ME, SAYS TOWNS

Every Time I Sit Down to a Juicy Steak Now I Give Thanks to Tanlac, He Declares.

"Every time I sit down to a juicy steak now I give thanks to Tanlac for taking me off that milk and mush diet I had to live on for a year," said Joseph R. Towns, the well-known and popular proprietor of the Sanitary Meat Market, of Marshall, Mich.

"I had stomach trouble of the worst sort and was going down hill so fast I thought I would have to give up my business. I was so nervous and worried I dreaded to see night come, as it meant little for me and then in the morning I was so fagged out I dreaded to go to my market.

"The money I spent for Tanlac was the best investment I ever made. I never dreamed a medicine could do the work it did for me. Three bottles was all I needed to make me as sound as a dollar. I never felt better or more like working in my life than I do right now. I eat anything I want, my stomach is in good shape and I am brimful of energy. I sleep all night without turning over and get up in the morning as happy as a boy.

"Not only has Tanlac made me feel fit and fine, but I have also gained twenty-five pounds in weight. If anybody wants to know more about what I think of Tanlac let them come to me and I will be glad to tell them. It certainly hasn't an equal,"

Tanlac is sold by leading druggists everywhere,-Advertisement.

Inquisitive Lillian.

Lillian, four years old, has attended Sunday school and heard some things sie does not understand. Lillian said: "Mother, what is the

soul?" Mother replied: "Child, the soul is

the mind, the part of you that thinks." There was silence for a little bit and then Lillian said: "Mother, how will Got get wings fastened on to the mind?"

Mother did not answer. After a short silence Lillian said: "Mother, is God and central the same?"

By this time father had begun to take notice and unswered: "Not in our town."

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched ith much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medi-

Swamp-Root is a strengthening medisine. It helps the kidneys, liver and bladder do the work nature intended they

should do. Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney

medicine has so many friends. Be sure to get Swamp-Root and start reatment at once.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.

Got Them, Anyway.

The eccentricities of scientists are like those of artists, says Dr. Charles F. Baldwin of the United States public health service. There is, for instance, the classic example of Dr. Elie Metchnikoff of the Pasteur institute, who became famous for the discovery of the so-called bacillus of long life. the microbe which makes buttermilk sour. "he doctor was, quite naturally, fery particular about grapes and he was so careful that he washed each grape separately in his water glass. Then he drank the water in which he and washed them.—Philadelphia Led

Examine vacefully every bottle of CASTORIA, that famous old remedy or infants and children, and see that it Pears the Signature of Cart Hitchire
In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Important to Mothers

The Connecting Link.

One of the instructors in a preparatory school which professes to tutor youths desirous of entering college recently had an interesting time with a lad who was tackling biology.

"What," asked the tutor, "is the conbecting link, if any, between the anihal and the vegetable kingdoms?" "I think I know," said the boy. "It's

A Lady of Distinction

Is recognized by the delicate fascinating influence of the perfume she uses. A bath with Cuticura Soap and hot water to thoroughly cleanse the pores, followed by a dusting with Cuticura Talcum powder usually means a clear, sweet, healthy skin.

A Mixed Metaphor.

Speaking of mixed metaphors-an ex-doughboy was relating his experi-

ence somewhere over there. "I'll say it was some battle. I was up in the air for the time being with my back against the wall, but I resolved to die in the ditch rather than yield an inch, so I continued to advance regardless of the Jerries who were pressing me from the rear."-Hartford Times.

TELL 'EM TO SEE WEIGHTY POINTS ON ALFALFA HAY

Some Important Factors Cited That Help to Determine Market Prices of Product.

SIZE AND WEIGHT OF BALES

Inspection Service Varies Considerably at Different Centers-Few Bales of Off-Grade Hay Will Hurt Grade of Car.

