

Effective Cure for Oily Hair

Excessively oily hair is the result of a diseased condition of the scalp that is sometimes serious, as it makes the glands enlarge and throw off exudations too rapidly. This trouble is usually caused by an unhealthy condition of the system and is difficult to control except by internal treatment.

For instance, a person so afflicted who suffers from indigestion or other internal ailments must give her body proper nourishment to bring it to a comparatively normal state before local applications will be effective.

An oily scalp must be shampooed with discretion, and a tar or sulphur soap should be used in connection with raw eggs when cleansing the hair.

One of the best of such cleansing agents is a combination of a tablespoonful of lime water to each raw egg, the mixture beaten together and massaged into the scalp. The lime water has a beneficial effect upon the enlarged glands.

Washing must be done in warm water, using no soap, and the final rinse should be with cold water in order to contract the pores. Even in extreme cases of exudation shampooing is not to be done oftener than once in three weeks. Should the hair become heavy with grease during the intervening weeks much of it can be removed by sprinkling the locks thickly with fine corn meal, which is brushed out after absorbing the dirt with a long but soft bristled brush. It is important that the bristles shall be soft, for stiff ones overstimulate the scalp.

A mixture of three drams of glycerin and four ounces of lime water should be kept on the dressing table and the scalp wet with it every night. This location must be rubbed in with the finger tips. At the end of three weeks half an ounce of tincture of cantharides should be added to the original proportions, treatment continuing in the same way. The reason hat cantharides is not used at first is because of its stimulating properties and the fact that the scalp must be soothed, as it were, before it can be toned to normal condition.

A decided change of treatment sometimes benefits a person, who may discontinue the use of the lime water combination at the end of three weeks, substituting a tonic made from half an ounce of castor oil, half an ounce of strong liquid ammonia, an ounce of best French brandy and three ounces of rose water. This may be applied every other night.

I believe it is not possible to bring into good condition a scalp that is excessively oily if pompadour cushions are used, for they heat and excite the glands to an unhealthy degree. Another important factor is gentle massage of the scalp. It should not be irritated. A fine tooth comb must not touch it and a hard brush must be avoided. In dressing the hair each day the locks should be carefully treated. Only by such attention to details can a cure be effected.

Macaroon Cream.
This delicious cream is made by adding a dozen macaroons, rolled fine, to the plain ice cream before freezing. It is sometimes called "bisque" cream. If the macaroons are not at hand, grape-nuts make a fair substitute. This cream may be packed in individual paper cases and sprinkled with powdered macaroons.

Vanilla Bavarian Cream.
Heat a pint of milk with half a cupful of sugar and a teaspoonful of vanilla. Add half a package of gelatin which has been soaked and dissolved and when cool but not set,

Diary of a Movie Fan

By GLADYS HALL.

Helene Chadwick collects autographs for a hobby—has she asked for yours?

I told you I'd collect some more film hobbies for you. How many of you adopted a hobby from the last collection? If not, better luck this time. You may find one of these to take away on vacation with you, such as—

A radio! Richard Barthelmess' latest hobby.

Or you might employ the pining hours by sweeping, which is Teddy Girard's helpful hobby—also, her daily exercise and beauty formula. A sweep a day keeps the doctor away.

Mae Busch's is cooking lessons. Let bachelors step forth! Helene Chadwick's is autograph collecting. Has she collected yours? Ben Turpin dotes on chicken stew. Draw your own conclusions.

Colleen Moore's is bright colors. Betty Blythe's is dieting. Of course, one needn't stick to a hobby.

Tis for one's! Richard Barthelmess' Gloria Swanson's is Chinese food—and Mrs. Glynn.

Here's something you'd never guess! Irene Castle Treman's is clothes! Don't say I never told you anything.

Wally Reid's is jazz—Cutie, oh, Cutie, tu tum! Marion Davies is sport clothes. And Kumysy. One is elective. The other was wished upon her. Which is which?

Norma Talmadge has a brand new one. She takes a note book about with her, and whenever she hears someone say something nice about



one of her friends, she jots it down in the little book, and that reminds her to repeat it to them when she sees them. A philanthropy, I'll say. Mae Collins' is parrots. They swear so well. Richard Dix is his mother. Corliss Palmer's is portrait painting. Miriam Battista's is jewelry. Rod La Roque's is the orient—there's a vacation thought! Guy Oliver's is the trombone. It's no hobby to his friends. Catherine Calvert's is her son. More on demand.

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fold in a cupful of cream whipped solid. Mold, chill and serve with chocolate sauce.

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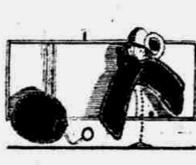


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Black Lynx Cape, \$100 value, August Price— \$69.75	40 Inch Bay Seal Coat, Jap Mink Collar and Cuff, fancy embroidered, silk lined, \$249.50 value at— \$159.50	40 Inch Bay Seal Coat, Genuine Beaver Collar and Cuffs, October Price, \$300, August sale price— \$199.50	Light Jap Mink Cape, Tall Trimmed, Brocade Silk Lined, \$365 value— \$225.00
40-inch French Seal Coat, fancy silk lined—October, \$125; today's price \$89.50	45 Inch Bay Seal Wrap, Gorgeous lining, \$225 garment at— \$159.50	40 Inch Bay Seal Coat, Martin Collar and Cuffs, \$300 value— \$199.50	40 Inch Bay Seal Coat, Beaver Collar and Cuffs, Fancy Silk Lined, \$365 value at— \$249.50
40 Inch Bay Seal Coat, Skinner Satin lined, October price, \$175. Today's Price— \$125.00	45 Inch Bay Seal Wrap, Large Collar, Silk Brocade lining, October price, \$250. Today's Price— \$169.50	Mink Marmot Coat, Self Trimmed, Mallinson Fancy Silk Lined, \$300 value at— \$199.50	40 Inch Hudson Seal Coat, Dark Siberian Collar and Cuffs, Satin striped crepe lining, \$600 garment at— \$399.50
40 Inch Natural Southern Muskrat, Fancy metal embroidered lined, \$225 value at— \$149.50	40 Inch Black Bay Seal Coat, Opposum Collar and Cuffs, Embroidered Silk Lined, \$225 value at— \$179.50	Full Length, Striped Marmot Cape, Tall Trimmed, Brocade Lining, \$300 value at— \$199.50	

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