WORKING WOMEN

Their Hard Struggle Made Easier—Interesting Statements by a Young Lady in Boston and One in Nashville, Tenn.

All women work; some in their homes, some in church, and some in the whirl of society. And in stores, mills and shops tens of thousands are on the never-ceasing treadmill, earning their daily bread.

All are subject to the same physical laws; all suffer alike from the same physical disturbance, and the nature of their duties, in many cases, quickly drifts them into the horrors of all kinds of female complaints, tumors, ulceration, falling and displacements or perhaps irregularity or suppression, causing backache, nervousness, irritability and lassitude.

They especially require an invigorating, sustaining medicine which will strengthen the female organism and enable them to bear easily the fatigues of the day, to sleep well at night, and to rise refreshed and cheerful.

How distressing to see a woman struggling to earn a livelihood or perform her household duties when her back and head are aching, she is so tired she can hardly drag about or stand up, and every movement causes pain, the origin of which is due to some derangement of the female organism.

Miss F. Orser, of 14 Warrenton Street, Boston, tells women how to avoid such suffering; she writes:

Dear Mrs. Pinkham:—

"I suffered misery for several years with female irregularities. My back ached; I had bearing-down pains, and frequent headaches; I could not sleep and could hardly drag around. I consulted two physicians without relief, and as a last resort, I tried Lydia E. Pinkham's Vegetable Compound, and to my surprise, every ache and pain left me. I gained ten pounds and am in perfect health."

Miss Pearl Ackers, of 327 North Summer Street, Nashville, Tenn., writes:

Dear Mrs. Pinkham:—

"I suffered with painful periods, severe backache, bearing-down pains, pains across the abdomen; was very nervous and irritable, and my trouble grew worse every month.

"My physician failed to help me and I decided to try Lydia E. Pinkham's Vegetable Compound. I soon found it was doing me good. All my pains and aches disappeared, and I no longer fear my monthly periods."

Lydia E. Pinkham's Vegetable Compound is the unfailing cure for all these troubles. It strengthens the proper muscles, and displacement with all its horrors will no more crush you.

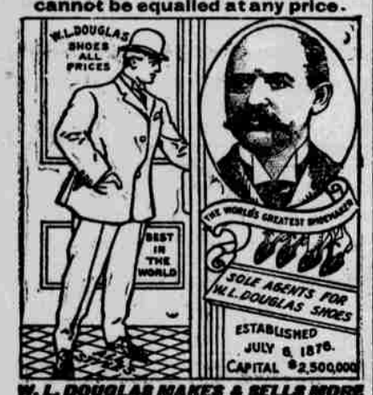
Backache, dizziness, fainting, bearing-down pains, disordered stomach, moodiness, dislike of friends and society—all symptoms of the one cause—will be quickly dispelled, and it will make you strong and well.

You can tell the story of your sufferings to a woman, and receive helpful advice free of cost. Address Mrs. Pinkham, Lynn, Mass. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham and for twenty-five years she has, under her direction and since her decease, been advising sick women free of charge.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

W. L. DOUGLAS $3.50 & $3.00 SHOES FOR MEN

W. L. Douglas $4.00 Gilt Edge Line cannot be equalled at any price.



W. L. DOUGLAS MAKES & SELLS MORE MEN'S $3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD.

$10,000 REWARD to anyone who can disprove this statement.

If I could take you into my three large factories at Brockton, Mass., and show you the infinite care with which every pair of shoes is made, you would realize why W. L. Douglas $3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other $3.50 shoe.

W. L. Douglas Strong Made Shoes for Men, $2.50, $2.00. Boys' School & Dress Shoes, $2.50, $2, $1.75, $1.50

CAUTION.—Insist upon having W. L. Douglas shoes. Take no substitute. None genuine without his name and price stamped on bottom. Fast Color Eyelets used; they will not wear brassy. Write for Illustrated Catalog.

W. L. DOUGLAS, Brockton, Mass.

Wrinkles

come surely to weak women, who have to frown and endure the torture due to the diseases peculiar to their sex. Not only wrinkles, but hollow, lack-lustre eyes, sallow complexion, gray hair, all of which tell of premature old age. The prevention of this, lies in your own hands. Cure the disease that causes your suffering, and strengthen your weakened constitution, with

WINE OF CARDUI

WOMAN'S RELIEF

of which Mrs. Mary Irvin, of Pamplin City, Va., writes: "I think it is the best on earth for all suffering women. My doctor did me no good. I suffered untold misery from head to foot, but the first dose of Cardui gave me relief, and when I had taken one bottle, I felt like a new woman." The above seems to prove that Cardui will relieve your pain, strengthen your constitution and renew your youth. Try it.

