

## Demonstrating Resuscitation



Dr. A. S. Pinto, city physician, issues the following instructions to restore respiration in a person rescued from drowning:

Get patient into the open air," he said. "Lay him face downward. Arms should be raised to shoulder level or higher. Turn face to one side. Remove any foreign material from mouth and kneel astride patient's body at level of hip joints. Place hands,

palms down, over the floating ribs, thumbs on each side of and parallel to the spinal column.

"With arms stiff, lean your weight forward on the ribs and count three seconds. Then suddenly remove your weight, which relieves the pressure, but not your hands, and count two seconds. Repeat this process in regular rhythm above 12 times a minute for at least an hour unless breathing is restored earlier.

"As soon as the patient breathes

cover him with blankets and rub upward toward the heart under the blankets to restore warmth to body.

Give nothing to drink until patient can swallow. At this juncture a little hot coffee is useful."

Dr. Pinto said this method, known as the Schaefer prone-pressure system of artificial respiration, which is taught at Krug Park pool, is the most efficient and should be applied until a physician arrives.

A check of the license plates on automobiles disclosed the fact that regular patrons come to Krug Park from a radius of 32 miles and that fairly frequent visitors come from as far as 60 and 65 miles in some directions.

## Leader of Park Orchestra Raps "Boiler-Shop" Music—Likes Waltz

The waltz is the favorite of Frank Hodek, pianiste-conductor of the Hodek famous dance ensemble.

He is one musician who says he detests "jazz." Unlike many orchestras which have builded a reputation by playing jazz, Hodek, even in these days of jazz popularity, hove into prominence without playing a single jazz number. "Dance music can be simple without being the 'boiler-shop'

kind," says this learned musician. "Even the simplest music presented musically is uplifting as well as entertaining."

Although his orchestra is preparing for the concert field, he does not fear popular music will in any way impede their progress in the higher realms of music.

"People can study Shakespeare and Chaucer and also read shallow fiction," he says. "The same thing is applicable to music."

## Pool Patrons All Regulars

Why is it that the thousands of people who have been patrons of the Krug park swimming pool in the early part of the season have become steady customers?

In the first place it is as near fool proof as any bathing beach could be. The greater portion of the pool is shallow in depth, while the deep part is confined to an area where anyone of the corps of lifeguards could get to a person in distress in an instant.

Secondly the water is maintained in as pure a state as modern science and expensive equipment can make it. Over 2,000,000 gallons of water is purified every 24 hours—or in other words the complete contents of the pool is made fresher than the water you drink, three times a day.

Not a semblance of disorder is tolerated, so that this swimming pool is not only fast becoming the cooling spot for young men and young women, but for "swimming parties" and children.

On the big cascade the kids have a walloping good time, sitting on the graduated steps and letting the fresh, clean water as it is pumped from the purifying plant flow round them.

In the shallow water also is a huge merry-go-round where the youngsters can have the sensation of swimming, even though they don't know how to swim a stroke.

Incidentally the cascade in the picture serves another purpose

than merely to delight the bathers. It plays a big part in keeping the water pure and sweet. Here the water is exposed to the air and sunlight in thin layers, with agitation by being passed. The cascade pump circulates over the steps of the cascade 120,000 gallons of water each hour, or the entire capacity of the pool in less than eight hours.

The women find this swimming pool particularly pleasing because of the conveniences provided for them. The entire east wing of the bathing pavilion is devoted to the women's department. The ladies' dressing room is supplied with electric hair driers, combs and brushes, with many private dressing rooms also equipped, with individual showers and similar conveniences. A hair dressing parlor conducted by Miss Betty Thatcher, formerly of the Brandeis store beauty parlors, adjoins these rooms.

All one could wish for in comfort, convenience and safety that is not available at this institution. When you go out to the park look it all over—and it's almost certain that you will be numbered in short order among "the regulars."

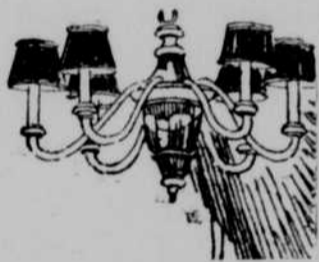
## Bathing Parties Grow Popular at Krug Park

Bathing parties are becoming increasingly popular at the bathing pool and white sand beach at Krug park. Every morning parties of women and children visit the pool. The mornings, except Saturday and Sunday, are reserved exclusively for women and children.

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