How to Keep Well

Questions concerning hygiene, sanitation and prevention of disease, submitted to Dr. Evans by readers of The Bee, will be answered personally, subject to proper limitation, where a stamped addressed envelope is enclosed. Dr. Evans will not make a diagnosis nor prescribe for individual diseases. Address letters in care of The Bee.

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Three parts petroleum jelly.

One part lanolin. Mix and add

Ten to 15 drops of 90 per cent car-

Wash the skin habitually exposed

Mrs. T. S. writes: "Is it possible

home? My little girl had diphtheria

during the illness, my two boys and

Diabetic Serum Promising.

REPLY.

4. Many private physicians are try

Mrs. J. F. F. writes: "I have a 3

Child's Navel Projects.

year-old son whose navel projects a

half inch. He wore an abdominal belt

for six months or more, which did not

"He plays fine and it does not both-

"If it is dangerous, what would you

REPLY.

Does it hold the rupture back?

Daily Prayer

Parents' Problems

Births and Deaths.

Marriage Licenses

Does the child wear it all the time?

I doubt the necessity of doing more

er him, and he seems to be in perfect

W. C. writes:

with interest.

optimistic.

ing it out.

seem to do any good.

than you are doing.

health in every other way.

advise me to do or have done?"

Does the binder fit properly?

research work finished?

with soap and warm water. Rinse

bolic to each 12 ounces of the mix-

Eczema-A Hodge-Podge .

Dentists develop it from the use of What is called eczema is a grab novocaine on their patients. Physibag into which the doctors throw a clans and surgeons from the use of multitude of unrelated skin troubles bichloride, carbolic and formaldeand into which the people pitch about | hyde. all the eruptions not already thrown

Since the collection is a hodgepodge, it follows that what will cure one case will not cure another, and this means that there are as many remedies for eczema as there are for colic, and our stock owning friends tell us that there are a thousand sure ture.

It also follows that no one way to prevent eczema will prevent all cases. with warm water. Apply the ointment Now that is out of our system and while the parts are still moist. Rub we begin to get down to cases-the in for two or three minutes. Dry largest single cause of eczema is with a clean cloth, harmful diet. That does ont mean too much meat or too much sugar or too much grease, nor any other error for diphtheria germs to stay in the

in that group as a rule. It means that some food which is and died three months ago. Although wholesome to some people is unwholesome to that individual. For example, tetter on the baby's head may myself are suffering from the same ition agents and Cincinnati police, mean that the baby cannot tolerate disease. I understand the board of milk even though it is mother's milk health does not fumigate. of good quality. Some cases of tetter in babies is due to milk that is too would you suggest? We are the only rich in some one ingredient or an- family in the neighborhood with the

Drs. Knowles and Corson say in the Transactions of the American College of Physicians that about one sixth of one in your family is a diphtheria carthe eczemtous eruptions they have rier. encountered are the results of occupation. As a rule, most of the occupation eczemas are on the hands and also as a rule are worse on the right hand. This is because the hands and cultures from every throat in your particularly the right hand dabbles in the harmful substances.

In certain occupations in which the skin of other parts of the body are smeared with the harmful substances,

those areas develop eczema. Toronto, Canada? In some trades the poison is rubbed into certain parts of the body by the cure? clothing and eczema develops in such areas. It develops in places where the skin creases. Sweating is a factor, since it either puts the poison in get this serum treatment?" solution and thereby makes it worse, or washes it away and thereby decreases the danger-

The person who for a long time has worked at a given trade without trouble, and then develops skin trouble, even though all surrounding conditions are as they were, or seem to be so, wonders or doubts that the trade is the cause. When eczema develops, the explanation lies in some change of the amount or the strength or character of the harmful substance. Or it may be due to different weather conditions or to some factor which we do not understand.

Among the occupations which are most liable to cause eczema are washing, cooking, handling sugar, photography, working in the manufacture of chemicals and ammunition. Dyeing the hair is a frequent cause.

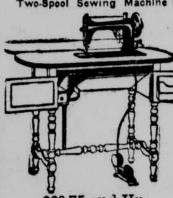




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A "Liability" Which Might Make You Rich! Did you ever think of a saving system as a liability? You have thought for a long time that it is an impossibility for you to

save anything, any more than you do at present, out of your income. As an illustration, supposing you were to lose your present job and had to take one at five or ten dollars less per week, you would immediately adjust your expenses to keep within the amount you were to get, would

Common Sense

you not?

If this would be possible under such Doctors Knowles and Corson recircumstances it is always possible.
If something should come up which ommend the following cintment as a means of prevention. Use gentle heat would make it seem necessary for you to meet a certain demand each

Supposing you not do it?

