

**If You Need a Medicine
You Should Have the Best**

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited by those who are in need of it.

A prominent druggist says, "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy has so large a sale."

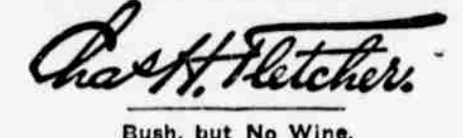
According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact, so many people claim, that it fulfills almost every wish in overcoming kidney, liver and bladder ailments, corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by parcel post. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores.—Advertisement.

**CHILDREN CRY
FOR "CASTORIA"**

**Especially Prepared for Infants
and Children of All Ages**

Mother! Fletcher's Castoria has been in use for over 30 years to relieve babies and children of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep without opiates. The genuine bears signature



Bush, but No Wine.

"Why do you keep cultivating that big mint patch by the roadside?"

"A lot of people," replied the keeper of the wayside restaurant, "smell it, look hopeful and then turn in. Of course, after making a few cautious inquiries they feel under obligations to order buttermilk or something. I'm using that mint as a decoy."

A miser is loved by his neighbors as mice love a cat.

**WANTS TO HELP
OTHER WOMEN**

**Grateful for Health Restored
by Lydia E. Pinkham's
Vegetable Compound**

Chicago, Ill.—"I am willing to write to any girl or woman who is suffering from the troubles I had before I took Lydia E. Pinkham's Vegetable Compound. My back always ached, so I could not go about my housework, and I had other troubles from weakness. I was this way for years, then my sister-in-law took the Vegetable Compound and recommended it to me. In the time I have been taking it and it has done wonders for me. I keep house and am able to do lots of work besides."—Mrs. HELEN SEVICK, 2711 Thomas St., Chicago, Ill.

Women suffering from female troubles causing backache, irregularities, pains, bearing-down feelings and weakness should take Lydia E. Pinkham's Vegetable Compound. Not only is the worth of this splendid medicine shown by such cases as this, but for nearly fifty years this same sort of experience has been reported by thousands of women.

FRECKLES

Don't Hide Them With a Veil; Remove Them With Othine—Double Strength

This preparation for the treatment of freckles is usually so successful in removing freckles and giving a clear, beautiful complexion that it is sold under guarantee to refund the money if it fails.

Don't hide your freckles under a veil; get an ounce of Othine and remove them. Even the first few applications should show a wonderful improvement, some of the lighter freckles vanishing entirely.

Be sure to ask the druggist for the double-strength Othine; it is this that is sold on the money-back guarantee.

The American Legion

(Copy for This Department Supplied by the American Legion News Service.)

PUT BONUS MONEY TO WORK

Iowa Veterans Do Not Recklessly Squander Allowance, as Had Been Predicted.

Iowa's veterans who received the state bonus are, contrary to expectation of some persons, placing the money in savings accounts, using it for the payment of debts and for the extension of business. It had been freely predicted by a certain element unfavorable to payment of such compensation that the money would be squandered in reckless fashion.

Newspaper reports from all sections of the state tell of the receipt of the warrants by the former soldiers, and what they expected to do with the money.

Iowa business houses have conducted wide advertising campaigns, suggesting to the former soldiers uses that might be made of the compensation money. According to word from various parts of the state, the savings banks profited most from this campaign.

Earl Brownlie, an American Legion member of Davenport, Ia., who received the first warrant, put it in a savings bank to draw interest. Harlem Wyatt of Des Moines, first to receive a check in that city, told reporters that his check was going to make the last payment on a little home. Another veteran said that his plumber was waiting in his business place for the check when it came by post. Still another "vet," appreciative of how he obtained the money, said to reporters: "Five dollars of my check goes to join the American Legion and the rest to the bank."

Interesting facts in regard to the payment of compensation in the state were developed. More than 150 applications in the state were not signed by the soldiers because they were unable to write. Instead, the fingerprint method was used. When the warrants were cashed the fingerprints were on the backs of the checks. Two hundred and fifty nurses will receive checks for service in the World War.

