London, Like South Bend, Ind., Clean City

By STEPHEN LEACOCK.

Before setting down my impressions of the great English metropolis—a phrase which I have thought out as a designation for London—I think it proper to offer an initial apology. I find that I receive impressions with great difficulty, and have nothing of that easy facility in picking them up which is shown by British writers on America. I remember Hugh Walpole telling me that he could hardly walk down Broadway without getting at least $3 worth, and on Fifth avenue $5 worth, and I recollect that St. John Ervine came up to my house in Montreal, drank a cup of tea, borrowed some tobacco and got away with $60 worth of impressions of Canadian life and character.

But I have since pieced together my impressions as conscientiously as I could, and I present them here. If they seem to be a little bit modeled on British impressions of America, I admit at once that the influence is there. We writers all act and react on one another; and when I see a good thing in another man's book I react on it at once.

London, the name of which is already known to readers, is beautifully situated on the River Thames, which here sweeps in a wide curve with much the same breadth and majesty as the St. Jo river at South Bend, Ind. London, like South Bend itself, is a city of clean streets and admirable sidewalks and has an excellent water supply.

Imposing Barber Shops.

The city is able to boast of many handsome public buildings and offices which compare favorably with anything on the other side of the Atlantic. On the bank of the Thames itself rises the power house of the Westminster Electric Supply corporation, a handsome modern edifice in the later Japanese style. Close by are the commodious premises of the Imperial Tobacco company, while at no great distance the Chelsea Gas works add a striking feature of rotundity. Passing northward one observes Westminster bridge, notable as a principal station of the underground railway. This station and the one next above it, the Charing Cross one, are connected by a wide thoroughfare called Whitehall. One of the best American drug stores is here situated. The upper end of Whitechapel opens into the majestic and spacious Trafalgar square.

"Is that the British Museum?" I asked.

Here are grouped in imposing proximity the offices of the Canadian Pacific and other railways, the International Sleeping Car company, the Montreal Star and the Anglo-Dutch bank. Two of the best American barber shops are conveniently grouped near the square, while the existence of a tall stone monument in the middle of the square itself enables the American visitor to find them without difficulty.

A little further on one finds oneself in the heart of financial London, that strange and mysterious thing called "the City." Here all the great financial institutions of America—the First National Bank of Milwaukee, the Planters National Bank of St. Louis, the Montana Farmers Trust company and many others—have either offices or their agents. The Bank of England—which acts as the London agent of the Montana Farmers Trust company—and the London County bank, which represents the Peoples Deposit company of Yonkers, N. Y., are said to be in the neighborhood.

Visit to Tower.

A little beyond the city, and further down the river, the visitor finds this district of London terminating in the gloomy and forbidding Tower, the principal penitentiary of the city. Here Queen Victoria was imprisoned for many years.

Excellent gasoline can be had at the American garage, immediately north of the Tower, where motor repairs of all kinds are also carried on.

These, however, are but the superficial pictures of London, gathered by the eye of the tourist. A far deeper meaning is found in the examination of the great historic monuments of the city. The principal ones of these are the Tower of London (just mentioned), the British museum and Westminster Abbey. No visitor to London should fail to see these. Indeed, he ought to feel that his visit to England is wasted unless he has seen them. I speak strongly on the point because I feel strongly on it. To my mind there is something about the grim fascination of the historic Tower, the cloistered quiet of the museum and the majesty of the ancient abbey, which will make it the regret of my life that I didn't see any one of the three.

The Tower of London I most certainly intended to inspect. Each day, after the fashion of every tourist, I wrote for myself a little list of things to do, and I always put the Tower of London on it. No doubt the reader knows the kind of little list I mean. It runs:

1. Go to bank.
2. Buy a shirt.
3. National Picture Gallery.
4. Razor Blades.
5. Tower of London.
6. Soap.

This itinerary, I regret to say, was never carried out in full. I was able at times both to go to the band and buy a shirt in a single morning; at other times I was able to buy razor blades and almost to find the National Picture gallery. Meantime I was urged on all sides by my London acquaintances not to fail to see the Tower. "There's a grim fascination about the place," they said, "you mustn't miss it." I am quite certain that in due course of time I should have made my way to the Tower but for the fact that I made a fatal discovery.

"When a Londoner says, "Have you seen the Tower of London?" the answer is, "No, and neither have you."