(Prepared by the United States Depart-

ment of Agriculture.) While supply and demand are the principal factors which determine the market price of a product, there are a number of other factors which may be of considerable importance to the individual producer or shipper of hay. Size and weight of bale, character of inspection existing at prospective market, grading and the manner of interpreting the grades are among the more important of these factors, say marketing specialists of the bureau of markets, United States Department of Agriculture.

Size and Weight of Bale. The preference for bales of a certain size and weight is so marked in some of the important markets that premiums ranging from 50 cents to \$2 per ton are paid for bales of the size and weight desired. Bales may be roughly classed as small, medium and large in size. The small and medium sizes are sometimes designated as onequarter and one-third bales. The small bales are made in a perpetual press and are 14 or 16 by 18 inches, variable in length but usually about 36 inches tong. Medium bales are also made in a perpetual press and are 17 or 18 by 22 Inches and about 36 Inches long. Large bales are usually made in box presses and are about 19 by 23 by 46

The weight varies considerably, even though the bales are of the same size, as hay is pressed under varying conditions and by baters having a wide range in tension. According to the department's marketing specialists hay should be pressed sufficiently tight that the wires will hold well, and so that the required weights can be loaded into cars. Difficulty is experienced In some sections in loading cars to the minimum weight, because the hay is pressed too loosely.

The character of the inspection service varies considerably in different markets. Besides the various



Selling Hay by the Auction Method at a Market Using a "Plug" Method of Inspection.

methods now generally designated as warehouse, car-door, plug and bale inspection, there is a difference in applying the grades. Some inspectors give the entire carload the grade of the poorest quality of hay found in it. Other inspectors endeavor to apply an average grade.

Some of these practices are hardly fair to the shipper, but so long as they exist the shipper must meet the situation in the best manner possible. Uniform loading is probably one of the most important methods of obtaining satisfactory grades.

Mixed Cars Unsatisfactory.

In some sections the alfalfa meadows are allowed to stand until they contain a large quantity of weeds and grass. In other sections other grasses are sown with the alfalfa for hay. When loading any mixture the greatest care should be exercised to have the hay loaded into any one car all of the same degree of mixture. This suggestion applies also to hay of different quality because of bleaching

or damage. Many shippers make the mistake of thinking that a few bales of off-grade hay will not burt the grade of a car but will be accepted along with the good hay or at only a small discount. Unless the market is very strong the hay usually will be accepted only at a heavy discount, and frequently the whole car will be rejected. If the car is accepted it will be taken only at the price value of the poorest hay found

in the car. For best results in marketing alfalfa bureau of markets officials caution

shippers: To ship bales of size and weight de-

stred by buyer. To ship grade desired and not to include hay of other grades or mixtures. To insist upon official inspection certificates which show the netual grade of the hay in the car if cars are officially inspected by regular inspectors located at important markets.

CLUB BOYS IN GREAT CONTEST AT ATLANTA

Teams From Many States to Compete for Prizes.

Seven Winners Will Be Given Trip to English Royal Stock Show-Leaders and Members Are Showing Interest in Event.

(Prepared by the United States Department of Agriculture.)

Probably the greatest gathering of boys in the history of club work will take place at Atlanta, Ga., October 19 to 21, 1921, when club boys representing practically every section of the United States will take part in an international club judging contest. The seven winners in this contest will be given a trip to the English royal stock show, and hundreds of dollars will be distributed as additional prizes, This contest is under the supervision of club leaders representing the state



A Pig Club Boy Preparing His Prize Pig for the Show Ring.

agricultural colleges and the United States Department of Agriculture.

Many club leaders and members are showing an interest in the contest and have expressed their willingness to send judging teams. The team from Texas, which defeated the entire field last year, is now completing preparations for the trip to Europe. That state will be represented again at the contest in Atlanta, but this year there will be more competition, for teams from Mississippi, Louisiana, Virginia, Oklahoma, Florida, Arkansas, Alabama, Kentucky, North Carolina and South Carolina are preparing to enter. Several other states in the North and West have signified their willingness to send teams to the contest if suitable arrangements can be made.