A tendency on the part of Iowa veterans to take advantage of the insurance offered by the government is noted by American Legion officials. A survey of records of one post showed about 50 per cent of the men receiving compensation reinstated their government insurance. Nearly \$150,000 in policies was reinstated in one day, according to officials of this post.

The Iowa law allows 50 cents per day, with a maximum of \$350. All claims of conscientious objectors have been set aside until after all other men have received their pay, when their claims will be considered.

PROUD OF LEGION'S EMBLEM

Afflicted Ex-Service Man Tells of Comradeship Displayed by Indiana World Warriors.

The spirit of comradeship among former soldiers of the United States is deepened, rather than diminished by time, according to evidences of friendly aid and help for veterans temporarily in need. This is particularly true among organizations composed of World War fighters, such as the American Legion.

Many striking examples of this comradeship come to the attention of national officers of the organization. A splendid example was noted in a recent letter to Legion officials concerning friendly acts of an Indiana post toward a sick comrade.

Written by H. L. Rogers, a veteran of Battery E, Fifth field artillery, the letter tells how he was taken sick as he passed through Lebanon, Ind., with his wife. After reaching a hotel there Rogers was told that he was threatened with pneumonia, and his limited resources were a source of worry.

"That afternoon," Rogers' letter says, "the adjutant of the local post of the American Legion came to the hotel and made me feel I was among friends, promising that my comfort would be looked out for. The next morning I awoke to see a bouquet of carnations in my room. In the afternoon the post commander came to see me, and in him I met another fine fellow.

"I was sick for a week. Although food wasn't much it left me broke, and when the finance officer made me admit it he brought a \$10 bill for meals. When I was strong enough to walk about I decided to go to Chicago. The American Legion gave me car fare, the adjutant guaranteed my hotel bill and a member of the post took us to the train in his car.

"What do you think of a bunch of fellows like that? Do you think they would be just as regular sports if they weren't Legion men? I confess I don't know, but I think these buddies have caught the one big idea of the founders of the American Legion. . . .

"In conclusion, let me say that I have learned what the emblem of the Legion stands for, that I take increased pride in being permitted to wear it, and that, as time goes on, I hope my gratitude never lessens to the 'greatest friend of the ex-buddy.'"

ROOSEVELT LETTER TO PGSTS

Facsimile of Former President's Personal Message to Men in Trenches is Sent Out.

A copy of the only personal message ever prepared by former President Theodore Roosevelt for American soldiers in France, written on the day he was apprised of the death of his son, Quentin, has been sent to every post of the American Legion, in the form of a specially prepared facsimile of the original message. This letter was prepared for the soldiers of America and was to be conveyed to them by Cass Connaway of Buffalo, N. Y., who was unable to deliver the words of Roosevelt because of war duties.

Through the 11,000 posts of the American Legion Mr. Connaway has been able to complete distribution of the message, and it will be framed in Legion homes, presented to libraries and museums, that all Americans may read of the feelings of a fighter to the fighting men of America.

Connaway was an attorney in Indianapolis before the war. His two sons enlisted, and his wife took up Red Cross work. When he found he was the only one of the family not in service he closed his office and volunteered as a "Y" hut secretary, unable to enter the army on account of his age.

Before he was ordered to France, Connaway conceived the idea of carrying a message to the Hoosier boys at the front, telling them of how they would be welcomed on their return to the United States. Gov. James P. Goodrich of Indiana prepared a splendid message, as did Booth Tarkington, Meredith Nicholson, George Ade and other well-known Indianaans. Then Connaway enlarged on his original idea and wrote to the governors of every state for similar words to the men of their commonwealths in the trenches of France. All responded, and to these were added a tribute, penned in long-hand, by Cardinal Gibbons.

On July 15, 1918, Mr. Connaway submitted his plan to former President Roosevelt. The day following, Quentin,



CASS CONNAWAY

his son, was killed as he flew over the German lines, word being received in America July 17 of the death of the young aviator.