Take a parallel case of the British museum. Here is a place that is a veritable treasure house. A repository of some of the most priceless historical relics to be found upon the earth. It contains, for instance, the famous papyrus manuscript of Thotmes II of the first Egyptian dynasty, a thing known to scholars all over the world as the oldest extant specimen of what can be called writing; indeed, one can here see the actual evolution (I am quoting from a work of references, or at least from my recollection of it) from the ideographic cuneiform to the phonetic syllabic script. Every time I have read about that manuscript and have happened to be in Orillia, (Ontario) or Schenectady (N. Y.), or any such place, I have felt that I would be willing to take a whole trip to England to have just five minutes at the British museum, just five, to look at that papyrus. The first time I went by it in a taxi, I felt quite a thrill. "Inside those walls," I thought to myself, "is the manuscript of Thotmes II." The next time I actually stopped the taxi. "Is that the British museum?" I asked the driver. "I think it is something of the sort, sir," he said. I hesitated. "Drive me," I said, "to where I can buy razor blades."

The Abbey, I admit, is indeed majestic. I did not intend to miss going into it. But I felt, as so many tourists have, that I wanted to enter it in the proper frame of mind. But by bad luck I never struck both the frame of mind and the Abbey at the same time.

But the Londoners, after all, in not seeing their own wonders, are only like the rest of the world. The people who live in Buffalo never go to see Niagara Falls; people in Cleveland don't know which is Mr. Rockefeller's house; and people live, and even die, in New York without going up to the top of the Woolworth building.

No description of London would be complete without a reference, however brief, to the singular salubrity and charm of the London climate. This is seen at its best during the autumn and winter months. The climate of London, and indeed of England generally, is due to the influence of the gulf stream. The way it works is thus: The gulf stream as it nears the shores of the British Isles and feels the propinquity of Ireland, rises into the air, turns into soup and comes down on London.

At times the soup is thin, and is, in fact, little more than a mist; at other times it has the consistency of a thick potage St. Germain. London people are a little sensitive on the point, and flatter their atmosphere by calling it a fog; but it is not; it is soup. The notion that no sunlight ever gets through, and that in the London winter people never see the sun, is, of course, a ridiculous error, circulated, no doubt, by the jealousy of foreign nations. I have myself seen the sun plainly visible in London, without the aid of glasses, on a November day, in broad daylight; and again one night, about 4 o'clock in the afternoon, I saw the sun distinctly appear through the clouds.

The whole subject of daylight in the London winter is, however, one which belongs rather to the technique of astronomy than to a book of description. In practice, daylight is but little used. Electric lights are burned all the time in all houses, buildings, railway stations and clubs. This practice, which is now universally observed, is called daylight saving.

The London Mind.

I have neglected, so far, to say anything about the mind of London. This is a thing that is always put into any book of discovery and observation and I can only apologize for not having discussed it sooner. I am quite familiar with other people's chapters on "The Mind of America," and "The Chinese Mind," and so forth. Indeed, so far as I know, it has turned out that almost everybody all over the world has a mind. Nobody nowadays travels even in Central America or Thibet, without bringing back a chapter on "The Mind of Costa Rica," or on the "Psychology of the Mongolian."

It is quite obvious, then, that there is such a thing as the mind of London; and it is all the more culpable in me to have neglected it inasmuch as my editorial friend in New York had expressly mentioned it to me before I sailed. "What," said he, leaning far over his desk, after his massive fashion, and reaching out into the air, "what is in the minds of these people? Are they," he added, half to himself, though I heard him, "are they thinking? And if they think, what do they think?"

I did, therefore, during my stay in London, make an accurate study of the things that London seemed to be thinking about. As a comparative basis for this study I brought with me a carefully selected list of the things that New York was thinking about at the moment. These I selected from the current newspapers in the proportions to the amount of space allotted to each topic and the size of the heading that announced it. Having thus a working idea of what I may call the mind of New York, I was able to collect and set beside it a list of similar topics taken from the London press to represent the mind of London. The two placed side by side made an interesting piece of psychological analysis. They read as follows:

THE MIND OF NEW YORK What is it thinking?	THE MIND OF LONDON What is it thinking?
1. Do chorus girls make good wives?	1. Do chorus girls marry well?
	2. What is red hair a sign of?
2. Is red hair a sign of temperament?	
3. Can a woman be in love with two men?	3. Can a man be in love with two women?
4. Is fat a sign of genius?	4. Is genius a sign of fat?

