

WASTED TO A SHADOW.

But Found a Cure After Fifteen Years of Suffering.

A. H. Stotts, messenger at the State Capitol, Columbus, O., says:

"For fifteen years I had kidney troubles, and though I doctored faithfully, could not find a cure. I had heavy backaches, dizzy headaches and terrible urinary disorders. One day I collapsed, fell insensible on the sidewalk, and then wasted away in bed for ten weeks. After being given up, I began using Doan's Kidney Pills. In a couple of months I regained my old health, and now weigh 138 pounds. Twelve boxes did it, and I have been well two years."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Kemp's Balsam

Will stop any cough that can be stopped by any medicine and cure coughs that cannot be cured by any other medicine.

It is always the best cough cure. You cannot afford to take chances on any other kind.

KEMP'S BALSAM cures coughs, colds, bronchitis, grip, asthma and consumption in first stages.

Cramps

cause women some of their most excruciatingly painful hours. Mrs. Lula Berry, of Farmington, Ark., writes: "I suffered with terrible cramps every month, and would sometimes lose consciousness for 4 to 9 hours. On a friend's advice I took

WINE OF CARDUI

and as a result am now relieved of all my pains, and am doing all my housework." No matter what symptoms your female trouble may cause, the most reliable, scientific remedy for them, is Cardui. Try it. At all Druggists.

TWENTY-FIVE BUSHELS OF WHEAT TO THE ACRE

Means a productive capacity in dollars of over \$16 per acre. This on land which has cost the farmer nothing but the price of tilling it, tells its own story. The Canadian Government gives absolutely free to every settler 100 acres of such land. Lands adjoining can be purchased at from \$2 to \$10 per acre from railroad and other corporations. Already 175,000 farmers from the United States have made their homes in Canada. For pamphlet "Twentieth Century Canada" and all information apply to Supt. of Immigration, Ottawa, Canada, or to following authorized Canadian Government Agent—W. V. Bennett, 501 New York Life Building, Omaha, Nebraska. (Mention this paper)

NO HUMAN HAND TOUCHES IT

Many of the so-called breakfast foods are improperly prepared—contain so large a quantity of sweetening substance that they become too carbonaceous and heating to have a well balanced food value, if not dangerous to life and health.

DR. PRICE'S WHEAT FLAKE CELERY FOOD

is prepared under the supervision of a physician and chemist with years of experience in the making of pure food products. It is composed of wheat, celery and salt—not a trace of any other substance. So cleanly and carefully prepared that no human hand touches it from its first process of manufacture until it reaches the consumer. In daily use it has a tonic as also a mild laxative effect.

Palatable—Nutritious—Easy of Digestion and Ready to Eat. Can be served hot. Put in a hot oven for a few minutes; or cook in boiling milk to a mush.

10c a package. For Sale by My Signature on every package. As much nourishment as 3 loaves of bread. Grocers Dr. W. C. Price

His Own Business.

This anecdote was told by John Gramham Brooks: "One of the brightest replies I ever heard came from a lad in my neighborhood, who was being quizzed about his father's accomplishments, and was asked: 'What does your father know, anyway?' There was no hesitation in the answer: 'I don't believe he knows much of anything except his own business; but he knows that.'"

All in the Reach. The way to reach, or to attain to anything, is to bend oneself toward it with all one's might; and we approximate it just in proportion to the intensity and the persistence of our effort to attain it.—Success Magazine.

BOY'S HEAD ONE SOLID SORE.

Hair All Came Out—Under Doctor Three Months and No Better—Cuticura Works Wonders.

Mr. A. C. Barnett, proprietor of a general store in Avar, Oklahoma, tells in the following grateful letter how Cuticura cured his son of a terrible eczema. "My little boy had eczema. His head was one solid sore, all over his scalp; his hair all came out, and he suffered very much. I had a physician treat him, but at the end of three months he was no better. I remembered that the Cuticura Remedies had cured me, and after giving him two bottles of Cuticura Resolvent, according to directions, and using Cuticura Soap and Ointment on him daily, his eczema left him, his hair grew again, and he has never had any eczema since. We use the Cuticura Soap and Ointment, and they keep our skin soft and healthy. I cheerfully recommend the Cuticura Remedies for all cases of eczema. A. C. Barnett, Mar. 30, 1905."

MATING GARB OF BIRDS.

