After Every Meal

WRIGLEY'S

Chew your food well, then use WRIGLEY'S to aid digestion.

It also keeps the teeth clean, breath sweet, appetite keen.

The Great American Sweetmeat

Save the Wrappers

FOR BETTER DIGESTION

Loans on Neb. and Iowa FARMS 40 years' time, no commission. Write for name nearest agent. Lincoln Joint Stock Land Bank Lincoln, Neb.

BEST BABY CHICKS 7c UP

Write for particulars. CHICKEN LITTLE HATCHERY, LINCOLN, NEBRASKA.

HANDY JACK. ONE MAN CHANGES heaviest racks, boxes, etc., from ground onto wagon and off. F. Lovering, Fremont, Neb.

Using the Talker.

"He tells everything he knows."

"I know, but he comes in handy sometimes. I often make good use of him myself."

"You do? How?"

"Whenever I want to get a rumor started I always go and tell it to him in strictest confidence. Then all I have to do is to sit back and watch things develop."

HOW'S THIS?

HALL'S CATARRH MEDICINE will do what we claim for it—rid your system of Catarrh or Deafness caused by Catarrh.

HALL'S CATARRH MEDICINE consists of an Ointment which Quickly Relieves the catarrhal inflammation, and the Internal Medicine, a Tonic, which acts through the Blood on the Mucous Surfaces, thus assisting to restore normal conditions.

Sold by druggists for over 40 Years. F. J. Cheney & Co., Toledo, O.

Famous Pool Dries Up.

The romantic, and mysterious "silent pool" at Albury, Surrey, England, whose creeping legends, including death pacts, go back to King John's day, has dried up and disappeared. The drought of 1921 is blamed for the exhaustion of the springs which fed the pool.

Cuticura for Sore Hands.

Soak hands on retiring in the hot suds of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes.—Advertisement.

A thing of beauty may remain a joy forever, if you let the other fellow marry her.

For true blue, use Red Cross Ball Blue. Snowy-white clothes will be sure to result. Try it and you will always use it. All good grocers have it. —Advertisement.

Experience may be a great teacher, but a man's experience with a woman doesn't teach him sense.

Cut your coat according to your cloth.

HAIR STAYS COMBED, GLOSSY

"Hair Groom" Keeps Hair Combed—Well-Groomed.

Millions Use It—Fine for Hair!—Not Sticky, Greasy or Smelly.

A few cents buys a jar of "Hair-Groom" at any drug store. Even stubborn, unruly or shampooed hair stays combed all day in any style you like. "Hair-Groom" is a dignified combing cream which gives that natural gloss and well-groomed effect to your hair—that final touch to good dress both in business and on social occasions.

Greaseless, stainless "Hair-Groom" does not show on the hair because it is absorbed by the scalp, therefore your hair remains so soft and pliable and so natural that no one can possibly tell you used it.

The American Legion

(Copy for This Department Supplied by the American Legion News Service.)

TO ORGANIZE ALL CHAPLAINS

Father O'Connor of Cincinnati Assumes Task to Increase Membership of the American Legion.

Father William P. O'Connor of Cincinnati, national chaplain of the American Legion, refuses to admit that the duties of his office are confined to the delivering of an invocation at the Legion national convention. In accordance with this belief, Father O'Connor has assumed the task of organizing all war chaplains in an effort to gain new members for the Legion.

Father O'Connor.

William P. O'Connor is a fighting type, and his thirty-three years are full of interesting experience. Born in Dayton, O., he attended the public and parochial schools and was graduated from St. Mary's college, now the University of Dayton, in 1908. He was graduated from St. Mary's seminary and ordained in 1913, when he accepted an appointment as pastor of a church in Urbana, O.

He was serving there in July, 1917, when he became chaplain of an Ohio National Guard organization which later became the One Hundred and Thirty-sixth Field artillery of the Thirty-seventh division. He sailed with this organization for France in June, 1918. The ship, before completing the voyage, rammed a German submarine which later was sunk by destroyers.

Father O'Connor served with his organization in the Baccarat sector and later at St. Mihiel, the Meuse-Argonne and in Belgium. After the armistice he proved his versatility by arranging for the production of "The Passing Show of the A. E. F.," one of the best soldier shows presented overseas.

The national chaplain obtained first-hand information in regard to the feelings of newly discharged veterans when he served for a time with national headquarters of the American Red Cross. Later he became pastor of a church at Jamestown, O., and subsequently was transferred to his present charge, the church of St. Vincent de Paul in Cincinnati.

He served as a member of the Legion's national ceremonials committee in 1921, which drew up the ceremonials which have been used by all Legion posts. In all clashes of religious creeds and dogmas, Father O'Connor has been noted for his marked liberality and toleration.

