

FOR WINTER

HAVE YOUR HEATING PLANT INSTALLED AND YOUR COAL BIN FILLED

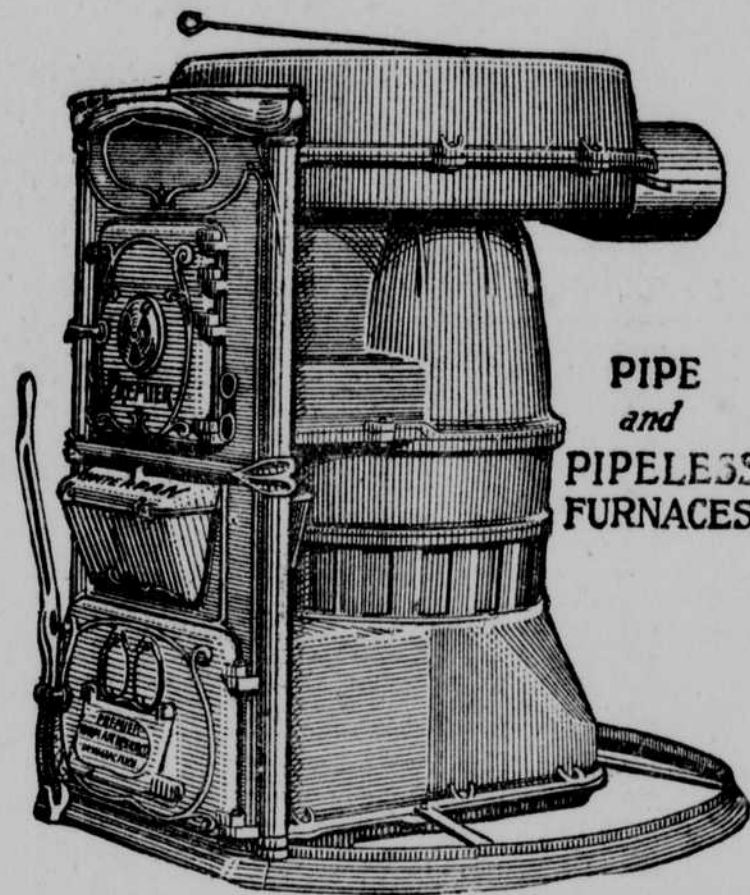
Wisely Against Winter

Sunstrand and Premier Furnaces

Built for a life-time of satisfaction. Guaranteed against defects for ten years. down puts this furnace in your home. The fuel that you will save will nearly make the payments.

Appliance Co.

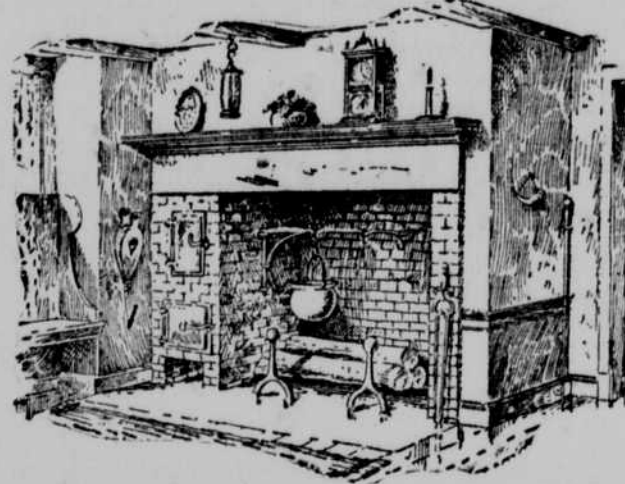
Orpheum



PIPE and PIPELESS FURNACES

411 South 15th St.

Fireplace Furnishings



We carry a large stock of charming and distinctive furnishings that will set your fireplace apart from the ordinary.

