

SLEEPY-TIME TALES
MORE TALES OF CUFFY BEAR
 BY ARTHUR SCOTT BAILEY

CHAPTER VII.
A Warm Day.

"No!" said Mrs. Bear. "Not And that's final!"
 If you had heard her you would have known from the tone of her voice that one of the children was teasing her for something or other. It was Cuffy this time. Whatever he wanted, it couldn't have been that he was asking to go coasting. For there was no snow on the ground.



Cuffy Bear scrambled to his feet.

What fell during the last big storm had melted as if by magic. The weather had turned warm. Summer couldn't be many weeks away.

Looking quite disappointed Cuffy Bear scuffled out of the den where the Bear family had spent the winter. He wore a heavy suit and a dark frown. Whatever he craved, he craved it mightily. And he knew that teasing his mother any longer would do him no good. On the contrary, more teasing might lead to harm. Sometimes Mrs. Bear said "No!" in a manner that nobody could have mistaken.

"My goodness! It's hot," Cuffy growled as soon as he found himself outside the den and beyond his mother's hearing. Very peevishly he threw himself upon the damp ground and lay upon his back. The earth was much cooler than the air. It felt good.

All at once a sharp voice called, "Get up this instant!"
 Cuffy Bear scrambled to his feet. It was just his luck, he thought, that his mother should step to the door and spy him.

"It's too early in the season to lie upon the cold ground," said Mrs. Bear. "There's no surer way of getting a cold," she added.
 "Won't you please let me take—"
 "Not another word about that!" Mrs. Bear interrupted. "Run along now and play. And don't bother me about something that you know you mustn't do."
 So Cuffy Bear rambled away into the woods.

He was gone a long time. When Mr. Bear came back home from a journey around the mountain Cuffy had not returned.
 Mr. Bear sank down with a sigh upon a soft heap of leaves in his favorite corner of the den.
 "That's just the way I feel," Mrs. Bear remarked, "only I can't find the time to rest."
 "This warm weather is very tiring," said Mr. Bear. "I've had a hard trip today. But I don't see why you should need any rest. You've spent the whole day in this den."
 "It's that Cuffy," Mr. Bear told her husband. "He has been teasing all day long. Teasing! Teasing! Teasing!"
 "Send him to me, next time," Mr. Bear growled.
 "How can I," Mrs. Bear retorted, "when you're always miles away?"
 Mr. Bear did not trouble himself to reply. He yawned and stretched. And soon he was fast asleep.
 He was a sound sleeper, was Mr. Bear. He never stirred until his wife tweaked one of his ears an hour later.
 "Look at this!" cried Mrs. Bear. "Did you ever see such a sight?"

Mr. Bear rolled over and stood up, blinking.
 "This child has come home in a rage!" Mrs. Bear said in a high-pitched voice, pointing to Cuffy.
 Little Cuffy edged away and tried to hide behind his sister, Silkie.
 "How did your coat ever get in that state?" his mother demanded.
 "It was an accident," he stammered. "I was coasting."
 "Coasting?" Mrs. Bear repeated. "That's queer. There's no snow."
 "I was coasting down a ledge," said Cuffy Bear. "The rock must have worn my coat away. And then," he went on, "that young cub Pete—he chewed my coat."
 "He chewed your coat?" cried Mrs. Bear. "I never heard of such a thing."
 There was no doubt that she was much excited. Even Cuffy could see that. So he stole out of the den, where his mother couldn't see him. He hoped she would soon grow calmer.

"This," said Mrs. Bear to her husband, "is what comes of living near such neighbors as we have."
 Mr. Bear puffed at that. "Cubs will be cubs," he remarked. "Cuffy won't need that heavy coat any more, anyhow. Summer is almost here."
 "Well," replied Mrs. Bear, "may-be I'll have a little peace now. For Cuffy drove me almost crazy today. He teased and teased."
 "What did he want?" Mr. Bear inquired.
 "He was wild to take off his winter coat," Mrs. Bear explained. "And then Mr. Bear actually grinned."
 "Perhaps it wasn't wholly an accident, after all," he said.
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How to Keep Well
 By DR. W. A. EVANS
 Questions concerning hygiene, sanitation, prevention of disease, submitted to Dr. Evans by readers of The Bee, will be answered personally and subject to proper limitation, where a stamped, addressed envelope is enclosed. Dr. Evans will not make diagnoses or prescribe for any diseases. Address letters in care of The Bee.
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OUR GRANDFATHERS DIED TOO YOUNG.