Connaway sailed for France and shortly after landing was assigned to duties with the legal division of the Y. M. C. A. He was unable to send the message direct to the men at the front, but succeeded in having it printed in the Paris edition of the London Daily Times, though few of the fighters were privileged to see it. Continued duties with the "Y" as chief of the claims division, judge advocate and chief of the legal division held up delivery of the message. Connaway then returned to the United States and was separated from the service to become managing director of the Buffalo real estate board.

Still feeling his obligation for delivery of the words from Mr. Roosevelt, Connaway sought permission from Theodore Roosevelt, Jr., now assistant secretary of the navy, for authority to issue the letter. Further permission was obtained from the Roosevelt Memorial association, which is gathering mementoes for presentation at Roosevelt house in New York city, the birthplace of the president, and where the original of the message will be placed.

Identical copies of the statement to the troops were prepared. Then the American Legion was appealed to as being the best means for distribution of the message and it went forward through the various posts of the organization.

The message follows:

"To the Soldiers of the American Expeditionary Forces Overseas:

"I send my heartfelt greetings to you men at the front. You have made all of us who stay behind lift our heads high with pride by what you are doing. It is you men, and only you men, who are doing one vital work for the American people today. All good Americans at this time owe homage to the fighting men at the fighting front. What you are doing is vital for the honor and the interest, for the future welfare, and for the very existence, of our republic; and you are also battling for the liberty of every well-behaved civilized nation, big or little.

"I congratulate you on the great good fortune that is yours in that you now have the chance to endure hardship and peril for a great ideal and to render to our country the greatest of all services. I would give anything to be over with you.

"Faithfully yours,
"THEODORE ROOSEVELT"

**Necessary Tools
for Repair Shop**

**Important to Have Solid
Bench to Use Tools to
Advantage.**

Farm machinery can often be repaired at home and made to do for several seasons. This would seem to be the thing to do under present economic conditions, rather than to make new purchases of expensive equipment. A good solid bench is necessary if tools are to be used to advantage. Where the farmer desires to do most of the woodwork and blacksmithing it will be necessary to add a forge, dies, tongs, etc.

List of Tools.

The following list includes the tools without which it is not economical to carry on a quarter section farm, say agricultural engineering division men at University farm:

- Machinist's vise, 4 inch.
- Vise screw, 1 1/2 inch.
- Anvil, cast iron or piece of railroad, 70 pound.
- Saw vise, 10 inch.
- Framing square, 16 inch x 24 inch.
- Marking gauge, 8 1/2 inch.
- Dividers, 6 inch.
- Rule, 2 foot.
- Level, 26 inch.
- Hand saw, 26 inch, 8 points.
- Rip saw, 28 inch, 5 1/2 points.
- Hack saw.
- Files: Flat bastard, 12 inch; mill, 10 inch; round bastard, 10 inch; round, 6 inch; slim taper, 6 inch; slim taper, 5 inch; half round, wood, 10 inch.
- Post drill.
- Brace, 10 inch.
- Blacksmith drills, (1/2 inch shank), 1/2 inch, 5-16 inch, 3/8 inch and 1/2 inch.
- Bit stock drills, 1/4 inch, 5-16 inch, 3/8 inch and 1/2 inch.
- Auger bit, 3/4 inch, 3/8 inch, 1/2 inch, 5/8 inch and 3/4 inch.
- Expansive bit, 3/8 inch, 3 inch.
- Gimlets, Nos. 4, 5, 6, and 7.
- Jack plane, 15 inch.
- Chisels: Cold, 1/2 inch and 3/4 inch; socket firmer, 1/2 inch and 1 1/2 inch.
- Drawknife, 8 inch.
- Hammers: Nail, 1 1/2 pound; blacksmith cross pen, 1 1/2 pound.
- Mallet, mortised handle.
- Punches: Center, 3/8 inch x 4 inch; solid, 1/2 inch, 5-16 inch, and 7-16 inch; revolving belt, 4 tube.
- Wrenches.
- Knife handled monkey, 12 inch; pipe, 14 inch; crescent, 6 inch; crescent, 10 inch.
- Double end engineers: Cap screw, 1/2 and 5-16 inch; nut 5-16 and 3/8 inch; nut, 7-16 and 1/2 inch; nut, 9-16 and 5/8 inch.
- Pliers, slip joint, 6 inch.
- Screwdrivers, Hurwood, 3 inch and 6 inch.
- Wrecking bar, 30 inch.
- Grindstone.
- Oilstone, India combination 1 x 2 x 7 inch.
- Oil and oil can.
- Tinners' snips (small).
- Soldering copper, 1 1/2 pounds.
- Riveting machine for tubular rivets.

