tit-Bits However, Assert the Contrary—Fish Served with Toasted Cheese Poured Over It.

There is no longer any special novelty in serving a Welsh rabbit on a piping hot mince pie, as a substitute for toast. For years the cooks at the old chop houses in New York had been serving a dish that they called a "slip on," and this was nothing less than melted cheese poured over hot mince pie, and experts who had systematically tested the effects of this combination did not hesitate to affirm that the presence of the cheese aided rather than deterred the processes of digestion.

To season this cheese, therefore, was but a short step in the direction of culinary eccentricity, novel as it seemed.

A writer in the Bohemian, describing some of the Welsh rabbits perpetuated by well-known people, says that Walter McDougall, the cartoonist, is responsible for one which is "seemingly irrational." Mr. McDougall takes either a haddock, a small cod or a bluefish and stuffs it with a delicious dressing composed of bread crumbs, minced onions and finely chopped friend bacon, moistened with melted butter and seasoned with salt, pepper and summer savory.

Carefully stuffed and properly sewed the fish is baked in a pan with a little water, several bits of butter being scattered over it. During the process of cooking it is basted frequently and when it is done and the thread removed it is served with a Welsh rabbit poured over it.

The late John Chamberlin once confided to Miss May Irwin that his success as a rabbit maker was due to the fact that after he had grated his cheese into a bowl he added all the other ingredients—the butter, mustard, pepper, paprika and two table-spoonsful of cream to each person to be served—rubbing them all smooth, or to a uniform paste, before transferring the mixture to the saucepan in which it was to be melted.

Morgan Robertson, the novelist, is the inventor of two methods of making a rabbit, but when he makes a Welsh rabbit to please his own palate he takes the proper quantity of rich New York state cream cheese and breaks it directly into stale ale, letting them heat up together over the fire.

The proper proportions are half a cupful of ale to each half pound of cheese, and to each half cupful of the ale a saltspoonful of soda is added before the process of heating is begun. While the cheese is dissolving it is stirred constantly and when the proper consistency is reached it is poured over the toast.

Mayonnaise Dressing.

As oil is the expensive ingredient in making salads, it is well to buy it in bulk instead of bottles; at any Italian grocery it comes in tins at 65 cents a quart. As the largest size bottles hold only one short pint, this is a great saving. This is a good rule for making mayonnaise.

Put the oil on ice until cold; beat the yolk of an egg in a cold bowl until it is light and foamy; then put in the oil, a drop at a time, beating until it is thick; thin with a very little vinegar, and begin dropping the oil again; when there is enough and it is thick, it is done; add salt and a little cayenne.—Harper's Bazar.

Chocolate Pie.

A coffee cup and a cup and a half of sugar, one tablespoon of butter, not melted, the yolks of three eggs, one cup of sweet milk, two coffee cups of flour, one teaspoon of cream of tartar, one-half teaspoon of soda.

Mixture for filling—Whites of three eggs beaten stiff, then add one and one-half coffee cups of sugar, three teaspoons of grated chocolate or cocoa, one teaspoon of lemon or vanilla; beat altogether and spread between layers while the cake is hot.

Fried Mush.

Make mush with white meal, and the night before if wanted for breakfast; make very stiff; put in a dish to cool that can easily be sliced from; cut up in slices, roll in an egg, beaten, then cracker crumbs, or shredded wheat crumbs, and fry in hot lard, same as doughnuts; use melted sugar or maple sugar on it; very nice.

Apple Sauce Cake.

One cup sugar, one-half cup shortening, one-half teaspoon cloves, cinnamon, nutmeg, one-half teaspoon salt, one cup sour apple sauce. Dissolve one teaspoon soda, in a little hot water and beat in apple sauce. Stir in mixture, add two cups flour, one-half cup raisins. Bake 45 minutes.

Stuffed Bananas.

Cut off one-quarter of the ends of a banana. Remove the pulp and press through a sieve. Add to each cupful the juice of half a lemon and two tablespoonfuls of fine sugar; whip a cupful of cream; fill shells; set on ice; serve with cake.

Glossy Table Linen.

Table linen, in order to bring out the bright gloss that makes it attractive, should be dampened considerably before being ironed.

Fiat Feet

Require moderately high heels; those with a high arched instep are better with low ones.

UTTERLY WORN OUT.

Vitality Sapped by Years of Suffering with Kidney Trouble.

©Capt. J. W. Hogun, former postmaster of Indianola, now living at Austin, Tex., writes: "I was afflicted for years with pains across the loins and in the hips and shoulders. I had headache also and neuralgia. My right eye, from pain, was of little use to me for years.



The constant flow of urine kept my system depleted, causing nervous chills and night sweats. After trying seven different climates and using all kinds of medicine I had the good fortune to hear of Doan's Kidney Pills. This remedy has cured me. I am as well to-day as I was twenty years ago, and my eyesight is perfect."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Fine Feat of Engineering.

The feat of moving a lighthouse without taking it apart or dismantling it in any way has recently been accomplished at Ashtabula. The range light, weighing 65 tons and standing 65 feet high, was placed on a lighter and towed along the river a distance of 750 feet, and then successfully placed on a new site. It was raised by the use of jacks and moved on rollers to and from the lighter. Guy ropes held it in position while moving.

