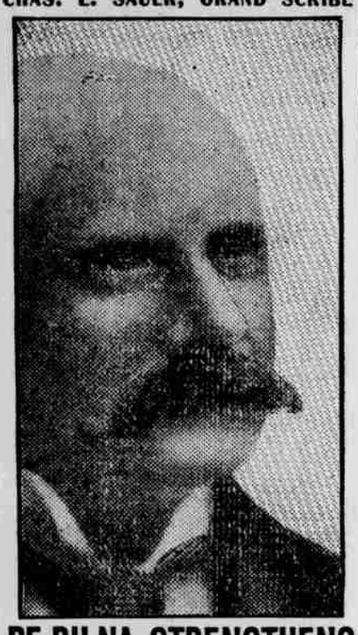
CHAS. L. SAUER, GRAND SCRIBE



PE-RU-NA STRENGTHENS THE ENTIRE SYSTEM.

Mr. Chas. L. Sauer, Grand Scribe, Grand Encampment I. O. O. F. of Texas, and Assistant City Auditor, writes from the City Hall, San Antonio, Tex.:

"Nearly two years ago I accepted a position as secretary and treasurer with one of the leading dry goods establishments of Galveston, Tex.

"The sudden change from a high and dry altitude to sea level proved too much for me and I became afflicted with catarrh and cold in the head, and general debility to such an extent as to almost incapacitate me for attending to my duties.

"I was induced to try Peruna, and after taking several bottles in small doses I am pleased to say that I was entirely restored to my normal condition and have ever since recommended the use of Peruna to my friends."

ALL FOND OF PEANUTS.

Delicacy Relished by All Animals—Even the Hippopotamus Devours Them with Pleasure.

"The peanut is a delicacy relished by all creatures," said a New York animal lover. "I have come to this conclusion after having offered it to every animal in the Central Park zoo, and having it refused by none.

"Oh, I know it isn't allowed; but I'm not one of those individuals who offer animals indiscriminate numbers of hard-boiled eggs, frankfurters, cheese sandwiches and cigar stumps. It's for that sort of nuisance the rule about feeding is made. A single peanut can't ruin the digestion of a camel—or of any other creature, for that matter, and I never visit the zoo without a bag or two of those legumes to distribute.

"Yes, the camel is fond of them—very; and so are the peacocks. The hippopotamus obligingly opens his mouth to let me toss one in, but the mouth is so large and the peanut so small that I doubt if he can quite decide whether he likes it or not.

"The kangaroo pokes his funny, horse-like head out to me, munches the peanut with relish, and then begs for more. The elephant, deer, ostrich, and even the lion, are all lovers of the peanut."

"Did my diamonds call forth any comment?" asked Mrs. Cumrox. "Yes, indeed," answered Miss Cayenne. "I heard several people refer to you as the human chandelier."

The amount of work a boy puts into baseball would raise a lot of potatoes for him to eat.—N. Y. Press.

HOME DRESSMAKING.

Here are a few hints which the home dressmaker will appreciate and which, some of them, the professional would do well to store away for use.

To prevent the otherwise inevitable sagging of the circular skirt, hang it up by the binding, or better still, on the form, before the bottom is finished and allow it to remain for three or four days or even longer. Then trim it off to the desired length and evenness and you may rest secure in the fact that it will remain a "good hanging skirt."

In sewing a lace frill on the stock don't attempt it German fashion, "over and over." It will stay "over" if you do. Hold it straight with the collar and run it on, then, even though closely gathered, it will stand up as it should.

If sleeves are too long or too full, don't rip them out. First take a tuck or fold in the tops, making them the desired length, and baste. Try on, and if right, then cut off the superfluous material.

Keep a tiny vial of powdered slippery elm in your work basket, and thrust the needle into it occasionally. It helps to make sewing a pleasure.

Make a proper selection of needles. That is, do not attempt to make a coarse needle do fine work nor a very fine needle carry coarse thread. The rule works both ways—wrongly.

Beyond and above these "hints," remember to sit properly and to take a "breathing spell," if only a couple of minutes, whenever there is a feeling of exhaustion.—Boston Budget and Beacon.

Tomato Soup.

One pint of tomatoes, boiled soft in one pint of water, strain, then add one quart of milk, one-half teaspoon of soda, butter the size of an egg and salt to taste. Let all come to a boil and serve with crackers.

GENIUS OF WESTINGHOUSE

His Name Is Known in Every Land Where a Train Is Running.