At all Druggists, $1.00

C 10

Some people never come to a definite conclusion, and wouldn't recognize it if they did.

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

The garden rake man is It.

Lewis' Single Binder straight 5c. Many smokers prefer them to 10c cigars. Your dealer or Lewis' Factory, Peoria, Ill.

Spring business is booming.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 931 Arch Street, Philadelphia, Pa.

Slightly reduced—slight.

In a Pinch, Use ALLEN'S FOOT-EASE.

A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all druggists, 25c. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

The hardest thing in the world is to keep up a light heart with a heavy liver.

When a laxative is needed, nothing can be more effective than Garfield Tea, which is made of herbs. It cures sick headache, constipation and diseases of liver, kidneys, stomach and bowels; it purifies the blood, cleanses the system and clears the complexion.

Calamities cement friendship.

CURES SICK-HEADACHE

Tablets and powders advertised as cures for sick-headache are generally harmful and they do not cure but only deaden the pain by putting the nerves to sleep for a short time through the use of morphine or cocaine.

Lane's Family Medicine

the tonic-laxative, cures sick-headache, not merely stops it for an hour or two. It removes the cause of headache and keeps it away.

Sold by all dealers at 25c. and 50c.

There is no satisfaction keener than being dry and comfortable when out in the hardest storm.

YOU ARE SURE OF THIS IF YOU WEAR

ITALIANS AS FARM HELP.

Said by Their Representative Countrymen to Be Capable and Industrious.

Signor Pietro Isola has a project to supply American farmers with Italian help, reports the Boston Globe. "Italians," he said, "were never appreciated in this country. Illiteracy is not ignorance; if it were, there would be little of it among Italians.

"They are expert farmers in respect to the climate of their own country. They understand all grains well, and in fruit culture they are far ahead of most Americans, especially in grafting. I know one who has acclimated the fig tree, not with the purpose, at first, of making the fig tree a commercial success here, although it is coming to that.

"These Italian farmers are asking if there is not something for them to do in America besides digging in the streets and sewers. At a recent meeting of grangers I unfolded this subject, and it was taken up with enthusiasm, with a promise to do all possible to induce the farmers of New England to employ the sons of Italy. They are not drunkards; they are intelligent and they are faithful.

"The farmers fear the difficulty of language; but they employ other foreigners—Poles, French and others—without trouble, and the Italians learn more readily than either, and besides they understand the language of gestures better than any others.

"As the Chinese were excluded, the farmers of California began to look about for the next best, and they found them in Italians, and now they are scattered half over the state, more than one-half the inhabitants of Somona county being of that race.

"There is no better farmer on earth than the Italian—intelligent, industrious and faithful to the last degree. If he comes into New England the benefit will be not so much to him as to the farmer.

"Anyone, whether he be a farmer, a common laborer or anything else, makes a mistake if he opposes the Italian farmer. He would restore the idle farms, as no one else can.

"If ever there was an undiscovered country of farm lands in the world, that country is Massachusetts. People are struggling in their crude way with hay and corn to get a yield of $5 to $25 an acre, while the Italian would coax from the willing soil a fortune."

MOVEMENT OF A GLACIER.

One a Mile Long in Southern Rockies Shifted Twenty-Seven Feet in a Year.

It had long been supposed that no true glaciers remain in the Rockies south of Wyoming, a supposition now known to be incorrect, says Junius Henderson, in Harper's Magazine. North of Long's Peak two ice fields have been described and referred to as glaciers by men whose determinations are entitled to considerable weight, though on the whole they partake more of the nature of neve and are so considered by some geologists. This difference of opinion is entirely excusable on the ground that the dividing line between neve and glacier is indistinct, "the one passing into the other by insensible gradation." However, explorations carried on in the last five years have brought to light an ice stream which is so distinctly a glacier as to leave no chance for a dispute as to its character. It has been visited by experienced geologists, mapped, photographed and thoroughly studied.

Arapahoe glacier is about a mile long and is situated amid scenery as inspiring as any in the southern Rockies. It occupies an amphitheater or glacial cirque upon the east side of the Arapahoe Peaks, the peaks and their thin, sharp, serrated connecting ridge forming the semi-circular rim of the cirque, the ridges running eastward from the north and south peaks forming the walls of the ancient glacial valley. The highest point on the rim of the cirque is 13,700 feet above sea level.

