PRACTICAL COOKERY

November, 1923



# The Store That Stresses Quality suggests for the table

# Linens

Damask in cloths and napkins. Unique importations of centers, squares, runners and doilies. Real Madeira, Appenzell, Spanish embroidery, Roman cutwork, Italian filet, Mosaic, Venetia antique lace, Carrick Macross, etc.

# China

Tableware from Europe and the Orient as well as the best in domestic glassware, useful and decorative, from the substantial water glass to the slender sherbet and delicate vase.

# Candy

Toothsome dainties designed and created by the man who knows candy-"COBB." A country-wide fame built on merit. "Cobbites" are ready packed at 69c the pound.

## Ask about them.





# Tested Recipes

Approved by Experience Recommended for Trial

## Tempting Appetites With Meats

Mixed Meats en Casserole Stew together one cup of soup stock and one of toma-Strain through a toes. coarse sieve and thicken with a tablespoonful of flour and the same of but-ter rubbed smooth. Cut into good sized strips one pound of raw beef, one of veal and one of fresh lean pork. Roll these in flour. Melt in a skillet butter the size of an egg and in this brown lightly a good-sized onion sliced thin. Turn in the them. When well colored lay them in the casserole dish, surround with a border of diced potatoes and carrots, turnips and string beans or peas, pour over them the tomato sauce. them the tomato sauce. Cook until the meat is tender.

Beef en Casserole Wipe and trim neatly a good-sized piece of the rump or round without bone. Sear until brown in a hot frying pan without allowing it to burn. In the bottom of casserole dish build a nest of diced potatoes, sliced onions and carrots, diced turnips and any cold peas or beans you may have on Season with pepper hand. and salt. On top of this lay the seared meat. In a sepa-rate pan mix a large cup of stock or boiling water with one of tomatoes, stew until thoroughly mixed, strain and thicken with a tablespoonful of flour and butter rubbed smooth, pour over the meat and vegetables. Cover with earthenware lid and cook in moderate oven for four

## Veal a la Florentine

For six or eight persons take six small slices of bacon, two pounds of veal, one cup macaroni, three-quarters cup of grated cheese, one and a halt tablespoons butter, one tablespoon flour. two tablespoons olive oil and one of tomato sauce, two cups warn water or bouillon. Crisp the bacon, add the oil and cut the yeal into small squares, sprinkle with a little sugar, salt and pepper, add the flour, water (or bouillon) and tomato sauce; cook well for two hours. Meanwhile cook mac-aroni until very soft, add butter and grated cheese, turn into a dish and put the veal in the center, covered with the bacon. This makes a very tasty dish.

and garnish with sliced hard boiled eggs.

## Calf's Liver

Wipe one pound of calf's liver and cut in one-inch cubes. Sprinkle with salt and pepper and cover with lemon slices and parsley. Cover and let stand one-half hour. Fry in deep fat one minute and drain.

Southern Ham Wash and soak for two hours two large slices of lean ham, cut at least an inch thick. Butter the bottom of pan, then add pepper and a sprinkling of brown sugar. Place the ham in pan, add more bits of butter, and more sprinklings of the brown sugar, and water the depth of the ham. Cover and cook in a casserole in a slow oven three to four hours.

Chicken Fricassee Clean a chicken, cut in small pieces and fry in fresh lard with two finely chopped onions and two cloves of garlic. After it is fried, add a half pint of olives, some finely chopped parsley and one-half dozen stuffed olives. Stir well together, add one cupful of gener, and one cupit of tomato juice, two table-spoonfuls of toasted bread ground fine, a little Spanish sage, salt and pepper to taste. Stir well and leave on stove for 10 minutes.

## Sliced Lamb With

Olive Sauce Make a stock of the bones and trimmings of roast lamb and add two cupfuls of this hot stock to a sauce made by melting four tablespoonfuls of butter in a spider and frying in it two table-spoonfuls of minced onion; add four tablespoonfuls of flour, half a teaspoonful of salt and a dash of pepper. When smooth, add two dozen olives that have been

previously cooked for half an hour in boiling water and stoned. Slice lamb thin, senson with salt and pepper and simmer gently in the mixture for five minutes. Just before removing from fire add a tablespoonful of lemon juice.

