

TO RELIEVE PAIN AND BACKACHE

Women May Depend upon Lydia E. Pinkham's Vegetable Compound

Minneapolis, Minn.—"I had heard so much about Lydia E. Pinkham's Vegetable Compound that when I realized I needed to take something to relieve my pains and backache, and to help build me up I began to take that. I had been sick off and on for years and barely weighed a hundred pounds, but now I have had such good results that I am recommending the Vegetable Compound to every one."—Mrs. J. J. EBER, 8939 18th Ave. South, Minneapolis, Minn.

Finds a True Friend
"Every woman who values her health should be proud to have a true friend like the Vegetable Compound," says Mrs. W. E. Shaw, 3227 Walnut Street, Chicago, Illinois. "I had female weakness so badly that I could not stand on my feet. Half of my time was spent in bed and I had pains in my back which were unbearable. I tried everything I could think of to help myself, and when a friend advised Lydia E. Pinkham's Vegetable Compound I began taking it at once. I recommend it without hesitation."

His Eccentricity.
"Sellers, the proprietor of the Handy store, is the most remarkable merchant in this town," declared old Riley Reizewid of Petunia. "How so?" asked an acquaintance from a neighboring hamlet. "Why, no matter how many foolish mistakes he makes in his business he never blames them on the community."—Kansas City Star.

RABIES CRY FOR "CASTORIA"

Prepared Especially for Infants and Children of All Ages

Mother! Fletcher's Castoria has been in use for over 30 years as a pleasant, harmless substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups. Contains no narcotics. Proven directions are on each package. Physicians recommend it. The genuine bears signature of

Chas. H. Fletcher

Our Bright Exchanges.
Scientists can magnify the human voice 12,000 times, but they seem unable to do a darn thing for the voice of conscience.—Brookville Recorder.

Big success never comes to a small man.

Some people find pleasure in weeping.

You Walk in Comfort

If you Shake Into Your Shoes some Allen's Foot-Ease, the Antiseptic, Healing powder for shoes that pinch or feet that ache. It takes the friction from the shoe and gives instant relief to corns and bunions, hot, tired, aching, swollen, weating feet, blisters and callouses. Ladies can wear shoes one size smaller by shaking Allen's Foot-Ease in each shoe. Sold everywhere. Trial package and a Foot-Ease Walking Doll sent post free. Address

Allen's Foot-Ease, Le Roy, N. Y.

Bad Breath

Is Usually Due to Constipation

When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus secures regular bowel movements by Nature's own method—lubrication.

Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it today.

