

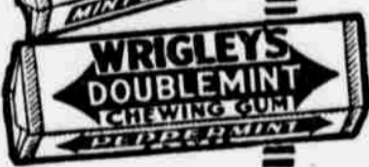
WRIGLEYS

"After Every Meal"



Next time you want to concentrate on a piece of work just slip a stick of WRIGLEY'S between your teeth.

It's a wonderful help in daily tasks — and sports as well.



Hazards disappear and hard places come easy, for WRIGLEY'S gives you comfort and poise—it adds the zest that means success.

A great deal for 5c

SEALED TIGHT KEPT RIGHT

The Flavor Lasts



B11

It's awful to hear a tomat tell another tomat to go to the devil.

Red Cross Ball Blue is the finest product of its kind in the world. Every woman who has used it knows this statement to be true.

Willing to Serve. "Want to go on an investigating committee?" "If it is headed in the right direction, I don't mind investigating ice conditions in Havana harbor."—Louisville Courier-Journal.

All Settled. "Do you think your father will forgive us for eloping?" "I'm sure he will," answered the bride.

"How can you be so sure?" "Well, you see, dear, I felt a little nervous about it, so I asked him before we started."—Boston Transcript.

Kinds of Berries. One kindergarten teacher was instructing the class in nature study, and was asking the children to name as many kinds of berries as they could. Raspberry, strawberry, gooseberry and huckleberry were mentioned, but the list was not complete without the last "berry."

Johnny stood up in his anxiety to be the first to name it. "Library, library is another one," he announced.

Sight Regained After 23 Years. Mrs. Jenkins, wife of a mason living at Fleur-de-Lis, a little village near Pengam, in Monmouthshire, has just recovered her sight after being completely blind for 23 years. She was struck by lightning 23 years ago, and in consequence of the shock she lost her sight a year afterward. She also became subject to trances, some of which lasted as long as 14 days. On Saturday night she suddenly exclaimed to relatives in the house: "I can see," and began to describe the objects around her. Her doctor believes the recovery will be permanent. —London Times.

Located. Maud—"If the third finger is for the wedding ring, which is for divorce?" Marie—"The finger of scorn."

Cuticura Comforts Baby's Skin. When red, rough and itching with hot baths of Cuticura Soap and touches of Cuticura Ointment. Also make use now and then of that exquisitely scented dusting powder, Cuticura Talcum, one of the indispensable Cuticura Toilet Trio.—Adv.

Thought She Was a Parrot. "You are charged with being drunk and disorderly, sir." "Your honor, there must be a mistake somewhere. I had a few drinks, but I'm sure I wasn't disorderly." "The young lady cashier who had you arrested says you were poking crackers through the brass bars of her cage and saying, 'Pretty Polly, pretty Polly.'"—Birmingham Age-Herald.

It Was His Brother! At a crowded dance one evening a fellow I had just finished the previous dance with bumped into me. Feeling indignant at him for having trampled on my pet corn and new satin slippers, I exclaimed to my partner, "That fellow is about as light on my feet as the bird they call the elephant." "Yes, it's too bad. My brother is just learning to dance and you know, the first hundred years are the hardest," was the unexpected reply. —Chicago American.

Smart Dog. "I've just paid three dollars for an alarm clock, and I consider it positively disgraceful!" grumbled Brown one evening.

"But why buy an alarm clock?" answered Jones. "I have a dog that is as good as any alarm clock. He barks every morning at 5:30 o'clock."

"What a wonderful dog!" remarked Brown, without much enthusiasm. "Yes," continued Jones, "all I have to do is to get out of bed and hit the dog, and then he barks, and I know it is time to get up."

It's Really Amazing the amount of nourishment you'll find in a small dish of Grape-Nuts

with cream or good milk added

Sweet with its own sugar, developed from the grains in the wheat, this sturdy blend of wheat and malted barley contains, in compact form and at low cost, the nutritive and mineral elements needed to build health and strength.



The American Legion

(Copy for This Department Supplied by the American Legion News Service)

MILLIONS FOR WAR MEMORIAL

Indiana Legislature Appropriates Nearly \$10,000,000 for Legion Structure at State Capital.

