## Ohe AMEIICAN O.EEGONO

## 

"BACK-TO-HOME MOVEMENT"

 of ex-serrice women.
Mrs. Wheelock began helping the
United States win the war as early as the nasy. She caused to be presented
to congress petititons for notequate pree
paredness ntid is aceeredted with have
ing throukh her own efforts recruited tion of her services she was made a
chief yeoman in the eregurar service.
Mrs, Whectock is active in social
and civic nffiirs in New York nat is AMONG "BIRDS OF PASSAGE" That in mon tive warfare is shown in an editorial
from the Americen Legion Weekly
under the caption "Blis of Passage."
It follows: "Buried in the recent officin! list
of the number of army officers or all
krates who have contrived to sorvive grades who have contrived to survive
he congressonnt gutiotine appeared
this inconplicuons entry: "Ocond heutenants (all arms). 233 , 233 seond lieutenants left:
"nd once there must have heen that many thousand. Who slati now deny
that the war is over? Certianty while hardy pereunials, emerging full mown
from the trainting camps nat finally
from the runls, for wiss not fine top angels?
"Atter the Armistice, when divistonal
and regimental shows began to appear and regimental shows began to appear
alloover the A. E. F., the second lieu-
tenant won frext immortalty in the
quipk which Mr. Bones passed to Mr. quips which str. Rones passed to Mr.
Tambo, nud vice versa. It wns a
Token of hils popularity-for humanity thes not poke gentle fun at what it
hates.
"The The second heutennit is not ex.
thguished, Most of hmp has grad.
nated Into n first Heutenancy. West out its nnnual crop, bout even these the
will within an few months enter the POST NAMED FOR LIEUTENANT First American Artillery Otficer
in Action Is Honored by
Surviving Comrades.



fense, he declares himself wllling to
take polson to prove his itnocence.
The poison, which is derived from
the bark of a native tree, is usually

to come out.
The polson usually nets very quick-
Iy; it may kill the accused or cause purging or vomiting. The last-named
perect alone is regarded as a proof
of Innocence or innocence. In the second case the
prisoner is compelied to dig a hole.
If ts then given a fow to eat and
enourli enough palm-wne to make him quite
entoxicated. After this he is hald tithe the toxicated. After this he is haid in the
ole, or poossiby goess and lays him.
olf down, and tis then buried nilive In order to prevent soloki escaping
with his last breath. A Large fre
is kept allight on the Erave for two days, and then the body ts exhumed
and eaten.
An tuncent man is carried around

$\qquad$
 yelow cornea. The face is not of the
ordinary negro type, but much more
reflinel tero refined, thlck lips, for example, are
quite exceptional, and only a smail quite exceptional, and only a small
proportion have flat noses. but both
Tattoolng is not common, but men and women "decorate" them-
selves with ornamental scars. They
rise above the surfnce of the skin rise above the surface of the skia
sometimes more than an thch.
The ordinary food consists of manlo The ordinary food consists of manloc
four made into a paste with water
and bolled. The leaves of the plant and bolled. The leaves of the plant
are also eaten prepared with paim-
oll oll and pepper. Anlmal food ts not
nmited to goats, plgs, and other domestle small fry, for, frogs excepted,
meverthlng helps to make a stew, from ants nnd grasshoppers up to man.
Human flesh Is, of course, a spectal
dell Human flesh is, of course, a spectal
delicacy, and Its use is forbldden to
women, though they do not disdain o indulge secretly. Other titbits are
a thlek white worm found in parm-
ander weth, cassava, flour, Human flesh is
not the only food forbldden to women; not the only food forbldden to women;
they may not eat goats nesh, hawks,
vultures, hunted with weapons, crows, or par
rots, To the rule agalnst tlesh killed
$\qquad$
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$\qquad$ absundacee it is simply bolled and eat.
en with the tingers. It must be re nembered that meat for the Bambai
stmply a bonbon, much as choce hates are for us. Once when a white
lraveler killed an elephant, which the traveler killed an elephant, which the
natives were at llberty to consume nutives were at liberty to consurne,
hlood, skln, and bones, if they pleased,
nfter they had eaten as much ns they after they had eaten as much as they
wanted they went to hlm and usked wanted they went
for their dinner.
ence, and, according to the native hhemselves, who display no reticence
xcept In the presence of state officiats, is based on a sincere luiking for
uman flesh


| Can Always Tell Him-He Knows His Home City Like the Proverbial Book. | Man Who Had Been There Knew There Would Bo Only One Diatinctive College Color. |
| :---: | :---: |
| was born in New Y | were talking of thetr |
| day | sons, and the fayt that eacm |
| satistied chuckle, "Yes, I know | futhers had a hoy |
| town us few know it. It's | did not |
|  | discussjng |
|  | "It won't the long." sald one |
| Grant's tomb. Ha, ha! The westerner looked his surpr | fathers, "before the athletic orens, nud then I think w |
| "I laugh because its so commen- | something froh the Orange and Blue." |
| -so shopworn, so to speak. But |  |
| e you're my guest you stall miss | some shouting done |
| hing from the usual to the most |  |
| What is it $\dot{\gamma}$. by George." | "Of course," sald the thrd father, |
| "What is it?" | "and us my boy has gone to Pr |
|  | ton, Yit have to put in a word for |
| on of visiting | such a great deal of difre |
|  | boys are bound to come und |
| They don't bulld them so | snme colore |
| what in the name | "No," kald one. |
| blg, clumsy-" | "Can't be arranged," matc |
| ew York elty sightseelng bus 1" | "Oh, ye |
| an with the | , |
| "Takes you anywhere you want to see the sights."-Judge. | "Black and Blue,"-Philadelphis |
|  |  |
| Other People's Property. <br> e charge is burglary," remarked | Secret Revealed. <br> umerable years ylelded up a se |
|  |  |
| Your honor," sald the hard-faced | Jantor washed the transom to one of |
| oner. "Im a 'human Hy' an' when | the rooms occupled by ora Daviees |
| cops nabbed me I | er, It was disclosed that |
|  | glass windows was of clear |
| "Dat's a fellow what ellmbs up de | lation of dust of years had given the |
| of builin's withour | glass a frosted effect. Mr. Davies sald |
| dders, Just usin' his hands an' feet.' "I see, but even if you are a 'human | he wonld leave the glass clear and not |
| you are not expected to carry |  |
| thing valuable you happen to tind | new administrat |
| after you get above the ground tloor." -Birmingham Age-Herald. | ake a chance on anyone come |
|  | Davies.-Indlanapells News. |
|  |  |
| story repeats Itself." <br> ell, I wish arithmetic would sum | Yon will neval the you must |
|  |  |
| Adam had one cause for rejoletingWve made ber own dresses. | In warm weather it doesn't do to be wrapped up in yourself. |

Are you stepping on the brake or the accelerator?

## The food you eat does make a difference.

Heavy, starchy foods often do slow down body and mind-often steal the energy that belongs to the day's work. Grape-Nuts is a gothose elements needed to nourish body and brain. is easy to digest. It gives energy without taking energy.
How about
it give, or take?
Grape-Nuts is sweet, crisp, delightful to of power for a busy and difficult day.
"There's a Reason" for GRAPE-NUTS

