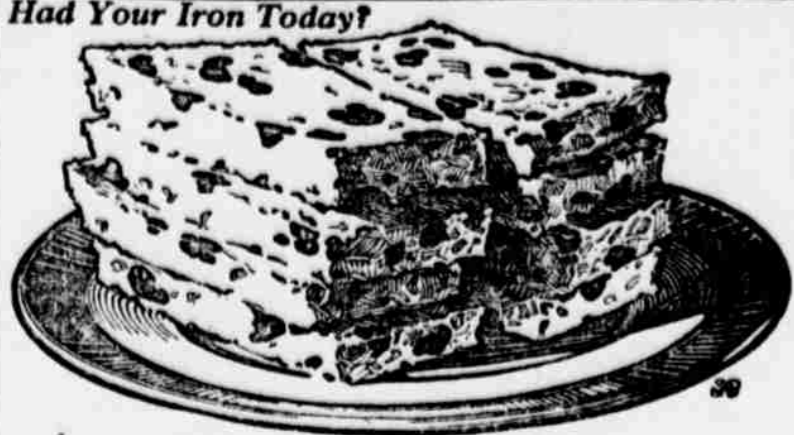


Had Your Iron Today?



Let's Have Raisin Bread Tonight

HOW long since you've had delicious raisin bread—since you've tasted that incomparable flavor?

Serve a loaf tonight. No need to bake it. Just telephone your grocer or a bakery. Say you want "full-fruited bread—generously filled with luscious, seeded, Sun-Maid Raisins."

The flavor of these raisins permeates the loaf. A cake-like daintiness makes every slice a treat.

Serve it plain at dinner or as a tasty, fruited breakfast toast.

Make delicious bread pudding with left-over slices.

Use it all. You need not waste a crumb. Raisin bread is luscious, energizing, iron-food. So it's both good and good for you.

Serve it at least twice a week. Start this good habit in your home today.

But don't take any but a real, full-fruited genuine raisin bread.

Your dealer will supply it if you insist.



Sun-Maid Seeded Raisins

Make delicious bread, pies, puddings, cakes, etc. Ask your grocer for them. Send for free book of tested recipes.

Sun-Maid Raisin Growers Membership 13,000 Dept. N-25-3, Fresno, Calif.

Color vs. Contents.

A little girl of perhaps nine years was sent to a branch library to get a book for her mother. Approaching the librarian's desk, she said: "My mother wants a book."

LADIES CAN WEAR SHOES

One size smaller and walk in comfort by using ALLEN'S FOOT-EASE, the antiseptic powder for the feet.

Always an Opening.

Mr. North—No, sir, I don't want any insurance. I have no dependents and I am burning my bridges behind me!

The prices of cotton and linen have been doubled by the war. Lengthen their service by using Red Cross Ball Blue in the laundry.

Music Hath Charms.

"How do you like your music?" "Both rare and well done."—Philadelphia Evening Bulletin.

WOODMEN OF THE WORLD LIFE INSURANCE LARGEST AND STRONGEST IN THE CENTRAL WEST HEADQUARTERS OMAHA, NEBRASKA TOTAL ASSETS \$110,000,000 Keep Nebraska Money in Nebraska Patronize Home Industries

Kill All Flies! THEY SPREAD DISEASE. Place anywhere, DAISY FLY KILLER attracts and kills all flies. Neat, clean, ornamental, convenient and kills all flies. Next, clean, ornamental, convenient and kills all flies.

Our Business Is—We Tear 'Em Up and Sell the Pieces. STANDARD AUTO PARTS COMPANY Parts for All Makes of Cars Call, write or phone; you'll receive prompt service.

ARE YOU AN AMERICAN? Do you believe in our creed? Do you want to wear that mysterious emblem? Information free. BOX 586, TULSA, OKLA.

Buy KEY OVERALLS Costs Less Per Day To Wear Them

Uncle Sam's Free Garden Seeds



THIS spring about 13,000,000 Americans received free packages of vegetable and garden seeds from their senators and representatives in congress.

Doubtless this seed business all seems peaceable enough to the voter who gets the seeds, but, goodness, he should be in Washington when the annual flurry over these same seeds is on!

One flurry is going on at Uncle Sam's seed warehouse, where a small army of girls is doing up the seeds and pasting on the franks of the members of congress and hustling the packages off to the mails.

The other flurry is in the capitol, where congress is fighting tooth and toenail over the question of whether it will distribute seeds again next spring.

Estemed Lincoln Resident Declares Tanlac Has Made a Clean Sweep of Her Rheumatism and Other Troubles.