Nujol
A LUBRICANT—NOT A LAXATIVE



Stearns' Electric Pesto

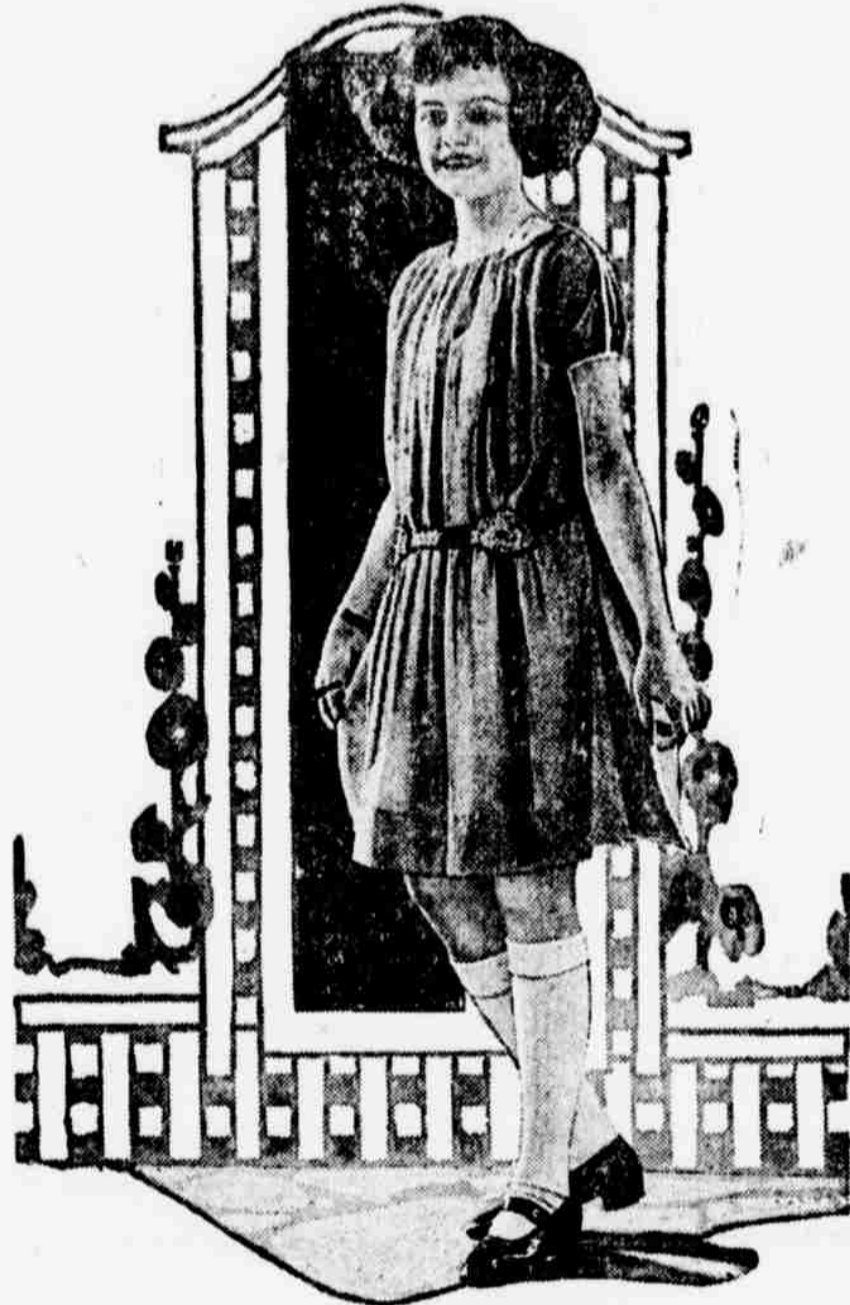
is recognized as the guaranteed exterminator for Rats, Mice, Ants, Cockroaches and Waterbugs. Ready for Use—Better than Traps—2-oz. box, 35c. Sold EVERYWHERE.

W. N. U., LINCOLN, NO. 27-1923.

Modish and Pretty Frocks;

Favor One-Piece Bathing Suits

LIKE the Greeks bearing gifts, each summer comes in with ingratiating new fabrics to catch our wandering fancy. It can look us in the face serenely because it also brings our beloved old favorites. If dotted swiss were not among those present when the roll of summer dress materials is called, there would be rebellion. The accompanying picture shows dotted swiss in red, with white dots, made up for the lassie who sees the dawn of her teens ahead of her. It is so plain, and so adequately pictured, that it does not need description except



Pretty Dotted Swiss Frock

cept to state that the binding of the round neck is made of white organdie and that the short sleeves are finished like the neck. It is prettied up with flat organdie flowers which are bought ready made and are among the many pretty trimmings for cotton frocks shown in the shops. One of these is posed on the left shoulder and one at each side of the girde of narrow moire ribbon. Ribbons and laces, tucks and plaited details, are all brought into play when

of pure wool with skirt stripes of red, green and maroon, which also appear on the trunks.