No measurements were necessary to convince our first exploring party that the ice was moving. To the student of glacial phenomena the evidence on every hand was easily read as a printed page and as convincing as a mathematical demonstration, but it remained to determine the rate of movement. Consequently, on a later visit, we set up the instruments on the granitic north wall and placed a line of zinc tablets across the face of the ice. Returning exactly one year later, we found that the tablets had moved in amounts varying from 11.15 feet at a point 300 feet from the edge, to 27.7 feet at a point near the center.

Mountain Invades Town.

Faith or something else is removing at least one mountain in the Rhymney valley, Glamorganshire, Wales, which is slowly advancing towards the village of Troedyrhiew. Although the garden of the village inn has been completely swept away, the inn itself, which is between the mountain and the garden, is intact. The explanation is that it was practically rebuilt some time ago on a solid bed of rock. Near the inn is a belt of woodland in which all the trees have developed a pronounced droop. Many opinions are expressed as to the cause of the slide. Mining operations, some say, are responsible, while others attribute it to quicksand.

Mammoth Stork.

The adjutant, or marabout, a tall bird of India, of the stork species, will swallow a hare or a cat whole. It stands five feet high, and the expanse of wings is nearly 15 feet.

CAN'T STRAIGHTEN UP.

Kidney Trouble Causes Weak Backs and a Multitude of Pains and Aches.

Col. R. S. Harrison, Deputy Marshal, 716 Common St., Lake Charles, La., says: "A kick from a horse first weakened my back and affected my kidneys. I became very bad, and had to go about on crutches. The doctors told me I had a case of chronic rheumatism, but I could not believe them, and finally began using Doan's Kidney Pills for my kidneys. First the kidney secretions came more freely, then the pain left my back. I went and got another box, and that completed a cure. I have been well for two years."

Sold by all dealers, 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

A Feminine Jab.

"I'm told," said Miss Knox, "that your husband, under the influence of wine at the dinner the other night, declared he had 'married beauty and brain.'"

"Well, well!" exclaimed Mrs. Bridey; "how nice!"

"Nice? Aren't you going to investigate? Evidently he's a bigamist."

RUNNING SORES ON LIMBS.

Little Girl's Obstinate Case of Eczema—Mother Says: "Cuticura Remedies a Household Standby."

"Last year, after having my little girl treated by a very prominent physician, for an obstinate case of eczema, I resorted to the Cuticura Remedies, and was so well pleased with the almost instantaneous relief afforded that we discarded the physician's prescription and relied entirely on the Cuticura Soap, Cuticura Ointment, and Cuticura Pills. When we commenced with the Cuticura Remedies her feet and limbs were covered with running sores. In about six weeks we had her completely well, and there has been no recurrence of the trouble. We find that the Cuticura Remedies are a valuable household standby, living as we do, twelve miles from a doctor, and where it costs from twenty to twenty-five dollars to come up on the mountain. Mrs. Lizzie Vincent Thomas, Fairmount, Walden's Ridge, Tenn., Oct. 13, 1905."

A Calliope in Church.

In a small village in Iowa the congregation of one of the churches decided to purchase a pipe organ. Thereupon one venerable member raised terrific opposition. He became excited. He denounced the scheme as unholy and monstrous.

"But, Uncle John," said one young lady, "how do you know so much about pipe organs? I didn't know you had ever seen one."

"Well, perhaps I hadn't ought to talk so knowingly," admitted the objecting member, "seeing as how I never saw but one myself."

"And where was that?" was asked.

"Down to Council Bluffs in a circus parade."

Arbitration doesn't always work. Sometimes the dove of peace is mistaken for a clay pigeon.

Mr. Saphedde—"I—aw—really cawnt believe the things I cawn't understand, don't you know." Miss Pert—"What a terrible skeptic you must be."

How She Always Knew.

All alone on the hilltops lived Hannah Jane Spriggins, and a lonely life she led, this ancient maid. Much to the wonder of the good people of the village of Medbybemps, she was never at a loss for news, and when neighbors called with stray bits of information, Hannah Jane always knew it long before it had been spread broadcast through the town.

"Say, did ye know Sam Whitten's Anne had a shock?" volunteered an excited female, dropping in on Hannah Jane early one evening, just as that peaceful soul was sipping her nightly brew of tea.