A suitable national headquarters building of the American Legion in Indianapolis was assured with the passage of three bills by the state legislature, appropriating almost \$10,000,000 for a war memorial structure, which will house the Legion's main offices.

Five city blocks in the heart of Indianapolis will be used for the memorial project. The building will be erected in the middle block, with the remaining plots transformed into a magnificent city plaza. At one exterior of the memorial site is located the Federal Postoffice building, erected at a cost of \$6,000,000. Facing the outer end of the plaza is the \$3,000,000 city library.

Tentative plans for the construction of the buildings are now in the hands of a state commission, of which Postmaster General Will H. Hays is a member. Selection of the architect will be made by the National Institute of Architecture, following a contest in



DR. T. VICTOR KEENE.

which all architects of America have been invited to participate. The legislature set aside a fund of \$100,000 to defray expenses of the contest and to award the artist whose designs and plans are adopted a prize of \$50,000.

Invitations have been issued to national headquarters of the Grand Army of the Republic, the Women's Relief Corps, Service Star Legion, American War Mothers, Spanish War Veterans and Women's Auxiliary of the Legion to occupy quarters in the Memorial building along with the Legion.

To Dr. T. Victor Keene, national executive committee member of Indiana, will go much of the credit for making the war memorial possible. Dr. Keene fathered the movement from its infancy and fought for it when other Legionnaires, although supporting the fight, were fearful of success. Dr. Keene was the first officer of the reserve corps of any branch of service called to active duty during the World War. He was a colonel, medical corps, in command of base hospital 70 overseas.

THE "MOTHER OF THE BONUS"

Friendly Title Assigned to Kansas Woman Member of the Legislature and Called "Legislady."

Mrs. Ida M. Walker, first woman member of the Kansas legislature, is honored by American Legion members of that state with the title of "Mother of the Bonus," for it was Mrs. Walker who drew up and pushed through a state bonus, which grants ex-service men one dollar for each day of military or naval service during the World War.

Although Mrs. Walker cannot qualify for membership in the Legion or in its Women's Auxiliary, she has been a tireless worker for the cause which brought the organizations into existence, and for which they now stand. During the World War she was state director of women's work in the Belgian relief fund and also served as food administrator for her county. The "Mother of the Bonus" also assists her husband in the publication of a weekly newspaper and is a former president of the Kansas Federation of Women's Clubs.

The advent of Mrs. Walker to the legislature resulted in the coining of a new word. At loss to distinguish between male and female members, the recent session decided to refer to women lawmakers as "legisladies."

AID FOR THE LEGION BOYS

Directory of General Information of Special Interest to All Ex-Service Men.

To aid the veteran of the World War to adjust his affairs with the government and to settle other interests of ex-service men, the American Legion has published the following directory of information centers:

COMPENSATION CLAIMS: Compensation and Claims Division, Bureau of War Risk Insurance, Washington, D. C. Outstanding claims which cannot be adjusted locally and those which have long been held up by complications in correspondence with official bureaus may be submitted for adjustment to the Compensation Editor, The American Legion Weekly, New York City.

GOVERNMENT INSURANCE: Insurance Division, Bureau of War Risk Insurance, Washington, D. C.

ALLOTMENTS AND ALLOWANCES: Allotments and Allowance Division, Bureau of War Risk Insurance, Washington, D. C.

VOLUNTARY ALLOTMENT: Allotment Division, Army Finance Office, Washington, D. C.

SIXTY DOLLAR BONUS: Bonus Section, Army Finance Office, Washington, D. C.

LIBERTY BONDS: Bond Branch, Army Finance Office, Washington, D. C.

ADDITIONAL TRAVEL PAY CLAIM: Additional Travel Pay Section, Army Finance Office, Washington, D. C.

VOCATIONAL TRAINING: Apply by letter or in person to District Vocational Office, Federal Board for Vocational Education, at one of the fourteen regional offices; or write directly to Rehabilitation Division, Federal Board for Vocational Education, Washington, D. C.

