

## WOMAN AVOIDS AN OPERATION

Hope Nearly Gone, but Lydia E. Pinkham's Vegetable Compound Saved Her

Star, N. C.—"My monthly spells gave me so much trouble, sometimes they would last two weeks. I was treated by two doctors without relief and they both said I would have to have an operation. I had my trouble four years and was unfit to do anything, and had given up all hope of ever getting any better. I read about your medicine in the 'Primitive Baptist' paper and decided to try it. I have used Lydia E. Pinkham's Vegetable Compound and Lydia E. Pinkham's Liver Pills for about seven months and now I am able to do my work. I shall never forget your medicine and you may publish this if you want to as it is true."—Mrs. J. F. Hussey, Star, N. C.

Here is another woman who adds her testimony to the many whose letters we have already published, proving that Lydia E. Pinkham's Vegetable Compound often restores health to suffering women even after they have gone so far that an operation is deemed advisable. Therefore it will surely pay any woman who suffers from ailments peculiar to her sex to give this good old fashioned remedy a fair trial.

**LINCOLN SANITARIUM**  
SULPHO SALINE SPRINGS

Located on our own premises and used in the Natural Mineral Water Baths Unsurpassed in the treatment of **RHEUMATISM** Heart, Stomach, Kidney and Liver Diseases

Moderate charges. Address **DR. O. W. EVERETT, Mgr.** Lincoln, Neb. 14th and M Sts.

Canada's Rich Coal Mine. The coal deposit at Lampman, Sask., Canada, is believed to be one of the best of its kind in the world, and one of the greatest assets of the province, according to the investigators who recently made an examination of the location. They estimated that there are 32,000,000 tons of coal in the two and three-quarter sections of land in which the coal is located.

Cuticura Comforts Baby's Skin When red, rough and itching with hot baths of Cuticura Soap and touches of Cuticura Ointment. Also make use now and then of that exquisitely scented dusting powder, Cuticura Talcum, one of the indispensable Cuticura Toilet Trio.—Adv.

Thieves are bound to their profession by hooks of steel.

### Back Giving Out?

Is backache making you miserable? Do you feel all worn out—as if you just can't keep going? Likely your kidneys are to blame. A cold, strain or overwork has probably weakened the kidneys and caused that dull backache and annoying kidney irregularities. Don't ignore these warnings. Use **Doan's Kidney Pills**. Doan's have helped thousands. They should help you. Ask your neighbor!

**A Nebraska Case**

Mrs. N. S. Thompson, 7th and N Sts., Auburn, Neb., says: "My back was weak and ached continually. There seemed to be a heavy weight across my back. I had known of the good qualities of Doan's Kidney Pills and gave them a trial. They helped me in a short time and I have had no trouble since."

Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

### Quickly Relieves Constipation

Don't let constipation poison your blood and curtail your energy. If your liver and bowels don't work properly take **CARTER'S LITTLE LIVER PILLS** today and your trouble will be relieved. For dizziness, lack of appetite, headache and blotchy skin try them. Purely vegetable. Small Pill—Small Dose—Small Price

### Children's Coughs

may be checked and more serious conditions of the throat often will be avoided by promptly giving the child a dose of safe **PISO'S**

## SUNDAY SCHOOL LESSON

By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago. (65, 19th, Western Newspaper Union.)

### LESSON FOR JANUARY 23

#### PROMOTION IN THE KINGDOM.

LESSON TEXT—Matt. 20:17-28. GOLDEN TEXT—The Son of Man came not to be ministered unto, but to minister, and to give His life a ransom for many.—Matt. 20:28. REFERENCE MATERIAL—Matt. 19:27-29; Mark 10:32-45; Luke 22:31-30. PRIMARY TOPIC—Wanting More Than Our Share. JUNIOR TOPIC—How to Win First Place. INTERMEDIATE AND SENIOR TOPIC—Right and Wrong Ambitions. YOUNG PEOPLE AND ADULT TOPIC—Greatness Through Service.

I. Jesus Foretells His Death and Resurrection.

1. The King on His way to Jerusalem (vv. 17-19). This is His last journey to the beloved city. He took the twelve disciples aside from the group of travelling pilgrims to make known unto them what was before them. On the journey He went ahead of the disciples. The courage thus shown by the Lord amazed the disciples who were following in fear (Mark 10:32). "Christ, the conscious and certain sufferer, is courageous. His followers who had nothing to fear were afraid."