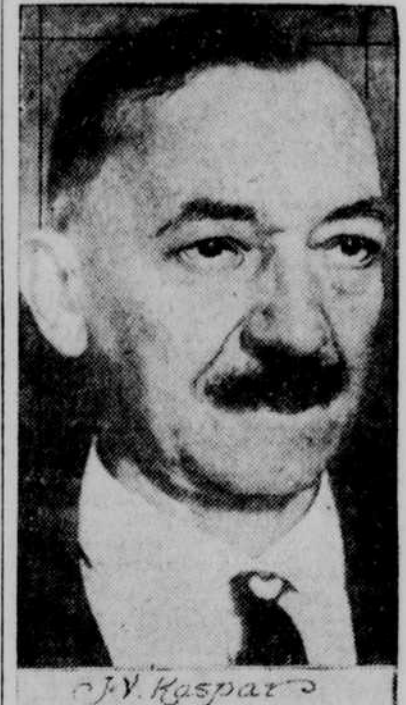
VISIT OUR DISPLAY ROOMS.

Sunderland Brothers Company

Sunderland Bldg.

15th and Harney Sts.

G. O. P. Candidate for Legislature Wants Marriage Law Repealed



Joseph V. Kaspar for Progressive Statutes That Will Benefit All.

Joseph V. Kaspar believes the new marriage license law, requiring 10 days' notice, is all to the bad.

He is the republican candidate for state representative in the Fifteenth legislative district of Douglas county and wants his constituents to know that he stands for a revision of the marriage license law.

"I am a candidate on a free vote platform to repeal the marriage law so as to retain the license fees in this state," Kaspar explained. He stated that he stands for the constitution of the United States and believes in a protective tariff. He has lived in Omaha 37 years and was educated in the schools here.

"I also wish to state that I am a progressive legislator which will benefit to the taxpayers and the state in general," he added.

Your Health How to Guard It

The Story of Our Nerves

(This is one of a series of articles written for The Omaha Sunday Bee and authorized by the committee of public affairs of the Omaha Douglas County Medical Society.)

By DR. G. W. DISHONG.

The simplest form of animal life is a minute creature without definite form or structure and composed of a single cell. All activities necessary to the existence of this little animal are performed by this single cell or unit. But when we pass to a higher order of life we find certain organs or structures performing different functions; that is separate groups of cells for special activities such as motion, digestion, sensation and the other functions necessary to the existence of the animal and its species. Now, in order to unite and co-ordinate these various organs nature has connected them with fibers, called nerves, which intercommunicate freely with all the structures and carry impulses to and from the brain whose special function it is to direct and control all activity.

The activities in the lower forms of life are entirely instinctive and without conscious direction or control. The special sense organs send impulses to the brain which reflexly activates certain functions as required. In the higher forms of life the nervous system becomes relatively more complex, and finally in the human type there is ideation and conscious adaptation, but in all the types the instinctive and primitive reactions are retained, so that in man the conscious and selective action is superimposed upon the instinctive and unconscious reactions. That is to say man has inherited a tendency to primitive reactions which are instinctive, inherent and racial. These are fundamental mechanisms of defense which may be modified but can not be eradicated, and therefore play an important part in the psychology of the human race. These primitive mechanisms constitute a definite urge to activity. They may be unconscious and repressed but they operate at all times as a dominant force urging us on to action regardless of conduct.

The brain and nerves may become diseased or injured just as other organs and tissues of the body, but ordinarily the term nervousness implies a functional disturbance, not due to actual disease of the nervous system, and manifested by morbid fears, doubts, conflicts, bodily discomfort and difficult adaptation in general. But nervousness is not an imaginary illness—it is a real affliction and has a definite cause. It is a condition in which energy is going astray. The energy required to surmount life's obstacles is repressed with infantile emotional memories and finds escape in symptoms.

Stress is always a big factor in nervousness, but stress is usually mental conflict resulting from faulty impressions received in childhood and so affecting the emotional life of the individual that adaptation is forced rather than easy and harmonious. Given a healthy body and a soul at peace with the world and work is a pleasure. It is not work that kills, it is worry. Hard work in the form of earnest, conscientious effort in right doing is the price one pays for happiness and success.