HOSPITALIZATION OR MEDICAL TREATMENT: Apply to either (1) District Supervisor, U. S. Public Health Service in one of fourteen regional districts; (2) Field Examiner at one of eight branch offices of Bureau of War Risk Insurance; or (3) write directly to Surgeon General of the Public Health Service, Washington, D. C., or to Hospital Division, Bureau of War Risk Insurance, Washington, D. C.

CIVIL SERVICE: Civil Service Commission, Washington, D. C.

VICTORY MEDALS: Apply to nearest Main Recruiting Office, or write to Victory Medal Section, Adjutant General's Office, Washington, D. C.

LOST DISCHARGE PAPERS: Apply to the Adjutant General of the Army, Washington, D. C.; The Bureau of Navigation, Washington, D. C.; or to the Major General Commandant, U. S. Marine Corps, Washington, D. C.

SIGNAL CORPS PHOTOS: Photographic Section, U. S. Signal Corps, Washington, D. C. Catalogue listing titles of Army photos and giving prices of various sizes may be consulted at most public libraries.

LAND: Apply by letter or in person to either the Public Land Office, Department of the Interior, Washington, D. C., or to any one of the branch offices throughout the country.

LAWS AND PENDING LEGISLATION: For information as to both national and state legislation, apply to Chairman, State Legislative Committee, American Legion, your Department Headquarters.

GRAVES (Service to Dead): Cemeterial Branch, Quartermaster General's Office, Washington, D. C.

EMPLOYMENT: Apply to employment officer of Legion post, or to employment officer of Department Headquarters. If employment offices are not maintained by your post or department, your inquiry will be referred to the proper authorities.

LEGION LAWMAKER ALL THERE

Youngest Member of North Dakota Legislature Produces Results for His Fellow Buddies.

To Robert J. Boyd, a member of Gilbert C. Grafton Post No. 2 of the American Legion at Fargo, N. D., goes the honor of being the youngest member of the house of representatives of the North Dakota legislature. He is twenty-five years old.

A former president of the Fargo Trade and Labor assembly and an active member of the Pressmen's union at Fargo, Mr. Boyd was active in support of several bills advantageous to organized labor. He was also a strong advocate of legislation backed by the North Dakota department of the Legion.

Among the results of his work are: the passage of bills making Armistice day a legal holiday, protecting the Legion emblem and increasing tax for bonus fund from three-fourths to one mill on taxable property. He also led the fight which resulted in the passage of a resolution urging congress to pass the Fordney five-fold compensation bill, a measure backed by the Legion.

Victory for the Legion.

The closing of the United States public health service hospital for tubercular ex-service men at Markleton, Pa., by order of Assistant Secretary of the Treasury Ewing LaPorte, is regarded by American Legion officials as a great victory for the ex-service men's national policy in regard to disabled veterans. This hospital was first denounced as an improper place for the treatment of tubercular ex-service men by F. W. Galbraith, Jr., national commander of the American Legion, in a speech in Philadelphia last November. His stand followed numerous investigations made by government authorities, and a public appeal from 96 tubercular veterans being treated there.

First in Membership Contest.

In the first published list of leading posts in the Kansas membership contest of the American Legion, Cal Mathewson post No. 280 of Edmond, Kan., takes first place. Next in order are the Legion posts at Sterling, Elkhardt, Weir and Logan. Seventy-eight posts in Kansas have already passed their 1920 membership, while ten posts have no delinquent members.

Mrs. Robert O. Reynolds



"I have actually gained twenty-five pounds and I just think Tanlac is the greatest medicine in the world," said Mrs. Robert O. Reynolds, 127 North Denver St., Kansas City, Mo.

"For ten long years I suffered from a very bad form of rheumatism, stomach and nervous troubles. My appetite was very poor. What little I did eat soured on my stomach and I suffered the most severe pains in my back, hips and shoulders. My rheumatism was so bad that I could not raise my hands to comb my hair and my arms hurt me to my finger tips. I became so weak and run down that I lost all my energy and life had become almost a burden. I tried many things but nothing helped me.