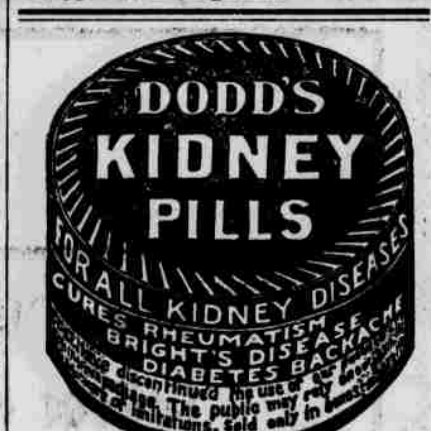
The gnatcatcher is a drol brown bird, but in the spring his plumes turn a beautiful green. Thus the warrior bird of Germany puts on for the mating season a ruff of many bright hues, while the female dons a cape of white.

The grebe's wedding dress is two tufts of brilliant blue feathers. They stand like horns upon his head. They enhance his beauty greatly.

The fire-weaver's wedding dress is the most splendid of all. This bird, a sober fellow in the winter, wears, when he takes a wife, a dress of bright red.

Preparing to Get Even. "Yes," he said, "I wish to adopt a girl."

"A little girl?" "No, a girl old enough to have energy and perseverance, and one who has had enough experience with the piano to make her think she knows how to play. And if she thinks she can sing, why, so much the better. I tell you I am going to get even with the people in the next flat, even if I have to adopt two musical prodigies."—Lippincott's Magazine.



VINEYARDS IN PORTUGAL.

Grape Growers in Bad Way Over Inability to Dispose of Stored Up Crops.

The distress among the agricultural laborers is taxing, in many parts of Portugal, the resources of the local authorities, especially in the wine districts of the north, where the crisis seems to be most acute. So keen appears to be the distress that the subject has been laid before the parliament.

According to the local press in these districts, whose products in prosperous times are a chief source of the country's wealth, many of the vineyard owners have in their cellars the harvest of two years' grape growth which they are unable to sell, except at a huge sacrifice, and not being able to obtain the cash on which they counted for help from bankers and others to tide over bad times, they have resolved this year to discontinue in many vineyards the hoeing and other indispensable labor. This has led to non-employment of some thousands of hands who could otherwise have counted upon employment.

Hunger and misery, it is said, are seen everywhere, and the poor starving wretches are spreading themselves over the country, to the detriment of others of the working class whose lot is but little better, and resorting to plying and begging to satisfy their needs. Instances are said by the press to have occurred where some men who were considered well to do yeomen have solved for themselves the question of financial difficulties by resorting to suicide.

Some few years ago a regular fever of vineyard making spread over the northern half of the country and over-production has been the result, which wiser Portuguese heads foresaw and avoided, but their warnings were not heeded.

BIRD HAVEN ON THIS FARM

Illinois Agriculturist Who Keeps Close Guard and Provides Shelter for Birds.

John H. Dorris, who owns a large farm northwest of this city, will not allow a bird of any kind to be killed on his land, writes a Harrisburg (Ill.) correspondent of the St. Louis Globe-Democrat. He has set aside a number of acres to grow up in underbrush, in which all kinds of birds, especially quail, find a home through the winter; and in the summer the place is alive with birds.

Mr. Dorris claims that hawks do very little damage in comparison with the good they do in killing field mice and rats. There are hundreds of quail on his farm, and they have become so tame that they come to the dooryard for feed. So careful does he watch these birds that he can tell where nearly every bird nests in the brooding season. Last fall one of his hired hands, while driving through the lane with a load of hay, saw a quail sitting on the fence close by, and, taking his whip, he knocked it off, slightly crippling it. He picked the bird up and took it to the house to feed to the cat.

When Mr. Dorris saw this he rebuked him warmly, questioned him as to where he found the bird, and upon being told remembered where it had a nest. Unhitching one of the horses and saddling him, he rode a mile and a half, placed the bird on its nest, and watched and cared for her until she hatched out her brood. Mr. Dorris' farm is noticeably free from insects that do damage to crops, and he unhesitatingly says this is due to the birds on the place.

RABBIT'S STRANGE REFUGE

Bunny Leads Pursuing Lynx Into Hunter's Tent and Makes His Escape.

That the instinct of self preservation is not confined to the human race is evident from many instances in the experience of hunters in the north woods.

A trapper in the Tahquamenon river country, relates the fact that while seated in his tent one evening at dusk there was a sudden commotion at the entrance and in popped a rabbit. Behind the rabbit in hot pursuit, came another animal, which fairly shot down the snow incline into the tent. This animal proved to be a lynx.