ROUNDS UP LEGION MEMBERS

W. A. Stevens, Commander of Des Moines (Ia.) Post, Promises to Have Largest Organization.

Any man who can go out and get 200 members to anything, even the American Legion, is worthy of attention. W. A. Stevens, newly elected commander of the Legion post of Des Moines, Ia., has the credit for getting one-tenth of the 2,000 members of his organization, the second largest post in the country.

W. A. Stevens.

During the war Stevens was a sergeant in the One Hundred and Ninth Ammunition train of the Thirty-fourth division. He spent 11 months at Camp Cody, N. M., and later went overseas. He has pledged himself to make his post the largest in the country and to lead it in participation in civic affairs.

Praises the Legion.

Phil D. Swing, a member of the house of representatives from California, has issued a statement praising the American Legion for its work in conducting American Education week. "As water will rise no higher than its source, so our republic will prove no wiser than the electorate from which it draws its authority and inspiration," Congressman Swing stated. "Hence, the all importance of seeing that every person admitted to participation in our government receives the necessary education to be able to understand the problems which confront our nation and to contribute his bit toward their intelligent solution. This applies with equal force to the native-born as well as to the naturalized citizen. The American Legion is doing a splendid peace-time service by boosting American Education week."

The Social Climber.

Old King Coal was a merry old soul,
A merry old soul was he,
Said he: "Since I'm worth 'steen dollars a ton,
I'm the pride of Societee."
—American Legion Weekly.

AH SING CHING WINS FIRST

Fourteen-Year-Old Boy of Hawaii Takes Prize in Legion's National Essay Contest.

Ah Sing Ching, of Ewa Oahu, Hawaii, a fourteen-year-old boy of Chinese extraction, won first place in the American Legion's national essay contest on the subject, "How Can the American Legion Best Serve the Nation?" Contest results were announced recently by Garland W. Powell, who is the director of the Legion's national Americanism commission.

Ah Sing Ching.

Second prize in the contest, which was open to all school children between the ages of twelve and eighteen, was awarded to Miss Pauline Virginia Chastain of Indianapolis. Joseph Giandonato of Bridgeport, Conn., won third prize. Honorable mention was made of the essays of Phillip E. Mosely of Westfield, Mass., and Ralph R. Sullivan of Twin Harbors, Minn.

The board of judges of the Legion contest was composed of John J. Tigert, United States commissioner of education; Chancellor E. E. Brown of New York City university, and S. S. McClure, the publisher. National prizes are first, $750; second, $500, and the third, $250, the money to be used as scholarships in any university or college. They were awarded by Hanford MacNider, of Mason City, Ia., who was national commander of the Legion last year.

"The fact that a boy of Chinese descent in Hawaii won the essay contest testifies to the splendid work of Americanism which Legion posts in Hawaii are emphasizing," Mr. Powell stated. "The Hawaii department is to be congratulated on the development of a national winner in a contest in which more than 50,000 school children participated."

The text of Ah Sing Ching's winning essay follows.

"The American Legion, which is composed of men and women who during the war stands for unity, democracy, peace and service to God and our country.

"The slogan of our country is, 'In union there is strength,' and it is because of this unity, our country is so strong, but during the World war, we found that we had internal as well as external enemies. Bolshevism, communism and anarchy are as real enemies as any we had to fight overseas, and much harder to conquer.

"The American Legion can do a wonderful service to the country by encouraging a spirit of unity and co-operation, and by teaching foreigners who come into the United States how to live under a republican form of government, and by helping them to understand that ours is a government of the people, by the people, for the people and it shall not perish from the earth. Many foreigners come from countries where they have been oppressed and they do not understand the word liberty, but think it is license to commit crimes. These people must be taught and the American Legion can aid in doing this.

"We learned at the beginning of the World war that many of our own citizens were uneducated, and that not nearly enough money was being spent for schools. Here is a great work for the American Legion, to see that every child in the United States has a chance to be educated. What we want in our nation we must put in our schools, so the need for schools and well-trained teachers is very great. Night schools for the training of men and women who work during the day help to educate our citizens and those who wish to become citizens. The American Legion is on the side of education, and we believe will make every effort to see that the schools of the United States rank first in the world and that every citizen has the opportunity for learning.

"During the World war many of our soldiers were wounded and returned home, suffering from shell-shock, sick and unable to care for themselves. They fought in a great cause and deserve well of their country and their comrades. The Legion can give these returned veterans aid and comfort, and after they have sufficiently recovered help them to become self-supporting. Many of them will be unable to follow the same occupation that they did before the war, but some kind of work can be found for them to do. The Legion should see that their comrades are always cared for.

