6-C

Council Bluffs Society

were bales of hay, while the electric

Personals

Little Frank Binder is ill at the

James Millet of Gregory, S. D., is

Post-Lenten Alfairs.

With the coming of Easter, Council builbs were shaded with corn husks. Bluffs 7s again on fete and will be marked with many social affairs, imong which is the party planned for genuity was shown by the mersythis week by the Tuesday Dancing unkers in creating costumes dis-tilub at the Eagle hall. club at the Eagle hall.

Mr. and Mrs. A. H. Dunn will give . dinner at the Grand hotel Tuesday Mrs. Fred Johnson is visiting in evening for a number of guests who Marshall, Mich. expect to attend this event.

A variety of spring flowers will home of his parents, Mr. and Mrs. F. adorn the table at which places will H. Binder. be marked for Mr. and Mrs. Norman | Miss Eleanor Gruver arrived home Filbert, Mr. and Mrs. Dan Sheehan, Dr. and Mrs. Glenn Reed, Mr. and Friday night from Grinnell, Ia., where

Mrs. C. E. Swanson and the Dunns. she is a student. A buffet dinner which will precede Miss Cecelia Wickham has been the dance on that evening is the one confined to her home for the past 10 planned by Mr. and Mrs. E. L. Emp. days with grip. kie at their home, to which 16 guests Mrs. Hubert Hicks is at the home have been bidden. of her parents, Mr. and Mrs. E. H.

The Empkies are also arranging an- Benton, suffering from a broken other dinner for the near future. lankle.

Miss Annis Hostess.

Miss Marjorie Annis, who is home visiting at the home of his grandfrom Ferry Hall for the spring vaca- mother, Mrs. James Wickham. tion, entertained in a delightful man, Mr. and Mrs. Charles S. Hutchinner at her home on Saturday. er at her home on Saturday. The luncheon table was beautifully son of Des Moines. Ia., are spending Easter with Mrs. Hutchinson's father,

decorated with bright red tulips, and miniature dancing girls in gay costumes at the place of each guest com- Mrs. Frank Poultney, who has been pleted the artistic arrangement of the visiting Mrs. Lyman Shugart for the past two months, returned Tuesday ornamentation. The afternoon diversion was bridge evening to her home in Chicago.

and those who were asked to this af. | Wood Allen has returned from the fair included Misses Charlotte Zur- Hawailan islands, where he passed muchlen, Gretchen Empkle, Patrecia the months of February and March Tinley, Katherine Searles, Constance touring the points of interest. and Faith McManus, Lucile Hickey Miss Helena Mitchell, who attends of Omaha, Caroline Theinhardt, Irene De Pauw university at Greencastle, Lana, Norma Tyler, Frances Ouren Ind., is spending Easter in Council and her guests, Elizabeth Loomis and Bluffs with her father, W. E. Mitchell. Mary Jane Dougherty of Fort Dodge.

To a New Home.

The many friends who for several is shounding the spring holidays with years have enjoyed the hospitality of friends in Boston, Mass., and Peter-Mr. and Mrs. J. J. Hess in their at- boro, N. H. tractive home on South Seventh street Miss Ruth Cooper has returned regret that the recent decision of the from Chicago, where she visited for school board to use that property in a few days with former school friends their new building plans will oblige at the National Kindergarten school them to dispose of this hospitable

abode Mr. and Mrs. Hess expect to pur- State university after a brief visit in

Miss Mary Key and Miss Caroline the White Star Line.

winter plans to be in Italy.

Key have traveled extensively over there on several occasions.

home on South First strett. This is one of a series they have

at which Mrs. William H. Maurer pre- in Europe. sided on Saturday.

The affair was given in compliment have been residing in Chicago dieft Koven; Ruth and Naomi. Leopold The affair was given in compliment of Mrs. Donald Macrae III of Des Moines, Ia., who is a visitor in the lity. Koven: Ruth and Naohh. Leopout Damrosch. The music teachers who stiend the association meeting this coming week

chase a new home at an early date. the city with her parents, Mr. and To Travel Abroad.

this spring, and will sail from New who have been visiting Mrs. Shu this spring, and will sail from New who have been visiting Mrs. Shu-York on the Pittsburgh, a new boat of gart's relatives there. They expect to schools have established music mem-

Miss Dodge expects to remain over of Miss Key is less definite. Througha, great deal of time in the mountains of Switzerland, and during next

Baffet Dinner.

guests will be present. Tea.

THE SUNDAY BEE: OMAHA, APRIL 1, 1923. other book published in London unde

he title "The Bonadventure." Mr. Blunden was given the chance to make a round trip with a cargo ship. and this book is an account of his life abroad and ashore, interspersed with philosophical reflections and verses.