Note the rolled hose and smart Kelly green sandals. A bandanna square of waterproof silk, in the same vivid green is knotted into a bathing cap of incomparable charm. The kiddies scorn any but the knitted bathing suit and it goes without saying that it must be one piece, for children demand untrammelled action for water frolic. If the armholes are elongate



dotted swiss is a little elaborated. It is shown in the more delicate colors and used for pretty party frocks. In dark blue and light brown it makes very practical dresses and the sheerness that suits them to dress-up times and to the summer streets.

Welcome, happy midsummer days when we revel in the joys of swimming and sea-bathing! Of course, the beach-strolling maiden finds chief delight in marvels of the couturier's art, but for those who go in for pure enjoyment to whom the daily dip is the health-giving sport throughout the warm weather months, the practical handsome one-piece knitted bathing or swimming suit, if you please, is the logical solution.

The knitted bathing suit is not, after all, such a simple proposition as one would think. In fact its requirements are more exacting than the more elaborate, sometimes "fearfully and wonderfully" constructed fanciful bathing and beach costume. There is no

Knitted Bathing Suits in Favor

permitting perfect freedom, as shown in the picture, so much the better. It is said that even for the little tots the black bathing suit is preferred, with red next in popularity.

Julius Bottomley
(© 1923, Western Newspaper Union.)

Daddy's Evening Fairy Tale

MRS. COW'S AMUSEMENTS

"Moo, moo," said Mrs. Cow, "I really must say that I do not believe in all this excitement for new amusements and for new pleasures. It is so silly when the old things will do just as well. Moo, moo, you don't find Cows behaving in so foolish a manner."

"What is the trouble?" asked Mrs. Brown-and-White Cow, who was sitting next Mrs. Cow in the meadow.

They were both having a pleasant afternoon chat. Some of the other cows had wandered off to the nearby brook to have a quiet wading party.

"You see," said Mrs. Cow, "I have heard the farmer talking. He is forever wanting new things—sometimes they are for his work and sometimes for his pleasure, too. He is talking now of a new car. He used to be well pleased with Dolly, the horse. But now he talks about a car. Then there are the children. They see something new and they want it. New-fangled toys and such things."

"Then there is the farmer's wife. I heard her talking about a new style hat and a new style dress she thought of getting. She hadn't anything new, she said, in some time. But there she was wanting something new in style! I don't believe in all this."

Mrs. Brown-and-White Cow chewed slowly, and then said: "Moo, moo, still I wouldn't get excited about it."

"Oh, I shan't," said Mrs. Cow, "I only thought I'd talk about it to you, as I've been thinking about these things."

"I see," said Mrs. Brown-and-White Cow. "Now, the farmer is eager for new things. New things seem to interest him greatly. I suppose, if they had new kinds of cows, he'd want them! Thank goodness, though, we don't change. And why should the farmer's wife want something in a new style?"

"Dear me, do cows ever change their styles? Do we ever look unhappy because we can't have ribbons and bonnets and shawls and fur coats? Do we ever look sad because we can't have silk waists and best shoes for Sundays? Of course not!"

"It is true that we wouldn't find silk waists very useful. I can't imagine myself being able to button or hook one up. I'd find it very awkward I feel sure. And I don't think bonnets would be becoming to us. Shawls would get in the way. I fear I'd find



"They're Well Pleas'd."

a shawl as much of a nuisance as I would a lot of flies, and I'd try to swish it off with my tail.

"But the main point is, we're not always thinking of something new and exciting and stylish and different."

"We're satisfied."

"And our young calves are the same way."

"We never hear them saying to us, 'Mamma Cow, may we have a new airplane or a new train of cars which goes by itself?'"

"No, they're well pleased with the good old calf pleasures of chewing and eating and drinking and wading and resting and caring for their mothers. Oh, I'm so glad I never had a child who asked me for this and who asked me for that. And I never wanted to rush off to go shopping or to a picture show. A picture show wouldn't interest me. If they showed Wild West pictures I'd not be interested. I've heard they're exciting and I like calm things better than excitement."