This headline is stolen. I stole it. It was found standing out as the title of an article written for the Popular Science monthly by Mrs. H. M. Plunkett in June, 1891.
 Just think of it! The people of 31 years ago were boasting about how much longer, safer and fuller were their lives than were those of their grandfathers—and we, in the pride of our accomplishment, think of these same vain-glorious folk of 1891 as plague ridden, crippled, lame and blind.
 But let's see the evidence that satisfies Mrs. Plunkett.
 Perhaps they in their day were as much superior to their ancestors as we in our day are superior to the men and women of '91.
 About 1825, England abandoned an annuity system which had been a great money raiser for them.
 It was abandoned because the increased span of life had made it unprofitable. She says: "At this time I was clearly shown that the duration of life in 1725, compared to that in 1825, was as three in the former to four in the latter time."
 Again: "If it is true, as many statisticians assert, that the period of human life lengthened nine years in the nineteenth century, we can see that Sir Edwin Chaddock was not an idle dreamer when he said: 'There is a potential longevity in man of 100 years, and death at a period less than that should be accounted premature.'"
 Note this quote: "Thus the value of life in France had nearly doubled since the good old days."
 After discussing the passing of certain of the great death dealing plagues and showing how others had become merely menaces, Mrs.

Plunkett reviews the major causes of the great improvement in health brought about in the eighteenth and nineteenth centuries.
 Here they are:
 "Better supplies of food, produced in greater quantities and with less labor."
 "The speedy transportation which has practically put an end to the great famines."
 "The invention of machinery has so increased the supplies of clothing that the protection and comfort of mankind have been immeasurably enhanced."
 "A better knowledge of the hygiene of clothing has prolonged many a life. The single item of waterproof garments and rubber shoes has saved many lives."
 "The extensive application of drainage of farm lands."
 "The supply to multitudes of communities of pure water."
 "It is beginning to be learned that constantly drinking impure water creates a lowered vitality, as much as breathing a vitiated air, and that either one helps to supply ready victims for any of the epidemic diseases."
 "A knowledge of the true principles of ventilation."
 "The better construction of tenement houses."
 "House drainage—synonymous with properly constructed plumbing."
 "The superior warming of houses."
 "The friction match."
 "The warmed, comfortable, storm

defying railroad car, contrasted with the stage coach."
 "Better hospitals and better medical service."
 "Better sanitation."
 "The steady advance in temperance is another great source of the lengthening of life."
 "The opening of museums and art galleries on Sundays, by decreasing the patronage of Joe's Cozy Corner and other gin palaces."
 "And, finally, in a lump—sanitation of schools, wiser care of infancy and childhood, well lighted streets and better police."
Advices Antiseptic Wash.
 M. E. N. writes: "You say diapers because they have not had the soap washed out thoroughly?"
 "Have you ever heard of this phenomenon caused by the baby having acidosis due to diet?"
 "In our case when diapers smell like ammonia and are stained, washing them in a strong antiseptic changed things amazingly."
REPLY.
 I have heard of it.
 In fact, I call attention to that cause frequently, and to badly washed diapers occasionally.
Cannot Remedy Paralysis.
 E. J. S. writes: "I, at the age of 21 had a stroke of infantile paralysis and as a result my right leg is about an inch shorter than my left. Could I have this corrected?"
 "2. What is the best method to develop the left biceps?"
REPLY.
 1. No.
 2. Working as a blacksmith's helper is good. So is farming. Like-wise rowing, swimming, boxing, wrestling.
We Eat Too Much Salt.
 G. M. C. writes: "I. Please let me know if the juice from one lemon taken with a teaspoonful of table

