patient, harsh letter to a man whoas it turned out-was in cruel busiright to ask Helena to share with that she had neither faith nor understanding—nor generous love. Her impatience widened the breach between them. And today Helena and tween them. And today Helena and the man who asked only her tolerant understanding are worlds apart.

I know how hard it is to wait.

Probably no virtue is less inherent

in human nature, and no good quality is harder to cultivate than is atlence. Yet patience is an abso-te Equisite to happiness. Impatience drives folks to actions

which they practically knew in advance will lead to failure and unhappiness. It impels humans to strive to force the inevitable out of its

There isn't a royal road to patience and to calmness. These two have to be worked for harder than a colnition of the fact that life moves slowly—not in leaps and jerks and forward bounds. lege degree. Patience is a sane recog-

All nature's processes are slow. mend by infinitesimal degrees. Nabure goes calmly and serenely about ealing-but an impatient mortal can break down her processes in a moment of recklessness. Step rashly mended-and it may splinter in a moment. That moment may undo a week of healing.

All impatience has a way of wanting to produce results in a minute. It is trecognize the slow building which is required to make a habitable earth-or a sound situation on that

What are we to do when champing at the bh and yearning to get into action? Why—nothing! That sounds easy—and isn't. But a simple corrective is to do something that bears no relation to the subject with which we yearn to meddle. Sit down to sew. Dash out to walk. Plunge into a book. Rad something to do and stick to it until it becomes absorbing. Gradually the mind veers away from

"They may not be true to name. Shoulder. Make two button holes on each shoulder of the apron. Button the apron to the dress; run the sash through the slits. You can have two such aprons to each dress. An apronette house dress is very becoming and easy to launder.

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Old potatoes are very likely to become discolored when boiled. To prevent this add a slice of lemon to the water in which they are cooked.

Buy one

of equal

WASH **FROCKS** and we give you another value for.

There are a tremendously large number of interesting summer despects and indifference. They are cold desserts, but one must bear in mind in serving them that they conderstanding. Don't do anything cruel and reckless. Give him a day or two longer."

"I can't," sighed Helena. "I'd ather lose him shan suffer another day can't earlier lose him shan suffer another day can't earlier lose him shan suffer another day can't care—I might as well know it."

And so she sent a childing, impatient, harsh letter to a man who—

There are a tremendously large number of interesting summer despects and when cool fold in a cup of cream, whipped.

A delicious French rice pudding is and when cool fold in a cup of cream, whipped.

A delicious French rice pudding is his: Simmer until tender four ounces mind in serving them that they contain a good deal of nourishment and therefore really should be served with a meal rather light in other respects. That is to say, they are especially should I give him the benefit of the doubt? If he doesn't care—I might as well know it."

And so she sent a childing, impatient, harsh letter to a man who—

And so she sent a childing, impatient, harsh letter to a man who—

There are a tremendously large number of interesting summer despects whipped.

A delicious French rice pudding is his: Simmer until tender four ounces mind in serving them that they contain a good deal of nourishment and the fried of its in a good deal of nourishment and the protect of its in a day or two tablespoons of sugar and the rind of a lemon, shredded. Cool it, and then add the yolks of six eggs, beaten had the yolk one cup of washed rice, so slow-labely one law to tablespoon and cup are level. The measuring cup of boiling water and the first time for cooking. To four measuring cups of boiling water and the first time she tries.

What Every Housekeeper

What Every Housekeeper

What Granding is a small which serving the first time for cooking. To four measuring cups of boiling water and the first time for the first time for cooki served, even if they may taste light

Here is a delicious chocolate rice pudding: Soak four tablespoons of rice in two cups of cold milk for half an hour. Add one teaspoon saft and cook in a double boiler until rice is tender. Add two tablespoons of butter, half a cup of sugar, two squares of chocolate melted, one teaspoon powdered sugar and bake for 20 minvanilla, two beaten egg yolks and

its morbid centering on what is bet-ter left undone and concerns itself with what the body—or the eyes—or

the hands are engaging in.