Literary Repartee.

Looking over these lists, I think it is better to present them without comment. I feel sure that somewhere or other in them one should detect the heart throbs, the pulsations of two great peoples. But I don't get it. In fact the two lists look to me terribly like "the mind of Costa Rica."

The same editor also advised me to mingle, at his expense, in the brilliant intellectual life of England. "There," he said, "is a coterie of men, probably the most brilliant group east of the Mississippi (I think he said the Mississippi). "You will find them," he said to me "brilliant, witty, filled with repartee." He suggested that I should send him back, as far as words could express it, some of this brilliance. I was very glad to be able to do this, although I fear that the results were not at all what he had anticipated. Still, I held conversations with these people, and I gave him, in all truthfulness, the result.

Sir James Barrie said, "This is really very exceptional weather for this time of year." Cyril Maude said, "And so a Martini cocktail is merely gin and vermouth." Ian Hay said, "You'll find the underground ever so handy once you understand it."

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A new bicycle is driven by pressing downward pedals which unwind steel cables attached to drums on the rear wheel, the cables being alternately wound as each pedal is lifted.

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Grip, Grippe, La Grippe, Influenza, Colds, call it what you please, "Seventy-seven" is needed—30c.

Upon recovery take Humphreys' Tonic Tablets No. 24, price 30c.

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If Your Back Hurts or Bladder Bothers You, Begin Taking Salts.

When your kidneys hurt and your back feels sore don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which helps to remove the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of good water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys may then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help clean and stimulate clogged kidneys; also to neutralize the acids in the system so they are no longer a source of irritation, thus often relieving bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink, which everyone should take now and the nto help keep their kidneys clean nad active. Try this; also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache. By all means have your physician examine your kidneys at least twice a year.

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Doctors Stand Amazed at Power Of Bon-Opto to Make Weak Eyes Strong---Says Dr. Lewis.

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Victims of eye strain and other eye troubles, and those who wear glasses, will be glad to know that according to Dr. Lewis their case may not be hopeless, and that there is real hope and relief at hand. Many whose eyes were failing say they have had their vision restored through this remarkable treatment.

One delighted user says, "I was almost blind—could not see to read at all. Now I can read everything without my glasses and my eyes do not hurt me any more. At night they would pain dreadfully—now they feel fine all the time. It was like a miracle to me."

Another who used this simple remedy says: "I was bothered with eye strain caused by overwork which induced fierce headaches. I have worn glasses for several years, both for distance and work, and without them could not read my own name or the typewriting on the machine. I can do both now and have discarded by long distance glasses altogether. I cannot express my joy at what it has done for me."

It is believed that thousands who wear glasses can now discard them in a reasonable time, and multitudes more will be spared the expense of getting them. If your eyes trouble you or your vision is dim or blurred or your eyes are inflamed go to your druggist today and get a bottle of Bon-Opto tablets. Dissolve one tablet in a fourth of a glass of water and use as directed. You should notice our eyes clear up perceptibly after the first application and the inflammation and redness quickly disappear.

If your eyes bother you even a little it's your duty to take steps to save them now before it's too late. Many hopelessly blind might have saved their sight if they had only cared for their eyes in time.

*Note: Another prominent physician to whom the above article was submitted, said: "Yes, Bon-Opto is truly a wonderful eye remedy. Its constituent ingredients are well known to eminent eye specialists and widely prescribed by them. I have used it very successfully in my own practice on patients whose eyes were strained through overwork or misfit glasses. I can highly recommend it in case of weak, watery, aching, smarting, itching, burning eyes, red lids, blurred vision, or for eyes inflamed from exposure to smoke, sun, dust or wind. It is one of the very few preparations I feel should be kept on hand for regular use in almost every family." Bon-Opto is not a secret remedy. It is an ethical preparation, the formula being printed on the package. The manufacturers guarantee to refund the money if it does not strengthen eyesight 50 per cent.

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FEW FOLKS HAVE GRAY HAIR NOW

Druggist Says Ladies Are Using Recipe of Sage Tea and Sulphur.

Hair that loses its color and luster, or when it fades, turns gray, dull and lifeless, is caused by a lack of sulphur in the hair. Our grandmother made up a mixture of Sage Tea and Sulphur to keep her locks dark and beautiful, and thousands of women and men who value that even color, that beautiful dark shade of hair which is to attractive, use only this old-time recipe.