"As for funny pictures—well, I haven't much of a sense of humor. There are not many who will admit that about themselves, but Mrs. Cow will. I'm not one who laughs. I don't even think things are funny enough to smile at very often."

"I wouldn't want to own an automobile, because they go joggling and louncing and hurrying about. If they were filled with growing grass and had a little brook running through them, and if they hardly moved at all—then I might like them better."

"But, no, I'm satisfied with what I have and with good old Cow ways, and so are all of us and so are our calf children. Oh, I don't believe in all this excitement for new amusements and for new pleasures."

"I see you don't," said Mrs. Brown-and-White Cow. "Well, neither do I."

Not Jimmy's Fault.

Mamma—Jimmy, didn't I tell you the other day never to let me hear of you playing with those naughty boys again?"

Jimmy—Yes, mamma; but you needn't blame me if you heard it; I didn't tell you.

Be sure of good bread; use Yeast Foam



"I made it all myself"

Send for free booklet "The Art of Baking Bread"

Northwestern Yeast Co. 1730 North Ashland Ave. Chicago, Ill.



Corroborating Daddy. Robert's parents were flaring household expenses, when his mother cried, disgustedly, "Oh, I can't figure!" "Daddy's right!" exclaimed her little son; "ladies don't make good business men."

Organized Barbarism. War, which society draws upon itself, is but organized barbarism, an inheritance of the savage state, however, disguised or ornamented.—Louis Napoleon.

Explaining a Moral Victory. "What is a moral victory?" "Twin to an artistic success."—New York Herald.

Aspirin

Say "Bayer" and Insist!



Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for Colds, Toothache, Earache, Neuralgia, Headache, Lumbago, Rheumatism, Pain, Pain. Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Drugists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Advertisement.

A Modern Wedding. "Do you take this woman for your wedded wife?" "Yes, parson, with reservations."

If a man is wise and good he is wiser and better because of the friends he has.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound. Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

The man who does nothing will never live to finish the job; there's too much of it to do.

Thanking "you in advance" may be to save the trouble of thanking you in subsequent.

Don't Forget Cuticura Talcum. When adding to your toilet requisites. An exquisite face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum), 25c each everywhere.—Advertisement.

Not much more is got, personally, by being a nonpartisan than by being a partisan.

Many a girl's popularity with the sterner sex is due to a rumor that she has money.

SHINOLA

AMERICA'S HOME SHOE POLISH

Black - Tan - White - Ox-Blood - Brown



In the handy box that opens with a turn of the key. No broken nails or soiled hands. Softens and preserves leather. Sheds moisture. Shoe shining with SHINOLA is a nifty thrifty habit.

"The Shine for Mine"

Sure Relief FOR INDIGESTION



6 BELLANS Hot water Sure Relief

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Stomach-Kidneys-Heart-Liver. Keep the vital organs healthy by regularly taking the world's standard remedy for kidney, liver, bladder and uric acid troubles—

LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES

The National Remedy of Holland for centuries. At all drugists in three sizes. Guaranteed as remedial.

Look for the name Gold Medal on every box and accept no imitation

Kill All Flies! THEY SPREAD DISEASE. Buy where DAISSY FLY KILLER attracts and kills all flies. Nest, clean, ornamental, convenient and safe. Lasts all season. Made of metal, can't split or tip over. Will not soil or injure anything. Guaranteed.

FLY KILLER at your dealer or by EXPRESS, prepaid, 50c. HAROLD BOWERS, 140 De Kalb Ave., Brooklyn, N. Y.

PARKER'S HAIR BALSAM. Removes Dandruff, Itchiness, Falling Hair, Restores Color and Beauty to Gray and Faded Hair. Sold at all Drugists.

HINDERCORNS. Removes Corns, Callouses, etc., stops all pain, ensures comfort to the foot, makes walking easy. Use by mail or at Drugists. 25c each. Chemical Works, Fall River, N. Y.

Requires No Attention



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