2. Betrayal and death foretold (vv. 18, 19). He went forward fully conscious of the awful tragedy of the cross. He for the third time since the transfiguration tells the disciples of His suffering and death, but they are so filled with their ambitious schemes that they do not understand Him. The treachery of Judas Iscariot; the fierce persecutions of the chief priests and scribes; the unjust judgment; the delivery to Pontius Pilate; the mocking; the scourging; the crown of thorns; the cross; the hanging between two malefactors; the nails; the spear; all were spread before His mind like a picture. Though He knew all this He deliberately pressed on. The joyous outlook upon the victory which would be accomplished by the shedding of His blood led Him forward. He went courageously, for He knew the time had come for the accomplishment of His Father's will.

3. The resurrection foretold (v. 19). Truly this would have been a dark picture had the resurrection not been made known.

#### II. The Ambitious Request of James and John (vv. 20-23).

1. The request (vv. 20, 21). This request was made by their mother. The request is for a place of prominence in the kingdom. It is right for mothers to be ambitious for their boys, but they should know that earth's pinnacles are exceedingly dangerous.

2. Jesus' answer (vv. 22, 23). He spoke directly to the men, not to their mother, declaring that they knew not what they were asking. He showed them that the way to this position of glory was through suffering. The cup of which they were to drink was that of great suffering and agony. The positions which they craved were attainable, but in a very different way from what they apprehended. The way to the places of glory in the kingdom of Christ is through the path of lowly and self-forgetful service, even great suffering.

3. How to Be Truly Exalted (vv. 24-25).

1. The angry disciples (v. 24). When the ten heard of the request of James and John they were filled with indignation against them. Their displeasure did not arise from the fact that they were free from the same selfish spirit, but that these two had thrust themselves to the front; it was an admixture of indignation and jealousy.

2. Greatness among the heathen (v. 25). The rule of the world has always been by the strong hand. The standards have been not moral excellence, but wealth, station and power. Even today the reason one nation rules the other is that the one possesses sharper swords and heavier clubs than the other.

3. Greatness among Christ's disciples (vv. 26, 27). Here the standard is in sharp contrast. The way to the places of prominence in Christ's kingdom is the way of self-abasement. It is not wrong to be ambitious to be great, but the basis of true greatness is that which human selfishness seeks to avoid. There will be degrees of rank in Christ's kingdom, but this rank will be character, not position or authority.

4. Christ is the supreme example of greatness (v. 28). All who would be great should study and imitate Christ. Let them forget self and serve others, even to give their lives. This will eliminate all scrambling for place and power. The one grand test by which to know whether Christ's Spirit controls one is whether he is serving or seeking to be served.

Christianity is Still Alive. The greatest tribute to the necessity of religion, that it survives its outworn forms; the greatest proof of the essential truth of Christianity is, that in spite of the twaddle talked every Sunday in the name of Christ, Christianity is still alive.—H. R. Hawes.

The Instructor. My hurt has been my instructor, and I wish it may make me more cautious and less simple.—Thomas a Kempis.

### Hall's Catarrh Medicine

Those who are in a "run down" condition will notice that Catarrh bothers them much more than when they are in good health. This fact proves that while Catarrh is a local disease, it is greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier, and acts through the blood upon the mucous surfaces of the body, thus reducing the inflammation and restoring normal conditions. All druggists. Circulars free. F. J. Cheney & Co., Toledo, Ohio.

It is perfectly proper for the thin girl to expect the dressmaker to make the most of her.

### Truth About Father.

At dinner mother was astonished when my small brother, attracting the attention of the guests, remarked: "We're so glad you're here. Papa's nice when we have company, but you ought to hear how he scolds mamma when you're not here."—Exchange.

Yes, Verily. It's a poor rule that doesn't work both ways and that is as true of the Golden Rule as any other.—Boston Transcript.

# A Big Drop in JELLO

2 packages for 25¢

The Genesee Pure Food Company, Le Roy, N. Y.

### May Send Trees to America.

The college of agriculture and forestry at the University of Nankin in China has undertaken to export tree seeds and is trying to find a market in America. Many of the trees listed are indigenous to America, but among them are also the xanthoxylum pimentum or toothache tree and the albanus glandulosa or tree of heaven.

Patriot. "Pa, what is a patriot?" "A patriot, my boy, is a man who continues to love and serve his country whether or not its elections go to suit him."

The man who lives to no purpose lives to a bad purpose.

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FREE—one package of your favorite SKINNER'S Macaroni, Spaghetti or Egg Noodles. Tear off the coupon, take it to your grocer, buy one package and he will give you another free. If he will not supply you write us, giving his name and address.

One package of SKINNER'S Macaroni Products should make a full meal for the average family.

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