"The United States is not a military nation and believes in war for defense and not for conquest. At the close of the war, our country asked for no land and no indemnity. Not many months ago President Harding called a conference of the nations to discuss a reduction of armies and armament. The American Legion can aid by fostering and encouraging peace and good will among nations and by standing for a fair deal between large and small nations, allowing the small nations to decide for themselves how they shall be governed."

Disabled Man Gets Members.

Although he is a disabled man taking treatment at a St. Paul hospital, Hans Hundorf has signed up 67 new members for St. Paul Post No. 8 of the American Legion. The post now has 400 members.

IMPROVED UNIFORM INTERNATIONAL

Sunday School Lesson

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)

Copyright, 1922, Western Newspaper Union.

LESSON FOR FEBRUARY 25

THE PARABLE OF THE POUNDS

LESSON TEXT—Luke 19:11-27.

GOLDEN TEXT—He that is faithful in that which is least, is faithful also in much.—Luke 16:10.

REFERENCE MATERIAL—Matt. 25:14-30; I Tim. 4:13-15.

PRIMARY TOPIC—Working for Jesus.

JUNIOR TOPIC—Faithful and Unfaithful Workers.

INTERMEDIATE AND SENIOR TOPIC—The Fidelity That Jesus Expects.

YOUNG PEOPLE AND ADULT TOPIC—What Returns Does Christ Require of Us?

The purpose of this parable was to correct the misapprehension of the disciples as to the immediate establishment of the kingdom. They were on the way to Jerusalem and they thought that immediately upon their arrival there Jesus would begin the exercise of His kingdom rule. It is to be noted that Jesus did not correct them for believing in the reality of the kingdom, but for believing that it would immediately appear.

I. The Absent Lord (v. 12).

He pictures His going back to God as a nobleman going to receive a kingdom. This was a common occurrence among them. They knew how some of the Herodian family had thus done—gone to Rome and secured their appointment to rule over Palestine. Jesus ascended on high to receive from God, the Father, a kingdom. Let no one mistake the certainty of His return, though the time be unknown, and the event delayed.

II. The Distribution of the Pounds (v. 12).

These pounds represent Christ's gifts to His servants. When Christ ascended He gave gifts to men (Eph. 4:7, 8, 11, 12). To each servant was given the same amount, showing that to all a certain gift has been given and therefore all will be held responsible for its use. The distribution was made by the sovereign. It was also a purposeful distribution. They were to put their gifts to use during His absence. What the nobleman demanded was faithfulness. The pounds were to be used for the Master, not for the selfish enjoyment of the servant.

III. The Rebellious Citizens (v. 14).

They hated Him and sent messengers after Him, notifying Him of their refusal to be subject to Him. This pictures the unbelief of the Jews after Christ's ascension and their repudiation of His rule. It also pictures the unbelieving world in its hatred and rejection of Christ.

IV. The Accounting (vv. 15-27).

1. Its Certainty. Christ will surely bring everyone to account for the use made of His gifts. He has appointed a day in which He shall judge the world (Acts 17:31).

2. Time Of (v. 15). It will take place when Jesus comes back to earth. At that time He will summon His servants and reckon with them. This will take place when He has received His kingdom. He will receive His kingdom when he asks the Father (Ps. 2:8).

3. Rewards Given for Faithfulness (vv. 16-19). (1) The first report (vv. 16, 17). The pound had gained ten pounds. He did not say, "I have made ten pounds," but "Thy pound hath gained ten pounds." He recognized the Lord's ownership. To this the Lord replied by commendation. He praised him and promoted him. He was made ruler over ten cities. (2) The second report (v. 18). In this case the pound had gained five pounds. He did not get the Lord's commendation for he had not done so well, but he was appointed to a place of rulership over five cities. The reward in each case was proportioned to faithfulness during the Lord's absence. The principle of reward was shown to be that faithfulness in very small things prepares for larger responsibilities.

4. Judgment Upon the Unfaithful (vv. 20-27). (1) His report (vv. 20,21). This report was entirely bad. He had not put the pound to use, but laid it away, throwing the blame upon the Lord. He asserted that the character of the Lord was such as to produce fear. Men are failing today in their service because they have wrong conceptions of Christ. (2) Commendation (vv. 22, 23). The wicked servant is judged out of his own mouth. His excuse increased his guilt. He is called wicked. (3) Stripped of the pound (vv. 24-26). To fail to use one's gifts means to lose them. One of the losses of the next world will be the deprivation of what we have now. (4) Warning (v. 27). Those who reject Christ, refusing to submit to His authority, shall share the same deprivation as those who are unfaithful in His service.

Hypocrisy.

Hypocrisy, of course, delights in the most sublime speculations; for never intending to go beyond speculation, it costs nothing to have it magnificent.—Burke.