George Westinghouse has a creative mind. There is no country in the world where a train runs, or an engine works, or a dynamo turns, in which his name is not honored and familiar, says Arthur Warren, in Success Magazine. He has brought new mechanisms and new industries into being; he has contributed largely to the progress in modern methods of transportation and communication which have shaped to such an extent the relations between individuals and communities, between nation and nation. The post office, the telegraph, the railway and the steamship unite the most distant regions. Upon them modern life is wholly dependent in its social, industrial and commercial phases. Stephenson gave us the railway; Westinghouse made the modern complex railway system a possibility by his inventions which control the movements of trains. Had he done no more than this his name would still stand among the great achievers.

George Westinghouse will be 60 years of age next October; he is built on a massive scale, tall, and as strong as a blacksmith. He is alert, farsighted, quiet, sanguine and untiring, with a constitution strong as nickel-steel. He is a most agreeable man to meet, and has a rare faculty for inspiring others with his own enthusiasm.

A remarkable fact in his career is the early age at which he became prominent. At the age of 22 George Westinghouse made his first great invention, the air brake. This was the source of his fame and fortune, and since that time his life has been so intimately associated with the history of engineering and of manufacture that it is impossible to think of many of the great advances of the past 40 years without thinking of him.

HE WON A FREE RIDE.

Hobo Thought Being Punched Was Better Than Riding the Car Bumpers.

A husky 200-pound man of the hobo type worked a new game upon a Southern Pacific passenger conductor the other night, says the Houston Post. The man boarded the train at San Antonio and took his seat in the forward smoker, and apparently sank into a deep slumber. His snores resounded through the car. At intervals throughout the all night ride to Houston the conductor, aided by the trainmen, tried to arouse him so as to get his ticket. They pounded him, pulled his ears, his nose and jabbed him all over the body with their fists. He slept through it all, or at least he appeared to be asleep.

Just as the train was pulling into the yards at Houston he cut short a snore, roused himself, opened his eyes and sat up in his seat. The conductor was entering the coach and saw that his troublesome passenger was awake at last. Without a word the conductor touched him upon the arm and called for his ticket. The man felt through his pockets with a sleepy air.

"I'll declare, I forgot to buy a ticket," he announced.

"If you have no ticket you can pay me the fare; it is $6.30," the conductor said.

The man looked up at the conductor and a smile spread over his face.

"Say, you had a lot of fun with me last night; don't you think it was worth $6.30 to you?" he asked.

Struck with the humor of it, the conductor returned the smile of the man, and said: "You earned the ride."

The conductor passed on, and the passenger alighted at the depot at Houston. He carried no baggage. He was heard to remark to a fellow hobo later in the day that being punched around by a conductor felt better than "riding the rods."

A Good Reason.

One of the American visitors who have been swarming into Oxford was surprised to learn from a porter at the station that he had about another mile to cover before he reached Magdalen. He asked "why the blazes the station had been built so far from the colleges." The Oxford porter replied, gravely: "I dunno, sir; but I 'spect they thought it more handy to have it down here by the railway."

New Mountain Line.

A wonderful mountain railway is being constructed in the Tyrolese Alps by a Swiss engineer named Strubb, of Clarens, near Montreux. When completed this line will achieve the European record, which has been held by the Stauserborn railway, for traversing the steepest mountain slope in the world.

Need New Rolling Stock.

Railway companies in Argentina have been notified that they must make large additions to their rolling stock during this year, so as to be better prepared for bringing the increasing quantities of grain to the ports.

England's Locomotive Exports.

Exports of locomotives from England thus far the present year show a substantial increase, principally in shipments to South America.

Many New Roads.

There are 13,000 miles of new railroad lines under contract of construction at the present time in the United States.

And Much Surer.

Some men are born rich and others become railroad clerks, and thus get there just the same.—Pittsburg Gazette-Times.

THE LAXATIVE OF KNOWN QUALITY

There are two classes of remedies: those of known quality and which are permanently beneficial in effect, acting gently, in harmony with nature, when nature needs assistance; and another class, composed of preparations of unknown, uncertain and inferior character, acting temporarily, but injuriously, as a result of forcing the natural functions unnecessarily. One of the most exceptional of the remedies of known quality and excellence is the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., which represents the active principles of plants, known to act most beneficially, in a pleasant syrup, in which the wholesome Californian blue figs are used to contribute their rich, yet delicate, fruity flavor. It is the remedy of all remedies to sweeten and refresh and cleanse the system gently and naturally, and to assist one in overcoming constipation and the many ills resulting therefrom. Its active principles and quality are known to physicians generally, and the remedy has therefore met with their approval, as well as with the favor of many millions of well informed persons who know of their own personal knowledge and from actual experience that it is a most excellent laxative remedy. We do not claim that it will cure all manner of ills, but recommend it for what it really represents, a laxative remedy of known quality and excellence, containing nothing of an objectionable or injurious character.

