Ghe AMERICAN

"BACK-TO-HOME MOVEMENT"

New York Post's Woman Commander Would Have Women Give Up Their Jobs.

Someone should start a "back-to-the home movement" for married women who toll naneces-

> sarily in the bustness world, according to Mrs. Julia E. Wheelock commander of the Barbara Frietchie post of the American Legion in New York city, and widely known as a writer.

believes that "working wives make lazy husbands." She believes jobs in favor of unemployed ex-service

Mrs. Wheelock

It was Mrs. Wheelock who successfully opposed the making of the American Legion strictly a man's organization. As a result there are today several women enrolled as Legionnaires and several posts composed altogether of ex-service women.

Mrs. Wheelock began helping the United States win the war as early as 1916 when she started a campaign to obtain stevedores and coal heavers for | the American Legion, led the men to the navy. She caused to be presented to congress petitions for adequate preparedness and is accredited with having through her own efforts recruited 16,000 men for the navy. In recognition of her services she was made a chief yeoman in the regular service.

Mrs. Wheelock is active in social and civic affairs in New York and is widely known for her writings in both the English and French languages.

AMONG "BIRDS OF PASSAGE"

Editorial Asserts West Point Will Continue to Turn Out Crop of Second Lieutenants.

That the "second loole," of whom there were so many during the war, is more or less an institution of active warfare is shown in an editorial from the American Legion Weekly under the caption "Birds of Passage." It follows:

"Buried in the recent official list of the number of army officers of all grades who have contrived to survive the congressional guillotine appeared this inconpicuous entry:

"Second lieutenants (all arms) . . 233. "Only 233 second lieutenants left! And once there must have been that many thousand. Who shall now deny that the war is over? Certainly while It lasted they bloomed like so many hardy perennials, emerging full blown from the training camps and finally from the ranks, for was not the top sergeant only a little lower than the angels?

"After the Armistice, when divisional and regimental shows began to appear all over the A. E. F., the second licutenant won fresh immortality in the quips which Mr. Bones passed to Mr. Tambo, and vice versa. It was a token of his popularity—for humanity does not poke gentle fun at what it

"The second lieutenant is not extinguished. Most of him has graduated into a first lieutenancy. West Point will, of course, centinue to turn out its annual crop, but even these will within a few months enter the larger life of the silver bar."

POST NAMED FOR LIEUTENANT

First American Artillery Officer to Die In Action Is Honored by Surviving Comrades.

The first American artillery officer to die in action in France has been

honored by his surviving co-m rades, who have named their post of the American Legion in New York in his honor. The post, which comprises members of the old First division, is known as the Jeff Feigl post.

Jefferson Feigl was a first lieutenant of Battery F, Seventh field artillery of the First division. He was twenty-two years old, and had entered the service of his country immediately spon his graduation from Harvard uni-

A year after the death of the young officer on the field of battle, his personal property was sent to his parents, Colonel and Mrs. Feigl, who reside at the Biltmore hotel, New York. In a hand-bag was a letter addressed to his parents, which Lleutenant Feigl had written a short time before he was killed. In the letter he forecast his death, and said, "Dame Fortune couldn't have picked a more gentlemanly manner for me to make my ex-

Carrying On With the American Legion

Daniel Chester French, sculptor, who created "The Minute Man at Concord," has been selected to design the memorial for Massachusetts dead in the World war which is to be erected somewhere along the American sector in France. Henry Bacon, designer of the Lincoln Memorial in Washington, D. C., will be associated with him. . . .

The Community House at Camp Custer, Mich., purchased by a Chicago company for \$30,000, has been repurchased by the state of Michigan and will be presented to the American Legion for use as a hospital for sick and discoled veterans. The building will be improved at the expense of the state.

General Lafayette post of the American Legion, composed of New York City policemen, has mortgaged its Long Island clubhouse for \$1,000, the money to be used in helping unemployed veterans. The policemen-Legionnaires have pledged themselves to canvass their beats for jobs for their unfortunate "buddies." . . .

"The Book of Misery" containing thousands of news clippings and letters describing the plight of America's married women should give up their World war veterans in the recent period of unemployment will be presented to Congress by the Legion as documentary evidence in favor of relief for ex-service men.

