

LESS MEAT IF BACK AND KIDNEYS HURT

Take a Glass of Salts to Flush Kidneys if Bladder Bother You.

Eating meat regularly eventually produces kidney trouble in some form or other, says a well-known authority...

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, get about four ounces of Jad Salts from any good pharmacy...

Jad Salts cannot injure anyone; makes a delightful effervescent lithia-water drink which millions of men and women take now and then to keep the kidneys and urinary organs clean...

On Even Terms. An old codger, disliking the remarks of the chairman at a political meeting, shouted: "Young man, I was a Republican before you were born..."

TAKE ASPIRIN RIGHT

Bayer Company, who introduced Aspirin in 1900, give proper directions.

To get quick relief follow carefully the safe and proper directions in each unbroken package of "Bayer Tablets of Aspirin."

The "Bayer Cross" means the genuine, world-famous Aspirin, prescribed by physicians for over eighteen years.

"Bayer Tablets of Aspirin" can be taken safely for Colds, Headache, Toothache, Earache, Neuralgia, Lumbago, Rheumatism, Joint Pains, Neuritis, and Pain generally.

Handy tin boxes of 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages. Aspirin is the trade mark of Bayer Manufacture of Monocetate of Salicylic acid.—Adv.

Had Experience. Doctor O'Hagen (meeting former patient)—Ah, good morning, Mr. Binks. How are you feeling this morning?

Binks (cautiously)—Doctor, does it cost anything if I tell you?—Boston Transcript.

OPEN NOSTRILS! END COLD OR CATARRH

How to Get Relief When Head and Nose Are Stuffed Up.

Count fifty. Your cold in head or catarrh disappears. Your clogged nostrils will open, the air passages of your head will clear and you can breathe freely.

Get a small bottle of Ely's Cream Balm from your druggist and apply a little of this fragrant antiseptic cream in your nostrils. It penetrates through every air passage of the head, soothing and healing the swollen or inflamed mucous membrane, giving you instant relief.

The Contrary Sex. "How would you answer the objection to equal suffrage that every woman would think and vote just as her husband does?"

"That the user of that argument was not a married man."

FRECKLES

Now is the Time to Get Rid of These Ugly Spots. There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these ugly spots.

Took Him Literally. Renpeck—"That woman is unspeakable." Henpeck—"Then she's just the woman for me."

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 1/4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade.

Farmers are the only men who can help each other with their work.

In the PUBLIC EYE

SOPHIA KNOWS WHO WON THE WAR



Here is a new "closeup" of Princess Christopher of Greece, formerly Mrs. William B. Leeds of Rough Point, Newport, R. I., U. S. A., widow of America's late "Tin Plate King."

Another bit is that Constantine's wife, former Queen Sophia, who is the sister of the former Kaiser of Germany, would not allow him to go to the wedding, though he had promised to be present.

WIDE-OPEN OIL POLICY FOR WORLD

America, with only four months' supply of oil in storage, faces the prospect of having to seek oil from foreign sources which are now showing a tendency to exclude the United States from purchasing from their fields.



George O. Smith, director of the United States geological survey, confirmed the statement of the director of mines, and said the position of the United States in regard to its oil supply at the present time was "precarious."

COLBY'S APPOINTMENT A SURPRISE



President Wilson's appointment of Bainbridge Colby as secretary of state to succeed Robert Lansing, has evoked much comment throughout the country.

BRITISH AMBASSADOR TO AMERICA

It is definitely stated that the Earl of Reading has declined the ambassadorship to Washington and that Sir Auckland Geddes has been selected for the place.



During a discussion over the merits of the rural credits system, combined with the proposal to raise the limit to which the state could go in debt, the proposal was amended so that the state may go into debt to any limit, instead of \$100,000, the present limit.

CONSTITUTIONAL CONVENTION NOTES

Lincoln.—The constitutional convention, by a vote of 45 to 39, adopted a resolution by Radke and others providing in a measure that women may vote on adoption or rejection of the new constitution.

The resolution provides that the arrangement and phrasing committee submit a plan whereby all citizens entitled to a vote on president of the United States be allowed to vote on the new constitution, and if federal suffrage is not in force at that time that separate ballot boxes be provided for men and women.

The committee on salary schedule has recommended to the convention the following salaries for state officials, the constitutional provision to be tentative until fixed by the legislature:

SUNDAY SCHOOL LESSON

By REV. F. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.

LESSON FOR APRIL 4 EASTER LESSON.

LESSON TEXT—Luke 24:13-35. GOLIEN TEXT—Ought not Christ to have suffered these things, and to enter into his glory?—Luke 24:26.

1. Who they were. One was Cleopas (see v. 18); some think the other was Luke, whose modesty forbade him to give his name; but it is not definitely known.

The committee on salary schedule has recommended to the convention the following salaries for state officials, the constitutional provision to be tentative until fixed by the legislature:

Governor, chief justice of the supreme court, and associate judges of the court, \$7,500 per year; state officials, railway commissioners and district judges, \$5,000 per year, except lieutenant governor, who is to receive twice the pay of a state senator.

It is the intention of the convention to submit the salary schedule in separate form from the other amendments, so that any feeling the voters may have on the matter of salaries will not affect ratification of the more important work of the convention.

After several hours' discussion the convention sent Proposal No. 332 to the committee on phrasingology with amendments which makes the members of the State Railway Commission elected by districts, the districts to be three in number, and until otherwise provided by the legislature the First and Second congressional districts shall be as the first district, the Third and Sixth the second and the Fifth and Eighth the third.

Proposal No. 111, submitted by Jerry Howard of Douglas to regulate the hours of female workers, received the approval of the convention.

Proposal No. 278, which provides that all public utility corporations shall not issue stock or bonds except for money, labor or property actually expended, and all fictitious stock, dividends or other fictitious increase of capital stock or indebtedness shall be void, was given final approval by the convention, by a vote of 77 to 0.

The convention eliminated the Peterson amendment to the rural credits proposal giving the state the right to back loans to any amount and then adopted the original proposal limiting the amount to which the state could go into debt to \$500,000.

During a discussion over the merits of the rural credits system, combined with the proposal to raise the limit to which the state could go in debt, the proposal was amended so that the state may go into debt to any limit, instead of \$100,000, the present limit.

The constitutional convention adopted and advanced to third reading proposal 333, providing for a combined state trade commission and industrial court created by law.

Constitutional convention members expect to adjourn at the end of this week. The proposed new constitution probably will be submitted at a special election.

An amendment to the industrial court commission proposal adopted by the convention, gives the right to appeal from the commission to the supreme court.

By a vote of 76 to 2 the convention approved Proposal No. 265, which provides that county authorities shall never assess taxes the aggregate of which shall exceed 50 cents per \$100 actual valuation, as shown on grand assessment roll, except for payment of existing indebtedness, except by vote of the people.

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Crusty Comment

"We all think the baby has got its mother's nose."

"I'm glad to hear it. Then she can't go around any more poking it into other people's business."

Work! Work! That is my unfailing cure for all troubles.—Lydia Maria Child.

A pawnbroker who is always advancing is naturally progressive.

MURINE

Night and Morning. Have Strong, Healthy Eyes. If they Tickle, Itch, Smart or Burn, If Red, Irritated, Inflamed or Granulated, use Murine.

Be wiser than other people if you can, but do not tell them so.—Earl of Chesterfield.