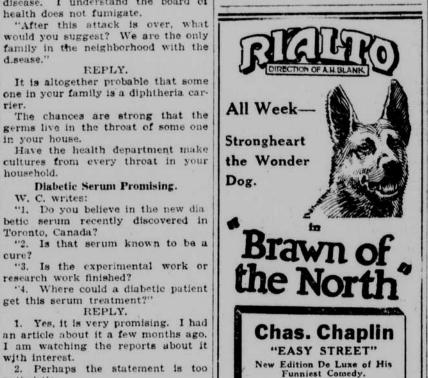
Supposing you put away five or ten dollars a week as a debt you owe end which you had to meet each week. You would accomplish it, would you not?

So, you see how it would it. week, could you not do it?

So, you see how it would be pos-sible for you to make a substantial saving if you considered the matter seriously enough and provided for it. Consider your saving as a liability and you will save, that is all.
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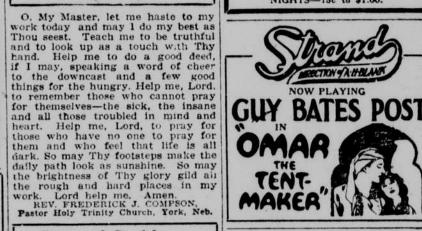
"Sweet Potatoes" Seized.

Cincinnati, Dec. 11.—Four thousand quart bottles of bottled in bond whisky in 170 barrels labeled "sweet potatoes" were seized in the Big Four railroad yards here by federal prohib-



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Births.

John and Teresa Gaule, hospital, girl.
Anton and Carmela Minardi, 2503 Plerce
street, boy.
Pete and Ruby Cappims, hospital, girl.
Byrne and Catherine Holmquist, hospital, girl.
Alfred and Jessie Peoples, hospital, boy.
Senon and Refrigia Marena, Box 4, Gibson, Neb., girl.
Michael and Lula Clines, 2329 South
Nineteenth street, girl.
Fayette and Myrtle Ollis, hospital, boy.
Raymond and Suse Peterson, 1868 North
Sixteenth street, boy.
Lucine and Edith Shook, hospital, boy.
Fred and Ida Victor, 2227 Locust street,
girl.
Paul and Mildred Taylor, hospital, boy.

Take Salts to flush Kidneys if Back pains you or Bladder bothers.

Fred and Ida Victor, 2227 Locust street, girl.
Paul and Mildred Taylor, hospital, boy.
William and Susie Brown, 2320 North Twenty-eighth avenue, boy.
Carl and Esther Jensen, Twenty-fourth and Scott street, girl.
Fred and Mattie Holmes, 1317 North Twenty-sixth street, girl.
Fred and Mattie Holmes, 1317 North Twenty-sixth street, girl.
Harry and Hilda Meyers, Fort Omaha, Neb., boy.
Fred and Catherine Coyle, 4915 North Twenty-seventh street, girl.
Raymond De Witt, 8, Fifty-sixth and V streets. Flush your kidneys with salts occasionally, says a noted authority, who tells us that too much meat and rich food may form uric acid, which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaken; then you suffer with a dull misery in the kid ney region, sharp pains in the back or Dr. Will H. Sherraden, 61, 5021 Davensick headache, dizziness, your stomach sours, tongue is coated, and when the Mrs. Anna B. Stiles, 56, 2711 Dewey avenue.

Isaac N. Holman, 86, 2012 Elm street.
Bertha Dichoff, 40, 1623 Burt street.
Andrew T. Longo, infant, 1903 South
Eleventh street.
Nancy Vallen, 46, hospital.
Francis Marian Barnes. infant, 3340
Redman avenue.
Tilghman H. Wilburn, 39, hospital.
Mrs. Leona Murtagh, 38, hospital.
Mrs. Leona Murtagh, 28, hospital.
Sabina Moore, 58, 2035 North Sixtyifth avenue.

ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days, and your kidneys may then act fine. This famous salts is lemon juice, combined with lithia, and James Harris, 45, Council Bluffs, Ia., and Stella Cavett, 40, Council Bluffs, Ia.

Paul L. Presser, 23, Omaha, and Alice
Linn, 24, Omaha.

Thomas J. Finnerty, 28, Lincoln, Neb., and Hazel C. Raper, 19, Lincoln, Neb., John F. Swift, 22, Omaha, and Marie Olson, 26, Omaha. William C. Silbert, over 21, Omaha, and jure and makes a delightful efferyes-Marjorie I. Parsons, over 21, Omaha.



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Writes An

ANSWER TO POINCARE

Next Sunday's Issue

The Omaha Sunday Bee

The British ex-premier's views on the latest French demands are being cabled from London for publication Next Sunday.

¶ Lloyd George analyzes the proposals with his usual engaging frankness and incisive directness.

> This is the second of a series of copyrighted articles by David Lloyd George published EXCLU-SIVELY in The Omaha Sunday Bee. Others will follow from week to week.

Interesting Informative Illuminating

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