There are two classes of purchasers; those who are informed as to the quality of what they buy and the reasons for the excellence of articles of exceptional merit, and who do not lack courage to go elsewhere when a dealer offers an imitation of any well known article; but, unfortunately, there are some people who do not know, and who allow themselves to be imposed upon. They cannot expect its beneficial effects if they do not get the genuine remedy.

To the credit of the druggists of the United States be it said that nearly all of them value their reputation for professional integrity and the good will of their customers too highly to offer imitations of the

Genuine—Syrup of Figs

manufactured by the California Fig Syrup Co., and in order to buy the genuine article and to get its beneficial effects, one has only to note, when purchasing, the full name of the Company—California Fig Syrup Co.—plainly printed on the front of every package. Price, 50c. per bottle. One size only.

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THE WORLD'S FAVORITE

For Preserving, Purifying and Beautifying the Skin, Scalp, Hair, and Hands.

Cuticura Soap combines delicate medicinal and emollient properties derived from Cuticura, the great Skin Cure, with the purest of cleansing ingredients, and the most refreshing of flower odors. Depots: London, 27 Charterhouse Sq.; Paris, 5 Rue de la Paix; Boston, 137 Columbus Ave. Potter Drug & Chem. Corp., Sole Props. ☞ Mailed Free, "How to Preserve, Purify, and Beautify the Skin, Scalp, Hair, and Hands."

USE THE BEST **FAULTLESS STARCH** FOR LAUNDRY WORK

FOR SHIRTS COLLARS CUFFS AND FINE LINEN

ALLEN'S FOOT-EASE

A Certain Cure for Tired, Hot, Aching Feet.

DO NOT ACCEPT A SUBSTITUTE.

This signature Allen S. Olmsted on every box.

For FREE Trial Package, Address, Allen S. Olmsted, Le Roy, N. Y.

No Improvement.

In one of the Sunday schools in Malden, Mass., recently the teacher of a class of small boys inquired of each one if he thought he had been a better boy during the year. Each answer was in the affirmative except one little fellow about eight years old, who was conspicuous for his silence. The teacher put the question to him a second time, when with considerable earnestness he replied: "I am just as worse as I ever was."

BLOATED WITH DROPSY.

The Heart Was Badly Affected When the Patient Began Using Doan's.

Mrs. Elizabeth Maxwell, of 415 West Fourth St., Olympia, Wash., says: "For over three years I suffered with a dropsical condition without being aware that it was due to kidney trouble. The early stages were principally backache and bearing down pain, but I went along without worrying much until dropsy set in. My feet and ankles swelled up, my hands puffed, and became so tense I could hardly close them. I had great difficulty in breathing, and my heart would flutter with the least exertion. I could not walk far without stopping again and again to rest. Since using four boxes of Doan's Kidney Pills the bloating has gone down and the feelings of distress have disappeared."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

And He Needs No Schooling.

All the paraphernalia of a civil engineer isn't in it with the strong arm of a young man when it comes to locating the girl's waist line.

Any man who has to get up and get his own breakfast while his wife lies in bed is likely to feel like turning the "God Bless Our Home" motto to the wall.

A medical student says he has often heard of the trombone, but he can't find any reference to it in the medical books.

You may say what you please; it is better to say what pleases other people.

When two girl friends have a falling out, ask his name.

The less a man thinks of his neighbors the more he admires himself.

A wise man may profit by the actions of a fool.

It's almost as difficult for a woman to keep a secret as it is for her to see the point of a joke.

Santo Domingo has more revolutions, but is less dangerous to "monkey" with than a buzz saw.