Nowadays we get this famous mixture improved by the addition of other ingredients by asking at any drug store for a bottle of "Wyeth's Sage and Sulphur Compound," which darkens the hair so naturally, so evenly, that nobody can possibly tell it has been applied. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning the gray hair disappears; but what delights the ladies with Wyeth's Sage and Sulphur Compound is that, besides beautifully darkening the hair after a few applications, it also brings back the gloss and luster and gives it the appearance of abundance.

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Girls Gamble to Decide Operation

Girls Toss Coin to Decide Turn on Operating Table

Though both suffered great physical pain, Leona Gayford and Lillian Alexander, life-long chums, stricken with appendicitis, agreed to flip a coin to see which should be the first to go on the operating table. They were seized with symptoms of appendicitis while making social calls.

A Treacherous Disease.

Appendicitis attacks at any moment even persons seemingly in good health. Usually, however, it is preceded by so-called stomach trouble, constipation or similar disturbances. Often when there is a warning feeling of uneasiness in the abdomen, appendicitis can be guarded against in exactly the same manner in which one guards against the spread of throat infection, because that is just what appendicitis is—an infection in the intestines spreading to the appendix. When one has sore throat, one can often prevent further trouble and the development of influenza or grippe, by using an antiseptic wash or gargle to fight the germs and a laxative to carry off the poisons from the body. Just exactly the same procedure is necessary to fight the intestinal germs and guard against appendicitis. But instead of an antiseptic wash for the throat, an INTESTINAL antiseptic is necessary.

Intestinal Antiseptic.

There is now offered to the public a preparation having the DOUBLE action of an intestinal antiseptic and a COMPLETE system cleanser. This preparation, known as Adlerika, acts as follows:

It tends to eliminate or destroy harmful germs and colon bacilli in the intestinal canal, thus guarding against appendicitis and other diseases having their start here. It is the most complete system cleanser ever offered to the public, acting on BOTH upper and lower bowel and removing foul matter which poisoned the system for months and which nothing else can dislodge. It brings out all gasses, thus immediately relieving pressure on the heart. It is astonishing the great amount of poisonous matter Adlerika draws from the alimentary canal—matter you never thought was in your system. Try it right after a natural movement and notice how much more foul matter it brings out which was poisoning you. In slight disorders, such as occasional constipation, sour stomach, gas on the stomach and sick headache, one spoonful Adlerika ALWAYS brings relief. A longer treatment, however, is necessary in cases of obstinate constipation and long standing stomach trouble, preferably under direction of your physician.

Reports From Physicians.

"I congratulate you on the good effect I had from Adlerika since I prescribed it." (Signed) Dr. L. Langlois.

"I have found nothing in my 50 years practice to excel Adlerika." (Signed) Dr. James Weaver.

"I use Adlerika in all bowel cases. Some require only one dose." (Signed) Dr. F. M. Prettyman.

"After taking Adlerika feel better than for 20 years. Haven't language to express the AWFUL IMPURITIES eliminated from my system." (Signed) J. E. Puckett.

Adlerika is a constant surprise to people who have used only ordinary bowel and stomach medicines, on account of its rapid, pleasant and COMPLETE action. It is sold by leading druggists everywhere.

Stop Rheumatism!

S. S. S. Is the Great Builder of Red-Blood Cells and Rheumatism Must Go! Used Since 1826—Just Try It!

"Rheumatism? Me? No, indeed, it's all gone, every bit of it! It's sunshine and joy for me now for the first time in years. I feel a wonderful glory again in the free motion I used to have when my days were younger. I look at my hands and think of the twists and swellings they used to have. I bend way over to the floor. I haven't been able to do that in many years. I can thank S. S. S. for it all! To me it was a rising sun of joy and liberty. Brothers and sisters in misery, do not close your eyes and think that health, free motion and strength are gone from you forever! It is not so. It is here and now for all of you. S. S. S. is waiting to help you." There is a reason why S. S. S. will help you. When you increase the number of your red-blood cells, the entire system undergoes a tremendous change. Everything depends on blood-strength. Blood which is minus sufficient red-cells leads to a long list of troubles. Rheumatism is one of them. S. S. S. is the great blood-cleanser, blood-builder, system strengthener, nerve invigorator. It stops skin eruptions, too, pimples, blackheads, acne boils, eczema. It builds up run down, tired men and women, beautifies complexions, makes the flesh firmer. Charlie Batiste, Florence, Texas, writes:

"Suffering has gone from your face, mother!"

