

Injury to Cords of Nerve System Cause of Disease Resistance Is Lowered and Germs Make Inroads When Vital Force Is Shut Off.

By DR. A. N. CARLSON.
Does vaccination immunize? This has been and probably will continue to be a much discussed and argued question, with statistics galore to prove the argument in favor of either side. Figures, while they do not lie, can be made to serve in various ways.

Some authorities continue to enforce the vaccination theory, while others refuse to do so, each contending he is right. So, who can tell? What is there about the human being that makes him resistive to the invasion of germs of any and every kind. Why do some have a disease that slightly, while others are overcome and others immune? Now most modern authorities agree that lack of resistance in any individual leaves him open to infection of any and every kind, be it external or internal. It is taken for granted that we are considering the individual who has sufficient nourishing food.

Then, what is lacking in the person who becomes infected? There must be lack of resistance in that individual, or, in other words, lack of power to resist. The seat of all power or activity in the body is the brain, where it is directed to each and every part and cell of the body, along the spinal cord and its nerve branches, which direct the growth and activity of every part of the body; provided, this power is not interfered with in its course from brain to tissue cell, and creates the resistance necessary to prevent infection or contagion. In the course of our investigations and clinical experience we have found that the usual place of interference to this power of vital force is where the nerve exits from the spinal cord, through the opening (foramina) formed by the vertebrae (spinal bones) when one or more slip out of place through some cause, usually because of accidents or habits of incorrect posture, or some times overwork.

When this power is thus interfered with, the tissues depending on it for its life lacks resistance and becomes subject to infection or contagion. The chiropractor releases this vital force along the nerves by scientifically and correctly locating and adjusting the misplaced vertebrae into their proper position, and natural resistance follows as a natural course.

Merchants Report
Big Holiday Trade
Newcastle, Jan. 3.—According to merchants, holiday trade in northeast Nebraska has been the best for a number of years, regardless of the bad roads and the extremely cold weather. Fordyce, Hartington, Ponca and Newcastle have reported exceptionally large volumes of business and other places claim that the holiday trade has been unusually good.

To avoid drifted roads, dwellers in the country districts made temporary roads through pastures and corn fields in order to get to town to do their trading and make preparations for the holiday festivities. As a result of this heavy trade the merchants find themselves pretty well sold out of the holiday supply. C. P. Ross of Newcastle, by mistake, received double the quantity of candy he ordered for the holidays and was surprised when he found he needed it all.

Wisconsin Professor to Discuss "The Trend of the Teens" in Omaha

Author and Editor to Speak Friday at Unitarian Church.

Prof. M. V. O'Shea, who occupies the chair of education at the University of Wisconsin, will speak on "The Trend of the Teens" on Friday



M. V. O'Shea

evening at the First Unitarian church. This lecture is one of a third series of university lectures held at the church during the winter season. Prof. O'Shea has been identified

Corns

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Your Health How to Guard It

(Published by authority of the committee of public affairs of the Omaha-Douglas County Medical Society.)

Gallbladder Disease.
By J. W. DUNCAN.

People generally have the impression that the gallbladder is a small sac which acts as a reservoir for bile and which empties itself regularly and completely just as does the bladder that contains the urine. Unfortunately, this is not true. It has been found that one of the chief causes of inflammation of the gallbladder and gallstones is the tendency for the bile to stagnate in the gallbladder. This organ cannot drain itself because of the position in which it lies and there is not enough muscle in its walls to squeeze itself empty.

The fact that diseases of the gallbladder are found most often in people who are heavy eaters, overweight and constipated and who take little exercise lead to investigation. This investigation showed that the best way to keep the bile moving freely through the liver and in and out of the gallbladder is by deep breathing, plenty of exercise and the use of the abdominal muscles. These measures, in a fashion, squeeze the gallbladder between the surrounding structures

and thus aid it in emptying. When the bowels are active the little muscle closing the opening from the gallbladder and bile ducts into the bowel is more active and this permits the emptying of the gallbladder more often. People who eat sparingly and at regular intervals and who drink large quantities of water and take plenty of exercise usually do not develop gallbladder trouble.