VALUE OF DOCKAGE IN WHEAT

Material Sometimes Contains Quantities of Nutritious Grain, Good for Farm Use.

Dockage found in wheat in some instances is of real value, while in others it not only may have no value but often may contain ingredients that are positively harmful if ground with the wheat, say specialists of the United States Department of Agriculture. The value of dockage, therefore, depends on the value of the material separated from the wheat. Dockage frequently contains quantities of nutritious grain and weed seeds, as flaxseed, wild oats, or other cereal grains. Much of this material can be used to good advantage as poultry or stock feed. Wild mustard and flaxseed can be removed from the dockage in practically a pure state by the use of special cleaning machinery, such as is sometimes found in terminal elevators and the larger flour mills, but even then the cost of cleaning will be considerable, and when so separated will ordinarily command a fair price.

Under the dockage system of the federal standards, the amount of forelgn material separated and considered as dockage is deducted from the weight of the wheat purchased and, in any event, does not affect the grade of the clean wheat. This results in a higher grade and the price paid is on the basis of this grade for the dockagefree wheat.

CULLING OF CHICKEN FLOCKS

One Virginia Farmer Reports Selling Fowls to Amount of \$70 Without Lessening Eggs.

Good reports continue to come into the county agent at Smyth county, Va., from those who have taken advantage of the poultry-culling work given by him. There is still a great demand for information concerning the cuiling of flocks. One farmer reports that he sold chickens amounting to \$70 without reducing his egg production at all. Another reports that he sold poultry amounting to \$72.50 and is now getting just as many eggs as

RENOVATE OLD POTATO BINS

All Growers Are Warned to Thoroughly Disinfect All Storage Places Before Using.

Every grower who experienced trouble with dry rot in his potatoes is warned by A. G. Tolaas of University farm, chief inspector of the potato seed department, to disinfect thoroughly all bins before using them again. Either a solution of formaldehyde in ten gallons of water, or a solution of bluestone (copper sulphate) consisting of one pound of the bluestone dissolved in ten gallons of water, should be used for this purpose.

IMPROVED UNIFORM INTERNATIONAL

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.) (©. 1921, Western Newspaper Union.)

LESSON FOR AUGUST 14

PAUL IN ICONIUM AND LYSTRA.

LESSON TEXT-Acts 14:1-28.
GOLDEN TEXT-Thou shalt worship the Lord thy God, and Him only shalt thou serve.—Matt. 4:10.
REFERENCE MATERIAL—Matthew

PRIMARY TOPIC-Paul Heals a Crip-

JUNIOR TOPIC-Paul's Narrow Escape at Lystra. INTERMEDIATE AND SENIOR TOPIC -Early Adventures in Asia Minor, YOUNG PEOPLE AND ADULT TOPIC -Examples of Paul's Missionary Methods.

I. Paul and Barnabas Preaching at Iconium (vv. 1-7).

As to their work in Iconium observe:

1. Their manner of preaching. This is suggested by the little word "so" in verse 1. They "so" spake that a great multitude believed. They were true preachers. Only that which brings conviction of sin and induces decision for Christ can be truly said to be preaching in the biblical sense. The same is true of the Sunday school teacher. Let every Sunday school teacher at all times have as his supreme aim to bear the gospel of Christ so as to induce decision for Christ.

2. Their attitude toward opposition. This is suggested by the word "therefore" in verse 3. "Long time therefore they tarried." The opposition did not prevent their preaching, but incited them to continue preaching. Christian workers should learn not to give up work because of opposition.

3. The Lord accompanied their preaching with miracles (v. 3). Since the opposition was so flerce, special help of the Lord was needed.

4. The effect of their preaching (v. 4). The multitude of the city was divided. Where men faithfully preach the gospel there will be division.