"I take great pleasure in letting you know what S. S. S. has done for me. I have used four bottles of S. S. S. I am up so I can walk. The pain has left my leg. Before using S. S. S. I was in bed three months and could not walk. I will recommend S. S. S. to all who suffer with Rheumatism."

Start S. S. S. today. It is sold at all drug stores in two sizes. The larger size bottle is the more economical.

S.S.S. makes you feel like yourself again

Auto Is Tonic for Bad Nerves, Asserts Doctor

Motor Car Lengthens Life, Helps Eyes and Ears, Says Connecticut Physician.

New Haven, Conn., Jan. 20.—"Have you rheumatism? Buy a flivver. Have you neuritis? Buy a big car." So says Dr. Delmar Eugene Croft, local physician.

"All motor cars are youth restorers. The automobile has greatly lengthened the span of life. It has checked the increase of insanity. Twenty-five years ago a large percentage of the insane came from the rural farm districts and the invalid people who are 'shut-ins.' The automobile has taken the farm to the city and it has taken the 'shut-ins' out to the country, and so has saved both.

"Automobile riding is a decided benefit to failing eye-sight and hearing. It invigorates the nervous system and brings new vitality to the optic and auditory nerves. Automobile riding is a tonic treatment for neurasthenics. It sends the blood flowing through the entire circulatory system, arouses assimilation, and so nourishes afresh the nerve centers."

"What is it that causes the majority of insane cases?" asks Dr. Croft. He answers himself with "It is the deadening sense of daily routine. Now the automobile has removed all routine and substituted speed. The psychology of the automobile is rejuvenation, reconstruction, co-ordination with ever changing scenery."

Oil to Kill Lily Pads.

St. Petersburg, Fla., Jan. 20.—Mirror lake is to be cleared of the tons of lily pads floating on its surface. The city commission has purchased 15,000 gallons of kerosene with which to do the work.

Mirror lake is one of the prettiest bodies of water in south Florida, but floating lily pads gained a foothold in it a few years ago and spoiled it for pleasure craft. Numerous ways have been suggested for ridding the lake of this nuisance. The city recently voted $4,000 for this purpose. About one-third of it was expended in various experiments, when it was discovered that kerosene is fatal to lily pads when freed on the surface of the water. The lily pads rapidly die and then absorb most of the surplus oil. When the pads have been killed they will be removed and then burned.

For butcher shops, a new meat and bone cutting machine has been invented, which uses a saw blade, instead of a knife.

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Back hurts you? Can't straighten up without sudden pain, sharp aches and twinges? Now listen! That's lumbago, sciatica or maybe from a strain, and you'll get relief the moment you rub your back with soothing, penetrating St. Jacobs Oil. Nothing else takes out soreness, lameness and stiffness so quickly. You simply rub it on your back and out comes the pain. It is harmless and doesn't burn the skin.

Limber up! Don't suffer. Get a small trial bottle of old honest St. Jacobs Oil from any drug store, and after using it just once you'll forget that you ever had backache, lumbago or sciatica, because your back will never hurt, or cause any more misery. It never disappoints, and has been recommended for 60 years.

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Science recognizes that the present-day method of over-refinement of foods, often strips them of essential vitamines.

Scott's Emulsion

of pure vitamine-bearing cod-liver oil is used effectually to add vitamine-value to the diet. *It helps to remove the hindrance to growth and health.*

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New, marvelous to treat bunions. Stops pain instantly—banishes the ugly hump of tired, achey, swollen, burning condition.

You can wear a smaller shoe with comfort. Test it at my risk. First trial convinces.

No clumsy apparatus, no rubber mold or protector, no uncomfortable leather shield or felt pad, no plaster, nor mussy liquid.

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Feels New Life and Strength

Keene, N. H.—"I was weak and run-down and had backache and all sorts of troubles which women have. I found great relief when taking Lydia E. Pinkham's Vegetable Compound and I also used Lydia E. Pinkham's Sanative Wash. I am able to do my work and feel new life and strength from the Vegetable Compound."—Mrs. A. F. Hammond, 72 Carpenter Street, Keene, N. H.