The Poetry Society of America of fers \$100 for the best poem of not more than 200 lines, submitted before May 1, 1923. The judges will be Carl Sandberg, Witter Bynner and Alice Corbin.

Mr. C. N. Dietz has given the library a set of the works of Westermark and has presented five sets of stereoscope pictures to the North Side branch.

W. O. Mitchell of the Presbyterian Theological seminary has given two volumes of his own writings to the ibrary.

The Benson branch library will no oubt be opened in May. Miss Louise Carson will be librarian in charge.

The Dartnell Sales Service which is used by salesmen and mercantile firms as well as business men generally has been purchased by the library. It includes, Manuals for Salesmen, Letters and Suggestions for Salesmanship, from over 2,000 sales departments and gives Nebraska countles. their population and buying power, and the value of manufactured products and crops, the rural population and automobiles owned, drug stores, grocery stores, hardware stores, dry goods stores, general and department stores in each county are listed.

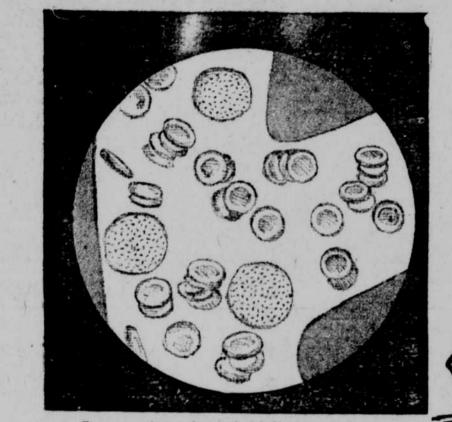
Popular books of the week were House decoration and Repairs, by Prebble, Budget Making by Buck. Making Old Bodies Young by MacFadden, Letters of James Gibbons Huneker, Hairy Ape by O'Neill, Upstream -Photo by Heyn, by Lewisohn, Life and Letters of

A debutante in embryo is little Jes. Walter Page, Personnel Administraann Hannan. 3-year-old daughter of tion by Teal & Metcalf, Up the Maz- oriental solo dance Tuesday evening next fall. Mr. and Mrs. Charles R. Hannan, jr., aruni for Diamonds by LaVarre, The at Miss Mary Cooper's dance recital who, with a wealth of auburn tresses Child and His School by Hartman, at the Brandels. The number was



Miss Betty Phipps will present an and may attend Omaha university

Tarnished Silver. and beautiful brown eyes, .- ill be a Radioactivity and Radioactive Sub- given by Miss Martha Graham, who An easy way to keep the table stances by Chadwick, Window and appeared here last fail with the Deni- silver in order is to put it in the Store Display by Fischer, Raw Mater- shawn dancers. Miss Phipps has been potato water each time you have ials of Perfumery by Parry. Fruit a student with Miss Cooper for seven bolled potatoes for dinner. Let it Growing by Douglass, Books and years. She finishes her high school stand there for a few minutes, then Characters by Strachey, Modern Brit-ish Poetry by Untermeyer.



Telephone your "Room ad to AI lantic 1000.

more and more. teaspoons baking powder, 1 level tea-spoon sait, 6 level tablespoons short- juice and with whipped cream. Place 1.2 teaspoon vanilla, butter.

membrane. Sprinkle with one table Orange Shortcake spoon sugar for each orange used and "Something to eat that's different." put in ice box or cold place. Put into flour sifter, flour, baking powder, salt and one level tablespoon sugar, to cook three times 365 meals a year. and sift together twice. Add shorter Here's a recipe that solves the prob- ing and rub in lightly with the finem-a shortcake for year round sery. gers. Add milk, just enough to make ing, when strawberries and peaches a soft dough. Put into a greased cake are out of season. It is something so pan and bake 12 to 15 minutes in a deliciously different that once tried hot oven. Beat heavy cream until the housewife's family will clamor for stiff, adding slowly the powdered

For orange shortcake de luxe, take place lower half on serving dish and oranges, sugar, 2 cups flour, 5 level spread generously with butter, cover ening, 1-2 to 3-4 cup-milk, 1-2 pint jar other haff of shortcake above the

sugar and vanilla. Split shortcake

heavy cream, 1-3 cup powdered sugar, fruit, spread with butter, cover with orange sections, and garnish with Wipe as many oranges as you care whipped cream forced through pastry to use. Pare with a small sharp knife bag and tube and with sections of removing white membrane with the orange. Serve the orange juice sepaskin, then remove sections free from rately as a sauce.

We Want to Do What is Right and Fair--

Any of our friends and customers will surely welcome this frank statement on our part. At the present time we are carrying a peak load on Monday, Tues-day and Wednesday. Will you help us in our effort to please those we serve?

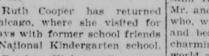
Allow the driver to call regularly for your laundry and return it Friday and Saturday.