II. Attempt to Worship Paul and Barnabas as Gods (vv. 8-18).

1. The occasion (vv. 8-10)-the healing of the lame man. God's gracious power exhibited in healing this lame man occasioned a new difficulty. That which ought to have been a help was turned into a hindrance. The man was a confirmed cripple. He had never walked. He heard Paul's preaching, which caused faith to be born in his heart (Rom. 10:17). When Paul perceived that he trusted Christ, he called with a loud voice that all could hear for the man to stand upright. The cure was instant, for he leaped up and dies, and when his sister in Mobile told you before you got it that you walked (v. 10). There was no magnetic touch, no treatment, only the command, and the naturally impossible became the possible and the real.

2. The method (vv. 11-13). They called Barnabas Jupiter and Paul Mercury, because he was the chief speaker. The priest of Jupiter brought oxen and garlands ready to offer sacrifices unto those men (v. 11). If they had only known, in the person of Jesus Christ God had actually appeared to men (John 1:14; Phil. 2:7, 8).

3. Their efforts frustrated (vv. 14-18). This foolish act was happily averted by the tact of the apostles, as exhibited in the address of the occasion. (1) They deny that they are divine beings and declare that to worship beings with like passion to themselves is criminal. (2) They direct them to turn away from these vain things unto the living God who made heaven and earth and has ever left witness of Himself in that He has always done good, giving rain and fruitful seasons, filling their hearts

with gladness. III. The Stoning of Paul (vv. 19-22). Wicked Jews from Antioch and Iconium pursued Paul with relentless hate to this place, where they stirred up the very people who were willing to worship them a little while ago. This shows that satanic worship can soon be turned into satanic hate. This hatred took form in stoning Paul and dragging him out of the city for dead. God raised him up, and with undaunted courage he pressed on with his duties as a missionary bearing the good tidings to the lost.

Soon after this Paul turned back and revisited the places where he had preached, telling them that through great tribulation they must enter into the kingdom of God.

IV. The Organization of Churches in the Field (vv. 23-28).

Evangelization with Paul did not mean a hasty and superficial preaching of the gospel but the establishment of a permanent work. Elders were appointed in every church. The work of the missionary is not done until there are established on the field self-governing and self-propagating

What Is Man?

What is man that thou shouldest magnify him? and that thou shouldest set thine heart upon him? and that thou shouldest visit him every morning, and try him every moment?-Job 7:17, 18.

The Dwelling Place of the Lord. Then said Solomon, the Lord hath said that he would dwell in the thick darkness. But I have built an house of babitation for thee, and a place for thy dwelling forever .- II ChroniMaking It Worth While,

"Whew!" exclaimed the agent for a fireless cooker, as he mopped his steaming brow.

"What's wrong?" asked the passing postman.

"I told a woman across the street that I was selling a device that would enable her to spend every afternoon at the movies." "Well?"

"She wanted to know if I'd throw JOHN N. WESTBERG, Butte City, Calif. in a season pass.—Birmingham Age-

ALLEN'S FOOT-EASE DOES IT

When shoes pinch or corns and bunions sche get a package of ALLEN'S FOOT= EASE, the antiseptic powder to be shaken into the shoes. It takes the sting out of corns and bunions, gives instant relief to Smarting. Aching, Swollen feet. 1,500,600 pounds of powder for the feet were used by our Army and Navy during the war.

Daddy's Usual Time. Mother was entertaining a few

friends, and her young hopeful was planted in the center. "Whom do you like best?" asked

one friend. "Mother," was the reply.

"Who next?" asked another,

"My little sister."

"Who next?" "Uncle Jack."

Father asked: "And when do I come in?" "At two in the morning." was the reply.

Do you know why it's toasted? To seal in the delicious Burley flavor It's toasted.

NOTHING NOVEL ABOUT THAT

Old Joe Had Tried "Electricity" and Found It Was No Cure for Rheumatism.