Spanish Fricasse of Chicken Cut up a chicken or fowl weighing about four pounds in pieces for serving, put in a kettle with five cups of boiling water and simmer until chicken is tender. Remove meat, cool, then roll each piece in seasoned flour and fry a delicate brown in fat. Wash and cook in the liquor one cup of rice which has been fried in two table-spoons of butter, with one tablespoon each of onion, red and green peppers. Add one teaspoon of salt and one-eighth teaspoon of pep-per. When rice is tender turn on to a platter and on it arrange the pieces of chicken. Garnish with parsley.

oven to brown; trim meat from the bone end, decorate it with celery leaves and serve with currant jelly.

#### Fried Salt Pork, Country Style

Cut fat salt pork in thin slices, dip in a mixture of corn meal and flour, using two parts of corn meal to one part of flour. Put in a hot iron frying pan, cook until crisp and well browned, remove and strain fat through a double thickness of cheesecloth placed over a fine wire strainer. Put one and a half tablespoonfuls of the fat in a saucepan, add two and a half tablespoon-fuls of flour and stir until well blended; then pour in gradually, while stirring congradually, while stirring con-stantly, one cupful of milk. Bring to the boiling point and add one-fourth teaspoon-ful of salt, a few grains of pepper and one tablespoon-ful of butter, bit by bit; then add one and a half cup-fuls of boiled potato cubes. Pile potatoes in center of hot serving dish and sur-round with prepared pork.

## Ham Timbales

Put one cupful of milk and one cupful of bread crumbs into a saucepan and stir over the fire until a smooth paste is formed. Add one cupful of chopped cooked ham, three tablespoonfuls of butter, seasoning of salt and pepper and the stiffly beaten whites of two eggs. Fill buttered molds two-thirds full of the mixture, cover with buttered paper, put into a pan, half sur-round it with hot water and bake in a moderate oven un-til firm. Turn out, garnish wish parsley and hard cooked eggs

## Combination Mutton Chops

Neatly trim six mutton chops, season all around with half teaspoon salt and two saltspoons white pepper. Cut in halves, lengthwise, three very fresh lamb kid-neys. Season with three saltspoons salt and one of pepspoons salt and one of pep-per. Arrange kidneys and chops on a double broiler and b r o il on a brisk fire for three minutes on each side. Remove, dress on a hot dish, arrange six slices of broiled bacon over them. Cut away a small round Cut away a small round piece at both ends of three

### Lamb Timbales

Cook together for five minutes two tablespoonfuls of butter, one-half cupful of soft bread crumbs and one cupful of milk. Add 1 cupful of finely chopped cold cook-ed lamb, two slightly beaten eggs, one-half teaspoonful of salt, one-fourth teaspoonful paprika, and turn into buttered timbale molds. Bake, having molds sur-rounded by water, until the mixture is firm. Serve with a cream sauce to which has been added two canned pi-mentoes which have been rubbed through a sieve. -

### Ham Loaves

Mince fine sufficient cooked ham to make a cup and a half, add half a cup of soft bread crumbs, sea-soning to taste, and milk to form a soft paste. Butter individual baking dishes, line with this mixture and fill the center with chopped hard-boiled eggs moistened with cream sauce, cover with paste, dot with butter and bake half an hour. Unmold

### Virginia Baked Ham

Select a small lean ham, wash thoroughly, sprinkle with soda, scrubbing all over the surface, rinse in cold water and place in a kettle with about six cloves, half a teaspoon, of celery seed, half a teaspoon of ground cinnamon, 10 peppercorns and one quart of sweet cider. Cover with boiling water and simmer until tender (four or five hours). Remove from water, take off skin, sprinkle with sugar and brush with beaten egg, then cover with rolled bread crumbs; stick in cloves at even intervals and place in

fresh tomatoes, cut them in halves, season with half teaand a little pepper, arrange on a double broiler and broil three minutes on each side. Serve them with chops.

Sausage Bundles Roll out plain paste in sixinch squares, rather thin. Cut Frankfort sausages in thin slices, rejecting the skin, and lay the slices in two rows in the centers of the pieces of paste; double, pinch ends together, and fold as you would do up a bundle, wetting the edges to make them stick; then place on ice until ready to bake. Bake in hot oven 15 minutes and serve hot with French or German mustard. This is a popular dish for Sunday night supper.

#### Beef Loaf

Two pounds Hamburg steak, one-half can tomatoes, one-half pound bacon, chopped fine with the Hamburg steak, eight common cracksteak, eight common crack-ers, one egg, one onion, sea-son with salt and pepper. A little sage may be added if desired. Bake in moderate oven one and a quarter te one and a half hours in bread tin bread tin.