

Council Bluffs Society

Post-Lenten Affairs.
With the coming of Easter, Council Bluffs is again in a festive mood and will be marked with many social affairs, among which is the party planned for this week by the Tuesday Dancing club at the Eagle hall.

Mr. and Mrs. A. H. Dunn will give a dinner at the Grand hotel Tuesday evening for a number of guests who expect to attend this event.

A variety of spring flowers will adorn the table at which places will be marked for Mr. and Mrs. Norman Filbert, Mr. and Mrs. Dan Sheehan, Dr. and Mrs. Glenn Reed, Mr. and Mrs. C. E. Swanson and the Dunns.

A buffet dinner which will precede the dance on that evening is also planned by Mr. and Mrs. E. L. Emptie at their home, to which 15 guests have been bidden.

The Empties are also arranging another dinner for the near future.

Miss Annis Hostess.
Miss Marjorie Annis, who is home from Ferry Hall for the spring vacation, entertained in a delightful manner at her home on Saturday.

The luncheon table was beautifully decorated with bright red tulips, and miniature dancing girls in gay costumes at the place of each guest completed the artistic arrangement of the ornamentation.

The afternoon diversion was bridge and those who were asked to this affair included Misses Charlotte Zumbach, Gretchen Emptie, Patricia Tinley, Katherine Seales, Constance and Faith McManus, Luella Hickey of Omaha, Caroline Theinhardt, Irene Lana, Norma Tyler, Frances Ouren and her guests, Elizabeth Loomis and Mary Jane Dougherty of Fort Dodge.

To a New Home.
The many friends who for several years have enjoyed the hospitality of Mr. and Mrs. J. J. Hess in their attractive home on South Seventh street regret that the recent decision of the school board to use that property in their new building plans will oblige them to dispose of this hospitable abode.

Mr. and Mrs. Hess expect to purchase a new home at an early date.

To Travel Abroad.
Miss Mary Key and Miss Caroline Dodge have planned a trip to Europe this spring, and will sail from New York on the Pittsburgh, a new boat of the White Star Line.

Miss Dodge expects to remain over for about six months, but the return of Miss Key is less definite. Throughout the summer months she will spend a great deal of time in the mountains of Switzerland, and during next winter plans to be in Italy.

Miss Dodge spent the past summer in Europe and both she and Miss Key have traveled extensively over there on several occasions.

Buffet Dinner.
Mr. and Mrs. Fritz Baumester are giving a buffet dinner tonight at their home on South First street.

This is one of a series they have planned, and on this occasion 20 guests will be present.

Tea.
Attractive in all details was the tea at which Mrs. William H. Maurer presided on Saturday.

The affair was given in compliment to Mrs. Donald Macrae III of Des Moines, Ia., who is a visitor in the city.

Bon Voyage Luncheon.
Mrs. Oluf Bondo entertained at a "Bon Voyage" luncheon on Thursday, complimentary to Mrs. Martin Nelson, who sails on May 22 for Europe, where she will pass the summer.

A profusion of spring blossoms peeping out from a handsome silver vase set, adorned the table, at which were seated with the hostess and honor guests: Mrs. Robert Green, Mrs. John Mathiasen, Miss Clara Rossman of Walnut, Ia.; Mrs. John Tholl, Miss Ella McManigill, Miss Nelson, Miss Maude Harek.

During the absence of Mrs. Nelson and her husband this summer, their home on Willow avenue will be occupied by the Bondos.

Recital.
An anticipated event of the week is the dancing recital at the Majestic theater, in which about 80 of Miss Cora Quick's young pupils will take part next Thursday evening.

Several of these youthful tots will appear in group numbers, and solos will be given by those more advanced.

Miss Maxine Aldrich will do some very lovely work, and on this occasion Mary Louise Ball will make her first public appearance in the "Dance of Spring."

This 14-year-old girl has never been able to hear, but despite this handicap is most graceful, and those who have seen her dancing declare it to be the most artistic and full of rhythm.

Miss Quick is arranging a dancing party for Saturday evening, April 7, when the members of her ballroom dancing class will be guests.

Tea in Omaha.
Mrs. E. A. Gruber and Mrs. Glenn Wilcox were among the guests at a tea given in Omaha on Thursday by Miss Mary Findley for the alumnae of Bradford college of Haverhill, Mass.