> Unemployed ex-service men sleeping in Bryant Park, New York, were awakened one recent midnight by the sound of a bugie mess call. Seven hundred of the unfortunate men lined up for "chow". A committee representing the George Dahlbender Post of a restaurant where each was fed at the expense of the Legion post.

> The American Legion has asked the shipping board to permit the use of the giant liner Liviathan as a temporary shelter for jobless ex-service men. The liner has been idle at the Hoboken army docks for several months. During the war it transported 140,000 American troops to France. . . .

> Charles W. Seymour, of Hartford, Conn., tendered his resignation as state senator following his election to the commandership of the American Legion in Connecticut. Officers of the Legion cannot hold public office which is elective.

A twenty-acre park, known as "American Legion Park" has been dedicated by the city of Melrose, Minn., to the men of the city who were in service during the World war. The Melrose Legionnaires have established a children's playgrounds, a tourists' camping grounds and a baseball dia-

Ex-soldiers and marines, members of the American Legion, were the heroes in the rescue work which followed the explosion of a tank containing 600,000 cubic feet of ammonia fumes in New York City. One of the former service men is accredited with having rescued ten persons from a tenement which had become filled with the fumes.

A "party" which is said to have cost \$10,000 was given by L. Gordon Hamersley, who served as a lieutenant in the Sixth Field artillery of the First division, at his estate near Tarrytown-on-the-Hudson. The guests were disabled soldiers of the First division and members of the Jeff Felgl post of the American Legion.

Emergency officers of the army disabled during the war "don't belong" on the retired list of the regular army. Secretary Weeks told officials of the American Legion, who are fostering a plan for the retirement on retirement pay of the emergency officers of the World war.

The first woman to hold the position of adjutant of a state department of the American Legion is Miss Honorah H. Gittings, of California, Miss Gittings served during the war as a yeomanette in the navy. She is acting adjutant of the California department.

Failure to doff his hat when the funeral cortege of an American soldier passed, caused Adam Kosloski to lose his job as constable at Sauk Rapids. Minn. A complaint against Kosloski was filed by members of the American Legion.

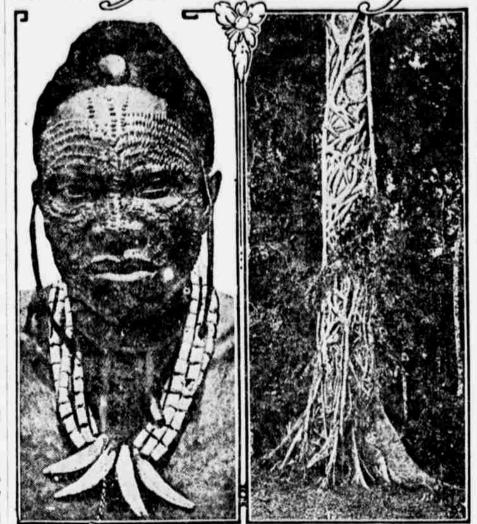
Five hundred deaf and dumb children of New York attended a showing of the film-play, "The Man Without a Country," as guests of the American Leg'on. Each child wrote an essay on Americanism based on impressions of the play.

Five hundred unemployed veterans of the World war in New York were given employment as movie supers in the studios at Mamaroneck, Long

The Mark-Hamilton post of the American Legion at Minneapolis is organizing its own band, orchestra, glee club, vaudeville teams and dramatic company.

Nashwauk, Minn., has turned over an abandoned school building to the American Legion for a club house, The building will be remodeled.

Natives 💅 🗸 Ralgiam Comgo



Chief of the Bapotos.

(Prepared by the National Geographic Society, Washington, D. C.) The natives of the interior of Africa are very different from those of the coast regions who have absorbed the worst that civilization has to offer, yet many a traveler, touching only the fringe of the Dark Continent, builds his ideas of its people on those corrupted by alcohol, European morals, and the passion for gain either by fair means or foul. In the Belgian Congo, for example, where are to be met typical negroes of the tropics, one finds people who are frankly savages, to be sure, with customs disrusting to the westerner but who hardly one will be found which is not naturally good-tempered, and in most instances hospitable and trustful.

Stanleyville, the chief station in natives, and there is no doubt that in their slave-raiding expeditions they have slaughtered them by the thousands, they certainly have taught them many a good thing. It was the Arabs who introduced rice. Madagascar potatoes, beans and many useful plants. They have taught the natives cleanliness and established schools in many

The town is much used as an outfitting point for expeditions but at times it is disappointingly short of supplies. In making trips up the Congo river from Stanleyville one must cross the river below the falls and have his luggage carted to a point on smooth water above the cataracts.