People differ in their nervous reactions, not because of essential differences in the form and structure of the nervous system, but because of difference in the content of the unconscious memory. In psychology nothing happens by chance. Our likes and dislikes, hopes and fears, are all determined by past experiences. Fear fantasies, erroneous viewpoints and painful childhood reminiscences, though long forgotten and repressed may remain in the unconscious memory and determine mood changes and nervous reactions in adult life. The properly trained child is not afraid of the dark or the bogie man; it is not retiring, hypersensitive, or timid. If these traits are allowed to develop and continue they tend to a feeling of inferiority and anxious expectation which may lead to nervousness later in life. These infantile fantasy systems are accompanied by strong feeling, and it is this repressed emotion, striving for expression that causes nervousness. Long ago Herbert Spencer said, "The chief component of mind is feeling. The emotions are the masters, the intellect is the servant."

Child life is rich in imagination and hypersensitive to suffering. Judgment is not yet developed and sensations not properly evaluated. Hence in childhood there is a tendency to erroneous impressions and fantastic elaboration which should be corrected with proper explanation and advice. Early childhood should be joyous and free. Fairy tales and day dreams are quite proper in child life. These fantasies furnish interest, develop

CRETE BURGLAR BELIEVED HELD

Special Dispatch to The Omaha Bee. Beatrice, Neb., Oct. 25.—James Vance, 25, who was arrested here last night by Chief of Police Acton was identified as one of the men who robbed Leberman's clothing store at Crete, Neb., Thursday night. He was taken back to that place by Sheriff Green of Wilber. According to the officers, Vance was wearing a suit of cloths and an overcoat taken from the store when arrested. He says his home is in Chicago.

SPUDS FEED HOGS AS MARKET SINKS

Emerson, Neb., Oct. 24.—Potatoes are so plentiful in this locality that farmers have been unable to find a market for them at 50 cents a bushel. After putting enough in the cellar for winter use, they intend to feed the rest of the crop to the hogs and cattle, as the potatoes will make cheaper feed than corn.

Ponca Club Entertains

Ponca, Oct. 25.—With tables artistically decorated with autumn leaves, about 125 people sat down to partake of the big dinner served in Masonic hall here at the annual fall reunion of the Hawthorne club, husbands and families of members being entertained. After dinner a program of musical selections and a humorous play entitled, "Those Husbands of Ours," was given. Several families from Newcastle attended the club reunion.

Halloween Ball

Ranier-Mondamin lodge No. 111, F. A. U. will give a Halloween ball next Tuesday at Swedish auditorium, Sixteenth and Chicago streets.

Father Must Care for Baby Brother While Mother Stages Parade

Special Dispatch to The Omaha Bee. Clarinda, Ia., Oct. 25.—The women of Clarinda and Nodaway township will stage a big nonpartisan parade the night of November 1 in the business district of Clarinda.

The parade will be led by Mrs. George Landers and Woman's band and every social, literary and religious club in the vicinity will be represented. Six rural clubs have already secured reservations for "plenty of space." It will be a mixture of democrats and republicans, but every one a voter proud to be counted.

Father will be on the side lines entertaining baby and taking care of "four gang."

The women here plan to see that the name of every woman refusing to vote will be published after election in this way they hope to avoid "slackers."

The "Main" Gas Maker

An Oil Burner with an Adjusted Carburetor It Burns Gas Generated from Distillate Oil Eight Cardinal Points of An Ideal Burner

- 1—Should burn efficiently with flue damper closed at all times without smoke or soot.
- 2—Loss of heat by flue draft should approximate only ten per cent instead of sixty to sixty-five per cent as is the case with an open draft.
- 3—Should burn as quietly as a Natural Gas flame.
- 4—Only enough oxygen should be admitted to the blaze to keep it alive and prevent smothering.
- 5—The oil should be thoroughly vaporized and mixed or carbureted with hot oxygen to produce a perfect gas before reaching the point of combustion.
- 6—The flame, whether burning high or low, should not produce carbon or soot, and never smoke at any time.
- 7—The flame should show BLUE-WHITE at all degrees of heat.
- 8—Cleaning out of the fire bowl or flue should never be required at any time.