About 15 Omaha women are graduates from there, but only three from this city. Miss Eleanor Gruber, who formerly attended Bradford and is now a student at Grinnell, arrived home for her spring vacation too late for this event, which was given in honor of Miss Ponds, one of the teachers from there who is making a brief visit in Omaha.

Bridge-Luncheon.
The benefit bridge luncheon arranged by St. Martha's guild of St. Paul Episcopal church is evoking great interest, and on Tuesday a group of enthusiastic bridge devotees will be at the home of Mrs. Herbert Duquette, where this affair is to be given.

Dinner-Dance.
A dinner-dance at the Grand hotel has been planned for April 13 by the Kiwanians of this city, and the arrangements for the affair will be up to the high standard which characterizes all of their social entertainments.

Barn Dance.
Delightful in its informality was the dance on Thursday night at which the college set made merry in the barn hall.

Hosts for this occasion were the members of the Tyrolean club and conventionality was strictly taboo.

In lieu of the comfortable chairs usually provided at other affairs when these men have entertained, there

were bales of hay, while the electric bulbs were shaded with corn husks. Everyone attending succumbed to the frivolous spirit and much ingenuity was shown by the merry-makers in creating costumes distinctly original.

Personals.
Mrs. Fred Johnson is visiting in Marshall, Mich.

Little Frank Binder is ill at the home of his parents, Mr. and Mrs. F. H. Binder.

Miss Eleanor Gruber arrived home Friday night from Grinnell, Ia., where she is a student.

Miss Cecelia Wickham has been confined to her home for the past 10 days with grip.

Mrs. Hubert Hicks is at the home of her parents, Mr. and Mrs. E. H. Benton, suffering from a broken ankle.

James Millet of Gregory, S. D., is visiting at the home of his grandmother, Mrs. James Wickham.

Mr. and Mrs. Charles S. Hutchinson of Des Moines, Ia., are spending Easter with Mrs. Hutchinson's father, A. D. Annis.

Mrs. Frank Poulney, who has been visiting Mrs. Lyman Shugart for the past two months, returned Tuesday evening to her home in Chicago.

Wood Allen has returned from the Hawaiian islands, where he passed the months of February and March touring the points of interest.

Miss Helena Mitchell, who attends De Paux university at Greenacres, Ind., is spending Easter in Council Bluffs with her father, W. E. Mitchell.

Frank Damon, who will be graduated in June from Dartmouth college, is spending the spring holidays with friends in Boston, Mass., and Peterboro, N. H.

Miss Ruth Cooper has returned from Chicago, where she visited for a few days with former school friends at the National Kindergarten school.

Miss Patricia Tinley will resume her studies tomorrow at the Iowa State university after a brief visit in the city with her parents, Mr. and Mrs. John P. Tinley.

John Shugart left Friday for Ames to join his wife and young son, Philip, who have been visiting Mrs. Shugart's relatives there. They expect to return home today.

Donald Mayne, formerly of this city but more recently of Geneva, Neb., is now residing in Treynor, Ia., where he has taken a very responsible position in a bank there.

Mrs. Don Walker and children have gone to Des Moines, where they will remain until Mr. Walker returns from Hot Springs, Ark., where he has been recuperating from a recent illness.

Mr. and Mrs. Donald Macrae III and their young son, Donald, of Des Moines, will depart today for their home, after visiting here for a week at the Macrae home on Fifth avenue.

Mrs. A. Louie and her daughter, Leontine, plan to leave the latter part of the week for New York, from which point on April 11 they will sail on the President Polk for a summer in Europe.

Mr. and Mrs. Henry Abbott, who have been residing in Chicago, left last week to make their future home in Philadelphia. Mrs. Abbott is the daughter of Dr. and Mrs. C. E. Woodbury of this city.

Miss Inez Perego will take her departure on Monday for Lincoln, where she is a student at the university. Miss Perego has been visiting her parents, Mr. and Mrs. Robert Perego, for the past week.

Miss Frances Ouren arrived home Thursday night from Iowa City, where she attends college and with her came Miss Mary Jane Dougherty and Miss Elizabeth Loomis of Fort Dodge, Ia., to spend the spring vacation.

Charming Miss



Jessann Hannan

—Photo by Hoyt.
A debutante in embryo is little Jessann Hannan, 3-year-old daughter of Mr. and Mrs. Charles R. Hannan, Jr., who, with a wealth of auburn tresses and beautiful brown eyes, will be a charming acquisition in the society world a few years hence.