For a moment it did not dawn upon the lynx that it had been caught in a snare, and then it jumped to the opposite side of the tent and began to claw the canvas and snarl. By this time the trapper had grabbed a club and was on his feet. The fight that followed was lively and how he managed to dodge the lynx and also hit it in the semi-darkness is, he says, a mystery, but it was not long before the lynx was stretched out lifeless. The hunter came out of the encounter with a few scratches, and in the meantime the rabbit escaped.

Elephants Generate Electricity.

Employing elephants to generate electricity is a novel idea which is receiving attention in Indian circles, and the utilization of elephants for working dynamos is likely to become an accomplished fact. It is proposed in Bombay to employ the elephants six hours a day generating electricity which will be stored in batteries and used at night for lighting purposes.—Electricity.

Russian Refugees Shot.

In a recent speech the Hon. W. Rothschild, M. P., said that within the last two months very many refugees from Russia had been sent back to England and that he had evidence that every one of these men was shot at the Russian frontier without trial.

TRUE SOUTHERN CHIVALRY

Kentucky Colonel Didn't Apologize, But He Came Very Near Doing It.

Many stories have been told of southern chivalry, but the palm appears to go to a story told by a former governor of Kentucky while visiting Philadelphia recently.

According to the narrator, a genuine Kentucky colonel boarded a street car which was very crowded, and somehow he stepped on the foot of a very pretty woman. Of course, the woman expected the colonel to apologize, just as did everybody else who heard her give a mousie-like squeal when the colonel's foot came down.

And she looked as though she expected an apology, but the colonel, divining her thought, doffed his hat and said: "No, madam, I'm not going to apologize. When the good Lord was so gracious as to make women so beautiful and charming and with such wonderfully small feet that a man has to tramp on them to find them, then I don't think that an apology is in order."

The compliment was too graceful for the woman to resist, and all that followed was a smiling acknowledgment of the colonel's gallant speech.

It is all right to be in the punch, but you do not want to acknowledge that you have a pull.

How's This? We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe his perfectly honorable and all business transactions and financial ability to carry out any obligations made by his firm.

W. L. DODD, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Lots of us bow to the inevitable without a formal introduction.

Complexion bad? Tongue coated? Liver deranged? Take Garfield Tea.

A successful life is one that rounds up with a feeling of thankfulness for the things it has missed.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

The moment a man perceives that he has been fleeced that he begins to feel sheepish, showing how strongly is the law of association of ideas.—Puck.

Lewis' Single Binder straight 5c cigar. Made of extra quality tobacco. Your dealer or Lewis' Factory, Peoria, Ill.

Youth, the plastic morning of life, is the time when we must do our effective work in character-building. If it is neglected then, or postponed, it will be well-nigh impossible to mold a perfect character.—Success Magazine.

In a Pinch, Use ALLEN'S FOOT-EASE

A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all druggists, 25c. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

There is nothing so satisfactory in this life as to accomplish something without anyone's aid.—Chicago Daily News

Be patient; card houses are built in an hour—cathedrals take centuries.

You always Get full value in Lewis' Single Binder straight 5c cigar. Your dealer or Lewis' Factory, Peoria, Ill.

Always be sure you are right, and you will make lots of enemies.

Write Garfield Tea Co., Brooklyn, N. Y., for package Garfield Tea, the herb cure. Genius is seldom bothered with book-keeping.—Life.

KIDNEY TROUBLES

Increasing Among Women, But Sufferers Need Not Despair THE BEST ADVICE IS FREE

Of all the diseases known, with which the female organism is afflicted, kidney disease is the most fatal, and statistics show that this disease is on the increase among women.



Mrs. Emma Sawyer

Unless early and correct treatment is applied the patient seldom survives when once the disease is fastened upon her. We believe Lydia E. Pinkham's Vegetable Compound is the most efficient treatment for chronic kidney troubles of women, and is the only medicine especially prepared for this purpose.

When a woman is troubled with pain or weight in loins, backache, frequent, painful or scalding urination, swelling of limbs or feet, swelling under the eyes, an uneasy, tired feeling in the region of the kidneys, or notices a sediment in the urine, she should lose no time in commencing treatment with Lydia E. Pinkham's Vegetable Compound, as it may be the means of saving her life.