**Cut Alfalfa When New
Shoots Begin to Appear**

"Under average weather conditions alfalfa should be cut when the new shoots begin to appear at the crown," says A. C. Army of the farm crops section, University farm. "These shoots are yellowish white in color and may be easily seen at the base of the alfalfa plant. If the weather has been very dry for a time previous to the date the crop would usually be cut, the appearance of these new shoots will be delayed more than the development of the crop itself. Under such conditions it is well to watch the stage of blossom and cut when approximately one-tenth of the flowers have appeared. Delay in cutting the first or second crop makes the subsequent crops cut the same year later. Alfalfa may be harrowed with a spring tooth harrow or other similar implement immediately after the first or second crop has been removed. This harrowing aids in keeping down grasses that ruin the stands of alfalfa.

**Mulching Tomatoes Most
Excellent as Substitute**

"Where your tomatoes are not to be thoroughly cultivated, mulching is a good substitute," says D. C. Mooring, extension horticulturist, Oklahoma A. and M. college. "It consists merely of adding a layer of three or four inches of straw over the ground between and around the tomato plants. This mulch will prevent the growth of grass and weeds, holds the tomatoes up off the dirt to prevent rot and at the same time keeps the food conditions more nearly normal and in this way tends to prevent the stem end rot, which is quite common where there are abrupt changes in weather conditions. This mulch will also enable you to get around over the ground to better advantage in case of wet weather."

**United States Now Ranks
Eighth as Dairy Country**

Did you know that the United States ranks eighth as a dairy country? Denmark, Germany, Canada, Norway, Great Britain, Switzerland and Netherlands all show higher averages per cow than this country. Between October 5 and 13 dairymen from all over the world are going to meet at the National Dairy show, Syracuse, N. Y., and try to find out the reason for this by comparing notes.

**Scale House on Farm
Easily Constructed**

**Structure Large Enough to
Serve as Business Office.**

A scale on the farm has innumerable uses. It is a check on production and guarantee of fair weight and indicates that the farmer who possesses one runs his farm on a business basis. The platform of the scale is constructed so sturdily that it does not



A Business Farmer's Scale House.

deteriorate rapidly, but the scale beams are much more delicately built and should be carefully protected.

A very commendable method of protection is shown on the accompanying photograph where a monolithic concrete structure was erected around the scale box. The structure is really large enough to serve as a business office for the farmer and it will afford secure housing for his records.

Such a house as this can be easily constructed by anyone who has ordinary skill. The walls are cast in forms which are built up of smooth boards strongly braced. The roof also is made of reinforced concrete. The walls should be made 6 inches thick, but reinforced with 3/8-inch rods at 6-inch intervals both crosswise and lengthwise. Any roughness or irregularities in the wall surface may be removed by applying a coat of cement paint made by mixing cement in water to the consistency of cream or a brick or carborundum block can be used to rub down the surface, before it has dried entirely.

**Disinfectants to Kill
Lice on Cows and Calves**

A good method of getting rid of lice on cows and calves is to get a good scrub brush and then prepare a solution of one of the coal tar disinfectants or sheep dips. Creolin is good and it should be added to warm water until the solution is quite milky. Rub this solution in with the brush, taking particular pains to get it on the affected parts. A sprayer can be used but is not so effective as a brush. The work had best be done on a warm, sunny day in order to prevent chilling or catching cold. Another good remedy is to rub on back of the horns and ears, where the animals cannot lick it, a small quantity of mercurial ointment. Care should be taken not to use too large a quantity of this preparation, as it may be absorbed by the system and salfate the animal treated.