Library Chats

The library is rejoicing over a very valuable Easter gift from the Schirmer Music Publishers. Since the public schools have established music memory tests there is a great demand for musical compositions and books about musicians at the library. Some of the best titles so generously given are:

American-English Folk Songs, Cecil J. Sharp; Azora, Henry Hadley; Cyrano, Walter Damrosch; Doctor Cupid, Ermanno Wolf-Ferrari; Dove of Peace, Walter Damrosch; Fairyland, Horatio Parker; Fanfolla, Attilio Parelli; Firefly, Rudolf Friml; Goyescas, Enrique Granados; I Dispettosi Amanti (Lovers' Quarrel), Attilio Parelli; Land of Joy, Joaquin Valverde; Lover's Knot, Simon Buchalter; Macheleime, Victor Herbert; Madcap Duchess, Victor Herbert; Mona, Horatio Parker; Natoma, Victor Herbert; Oberon, Carl Maria von Weber; Quo Vadis, Felix Nowowiejski; Rhapsody of St. Bernard, David Stanley Smith; Rip Van Winkle, Reginald De Koven; Ruth and Naomi, Leopold Damrosch.

The music teachers who attend the association meeting this coming week are cordially invited to visit the library and inspect the music section.

The Florence branch library is to be opened Monday and Miss Dorothy Dahlman is the librarian in charge. The hours are from 2 to 5 p. m. on Monday, Wednesday and Friday and from 3 to 6 on Tuesday, Thursday and Saturday.

Edmund Blunden, the English poet and author of "The Shepherd and Other Poems," has recently had another book published in London under the title "The Bonaventure." Mr. Blunden was given the chance to make a round trip with a cargo ship, and this book is an account of his life abroad and ashore, interspersed with philosophical reflections and verses.

The Poetry Society of America offers \$100 for the best poem of not more than 200 lines, submitted before May 1, 1923. The judges will be Carl Sandberg, Witter Bynner and Alice Corbin.

Mr. C. N. Dietz has given the library a set of the works of Westermarck and has presented five sets of stereoscope pictures to the North Side branch.

W. O. Mitchell of the Presbyterian Theological seminary has given two volumes of his own writings to the library.

The Benson branch library will no doubt be opened in May. Miss Louise Carson will be librarian in charge.

The Dartnell Sales Service which is used by salesmen and mercantile firms as well as business men generally has been purchased by the library. It includes Manuals for Salesmen, Letters and Suggestions for Salesmanship, from over 2,000 sales departments and gives Nebraska counties, their population and buying power, and the value of manufactured products and crops, the rural population and automobiles owned, drug stores, grocery stores, hardware stores, dry goods stores, general and department stores in each county are listed.

Popular books of the week were: House decoration and Repairs, by Presbille; Budget Making by Enoch; Making Old Bodies Young by MacFadden; Letters of James Gibbons Huneker; Hairy Ape by O'Neill; Upstream by Lewisohn; Life and Letters of Walter Page; Personnel Administration by Teal & Metcalf; Up the Mazarin for Diamonds by LaVarre; The Child and His School by Hartman; Radioactivity and Radioactive Substances by Chadwick; Window and Store Display by Fischer; Raw Materials of Perfumery by Parry; Fruit-Growing by Douglass; Books and Characters by Strachey; Modern British Poetry by Untermeyer.

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Oriental Dance Number at Recital



Miss Betty Phipps

Miss Betty Phipps will present an oriental solo dance Tuesday evening at Miss Mary Cooper's dance recital at the Brandeis. The number was given by Miss Martha Graham, who appeared here last fall with the Denishawn dancers. Miss Phipps has been a student with Miss Cooper for seven years. She finishes her high school course this spring with Mrs. Pratt of the School of Individual Instruction and may attend Omaha university next fall.

Tarnished Silver.
An easy way to keep the table silver in order is to put it in the potato water each time you have boiled potatoes for dinner. Let it stand there for a few minutes, then wash in hot suds. It will look like new.

Orange Shortcake

"Something to eat that's different," is the cry of the housewife who has to cook three times 365 meals a year. Here's a recipe that solves the problem—a shortcake for year-round serving, when strawberries and peaches are out of season. It is something so deliciously different that once tried the housewife's family will clamor for more and more.