There's a lot of truth in the old nursery rhyme about Bo-Peep and her missing sheep: "Leave them alone and they'll come home." Most of the things for which we are desperately seeking will take care of themselves if we do nothing reckless—nothing ill advised—nothing dramatic. It isn't easy. But it's worth

## Soon Bud Again

When rose bushes that Aorists grow to provide cut flowers for the trade cease to produce enough blooms to make them commercially profitable they are dug up and replaced with younger plants.

ands of them, which they sell at bargain prices. The plants are all right and often prove real bargains to the amateur gardener. The florists who dig them do not always mark them accurately—they sell at a price too low to justify much trrouble and expense.

"They may not be true to name, but they are healthy plants and will produce roses for years. In former

Impatience
May Spoil
Love

There are a great many good uses as dessert to which you may put rice was about 228 years ago that the first rice was brought to this country. In 1894 a seafaring man brought a bag of paddy or rough rice from many autied for some explanation. But mothing comes. Now I've got a mothing comes. Now I've got with the since become in the south. Indeed, it is asid that rice won't go on suffering like this. I'm going to send him a letter telling him just what I think of his actions—"But you don't know!" I protested. There are a tremendously large running to send him a letter telling him just what I think of his actions—"But you don't know!" I protested. The raise a supplies are principal mourishment of interesting summer destrons—"But you don't know!" I protested in a quarter of the word of you won't send the rice than a scale of the two each the south. Indeed, it is as a destront of the two each with a mild French dressing. The same absorbed the milk. Add shalf a cup of rice in three cups of milk in a double boiler until tender and until the rice has absorbed the milk. Add shalf a cup of ought a supplies are principal nourishment of marriely. One does not have to go to the south. Indeed, it is as add that rice short the secret of its delicious that has been dissolved in a quarter to sold ways. But the secret of its delicious that has been dissolved in a quarter to one to the learn to cook rice. Any now who will follow these directions of the cook rice. Any now who will follow these directions whipped.

There are a great many good uses buttered dish, cover with a meringue of the two eags whites sweetened. The raisins about one and one-half in center and a roll of cold rice around the raisins about one and one-half in center and a roll of cold rice around the raisins about one and one-half in center and a roll of cold rice around the raisins about one and one-half in center and a roll of cold rice around the raisins about one and one-half in center and a roll of cold rice around the raisins ab

And here is a good hot rice dish for

Things You'll Love To Make



An apronette house dress is very younger plants.

"These discarded plants were formerly thrown away," said a wholesale florist who is also a grower.

"Now we sell them. Department stores in the spring often take thousands of them, which they sell at bar-of checked or plaid material that has plain one-piece slipover dress. (If a Have ready some boiled rice with





burning. Each snow-white grain will stand alone, plump, tender and de-

Riced shrimp is delicious and a bit out of the ordinary. Boil rice as directed above. While still warm, press into cups two-thirds full. When press into cups two-thirds full. When cold remove from the cup. Dip into beaten eggs and then in bread crumbs. Place these on a baking tin and let brown in hot oven. Fry a minced onion in a tablespoon of butter, when lightly brown add a heaping tablespoon of flour, brown and add a pint of milk, stir until thickened and season with salt and conner.

a minced onion in a tablespoon of butter, when lightly brown add a heaping tablespoon of flour, brown and add a pint of milk, stir until thickened and season with salt and pepper.

Place the egged rice balls on a deep platter. Add (scattering them around the balls) a cupful of shrimp all add cooked and cleaned or can of prepared shrimp made hot. Pour over them the gravy and serve.

Take large bones from loin of veal, if you would try a most appetizing rice dish. Stuff the cavities thus made with chopped pork, rice, salt and pepper, and onion or sage. A few mushrooms chopped will improve it. Cover the sides will improve it. Cover the sides will improve it. Cover the sides with greased paper, put a cupful of stock into teh dripping pan with the meat and baste the first hour with butter and water, after that with the gravy in the pan. Remove the meat to a platter and stir into the gravy one-half cup chopped mishrooms and a little brown flour. Have ready some boiled rice with grains thoroughly separated and seasoned with salt, pepper and encored with salt, pepper and seasoned seasoned with salt, pepper

grains thoroughly separated and bles and mushrooms have been addiseasoned with salt, pepper and ed, press a strip of dough over the onions. Place around the dished meeting line of cover and dish.