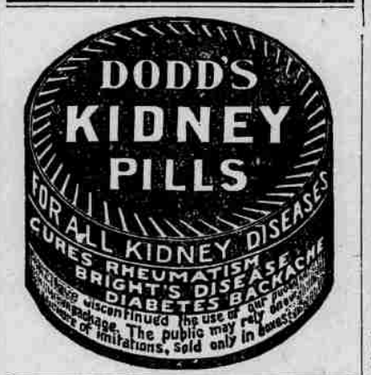
With a smooth iron and Defiance Starch, you can launder your shirtwaist just as well at home as the steam laundry can; it will have the proper stiffness and finish, there will be less wear and tear of the goods, and it will be a positive pleasure to use a Starch that does not stick to the iron.

First of Grange Banks.

The opening of a bank with a capital of $25,000 in Tioga, Pa., would not, under ordinary circumstances, constitute a notable event, but as the bank is organized under the auspices of the State Grange, is owned and managed by grangers, and is designed to be he first of a series of grange banks, its opening is very interesting.

Girl Horsebreaker.

Miss Winnonah Von Ohl,, a New Jersey girl 20 years old, is making quite a reputation as a horsebreaker. Five years ago, a slender slip of a girl, she went to South Dakota with her mother, who had been sent thither for a change of climate. Miss Winnonah learned to ride bronchos out there and on returning east she took to training and breaking horses, in which work she has been remarkably successful. She has never sustained any injury while thus engaged.



If afflicted with sore eyes, use **Thompson's Eye Water**

Make your boy's food tasty—Mother—for it has to do some big things. It has to make flesh, blood, bone and muscle and supply boundless Energy. Remember, the boy of today is the man of tomorrow.

Don't injure him physically and mentally with indigestible meats, pastries, rich puddings, etc., that act as a drain on his nervous energy.

But feed him plenty of

EGG-O-SEE 10¢

all there is in wheat—and he'll be your heart's joy—strong, healthy, bright, smart and quick at his studies.

You won't have to coax him to eat it either, Mother, for its delicious rich flavor when eaten with cream and sugar is just what he craves most for.

Egg-O-See keeps the blood cool and is the ideal summer food.

Give him some tomorrow—"there won't be no leavin's."

Prepared under conditions of scrupulous cleanliness.

Every grocer in the country sells EGG-O-SEE—the whole wheat cereal. If your grocer has not received his supply, mail us 10 cents and his name (15 cents west of the Rocky Mountains) and we will send you a package of EGG-O-SEE and a copy of the book, "-back to nature."

FREE "-back to nature" book

Our 32-page book, "-back to nature," outlines a plan of right living, including menus for 7 days and recipes for preparing the necessary dishes, based on a whole wheat diet, with suggestions for bathing, eating and exercise, illustrated from life, exceedingly simple and attractive. By following the precepts, abounding and vigorous health is sure to result.

Published to sell at 25 cents a copy, this handsomely illustrated book will be mailed FREE to anyone who writes, as long as this edition lasts. Address

EGG-O-SEE CEREAL COMPANY

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Libby's Food Products

make picnics more enjoyable by making the preparations easier.

Easier to carry; easier to serve; and just right for eating as they come from the can.

Libby's cooks have first pick of the best meats obtainable—and they know how to cook them, as well as pack them.

If you're not going to a picnic soon you can make one tomorrow at your own table by serving some sliced Luncheon Loaf. It is a revelation in the blending of good meat and good spices.

Booklet free, "How to Make Good Things to Eat." Write

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60 Bus. Winter Wheat Per Acre

That's the yield of Salzer's Red Cross Hybrid Winter Wheat. Send 2c in stamps for free sample of same, as also catalogue of Winter Wheats, Rye, Barley, Clovers, Timothy, Grasses, Bulbs, Trees, etc., for fall planting. SALZER SEED CO., Box W. K. La Crosse, Wis.

Save the Pennies

You Can Buy the Big Ten Cake Package of

On Time Yeast

for 5 cents, warranted by the On Time Yeast Company to give satisfaction or money refunded.

Two packages of "On Time" will cost you 10 cents and are equal in weight to three packages of any other brand for which you will pay 15 cents.

The extra nickel is worth as much to you as to the manufacturer of the seven cake package. Use **On Time Yeast** and get Ten Cakes for 5 cents instead of seven.

Ask Your Grocer for On Time Yeast

THE DAISY FLY KILLER destroys all the flies and affords comfort to every home. One 20c. box lasts the entire season. Harmless to persons. Clean, neat and will not soil or injure anything. Try them once and you will never be without them. If not kept by dealers, sent prepaid for 20c. Harold Soares, 149 DeKalb Ave., Brooklyn, N. Y.