"I had only taken my first bottle of Tanlac when I noticed my appetite was improving and I could sleep better at night. I have taken three bottles and the way it has helped me and built me up is really astonishing. I can eat anything and everything without the slightest disagreeable after-effects. I sleep just fine at night and am in better health than I have been for years. I am glad to give this statement, hoping that any who are suffering as I did may experience the same wonderful results which I believe they will if they give Tanlac a fair trial."

Tanlac is sold by leading druggists everywhere.—Adv.

Inseparable. "Waggle and his young wife are inseparable, aren't they?" "Yes; he calls her his altar ego."

Education is only like good culture. It changes the size but not the sort.—H. W. Beecher.

WOMEN OF MIDDLE LIFE

A Dangerous Period Through Which Every Woman Must Pass

Practical Suggestions Given by the Women Whose Letters Follow



Afton, Tenn.—"I want other suffering women to know what Lydia E. Pinkham's Vegetable Compound has done for me. During the Change of Life I was in bed for eight months and had two good doctors treating me but they did me no good. A friend advised me to take Lydia E. Pinkham's Vegetable Compound, which I did, and in a short time I felt better. I had all kinds of bad spells, but they all left me. Now when I feel weak and nervous I take the Vegetable Compound and it always does me good. I wish all women would try it during the Change of Life for I know it will do them good. If you think it will induce someone to try the Vegetable Compound you may publish this letter."—Mrs. A. KELLER, Afton, Tenn.

Mrs. Mary Lister of Adrian, Mich., adds her testimony to the value of Lydia E. Pinkham's Vegetable Compound.

to carry women safely through the Change of Life. She says: "It is with pleasure that I write to you thanking you for that wonderful medicine has done for me. I was passing through the Change of Life and had a displacement and weakness so that I could not stand on my feet and other annoying symptoms. A friend told me about Lydia E. Pinkham's Vegetable Compound and the first bottle helped me, so I got more. It cured me and I am now doing my household work. Your medicine is certainly woman's friend and you may use this testimonial as you choose."—Mrs. MARY LISTER, 608 Frank Street, Adrian, Mich.

It is said that middle age is the most trying period in a woman's life, and owing to modern methods of living not one woman in a thousand passes through this perfectly natural change without experiencing very annoying symptoms.

Those mothering spells, the dreadful hot flashes that send the blood rushing to the head until it seems as though it would burst, and the faint feeling that follows, as if the heart were going to stop, those sinking or dizzy spells are all symptoms of a nervous condition, and indicate the need for a special medicine.

Lydia E. Pinkham's Vegetable Compound is a root and herb medicine especially adapted to act upon the feminine system. It acts in such a manner as to build up the weakened nervous system and enables a woman to pass this trying period with the least possible annoying symptoms.

Women everywhere should remember that most of the commoner ailments of women are not the surgical ones—they are not caused by serious displacements or growths, although the symptoms may be the same, and that is why so many apparently serious ailments readily yield to Lydia E. Pinkham's Vegetable Compound, as it acts as a natural restorative and often prevents serious troubles.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

Makes Hard Work Harder

A bad back makes a day's work twice as hard. Backache usually comes from weak kidneys, and if headaches, dizziness or urinary disorders are added, don't wait—get help before the kidney disease takes a grip—before dropsy, gravel or Bright's disease sets in. Doan's Kidney Pills have brought new life and new strength to thousands of working men and women. Used and recommended the world over. Ask your neighbor!

A Nebraska Case

F. J. Kabley, prop. blacksmith shop, Crete, Neb., says: "My back and kidneys gave out. When I bent over I could hardly straighten up because of the sharp pains through my kidneys. My kidneys acted irregularly and the secretions were highly colored, and then again clear. I decided to try Doan's Kidney Pills and used them until I was cured."

Get Doan's at Any Store, 60c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

TOO LATE

Death only a matter of short time. Don't wait until pains and aches become incurable diseases. Avoid painful consequences by taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles—the National Remedy of Holland since 1666. Three sizes, all druggists.

Look for the same Gold Medal on every box and accept no imitation.



126 MAHMOOTH JACKS

I have a bargain for you, come quick. W. L. DeCLOW'S JACK FARM. Cedar Rapids, Iowa.