It will be impossible to get rid of the lice if the quarters where they are kept are not treated also. Spray with a coal tar solution. Bedding and refuse removed ought to be burned or hauled to a field where animals will not come in contact with it. After this is done scatter lime around the floors and whitewash the walls and ceilings, if you care to go to this trouble. Unless the quarters are cleaned and disinfected there will be a reinfection of treated animals when they are put back.

**Dairyman Has Problem
in Feeding His Stock**

Since sows and cows have become cowworkers as mortgage lifters the dairyman has another problem in feeding. He has the job of supplying plenty of minerals to be used in building the bony frame of hogs. Salt, ground limestone, and bone meal, equal parts, is a practical and economical mineral supplement to keep before hogs, according to animal husbandry men at the Kansas station.

The cow population of the United States is going up. There are 25,505,000 milk cows in this country, counting the 24,429,000 on farms and 1,250,000 in towns, according to the Department of Agriculture, Washington, D. C. Fifty gallons of milk per capita were consumed last year. People in the cities drank or ate in some form or other two gallons per capita more than they did in 1921, but the average was pulled down because farmers and their families failed to increase their consumption.

**Fertile Eggs Cause of
Immense Loss to Farmer**

Fertile eggs cost the farmers a tremendous sum each year. The roosters make the eggs fertile and the fertile eggs make the blood ring.

This great loss is shared among the poultry keepers who neglect to pen, sell or cook the roosters. Infertile eggs are quality eggs. They keep best and market best. Many produce buyers are offering three cents premium for them. Swat him hard.

**PE-RU-NA
FOR
STOMACH CATARRH**

Few, if any, remedies can equal the value of Pe-ru-na for catarrh of the stomach.

At this season it is estimated that every third person is more or less troubled with this form of catarrh

BE READY

Have the Proper Medicine in the House. Sold Everywhere



Tablets or Liquid

The Great Game.

Winthrop Allan, the golf champion, said at a luncheon at Los Angeles: "Golf is a very fascinating game. A lady was talking at a dance to a rich man's son.

"You've started in to work at last, haven't you?" she said. "You go down town to your father's office quite regularly now, don't you?"

"Yes," said he. "I do. You see, I began to play golf recently, and I got so wrapped up in the game—couldn't sleep for thinking about my stroke, no appetite and all that—well, you see, it's like this, don't you know, I had to take up business to keep my mind off golf."

Shave With Cuticura Soap

And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses—shaving, bathing and shampooing.—Advertisement.

Ideal Wedding Present.

"What is this?" asked Brown.

"A wedding present," replied Jones.

"What is it good for?" Brown still questions.

"Nothing that I know of. It is just a wedding present."

"I don't understand."

"It's this way," explained the merchant patiently. "You give it to your friend as a wedding present. Pretty soon a friend of his gets married. He passes it on, and so it goes. It is very durable."

Children's handkerchiefs often look hopeless when they come to the laundry. Wash with good soap, rinse in water blued with Red Cross Ball Blue.—Advertisement.

National Park for Poles.

The Society of Friends of the Tatras mountains, Poland, is working out a plan for transforming the mountains into a national park on the lines of Yellowstone park.—Scientific American.

Autoists See Face on Rock.

Automobile tourists driving through Boulder canyon are impressed with Chief Nivot, a huge rock image of a famous Indian whose camp was located for years in the Colorado Rockies.

**Sure Relief
FOR INDIGESTION**

BELLANS
FOR INDIGESTION
25 CENTS

6 BELLANS
Hot water
Sure Relief

BELLANS
25¢ AND 75¢ PACKAGES EVERYWHERE



Pure and healing, a grateful aid on countless occasions

Vaseline
Reg. U.S. Pat. Off.
Yellow or White
PETROLEUM JELLY