Old Joe Carter had suffered from rheumatism until, he declared, he had "no patience with it," but he was always eager to hear of possible reme- the other darky. "You remember I wrote that she knew of a cure that would never get your money back." had been tried with great success, and would tell all about it on her next

visit, old Joe was all excitement. "Now, Mary!" he exclaimed to his did." sister, eagerly, a few minutes after she had reached the house, "you-all tell me 'bout dat cure for rheumatism! I was so anxious I could hardly wait fo' yo' to git heah!"

"Well, Joe," began the sister, "it's

electricity and-" Before she could confinue Old Joe

interrupted. "De idea, Mary, of yo' comin' heah suggestin' dat to me! Don't you-all remember dat only last summer I was

strucked by lightning, and it didn't do me no good?" - Philadelphia Ledger. Beneath Him.

"But didn't Opportunity ever knock at your door?" "Probably." "And you didn't answer it?" "I? Certainly not! What do you

think the servants are for?"-Boston

A woman's idea of economy is to have things charged.

Transcript.

-FOR SALE-

CALIFORNIA LAND

To acrea, located in Glenr Co., Cal., Is mile to school and two miles to town. All of tract in cultivation. Soil is silt learn with almonds main crop. Orekard of 750 almond trees. Can be irrigated by well if needed. No improvements. This almond orchard lies on the Oroville-Willows lateral of the state highway and will soon be paved, making this an exceptional buy. Price is \$500 per acre with possession to be arranged. For further information write or see



KODAK USERS

Cut your finishing bill in half. Film developed 5c each roll;

prints, any size, 3c each. CAMERA JACK Box 6006, University Place, Neb. DON'T FOOL WITH INDIGESTION Send for Alpha Indigestion Tablet and get relief. No money necessary, mail us postal and we will send you a bottle containing three weeks' treatment, C.O.D. Parcel post 75c.

ALPHA REMEDIES
1011 Arch Street Philade Enslow Floral Co. 131 So. 12th : Lincoln, Neb.

NO LOSS IN THAT VENTURE Darky Got More Out of Garden Than Ever the Owner Was Lucky

Enough to Get. Not long ago a couple of negroes who had long before been neighbors in a southern state rather unexpectedly met in Philadelphia, Of course, they talked of old times in the South and one of them remarked:

"How bout dat truck garden, Joe? When I left you had jest taken it over. Did it pay?"

"Well," said Joe, "I didn't have noth-

ing to complain 'bout," "I always had a mighty pore opinior 'bout dat truck garden," continues

"But I did get my money back," returned the other. "I made more outter that garden than the owner ever

"You don't say so?"

"I shore does," continued the other, "I got the rent out of it, and that's what the owner never got!"-Philadelphia Ledger.

Nothing Serious.

They met at a dance, and after a few dances together sat down.

Silence followed. He looked at her, she looked at him.

More stience. Then at last George asked:

"Daisy, will you be my--"Oh, George," cried Daisy, "this is so sudden! Give me a little time-"

cluded George. "To get my breath back," also continued Daisy between puffs. "I haven't quite recovered from the last shuffle

vet."-The Pittsburgh Chronicle.

"Partner for the next dance," con-

An income tax is the price of admission to a theater.

Mental butterflying at 2 a.m. A great indoor sport for thoughtless people

One of the surest ways to become physically incapable of doing your best work is to get only snatches of sleep-broken by disturbing dreams.

If your sleep is being disturbed by drinking tea or coffee, you may be sowing the seeds of a nervous breakdown.

Do not wait until your nerves are affected by the drugs, thein and caffeine, in tea or coffee. Protect your strength, vitality and endurance.

Have sound, restful sleep, and wake refreshed and fit for any task.

Postum, the delicious cereal beverage, with its golden-brown richness and coffee-like taste, will

let Nature restore your coffee-irritated nerves, and bring you sound, refreshing sleep.

Postum is wholesome and acts in a normal way. It possesses the advantages of a hot drink, without the ill effects of tea or coffee.

Drink Postum for a week or two. See what a difference it will make in you!

"There's a Reason."

Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made

by boiling for 20 minutes. At all grocers.