CAN NOW WALK AS WELL AS EVER

"I couldn't believe all they said about Tanlac until I tried it myself, and now I never doubt what I read about it," said Mrs. Anna B. Crawford, 2500 N. 23rd St., Lincoln, Neb., wife of a well-known retired business man.

"I got into a badly run-down condition," she continued, "and suffered greatly from indigestion. I had headache for days at a time, slept poorly and woke up mornings so weak and dizzy I could hardly get up.

"But Tanlac has made a clean sweep of my troubles, brought back my appetite and enabled me to gain much weight. It is a pleasure to make a statement in praise of this great medicine."

Tanlac is sold by all good druggists. Fast Color. Joseph Hug, the novelist, said at a luncheon in Philadelphia:

"I'd like to go to Havana again this winter. There's very good bathing there, all the year 'round."

"I met the other day a young man who had just got back from Havana. 'Did you sport with the breakers?' I said to him."

"I should think so," said he. 'A couple of beautiful Spanish dancing girls from Malaga. They broke me in about three days.'

Freshen a Heavy Skin With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented, economical face, skin, baby and dusting powder and perfume.

Draws No Interest. "Have you anything in the savings bank?" "Only confidence."

standard varieties of vegetable and flower seeds. In 1894 a change was advocated and action taken to discontinue the customary distribution.

This action was not approved by congress, which, in an act approved April 25, 1896, changed the wording of the previous act.

Now, then, it costs Uncle Sam about 3 1/2 cents for every package of seeds sent out by a congressman.

Each package contains five different kinds of seed. The following kinds of vegetable seeds are purchased for free distribution: Peas, beets, lettuce, onions, radish, beans, corn, carrots, cucumber, parsley, papump, squash, tomato, turnip, and watermelon.

That package containing five small papers of seeds, which costs the government 3 1/2 cents, if bought in the open market would cost 50 cents.

The office of seed distribution in the Department of Agriculture keeps an exact account for each member of congress, just the same as a bank account.

From one sample package, containing five small papers of seeds, any person can raise at least \$15 worth of food, according to the agricultural authorities.

When the annual fight over the appropriation is being waged the claim is often made that the free-seed distribution comes near wrecking the Post Office department and is responsible for an annual deficit.

Every seed sent out is tested for vitality and for truthness to name. These tests are made on the experimental farm of the department, near Arlington National cemetery.

Uncle Sam buys these seeds on straight competitive bids, and when any contractor's deliveries show a consistent poor germination he is blacklisted.

Demands upon members of congress for seeds became so numerous and insistent that it was impossible to fill the orders with new varieties of seeds.

During the years from 1889 to 1893 practically the entire seed appropriation was expended for

and the price paid. This is a straight official letter. Congressmen are coming more and more to send their quotas of seeds out, not to the voting lists in their districts but to the school children, to civic organizations, chambers of commerce, banks, and factories for workmen, and a great deal to miners.

With the department opposed to the congressional seed distribution, and with congress habitually for it, Oliver F. Jones, originally from Cincinnati, who is in active charge of this work, has had an unenviable job as buffer between the department and congress for about twenty years.

The seed distribution is conducted under the bureau of plant industry, of which Dr. William A. Taylor is chief. R. A. Oakley and J. E. W. Tracy purchase under contract all the seed that enters into the congressional distribution and supervise the mechanical and physical work of filling the packages and mailing them.

The filling of the orders of congressmen is an interesting part of the free-seed distribution. The members supply their franks in sheets of ten. They are cut up into single slips and counted into bundles by expert counters from the bureau of engraving and printing.

These franks are now coming in at the rate of 200,000 or 300,000 a day. Each member is entitled to 20,000 packages of vegetable seeds and 2,000 packages of flower seeds.

The way in which these seeds are first put into the small papers and sealed and then put one each of five different kinds into a larger package and sealed, with the member's frank pasted on each package for direct mailing, is an interesting part of the congressional distribution system.

The seed envelopes are filled by machinery, which automatically weighs the contents of each envelope. Two girls work at one of these machines, one filling and the other sealing the little envelopes on a revolving belt.

Other girls sit at big tables pasting the congressional franks onto the container on which are printed the names of the five varieties of vegetables or flowers that are to be placed within.

The girls get piecework over 20,000 a day. Other girls sit at big tables pasting the congressional franks onto the container on which are printed the names of the five varieties of vegetables or flowers that are to be placed within.

A belt carrier runs beside huge bins into which the small packages of seed have been dumped. As the girls finish pasting the franks on the big envelopes they are carried, one at a time, along this traveling belt roadway and in front of a bin at regular intervals are girls, each of whom slips in a small envelope, and the container proceeds to an inspector and then past another girl, who seals up the package by machinery.