We're remodeling our plant and doubling our capacity. We can give you more attention and please you better if you try this plan.









her studies tomorrow at the Iowa Library Chats

Mrs. John P. Tinley. The library is rejolcing over a very John Shugart left Friday for Ames Dodge have planned a trip to Europe to join his wife and young son, Philip, valuable Easter gift from the Schirm-

return home today. Donald Mayne, formerly of this city ory tests there is a great demand for for about six months, but the return but more recently of Geneva, Neb., is musical compositions and books about now residing in Treynor, Ia., where musicians at the library. Some of out the summer months she will spend he has taken a very responsible posi- the best titles so generously given are: tion in a bank there. American-English Folk Songs, Cecil

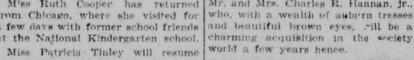
Mrs. Don Waller and children have J. Sharp: Azora, Henry Hadley; Miss Dodge spent the past summer in Europe and both she and Miss remain until Mr. Waller returns from Cupid, Ermanno Wolfe-Ferrari; Dove Hot Springs, Ark., where he has been of Peace, Walter Damrosch; Fairyrecuperating from a recent illness. land, Horatio Parker; Fanfulla, At-Mr. and Mrs. Donald Maerae III tilio Parelli; Firefly, Rudolf Friml;

and their young son, Donald, of Des Goyescas, Enrique Granados; I Dis-Mr. and Mrs. Fritz Baumeister are Moines, will depart today for their pettosi Amanti (Lovers' Quarrel), Atigiving a buffet dinner tonight at their home, after visiting here for a week lio Parelli: Land of Joy. Joaquin Valat the Macrae home on Fifth avenue, verde; Lover's Knot, Simon Buchhal-This is one of a series they have planned, and on this occasion 20 Leontine, plan to leave the latter part cap Duchess, Victor Herbert; Madof the week for New York, from Horatio Parker: Natoma, Victor Herwhich point on April 11 they will sail hert: Oberon, Carl Maria von Weber; Attractive in all details was the tea on the President Polk for a summer Quo Vadis, Feltx Nowowiejski: Rhap-

sody of St. Bernard, David Stanley Mr. and Mrs. Henry Abbott, who Smith; Rip Van Winkle, Reginald De

Charming Miss

are cordially invited to visit the Miss Inez Peregoy will take her library and inspect the music section. departure on Monday for Lincoln, complimentary to Mrs. Martin Nelcomplimentary to Mrs. Martin Nel-son, who salls on May 22 for Europe, her parents, Mr. and Mrs. Robert Dahlman is the librarian in charge. The hours are from 3 to 9 p. m. on Miss Frances Ouren arrived home Monday, Wednesday and Friday and ing out from a handsome silver bas-ket, adorned the table, at which were the attends collect and the stands collect and with the stands collect and the stands col



Bon Voyage Luncheon.

Mrs. Oluf Bondo entertained at a where she will pass the summer.

A profusion of spring blosoms peep- Peregoy, for the past week. seated with the hostess and honor where she attends college and with Saturday. uests: Mrs. Robert Green, Mrs. John her came Miss Mary Jane Dougherty Ella McManigall, Miss Nelson, Miss tion. Sunderaland, Mrs. Ira Kyle and Miss Maude Ranck.

During the absence of Mrs. Nel son and her husband this summer their home on Willow avenue will be secupied by the Bondog.

Recital.

An anticipated event of the week is the dancing recital at the Majestic theater, in which about 80 of Miss Cora Quick's young pupils will take part next Thursday evening.

Several of these youthful tots will appear in group numbers, and solos will be given by those more advanced Miss Maxine Aldrich will do some very lovely work, and on this occasion Mary Louise Ball will make her first public appearance in the "Dance of Spring.

This 14-year-old girl has never been able to hear, but despite this handi cap is most graceful, and those who have seen her dancing declare it to be most artistic and full of rhythm.

Miss Quick is arranging a dancing party for Saturday evening, April 7 when the members of her ballroom dancing class will be guests.

Tea in Omaha.

Mrs. E. A. Gruver and Mrs. Glenn Wilcox were among the guests at a tea given in Omaha on Thursday by Miss Mary Findley for the alumnad of Bradford college of Haverhill, Mass. About 16 Omaha women are graduates from there, but only three from this city. Miss Eleanor Gruver, who formerly attended Bradford and is now a student at Grinnell, arrived home for her spring vacation too late for this event, which was givn in honor of Miss Ponds, one of the teachers from there who is making a brief isit in Omaha

Bridge-Luncheon.

The benefit bridge funcheon ranged by St. Martha guild of St. Paul Episcopal church is evoking great interest, and on Tuesday group of enthusiastic bridge devotees will be at the home of Mrs. Herbert Duquette, where this affair is to be

Dinner-Dance.

