



H. K. Mearns, manager and conductor of the Omaha Symphony.



Exp. Bert... Marmola...
She found a pleasant way to reduce her fat.

She Found A Pleasant Way To Reduce Her Fat

She did not have to go to the trouble of diet or exercise. She found a better way, which aids the digestive organs to turn food into muscle, bone and sinew instead of fat.

She used Marmola Prescription Tablets, which are made from the famous Marmola prescription. They aid the digestive system to obtain the full nutriment of food. They will allow you to eat many kinds of food without the necessity of dieting or exercising.

Thousands have found that Marmola Prescription Tablets give complete relief from obesity. And when the accumulation of fat is checked, reduction to normal, healthy weight soon follows.

All good drug stores the world over sell Marmola Prescription Tablets at one dollar a box. Ask your druggist for them, or order direct and they will be sent in clean wrapper, stamped MARMOLA COMPANY, 1209 (second) Market Bldg., Detroit, Mich.

8 Women in 10

of the better class have adopted this new way of solving their oldest hygienic problem

BY ELLEN J. BUCKLAND, Graduate Nurse

CHARM, immaculacy, expeditiousness. Peace of mind under circumstances impossible a short time ago. And better health. These matters are now being solved by a new method of correcting a bad habit.

80% of the women of the better class are suffering from a habit of constipation. It is a habit of mind which is not only a source of physical discomfort but also a source of mental distress. It is a habit which is not only a source of physical discomfort but also a source of mental distress.

Correcting a bad habit. 80% of the women of the better class are suffering from a habit of constipation. It is a habit of mind which is not only a source of physical discomfort but also a source of mental distress.

KOTEX

"Venida rules the waves"

Keep Your Hair Within Bounds

WEAR the full, fluffy coiffure if you like, but keep it within bounds—under control—to escape untidiness," says Dame Fashion.

The Denida Hair Net lends itself naturally to this style of hairdress just as it does to bobbed hair. In both cases a Denida keeps hair looking tidy in spite of its looseness.

2 for 25c
Cape and Fringe styles, Single and Double Mesh.
Grey and White, 25c each.
The Rieser Co., Inc., New York

Corns

Never Use a Knife!

It is so easy to get rid of a corn. Blue-jay ends them. Stops the pain instantly. Then the corn loosens and comes out. Does away with dangerous paring. Get Blue-jay at your druggist.

Blue-jay

Buy from your NEIGHBORHOOD GROCER

Look for the BULL'S HEAD

THE Yellow Can with the Bull's Head is your guarantee of the genuine English Mustard.

Colman's Mustard

DOUBLE SUPERFINE

Ground from the finest mustard seed and shipped direct from England. in 1/4 lb., 1/2 lb. and 1 lb. cans.

Aids Digestion

Buy from your NEIGHBORHOOD GROCER

A Beautiful Dresden Photo of Your Baby

FREE

Every Friday is Free Photo Day in Herzbergs Babyland.

With each purchase of \$3 or more made in Herzbergs Babyland on Fridays we shall issue an order on Heyn Studio for a size 7 1/2 x 11 1/2 Dresden Artist photo of your Baby.

Complete Outfitters to Babies Up to Four Years

(Ask Any Saleslady)

HERZBERGS

1519-21 Douglas St.

ROTOGRAVURE

Prints Perfect Pictures - the Universal Language

The WORLD'S MIRROR

ROTOGRAVURE is truly the world's mirror, faithfully reflecting every phase of the world's activities. In a flash, its pictures give you accurate knowledge of the wonders of Nature, the details of man's handiworks, and the personal appearance of those who wrought them.

Rotogravure is truthful, non-partisan, wholesome and educational. It lends an added touch of international news interest that widens the value of any newspaper.

If there is a Rotogravure Section in your local paper, you will find it listed in company with the finest newspapers published in America.

"AS YOU WOULD SEE IT IF YOU WERE THERE"