"Taken at 2 o'clock this afternoon," calmly replied that lady, serenely; "had to send for that know-nothing crittur of a Dr. Smith, 'cause Dr. Brown wasn't home. Got Sam Ketchum's Tabitha for a nurse."

"For the land's sakes, Hannah, how'd ye know it?" gasped the astounded caller. "You ain't had time to go down to the village and back since it happened." Hannah Jane shook her head in mysterious fashion.

"You do beat all for getting the news first," continued the neighbor, with an injured air. "How in time's sake do ye manage." Hannah Jane meditated a moment, then beckoned to her guest, who was one of her oldest friends, and led her in solemn silence up the winding stairs that led to a turret chamber at the top of the house. This room had been made for her father, and old sea captain of the town, so that he could watch the vessels as they sailed into the harbor.

From an ancient bureau in the corner of the room Hannah drew forth something wrapped carefully in tissue paper. "Opery glasses," she explained briefly, as she took out her treasure from the numerous wrappings. "Niece Ellen sent 'em to me five years ago; and a great comfort they have been, too," she added feelingly. "There's not many a place in town but what I can make out with these oppery glasses, and there's not much going on that I don't know," finished this original being triumphantly, who in this novel fashion kept herself well in touch with the rest of the world.

Comforting Advice.

First Friend—"Hello, Jinks! got a bad cold, I see. Bathe your feet in hot water, and drink a pint of hot lemonade."

Second Friend—"Inhale ammonia, or menthol."

Third Friend—"Take four hours' active exercise in the open air."

Fourth Friend—"Sponge with salt water, and remain in a warm room."

Fifth Friend—"Put on all the winter things you've got, and spend half a day sawing wood."

Sixth Friend—"The best cure I know for a cold is to get drunk."

Jinks—with emotion—"A friend in need is a friend indeed. Let's take a drink."

Lots more people would try to get to heaven if they were sure there were no Sunday schools and dry sermons there.

DODD'S KIDNEY PILLS

FOR ALL KIDNEY DISEASES

CURES RHEUMATISM BRIGHT'S DISEASE BACKACHE DIABETES

Discontinued the use of Our Pills. The public may rely on the genuine. Sold only in boxes.

"PE-RU-NA WORKED SIMPLY MARVELOUS."

Suffered Severely With Headaches—Unable to Work.

Miss Lucy V. McGivney, 452 3rd Ave., Brooklyn, N. Y., writes:

"For many months I suffered severely from headaches and pains in the side and back, sometimes being unable to attend to my daily work.

"I am better, now, thanks to Peruna, and am as active as ever and have no more headaches.

"The way Peruna worked in my case was simply marvelous."

We have in our files many grateful letters from women who have suffered with the symptoms named above. Lack of space prevents our giving more than one testimonial here.

It is impossible to even approximate the great amount of suffering which Peruna has relieved, or the number of women who have been restored to health and strength by its faithful use.

$16 AN ACRE

in Western Canada is the amount many farmers will realize from their wheat crop this year.

25 Bushels to the Acre Will be the Average Yield of Wheat.

The land that this was grown on cost many of the farmers absolutely nothing, while those who wished to add to the 160 acres the Government grants, can buy land adjoining at from $8 to $10 an acre.

Climate splendid, school convenient, railways close at hand, taxes low.

Send for pamphlet "20th Century Canada" and full particulars regarding rate, etc., to Superintendent of Immigration, Ottawa, Canada, or to the following authorized Canadian Government Agent—W. V. Bennett, 801 New York Life Building, Omaha, Nebraska. (Mention this paper.)

PATENTS for PROFIT

must fully protect an invention. Booklet and Desk Calendar FREE. Highest references. Communications confidential. Established 1861. Mason, Fenwick & Lawrence, Washington, D. C.

W. N. U. LINCOLN, NO. 17, 1906.

SYRUP OF FIGS

To sweeten, To refresh, To cleanse the system, Effectually and Gently;

Dispels colds and headaches when bilious or constipated; For men, women and children;

There is only one Genuine Syrup of Figs; to get its beneficial effects

Acts best on the kidneys and liver, stomach and bowels;

Always buy the genuine—Manufactured by the

CALIFORNIA FIG SYRUP CO.

Louisville, Ky. San Francisco, Cal. New York, N.Y.

The genuine Syrup of Figs is for sale by all first-class druggists. The full name of the company—**California Fig Syrup Co.**—is always printed on the front of every package. Price Fifty Cents per bottle.