Newspapers for the Blind.

The announcement that the London Daily Mail is about to issue a weekly edition for the blind, draws attention to the other British journals published in Braille type, which have had a long and useful career, though they have seldom been seen by the general public. The first weekly newspaper for the blind was published on June 1, 1892, and called the Weekly Summary. It has always been issued below cost price, and its promoters derive no benefit from its publication. Another was started only last year, called the Braille Weekly, and issued from Edinburgh.

Always to Be Depended Upon.

When a person gets up in the morning with a dull headache and a tired, stretchy feeling, it's an almost certain indication that the liver, or bowels, or both, are decidedly out of order.

At such times Nature, the wisest and best of doctors, takes this means to give warning that she needs the help and gentle assistance which can best be obtained from that old family remedy, Brandreth's Pills, which has been in use for over a century.

They are the same fine laxative tonic pill your grandparents used when doctors were few and far between, and when people had to have a remedy that could absolutely be depended upon.

Brandreth's Pills can be depended upon, and are sold in every drug and medicine store, plain or sugar-coated.

Novelist's Early Earnings.

A pocket series of Mr. Thomas Hardy's stories is to be published soon, and lately a complete edition of his books in 20 beautiful volumes was issued in America with success. When Mr. Hardy took the manuscript of "Under the Greenwood Tree" to the late Mr. Tinsley that enterprising publisher offered the novelist the sum of \$125 down for the book. Mr. Hardy accepted the sum, although he owned that he was "a bit disappointed," adding that nevertheless he "meant to keep on." Next came his book "A Pair of Blue Eyes," for which Mr. Tinsley gave the novelist \$500, saying: "There is no money in the book, but I can see that Hardy is going to get a grip some day."

French President's "Double."

M. Fallieres was, until recently, believed to be the only president of the French republic who had no double, but his counterpart has been found. The man who most resembles him physically is a respectable merchant of the Rue Saint Honore, who plays his part with decorum and dignity. He wears exactly the same kind of blue butterfly necktie with white dots as the president, the same kind of hat and exactly so oddly cut a beard. And on his promenades he is always accompanied by a friend who could easily be taken for the president's private secretary. Dignified and with measured steps, the enviable double walks through the Faubourg Saint Honore and feels overjoyed at being saluted on all sides.

Good Advice.

Sincere and happy conversation doubles our powers. No man ever stated his griefs as lightly as he might. Don't worry about your work. Do what you can, let the rest go, and smile all the time.—Emerson.

The Fate of Empires.

Empires totter and fall, and statesmen wonder why they don't totter and fall when speeches are made saying that the ultimate is reached. Thus empires show wisdom, and the statesmen the other thing.

Animals That Shed Tears.

The shedding of tears from grief has been noticed among the higher animals. Darwin reports that "the Indian elephant is known sometimes to weep when captured it sank to utter prostration, uttering choked cries with tears trickling down the cheeks." Darwin also reports that one species of monkey is known to weep copious drafts.

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A man's good judgment usually shows up the day after.

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Many a citizen who trades on margins wouldn't think of buying a gold brick.

Furs, Hides, Pelts.

Write for prices and ship to McMillan Fur & Wool Co., Minneapolis, Minn.

Richard Croker, the old Tammany chief, who is about to return to New York, is said to have had an offer of \$100,000 for an autobiography.

Defiance Starch is the latest invention in that line and an improvement on all other makes; it is more economical, does better work, takes less time. Get it from any grocer.

Prefer Their Own Way.

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Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Dr. J. C. Watson*
In Use For Over 30 Years.
The Kind You Have Always Bought.

Roman Relics Found in Wales.

Workmen engaged in diverting a roadway at Welwyn, Herts, Wales, unearthed seven Roman urns in a good state of preservation, a Roman spur, two drinking bowls six inches high, one smaller cup, a bowl, some bronze plate, an iron standard and a small urn six inches high.

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

Origin of Starch.

The art of starching was not introduced into England until the ingenuity of Dutch women in starching ruffs induced Queen Elizabeth to turn to them when she took to wearing cambric and linen cuffs. In 1564 Mistress Dingheyn von den Plasse, the refugee daughter of a Flemish knight, came with her husband to London, according to an old writer, and set up an establishment for starching, where she not only plied her trade, but instructed English classes in her art.

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It removes that wearing feeling, extreme lassitude, "don't care" and "want-to-be-left-alone" feeling, excitability, irritability, nervousness, dizziness, faintness, sleeplessness, flatulency, melancholy or the "blues". These are indications of Female Weakness, or some derangement of the organs, which this medicine cures as well as Chronic Kidney Complaints and Backache, of either sex.

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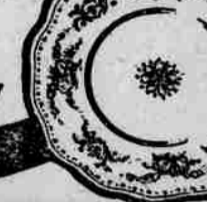
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is a Certain Remedy FOR GALL STONES. Stones in the Kidneys, Stones in the Urinary Bladder or Gravel, Biliousness, Bloating Complexion, Jaundice and all Biliary Troubles resulting from Bilelessness. Write for circular. W. M. GRAEMER, 4200 North Grand Avenue, ST. LOUIS, MO.

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