A dinner-dance at the Grand hotel has been planned for April 18 by the Kiwanians of this city, and the arrangements for the affair will be up to the high standard which charac terizes all of their social , entertain ments.

Barn Dance.

Delightful in its informality was the dance on Thursday night at which the college set made merry in the Engle hall.

Hosts for this occasion were the members of the Tyrolean club and onventionality was strictly taboo. in lieu of the comfortable chairs, sually provided at other affairs when lasse men have entertained, there

Mathiasen, Miss Clare Rossman of and Miss Elizabeth Loomis of Fort Edmund Blunden, the English poet Walnut, Ia.; Mrs. John Tholl, Miss Dodge, Ia., to spend the spring vaca- and author of "The Shepherd and Other Poems," has recently had an-



ENGLANDER COUCH BEDS

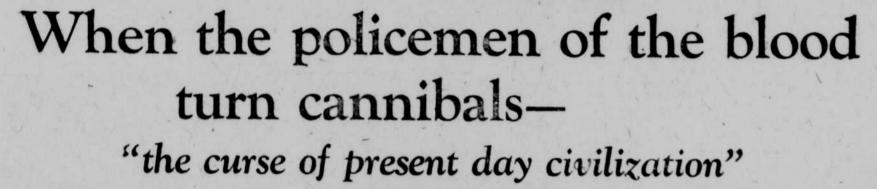
TURN your living room into a bedroom. With one motion, you can change the ENGLANDER Couch Bed from an attractive, comfortable couch, to a full-size bed for perfect sleep. Scientifically constructed to give long and satisfying service. All metal, therefore sanitary. Guaranteed Spring and Mattress. Various cretonne coverings to harmonize with the room. Sold by Furniture & Department Stores-Write for FREE Booklet 156 ENGLANDER SPRING BED CO. New York Brooklyn . Chicago



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From an actual micro-photograph of the blood stream, taken at a point where two veins join. The small dark rings are red cor-puscles; the large ones are the white corpuscles—the "policemen



DEADY at a moment's notice to fight R danger anywhere, the millions of white corpuscles in the blood are the police force of the body.

They are our only real protectors against the lurking germs of disease. Yet thousands of men and women by daily neglect are transforming these white corpuscles into an army of savage enemics.

How constipation poisons these blood-cells

Every day the human body throws off a great quantity of waste, which gathers in the intestines and must be gotten rid of regularly. Otherwise the waste products decay and form one of the most deadly poisons knownphenol--which soaks through into the blood.

Read an eminent scientist's account of what happens then:

"When the white blood cells," he says, "are compelled to live constantly in an irritating blood stream filled with the poisons absorbed from the bowel. these policemen of the body become, as it were, intoxicated; and instead of performing their customary work of protecting the body against disease germs, they literally devour the body itselfactually eat up some of the brain cells, kidney cells, etc. !"

A body in such a state falls an easy

prey to disease. Is it any wonder, then, that constipation is believed responsible for 50% of all our ills? That is why the first thing your doctor wants to knowno matter what you consult him foris: Are you regularly getting rid of these poisons-or letting them collect in your system?

Drugs only increase the trouble

Drugs and cathartics are worse than useless, for they force the intestines to act by nervous irritation, and require larger and larger doses in order to blast a way through.



What this does to the muscles of your arm, Fleischmann's Yeast does to the muscles of your intestin gives them normal, healthy exercise

At last we are realizing that only by strengthening the weakened intestinal muscles, and gently encouraging them to act themselves, can we get rid of constipation and all its evils.

That is why physicians and hospitals are prescribing Fleischmann's Yeast today-not as a medicine, but as a fresh corrective food

which gives the intestinal muscles regular, natural exercise.

Every cake of Fleischmann's Yeast consists of millions of tiny living plants, which mix with the waste products in the colon, softening them and increasing the bulk of the waste. This greater bulk gently encourages the muscles to act, and at the same time strengthens them by offering just the resistance they need.

Your own physician will heartily endorse this principle of regularly exercising the intestinal muscles as the only way to relieve constipation and all its evils. Be sure you get Fleischmann's Yeast-yeast in its natural fresh form. Recent experiments have shown that yeast corrects constipation only when its cells are alive and active, and that it loses its laxative effect when these cells are "killed" and dried. .

Fleischmann's Yeast is in no sense a purgative and does not produce immediate, violent action. It is a nourishing food - not a digestiondisturbing medicine - and like any other food it must be eaten regularly to secure results.

Eat at least 2 or 3 cakes a day-plain or dissolved in water, milk or fruit juices-preferably half an hour before a meal, or the last thing at night. If you eat it plain, follow with a glass of water. Get several cakes at a timethey will keep in a cool, dry place for several days. Be sure you get Fleischmann's Yeast. All grocers have it.

Send today for this free booklet!

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