Suffer Little Pain.
Many people will not believe that cause they suffer little, if any, pain because they suffer little, if any, pain and because all their trouble seems to be with their digestion. As a matter of fact one of the commonest causes of indigestion is gallbladder disease and if a person is "fat and over 40" and has stomach trouble that person has every reason to suspect the gallbladder as being at the bottom of his complaint. Only a small proportion of people who have gallbladder disease have gallstones and gallstone colic is not found in some of the most serious attacks of the gallbladder disease. Some of the worst cases are those that have pus in the gallbladder or have very badly inflamed and thickened walls and do not have gallstones.

Stones in the gallbladder very often do not show on the X-ray film as do kidney stones or urinary bladder stones which nearly always show plainly. This is because stones in the gallbladder are of a different composition and the X-ray passes through them without casting a shadow. If a doctor says he cannot show gallstones with the X-ray it does not mean, necessarily, that they are not present in any case. A good diagnostician's word that you have gallstones is worth much more than an X-ray film that says you haven't. Besides, if the gallbladder is inflamed it really does not make very much difference whether or not it contains stones for the inflammation itself can and does quite as much trouble as gallstones. This is the reason that the doctor often advises operation for gallbladder trouble when he is not sure that stones are present. At the operation the gallbladder is either removed entirely or it is drained and the inflammation relieved. In most cases it is removed but sometimes, for certain reasons, it is necessary that it be saved and drained only. Which of these two things should be done ought to be left to the judgment of the surgeon at the time the operation is performed. There are no bad effects from the removal of the gallbladder and people get along very well without it.

Great Relief Given.
Medical treatment in early cases of gallbladder disease is often very helpful. Even in well advanced cases, if the person cannot stand an operation, diet and medicine give great relief. There is no medicine known that will dissolve gallstones. No honest doctor will tell a patient

that he can give medicine that will make them pass gallstones. Some particles of sand, so small they cannot be seen, will sometimes escape. But gallstones as large as walnuts which people sometimes declare they have passed would have to go through passages no larger than a small slate pencil to get to the bowel and that is of course, impossible. These so-called gallstones are nothing but small pieces of soap which are formed by the action of the digestive juices on the medicine administered. They are tinged with bile and moulded into balls by the movement of the intestine, thus taking on the appearance of gallstones.

The only way to get rid of gallstones is by a surgical operation which is very safe and satisfactory in skillful hands. Not over two per

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cent of such operations are fatal and over 90 per cent of the sufferers are permanently relieved.

Rabbi Leon Albus Here.

Rabbi Leon Albus of Philadelphia, prominent spiritualist leader in the east, is in Omaha on a visit to interest the Jewish community in the Elchanan Theological seminary of New York. Rabbi Albus will address several organizations in this city. At present he is stopping with Rabbi Charlop, 122 North Thirtieth street.