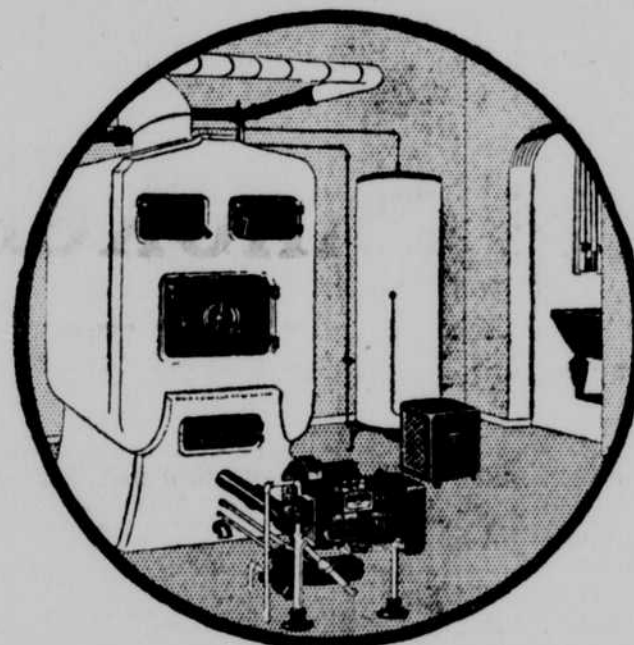
A Demonstration Will Prove That the "Main" Has These Qualities

Plumber Dealers in Western Iowa and Nebraska Considered

Ideal Heating Corporation DISTRIBUTORS

1114-15 Farnam Street Phone JA. 1290 OMAHA, NEBRASKA

THE NOKOL GUARANTEE IS BONDED BY THE FIDELITY AND CASUALTY COMPANY OF NEW YORK



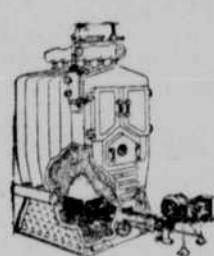
Thousands of Nokol installations have now paid for their original cost in actual dollars and cents

You, too, will eventually install Nokol Automatic Oil Heating in your home. You'll do it if for its comfort alone. Meanwhile in some homes Nokol has been installed for over six years. And in thousands of the 20,000 Nokol heated homes Nokol has been installed long enough to pay for the cost of installation.

For Nokol is the most economical heating service known. Its fuel cost is less than that of hard coal. It is, to the best of our knowledge, less than that of any other oil burner—in many cases the saving is as much as 40%. And it has no secondary costs—no janitors' bills, no cleaners' and decorators' bills caused by dirt from the heating plant, no rent on the wasted basement, no doctors' bills caused by poor heating.

The sooner you install Nokol the more you'll save and the more comfort you'll get from it. Make ready for cold weather by installing Nokol now.

There are many oil burners, but only one Nokol



Nokol can be installed in any type of home heating furnace or boiler—hot water, vapor, steam or warm air—and in any home from the smallest bungalow to the largest apartment building.



Nokol can also be installed in any hot water heater having a tank to furnish automatic hot water service to the home. Its fuel cost is less than that of hard coal, and 50 to 75% less than that of gas.

See one in operation at our Show Room, 1801 St. Marys Avenue

Nicholas Oil Corporation

"BUSINESS IS GOOD, THANK YOU"

MAIL THIS COUPON TODAY!

NICHOLAS OIL CORPORATION.

Gentlemen: Please send me, without obligation, full information about Nokol Automatic Oil Heating.

- For Home Heating
- For Hot Water Service

Name _____

Address _____

(456)

NOKOL

Automatic Oil Heating for Homes

Tested and Listed as Standard by Underwriters' Laboratories

Provisions

Receive our prompt and efficient service on Winter or Summer

Provisions

Deliveries

Our offices located at

CHICAGO
SIOUX FALLS

Private Wires

Provisions Corporation