MARIE PREVOST

"HER NIGHT

OF NIGHTS"

Fashions withheld from New York and Paris for three months are shown in a style display in this picture.

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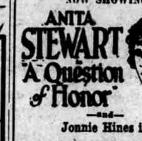
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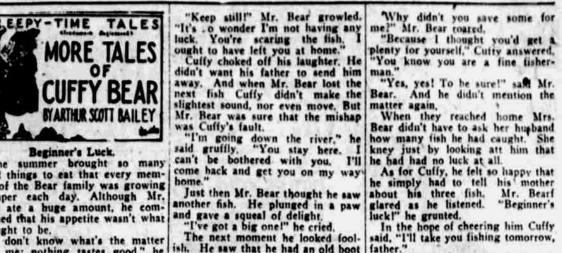
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## Fruit Salad Ice Cream

It's worth going a long way to try—but—the Harding dealer close to your home has it freshly made. Treat your palate!







Beginner's Luck.

The summer brought so many good things to eat that every member of the Bear family was growing plumper each day. Although Mr. Bear ate a huge amount, he com-plained that his appetite wasn't what ought to be. "I don't know what's the matter

with me; nothing tastes good," he told Mrs. Bear.

Sheedidn't appear to be alarmed about his health. Mr. Bear, however, fretted a good deal, until one day he exclaimed suddenly, "I know what the trouble is. I need fish. I'm hungay for fish." And he declared that he was going fishing in Swift river the very next morning. "Take me with you!" begged his father.

tablespoon to save time of the busy housekeeper. One rounding spoonful Bear told him. "It takes practice to is equivalent to two level. If one catch fish. You wouldn't have any el it is only necessary, therefore, that the two level be allowed for the one rounding.

The modern housekeeper has begun to learn that there are other.

show you how. For I can catch 'em if anybody can." Before daybreak the next morning Mr. Bear got up and waked ing, broiling or roasting, all of which processes call for high heat. She has come to know that long, slow

cuffy.
"We won't stop to eat" he announced. "We'll have a fish break-So growled. fast when we reach the river.



Wheat Flour, 48-lb. sack, Meats Fresh Dressed Broilers, any size, 

"Keep still!" Mr. Bear growled.
"It's o wonder I'm not having any luck. You're scaring the fish. I ought to have left you at home."

Cuffy choked off his laughter. He "You know you are a fine fisher-

didn't want his father to send him away. And when Mr. Bear lost the next fish Cuffy didn't make the slightest sound, nor even move, But Mr. Bear was sure that the mishap was Cuffy's fault.

"Yes, yes! To be sure!" salt Mr. Bear. And he didn't mention the matter again.

When they reached home Mrs. Bear didn't have to ask her husband was Cuffy's fault.

spirits. He knew, too, that it was Tub materials are so reasonably best not to talk when his father was priced this season that there seems

manded.
"Fish!" Cuffy told him. "I caught three big ones while you were gone."

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"S-sh!" Mrs. Bear exclaimed to

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"You'd better run right

out and play." (Copyright, 1922.)

ish. He saw that he had an old boot father. "What kind of a fish is that?" her son.

Cuffy asked him.

Mr. Bear flung the boot at him.

"Don't be silly!" he bellowed. And

he started down stream in a fine

Mr. Bear was gone for a long time. He came puffing back at last. When Cuffy saw him he knew at

once that his father was in very low

glum. So Cuffy never said a word, though he had something important to tell.

"I'm half starved." Mr. Bear

anorted as he made for a bog behind the bank of the river. "I'm going frogging, for I can never climb the mountain without food."

Cuffy followed him. But he took no part in the frog hunt.

"If you want any frogs you'll have to catch 'em yourself," his father growled.

"I lon't care for any frogs-thank you!" Cuffy replied. "I'm not hun-

"Not hungry!" Mr. Bear exclaimed.

as if he couldn't believe his own ears.
"I've had my breakfast," Cuffy ex-

"What did you eat?" Mr. Bear de

plained.

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