Queer Bambala Customs.

Among the people of Congo few possess stranger customs or present more curious contrasts than the Bambala tribe, who live in numerous villages on the banks of the Kwilu Jumba river in the southwestern part of the country. Each village is under its own chief, who holds the position by virtue of his wealth and is succeeded at his death by the next richest man of the tribe. His principal function is to act as money-lender to his subjects. No tribute is paid to the chief, but he has a right to the ribs of every human being killed for food and to the hind legs of each animal killed during the great hunts. If a not the only food forbidden to women; chief is young enough, he acts as leader in war; otherwise one of his sons takes his place.

Intermediate between the chief and the ordinary freeman is an hereditary class called muri, who may not eat human flesh nor yet the meat of fowls. They are distinguished by an iron cloth, which may not be removed by any one under penalty of death, even

The bracelet of a murl passes at death to the nephew (sister's son), who succeeds to the dignity, and the heir must steal the skull of his uncle. months, then the skull is exhumed, painted red, and placed in the house also drunk. its owner used to occupy. The nephew must gain possession of it at night without being observed, and, after hiding it for a few days in

If a muri is killed in war, his bracelet is sent home, but the skull has to traveler killed an elephant, which the be stolen as before from the hostile natives were at liberty to consume, village. The chief privilege of a blood, skin, and bones, if they pleased, member of this class is the right to a after they had eaten as much as they portion of each animal killed in hunt-

the bush, take it home to his hut.

Ordeal by Polson.

craft, parricide or of some minor of- human flesh.

Climbing Parasite in the Congo.

fense, he declares himself willing to take poison to prove his innocence.

The poison, which is derived from the bark of a native tree, is usually ground fine and mixed to a thick paste, from which are made five small loaves and these are administered one after the other to the defendant, During the next fifteen minutes, if it is a case of witchcraft, the bystanders call on Moloki (the evil principle) to come out.

The polson usually acts very quickly; it may kill the accused or cause purging or vomiting. The last-named effect alone is regarded as a proof possess good traits for all that, If of innocence. In the second case the the tribes are approached properly prisoner is compelled to dig a hole. He is then given a fowl to eat and enough palm-wine to make him quite intoxicated. After this he is laid in the stage. They don't build them so big same colors in the end." hole, or possibly goes and lays himnorth-central Congo, was a few years self down, and is then buried alive ago a strange mixture of an Arab, in order to prevent Moloki escaping European and negro town. Whatever | with his last breath. A large fire harm the Arabs may have done to the is kept alight on the grave for two days, and then the body is and enten.

An innocent man is carried around the village, decorated with beads, and his accuser pays a pig as compensation for the false charge.

Decorated With Scars.

In color the Bambala are very dark brown, the hair is absolutely black, and the eye a greenish black with a yellow cornea. The face is not of the ordinary negro type, but much more refined; thick lips, for example, are quite exceptional, and only a small proportion have flat noses.

Tattooing is not common, but both men and women "decorate" themselves with ornamental scars. They rise above the surface of the skin sometimes more than an inch.

The ordinary food consists of manioc flour made into a paste with water and boiled. The leaves of the plant are also eaten prepared with paimoil and pepper. Animal food is not limited to goats, pigs, and other domestic small fry, for, frogs excepted, everything helps to make a stew, from ants and grasshoppers up to man.

Human flesh is, of course, a special delicacy, and its use is forbidden to women, though they do not disdain to indulge secretly. Other titbits are a thick white worm found in paimtrees, locusts, rats, and blood boiled with cassava flour. Human flesh is they may not eat goat's flesh, hawks, vultures, small birds, snakes, animals hunted with weapons, crows, or parrots. To the rule against flesh killed with weapons there are two exceptions-the antelope and a small rat.