The Tears of Children.

Oh, banish the tears of children! Continual rains upon the blossoms are hurtful.—Richter.

The Lash in the Dark.

Many a lash in the dark, doth conscience give the wicked.—Boston.

Aspirin

Say "Bayer" and Insist!

BAYER

Genuine

Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for

Colds	Headache
Toothache	Lumbago
Earache	Rheumatism
Neuralgia	Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Advertisement.

The health of the people is a national resource.

No man is wise or safe but that he is honest.

Cough Following "FLU"

Check it Today!

WITH FOLEY'S HONEY AND TAR

Established 1875

WATCH THE BIG 4

Stomach-Kidneys-Heart-Liver

Keep the vital organs healthy by regularly taking the world's standard remedy for kidney, liver, bladder and uric acid troubles—

LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES

The National Remedy of Holland for centuries. At all druggists in three sizes. Guaranteed as represented.

Look for the name Gold Medal on every box and accept no imitation

MANY WOMEN AVOID OPERATIONS

Through the Use of Lydia E. Pinkham's Vegetable Compound

Two Interesting Cases

Some female troubles may through neglect reach a stage when an operation is necessary. But most of the common ailments are not the surgical ones; they are not caused by serious displacements, tumors or growths, although the symptoms may appear the same. When disturbing ailments first appear, take Lydia E. Pinkham's Vegetable Compound to relieve the present distress and prevent more serious troubles. Many letters have been received from women who have been restored to health by Lydia E. Pinkham's Vegetable Compound after operations have been advised by attending physicians.

Mrs. Edwards Avoids Operation

Wilson, N. C.—"For about a year I was not able to do anything, not even my housework, because of the pains in my sides and the bearing-down pains. I could only lie around the house. The doctor said nothing but an operation would help me, but I tried different medicines which did no good, until my sister insisted on my trying Lydia E. Pinkham's Vegetable Compound. She said there was nothing like it. I know that she was right, for I began to improve with the first bottle and it has done me more good than anything else. I am able now to do anything on the farm or in my home and I recommend it to my friends."—LILLIE EDWARDS, R.F.D. 3, Box 44, Wilson, N. C.

Another Operation Avoided

Akron, Ohio.—"I can never praise Lydia E. Pinkham's Vegetable Compound too highly for what it has done for me. I had such pains and weakness that the doctor told me nothing but an operation would help me. But my mother had taken the Vegetable Compound and she told me what it had done for her, and so I took it and I am glad to tell every one that it made me a strong woman, and I have had two children since then."—Mrs. R. G. WESTOVER, 325 Grant Street, Akron, Ohio.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contain valuable information.

CONSTIPATION

CARTER'S LITTLE LIVER PILLS

Take a good dose of Carter's Little Liver Pills—then take 2 or 3 for a few nights after. They cleanse your system of all waste matter and Regulate Your Bowels. Mild—as easy to take as sugar. Genuine bear signature— Brent Good

Small Pill. Small Dose. Small Price.

At the Seaside.

Little Letty was asking questions of the old boatman on the beach.

"What are those ships?" she asked.

"Oh, they're men-o'-war, missy," answered the old salt.

"Weally! And what are those teeny weeny ones in front, please?"

"They're tugs," was the answer.

"Of course!" exclaimed Letty, looking very wise; "tugs-of-war! I've heard of them before!"—London Mirror.

Transmission.

Sue—"He actually blushed after he had kissed me." Lou—"My dear, you shouldn't apply your rouge so thickly." —Judge.

Fortune smiles on some, but they're not so lucky if the smile broadens into a laugh.

You can stop a stream by damming it, but you can't stop an automobile that way.

One may dress as if he were younger, perhaps, but better make the limit ten years.

Pity the man who is unable to distinguish between his friends and his enemies.

Confidence is the companion of success.

Use MURINE Night and Morning and Keep Your Eyes Clean—Clear and Healthy

Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

On the Avenue.

First Male Stroller—"These twins have fine figures." Second Male Stroller—"Yes, about a million each." —Life.

True.

"Is the Sahara desert good for anything?" "Well, you can write novels about it."

for that COUGH! KEMP'S BALSAM

Pleasant to take. Children like it.

Cuticura Talcum is Fragrant and Very Healthful

Soap 25c, Ointment 25 and 50c, Talcum 25c.

PARKER'S HAIR BALSAM

Removes Dandruff. Stops Hair Falling. Restores Color and Beauty to Gray and Faded Hair. 60c. and $1.00 at Druggists. Hiscox Chem. Wks. Patchogue, N. Y.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at Druggists. Hiscox Chemical Works, Patchogue, N. Y.