Girl Fights Off
Masked Intruder Inath stenegrapher bater


Nebraska News Nubbins
 Bism


## What's the <br> Reason?

N thousands of homes where one or more of
the family are nervous and irritable, the 1. the family are nervous and irritable, the
cause may be hidden-hard to understand. But usually, "There's a Reason.
Doctors and dietitians are very generally agreed that people who are nervous or suffer with digestive disturbances should not drink coffee or tea because these beverages contain a drug, caffeine, and their use tends to increase nervous irritability.
Many of us just drift into wrong habits of eating and drinking, though we usually know better. So if there are nervous ones in your family, suppose you make a change-serve Postum for thirty days.

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for Health


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