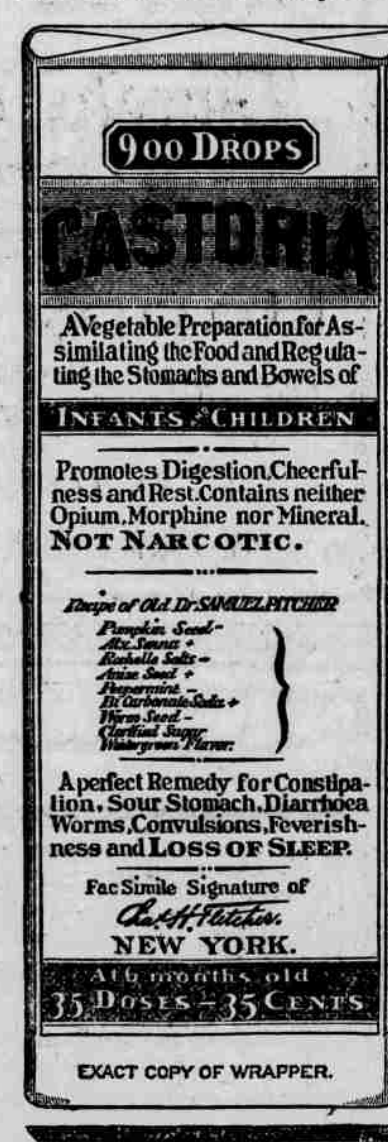
For proof, read what Lydia E. Pinkham's Vegetable Compound did for Mrs. Sawyer.

"I cannot express the terrible suffering I had to endure. A derangement of the female organs developed nervous prostration and a serious kidney trouble. The doctor attended me for a year, but I got getting worse, until I was unable to do anything, and I made up my mind I could not live. I finally decided to try Lydia E. Pinkham's Vegetable Compound as a last resort, and I am to-day a well woman. I cannot praise it too highly, and I will every suffering woman about my case."—Mrs. Emma Sawyer, Conyers, Ga.

Mrs. Pinkham gives free advice to women; address in confidence, Lynn, Mass.

Don't Poison Baby.

FORTY YEARS AGO almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. CASTORIA DOES NOT CONTAIN NARCOTICS, if it bears the signature of Chas. H. Fletcher.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children."

Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children."

Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is, deserves the highest praise. I had it in use everywhere."

Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."

Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it."

Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it an excellent remedy for the young."

Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy."

Dr. J. A. Boorman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children."

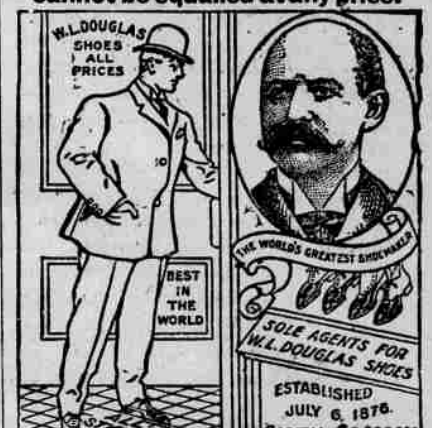
Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the digestive organs."

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher. The Kind You Have Always Bought In Use For Over 30 Years. THE CERTAIN COMPANY, 171 MURRAY STREET, NEW YORK CITY.

W. L. DOUGLAS

\$3.50 & \$3.00 SHOES FOR MEN. W. L. Douglas \$4.00 Gilt Edge Line cannot be equalled at any price.



W. L. DOUGLAS MAKES & SELLS MORE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD.

\$10,000 REWARD to anyone who can improve this statement.

I'll take you into my three large factories at Brockton, Mass., and show you the infinite care with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoe.

W. L. Douglas Strong Made Shoes for Men, \$3.50, \$3.00. Boys' School & Dress Shoes, \$2.50, \$2.00, \$1.75, \$1.50. CAUTION.—Insist upon having W. L. Douglas shoes. There is no substitute. None genuine without his name and price stamped on bottom. Fast Color Eyelets used; they will not wear brass. Write for Illustrated Catalogue. W. L. DOUGLAS, Brockton, Mass.

W. L. DOUGLAS MAKES & SELLS MORE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD.

Yeast That Raises

Every woman likes quick yeast that will make light, good tasting bread. On Time Yeast is made fresh every day and guaranteed to your grocer to give you satisfaction or money refunded.

On Time Yeast

is put up Ten Cakes in a package, instead of seven, and sells at Five Cents. Two packages of On Time Yeast that will cost you Ten Cents will weigh more than three packages of any other yeast that costs you Fifteen Cents. Why submit to be robbed out of Five Cents? Use On Time Yeast and get the most good yeast for your money.

Ask Your Grocer for On Time Yeast

PATENTS for PROFIT

must fully protect an invention. Booklet and Desk Calendar. Highest references. Communications confidential. Established 1861. Bacon, Fenwick & Lawrence, Washington, D. C.

If afflicted with sore eyes, use Thompson's Eye Water. W. N. U., LINCOLN, NO. 20, 1906.