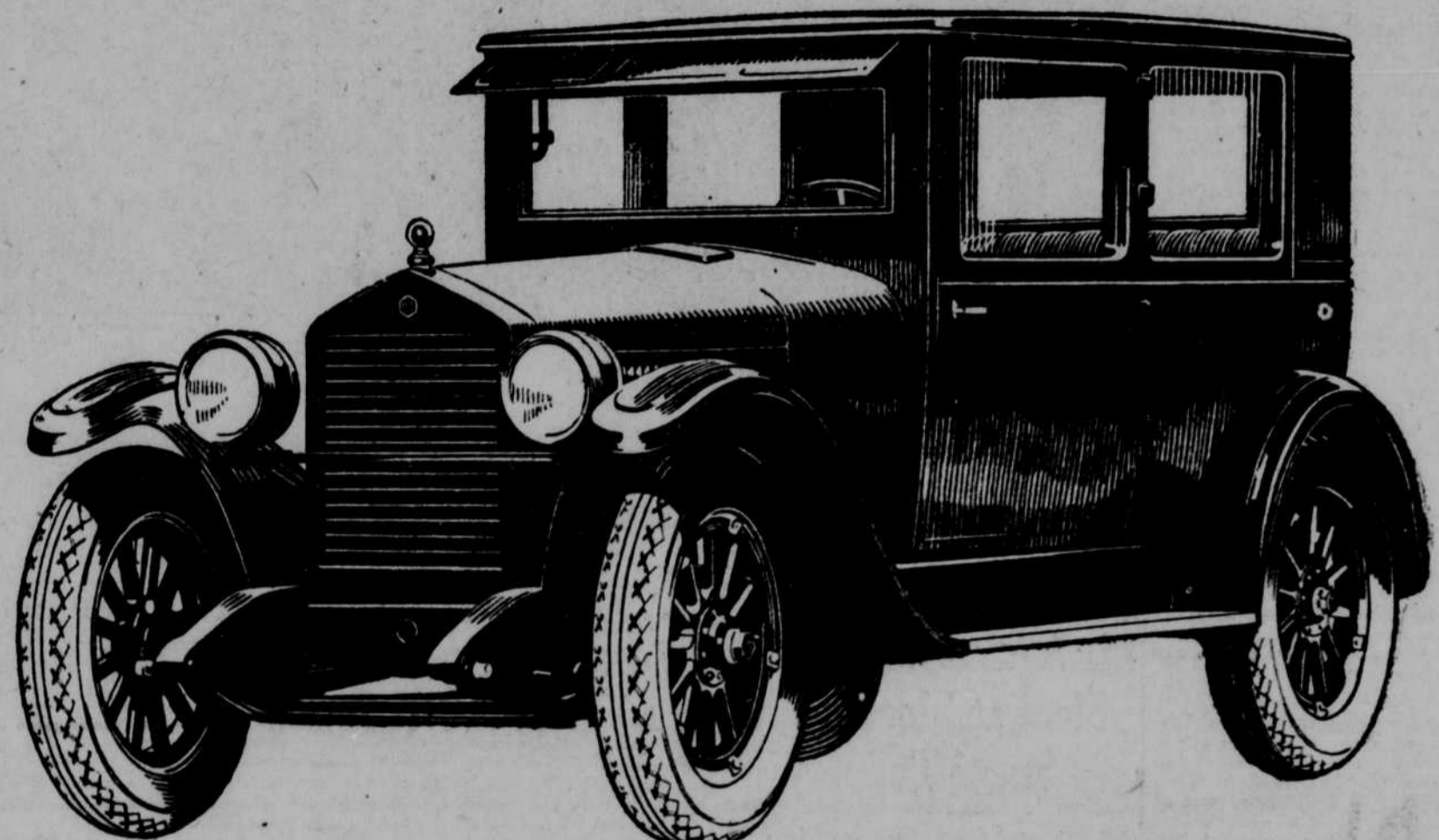
A Sure Way To End Dandruff

There is one sure way that has never failed to remove dandruff at once, and that is to dissolve it, then you destroy it entirely. To do this, just get about four ounces of plain, ordinary liquid arvon from any drug store (this is all you will need), apply it at night when retiring; use enough to moisten the scalp and rub it gently with the finger tips. By morning, most if not all, of your dandruff will be gone, and two or three more applications will completely dissolve and entirely destroy every single skin and trace of it, no matter how much dandruff you may have. You will find, too, all itching and digging of the scalp will stop instantly, and your hair will be fluffy, lustrous, glossy, silky and soft, and look and feel a hundred times better.

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So Essex Chassis likewise forecasts the mechanical design of the future
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Intestinal Evacuant.
There is now offered to the public a liquid preparation which is not only a wonderfully effective and QUICK intestinal evacuant, but which also seems to stimulate the glands of the intestinal tract and to cause expulsion of fat (GAS). This preparation, known as Adierka, is a valuable agent for the purpose of cleaning the bowels of matter which has been in the system a long time and which other less effective means have been unable to dislodge. It is often astonishing the great amount of matter Adierka draws from the intestinal canal—even right after a natural movement it sometimes brings out unexpected quantities of additional matter. Laxative effect it brings out much GAS, thus relieving pressure in the abdomen. Adierka is especially valuable when PROMPT action is necessary or to encourage the elimination of metabolic poisons through the bowel.