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Stabbed By Neuritis!

Many people suffer attacks by this archfiend, commonly called "nerve inflammation." The first warning is usually a sharp stabbing pain, which may "come and go" or hurt constantly. You may feel it in the shoulder, neck, forearm, small of the back, or down the thigh and leg to the heel. It is sometimes mistaken for sciatica, rheumatism or neuralgia, which often end in neuritis.

No matter where you have nerve pains or what caused them, you can get quick relief without using narcotics or poison. Apply Tysmol over the part that hurts, and the pain will be gone.

Tysmol is absorbed through the pores of the skin. It has a soothing, healing effect upon the diseased nerves, gradually helping to restore them to healthy condition.

Don't suffer any longer. Price $1 at Sherman & McConnell, or any reliable druggist.

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Peterson's Ointment

To the multitude of friends who have used Peterson's ointment for eczema, itching skin and scalp, piles, ulcers and old sores of long standing Peterson says, "Tell your friends that Peterson's ointment will stop chafing in two minutes." All druggists, 35c, 60c, $1.00, $2.50, $5.00.

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"The doctor gave some to Susie Smith's mother and she was worse off than you are and now she looks just fine." There can be no healthy, beautiful rosy-cheeked women without iron. Good physicians have strongly emphasized the fact that doctors should prescribe more of the newer form of iron—Nuxated Iron—for their nervous, run-down, weak, haggard-looking patients. When the iron goes from the blood of women the roses go from their cheeks, and strength and vitality from their bodies. This newer form of iron, like the iron in your blood and like the iron in certain green vegetables, is highly recommended to thousands who wish quickly to increase their strength, power and endurance. It is surprising how many people suffer from iron deficiency and do not know it. Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you the proper amount of good. You don't get the strength out of it, and as a consequence you become weak, pale, and sickly-looking, just like a plant trying to grow in soil deficient in iron.

You can tell the women with plenty of iron in their blood—beautiful, healthy, rosy-cheeked women, full of life, vim and vitality. You can get Nuxated Iron from any druggist under an absolute guarantee that it will do the same for you or your money back.

Beaton Drug Co., Sherman & McConnell Drug Co., Haines Drug Co., Merritt Drug Stores, and J. Harvey Green.

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Is the girl with a skin whose hidden tissues are vibrant with vitality. The red corpuscles of the blood must give the tissues just the food they need, so that the girl will seem glowing, vivid, pulsing with life. Nature's way to beauty is to build up from inside. The glow of health and a radiant complexion come to the woman with rich, red blood flowing in her arteries. If you need good red corpuscles, strength, vivacity and health, take a vegetable extract from native roots, without alcohol, which has stood the test for over fifty years—namely, Dr. Pierce's Golden Medical Discovery.

Omaha, Neb.—"I consider Dr. Pierce's medicines to be the very best. The 'Golden Medical Discovery' built me up and strengthened me very much. I have recommended this medicine to others and they also have all been very much pleased with the results."—Mrs. F. W. Pelster, 1923 So. 18th St.

Superior, Neb.—"Some years ago I was troubled greatly with liver trouble; I would become dizzy and dark spots would appear before my eyes. I took Dr. Pierce's Golden Medical Discovery and one bottle cured me. I have never had a return of this ailment, but have always had good health since."—Mrs. Chas. Wentz, 141 So. Bloom St.

Now is the time to try this alterative extract, which can be obtained of your nearest druggist, in tablet or liquid form, or send 10c to Dr. Pierce's Invalids' Hotel, in Buffalo, N. Y., for trial package of tablets, and write for free medical advice.

Are You Numbered Among the Many?

THOUSANDS endeavor day after day to get their health back by using first one medicine and then another.

As their trouble, nine times out of ten is of a catarrhal nature, the need is for a remedy which will reach the mucous membranes.

That is why the well informed person wastes no time but trys Pe-ru-na first.

Pe-ru-na contains just the proper ingredients to stimulate the digestive processes, drive out the poisons secreted by the congested membranes and develop that richness of blood so essential to good health.

Being a remedy for catarrhal conditions, Pe-ru-na more perfectly meets the emergencies of every day as is testified by the multitudes who have used it.

Ever-Ready-To-Take

PE-RU-NA

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Tablets or Liquid Sold Everywhere