For orange shortcake de luxe, take oranges, sugar, 2 cups flour, 3 level teaspoons baking powder, 1 level teaspoon salt, 6 level tablespoons shortening, 1 1/2 to 2 cup milk, 1 1/2 pint jar heavy cream, 1 1/2 cup powdered sugar, 1/2 teaspoon vanilla, butter.

Wipe as many oranges as you care to use. Pare with a small sharp knife removing white membrane with the skin, then remove sections free from

membrane. Sprinkle with one table spoon sugar for each orange used and put in ice box or cold place. Put into flour sifter. Flour, baking powder, salt and one level tablespoon sugar, and sift together twice. Add shortening and rub in lightly with the fingers. Add milk, just enough to make a soft dough. Put into a greased cake pan and bake 12 to 15 minutes in a hot oven. Beat heavy cream until stiff, adding slowly the powdered sugar and vanilla. Split shortcake, place lower half on serving dish and spread generously with butter, cover with orange sections drained from juice and with whipped cream. Place other half of shortcake above the first, spread with butter, cover with whipped cream forced through pastry bag and tube and with sections of orange. Serve the orange juice separately as a sauce.

We Want to Do What is Right and Fair--

Any of our friends and customers will surely welcome this frank statement on our part. At the present time we are carrying a peak load on Monday, Tuesday and Wednesday. Will you help us in our effort to please those we serve?

Allow the driver to call regularly for your laundry and return it Friday and Saturday.

We're remodeling our plant and doubling our capacity. We can give you more attention and please you better if you try this plan.



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When the policemen of the blood turn cannibals— "the curse of present day civilization"

READY at a moment's notice to fight danger anywhere, the millions of **white corpuscles** in the blood are the police force of the body.

They are our only real protectors against the lurking germs of disease. Yet thousands of men and women by daily neglect are transforming these white corpuscles into an army of savage enemies.

How constipation poisons these blood-cells
Every day the human body throws off a great quantity of waste, which gathers in the intestines and must be gotten rid of regularly. Otherwise the waste products decay and form one of the most deadly poisons known—**phenol**—which soaks through into the blood.

Read an eminent scientist's account of what happens then:

"When the white blood cells," he says, "are compelled to live constantly in an irritating blood stream filled with the poisons absorbed from the bowel, these policemen of the body become, as it were, intoxicated; and instead of performing their customary work of protecting the body against disease germs, they literally devour the body itself—actually eat up some of the brain cells, kidney cells, etc."

A body in such a state falls an easy

prey to disease. Is it any wonder, then, that constipation is believed responsible for 50% of all our ills? That is why the first thing your doctor wants to know—no matter what you consult him for—is: **Are you regularly getting rid of these poisons**—or letting them collect in your system?

Drugs only increase the trouble
Drugs and cathartics are worse than useless, for they force the intestines to act by nervous irritation, and require larger and larger doses in order to blast a way through.

Your own physician will heartily endorse this principle of regularly exercising the intestinal muscles as the **only** way to relieve constipation and all its evils. Be sure you get Fleischmann's Yeast—yeast in its natural fresh form. Recent experiments have shown that yeast corrects constipation only when its cells are alive and active, and that it loses its laxative effect when these cells are "killed" and dried.

Fleischmann's Yeast is in no sense a purgative and does not produce immediate, violent action. It is a nourishing food—not a digestion-disturbing medicine—and like any other food it must be eaten regularly to secure results.

At least 2 or 3 cakes a day—plain or dissolved in water, milk or fruit juices—preferably half an hour before a meal, or the last thing at night. If you eat it plain, follow with a glass of water. Get several cakes at a time—they will keep in a cool, dry place for several days. Be sure you get Fleischmann's Yeast. All grocers have it.

Send today for this free booklet!

At last we are realizing that only by strengthening the weakened intestinal muscles, and gently encouraging them to act themselves, can we get rid of constipation and all its evils.

That is why physicians and hospitals are prescribing Fleischmann's Yeast today—not as a medicine, but as a fresh corrective food

What this does to the muscles of your arm, Fleischmann's Yeast does to the muscles of your intestines—gives them normal, healthy exercise



"Save space and worry converted in a hurry"

ENGLANDER COUCH BEDS
TURN your living room into a bedroom. With one motion, you can change the ENGLANDER Couch Bed from an attractive, comfortable couch, to a full-size bed for perfect sleep. Scientifically constructed to give long and satisfying service. All metal, therefore sanitary. Guaranteed Spring and Mattress. Various cretonne coverings to harmonize with the room.

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