salt in a glass of water before breakfast each morning for about a month will do any harm or any good."
 "2. Is the above dose a preventive or a cure for malaria?"
REPLY.
 1. It will do no good and may do some harm. Most of us eat too much salt. 2. No.
POLITICAL ADVERTISEMENTS.
VOTE FOR CHAS. B. McDONALD for SHERIFF And Enforcement of Law
POLITICAL ADVERTISEMENT.
One-Seventh of Your Gas Bill Last Year Was an Overcharge VOTE FOR C. G. CARLBERG For Member of Metropolitan Utilities Board Pledged to Lower Gas Rates and Better Quality
POLITICAL ADVERTISEMENT.
FOR SECRETARY OF STATE



CRAWFORD KENNEDY
 No name is better known or more highly respected in Nebraska than **KENNEDY**
 A vote for Crawford Kennedy for Secretary of State is a vote for honesty and efficiency. His name will strengthen the Republican ticket.

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 Kills germs and cleans antiseptically

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Orders of Any Reasonable Size Delivered.	All Phones AT 4603	Mail Orders Filled	Open Saturday Until 9 P.M.
Quality Meats at Lower Prices.			
Fancy Fresh Dressed Milk Fed Butters, Per 38 1/2c	Fresh Pig Loin, Per 16 1/2c	Sugar Cured California Ham, Per 16 1/2c	Young Rib Pig Pork Chops, Per 22 1/2c
Pure Leaf Lard, at 12c	Fancy Young Veal Roast, Per 14 1/2c	Sugar Cured Lean Breakfast Bacon, Per 26 1/2c	Fresh Cut Hamburger, at 15c
Fancy Steer Steak at 15c	Young Veal Stew at 8 1/2c	Fancy Steer Pot Roast, Per 12 1/2c	Fresh Beef Tongue at 25c

Excellent Values in Our Grocery Dept.

Large Blue Cross Toilet Paper, reg. 10c value, 4 rolls, 25c	Standard Sweet Corn, No. 1 quality, 3 cans, 25c	1-lb. pkg. Sunmaid Raisins, reg. 25c, seller, 15c	10 lb. White Cane Sugar, 69c
Large 16-oz. can Campbell's Pork and Beans or Soup, 32c	16-oz. tall cans Alaska Salmon, 2 cans, 25c	Large package Shredded Wheat, 11c	16-oz. can Pet Milk, 8 1/2c
Hershey's Bulk Cocoa, Special, 3 lbs., 25c	Advo Coffee, Saturday special, 3-lb. can, \$1	Standard Peas or Tomatoes, 2 25c cans, 25c	Santa Clara Sweet at 2 lbs., 25c

Free Demonstration of the Famous TREE TEA
 (Iced)

Come In and Have a Drink—Free
 1/2-lb. Package **35c**
 You'll Like It

Thomson's Dairy Maid Fancy Creamery Butter, 37c	Rex Nut Butterine, lb., 20c
Country Creamery Butter in plain cartons, lb., 35c	Creamed Cottage Cheese, lb., 15c
Eggs, fresh checks and No. 1 in cartons, dozen, 22c	Wisconsin Fancy Brick Cheese, lb., 22c
Danish Pioneer Butter, lb., 38c	Wisconsin Full Cream Cheese, lb., 25c

The Best White Granulated Sugar, sack, \$6.94	Tutti Frutti Cake, each, .75c
Gooch's or Victor's Best Old Wheat Flour, guaranteed, 48-lb. sack, \$1.88	Assorted Cookies, oz., 2 for .25c
Large, Juicy Lemons, doz. 35c	Sandwich Buns, dozen, 15c
Imperial Valley Cantaloupes, each, 5c; 4 for, 25c	Potato Chips, sack, 10c
Home-Grown Apples, market basket, 29c	Per lb., 50c
Best Limes, dozen, 20c	
Per 100, \$1.65	

Tuxedo Tobacco
 AT SPECIAL PRICES
 1-pound cans, \$1.05
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Pearl White (Large) 10 Bars 34c
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 July 16th-20th
 Opening Service on Sunday, July 16th, at 4 o'clock in the Afternoon.
 Large Mass Choir Will Sing.
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