Rich people, who indulge in luxuries, ent kola nuts in great numbers. A bracelet and a special headcovering of kind of native pepper is known, and oil is obtained from the palm-nut. But the chief condiment is salt, which is If the offender did not interd to touch | made of the ashes of water plants. There is, however, a strong preference for the imported salt, which is in crystalline form as a rule, the crystals being perforated and strung on a string, which is dipped into the The corpse is buried for some two food-pot. On a journey salt is eaten as a stimulant and salt water is

> As regards animal food, if there is abundance it is simply boiled and eaten with the fingers. It must be remembered that meat for the Bambala is simply a bonbon, much as chocolates are for us. Once when a white wanted they went to him and asked for their dinner.

Cannibalism is an everyday occur-In disputes, where two people of rence, and, according to the natives the same village are concerned, a themselves, who display no reticence poison ordeal is employed as judge. except in the presence of state officials, Whether a man is accused of witch- it is based on a sincere liking for



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You Can Always Tell Him-He Knows His Home City Like the Proverbial Book.

The man who was born in New York and had lived there all his days gave old town as few know it. It's going to be a great pleasure for me to take discussing their prospects. you around, old man. This, of course, is Grant's tomb. Ha, ha!"

The westerner looked his surprise. "I laugh because it's so commonplace—so shopworn, so to speak. But nothing from the usual to the most uncommon . . . by George."

"What is it?" "Look-that big purple machine, with all the people. Looks like a del- Black and Orange; but it doesn't make egation of visiting Elks . . . or . . what in the name of time can

such a big, clumsy-" "New York city sightseeing bus!" yelled the man with the ballyhoo. "Takes you anywhere you want to go

Other People's Property. "The charge is burglary," remarked

the judge. "Your honor," said the hard-faced prisoner, "I'm a 'human fly' an' when de cops nabbed me I wuz just practicin' me profession."

"Um. What's a 'human fly?' " "Dat's a fellow what climbs up de sides of buildin's without any ropes or ladders, just usin' his hands an' feet." he would leave the glass clear and not fly,' you are not expected to carry off fad among some of the officials of the anything valuable you happen to find new administration, after you get above the ground floor." -Birmingham Age-Herald.

A Student's Wish. "History repeats itself." "Well, I wish arithmetic would sum self up.

Adam had one cause for rejoicing-

HERE'S GENUINE NEW YORKER AFTER THE FOOTBALL GAMES Man Who Had Been There Knew There Would Be Only One Dis-

tinctive College Color.

They were talking of their absent sons, and the fact that each of the a satisfied chuckle, "Yes, I know the fathers had a boy in a different college did not prevent them from amicably

"It won't be long," said one of the fathers, "before the athletic season opens, and then I think we'll hear something from the Orange and Blue."

"Yes," said another, "and there'll be while you're my guest you shall miss some shouting done by the Blue and Gray." "Of course," said the third father,

"and as my boy has gone to Prince ton, I'll have to put in a word for the such a great deal of difference. The . . It can't be a new Fifth avenue boys are bound to come under the

"No," said one. "Can't be arranged," said the other. "Oh, yes, it can!"

"To which colors do you refer?" "Black and Blue."-Philadelphia

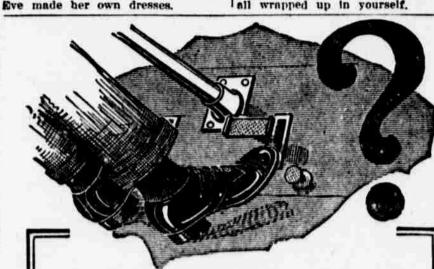
Secret Revealed.

Innumerable years yielded up a se cret at the statehouse today. When a janitor washed the transom in one of the rooms occupied by Ora Davies. state treasurer, it was disclosed that one of the glass windows was of clear instead of opaque glass. The accumulation of dust of years had given the glass a frosted effect. Mr. Davies said "I see, but even if you are a human cover the transom as has become a

"I'll take a chance on anyone coming along with a periscope," said Mr. Davies.—Indianapelis News.

You will never find time for anything. If you want time you must make It.

In warm weather it doesn't do to be all wrapped up in yourself.



Are you stepping on the brake or the accelerator?

The food you eat does make a difference,

Heavy, starchy foods often do slow down body and mind-often steal the energy that belongs to the day's work. Grape-Nuts is a goahead food. It contains the perfected nourishment of Nature's best grains. It includes all those elements needed to nourish body and brain. It is easy to digest. It gives energy without taking

How about your breakfast or lunch-does

Grape-Nuts is sweet, crisp, delightful to the taste, and is an ideal source of power for a busy and difficult day.

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