Sure Relief



Nebraska Directory

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Exception opportunity at the present time for young women over nineteen years of age who have had at least one year in high school to take Nurses' Training in meneral hospital. Our graduates are in great demand. Address

Stine & Sons

Solicit your shipments of Hides and Fura. Returns made same day as arrival. Highest prices guaranteed. 234 South 9th, Lincoln, Nebr.



Natural Mineral Water Baths Unsurpassed in the treatment of RHEUMATISM

Heart, Stomach, Kidney and Liver Diseases. Moderate charges. Address DR. O. W. EVERETT, Mgr.

SETTLED HIS RIVAL'S HASH

Man's Remark Could Only Be Classified as a Remarkable Inspiration of Genius.

things about his rival, but not every them to do. And from these he drew man is genius enough to say exactly conclusions which he later voiced. thing to lower his girl's opinion of the same rival. But recently a remark was overheard in a one night. "Then the tyrants were the downtown restaurant which proved men, who used to stamp around and that one man possessed that ability. kill and frighten people into submis-He and his best girl were eating when the other man entered the restaurant. Immediately he came to them, shook hands with the girl and, after being introduced to the first man, talked a few minutes.

Now, the girl had quoted this second man so much that his name to the first man was like the sight of a red flag. And she firmly expected a stormy session when the intruder left. But instead of that the escort calmly went on with his eating, offering only one comment: "There's one man I'll hever be jealous of again."

A Hard Alternative.

"Bings is in something of a predica ment."

"What is that?" "He must either swallow his wrath or eat his words."

Three Comrades. Sentry-Halt! Who goes there? Weary Voice-One friend and two mules.-London Answers.

If Bilious, Constipated or Headachy, take "Cascarets"

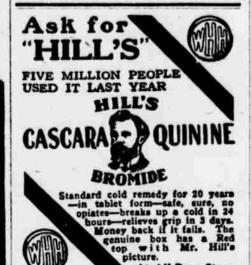
Feel grand! Clean up inside! Your system is filled with liver and bowel poison which keeps your skin sailow, your stomach upset, your head foggy and aching. Your meals are turning into poison and you can not feel right. Don't stay billious or constipated. Feel splendidly always by taking Cascarets occasionally. They act without griping or inconvenience. They never sicken you like Calomel, Salts, Oil or wasty, harsh Pills. They cost so little too-Cascarets work while you sleep.

The End of the Year. "Cold embers! Did you ever hear

of cold embers?" "Sure-November and December!"-Cartoons.

Cuticura Soothes Itching Scalp On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. Make them your every-day tollet preparations and have a clear skin and soft, white hands .- Adv.

When a man Lisses a girl for the first time she tries to act so he will think it is her first experience.



Many Tyrants.

He was a high school pupil and was imbibing many bits of philosophy. At home he watched the women folk and the ways they devised for doing as they pleased and for getting every Every wan thinks all sorts of other person to do as they wished

"Times have changed since my history was written," he told his father sion. Today the tyrants have dropped those weapons and use much more subtle ones-tears. I think a woman who cries in order to get her own way is a bigger tyrant than ever those fellows of long ago were."

Anyway, it set father to work thinking.-Indianapolis News.

Then It Started Something. Yank-This picture of my sweetheart saved my life one day in the battle of the Marne. I was wearing

bullet that would have killed me. Crank - Gosh! That picture is enough to stop a mad bull.-Nebraska

it over my heart and it stopped a

His Branch.

"If you had to enlist for overseas duty again, what branch would you choose?"

"The peace delegation."

No matter how long you

have been a coffee drink-

er, you will find it easy to

INSTANT

POSTUM

The only difference is the

certainty that no harmful

after effects can possibly

Sold by Grocers everywhere

Made by

Postum Cereal Co. Battle Creek, Michigan.

The flavor is similar.

follow.

change to

Paints that are said to be both fire and waterproof are made from the oil of a Manchurian bean

pled with thoughts of his clothes, ex- be ripped up and the goods in it cept that he wants them to look like washed according to the usual method those worn by his running mates, of washing woolens. If it shrinks a little no harm is done. When it is Whether his shirtwaists, trousers or coats are made at home and from materials that have seen service before good as new. In case it has worn being bequeathed to him, is no con- shiny it should be turned, placing the cern of his. Occasionally he takes a wrong side out. In boys' suits even that he is wearing clothes that his fa- pants for one coat is economical. A ther or uncles have worn before him, suit with two pairs of pants will wear, and in view of the mounting cost of more than twice as long as a suit with his belongings these sources of sup- only one pair. It is not particularly ply should be considered.

dras and silk are used for making easy. When the cont is undertaken men's shirts, but even so the wear and the lining should be first cut and fitted. tear of laundering frays our coliar using a simple pattern as a guide. lends and cuffs long before the body | Discarded shirts of percale and maof the shirts show any signs of wear, dras are used by many housewives for The frayed cuffs and collar bands are making aprons. There is a great vaby thrifty mothers to make waists for an who basies herself at home with made over thto shirtwaists for girls ripped up, washed and the material

The small boy is not much occu- be made over for the little bey should proud satisfaction in the knowledge more than in grown-ups two pairs of difficult to make boys' clothes, The Very good qualities in percales, ma- pants, if cut by a reliable pattern, are

Intolerable and the shirts are discard, riety of patterns for the smaller ed. The soft-bosomed kind are used aprons that are needed by every womtheir small bays. Silk shirts are often housework or sewing. The skirts are, or grown-up members of the family as pressed. The designers of patterns the small boy is not outfitted with have seen to it that a number of practical aprons are made up of several Really good woolen materials stand sections of cloth and this makes it! washing as well as cottons. A suit to easy to cut them from other garments.

THE DAY OF FINE CLOTHES



little girls. This year they are better skirt at intervals of six or eight inches. thought of than ever, because it is the This is not so difficult as it requires day of sheer cottons—fashion is smil- only straight lengths of the goods with ing upon them. But always pretty cot- the insertion whipped to the edges. ton frocks of fine batiste, organdie, swiss or net are among the things that are counted on for the childrens' party model, dresses. They stand unchallenged for daintiness and for elegance. To match up with the beauty of these fabrics we must select fine, narrow laces, and fabric and lace are to be set together with fine hand stitching. Then everything is as it should be.

In the picture a little maid of eleven years or so wears a frock of fine white batiste employing narrow val lace and a little embroidery for its adornment. are edged with very narrow lace. There is nothing unusual about it; it is merely a fine specimen of its kind and is sure to meet with welcome recognition. The frock has a short, babywaist and a straight skirt. About the bottom of the skirt a row of insertion is joined to one of edging with a very narrow band of embroidered swiss and lengths of insertion are let in the skirt as shown in the picture.

Swiss in short panels joined with val lace insertion makes the little sleeveless overbodice finished with a lace edge. Both insertion and edging, joined with a narrow band of swiss embroidery, like that on the skirt, make the neck finish and sprays of fine embroidery appear on the two panels at the center of the front. Every needlewoman will know that it requires accurate, careful sewing to put this little frock together in the right simpler ways of setting the lace and collars.

Nothing displaces fine and sheer | batiste together. Some frocks show white goods for the dress-up frocks of rows of insertion running around the Even an amateur may be sure of the required accuracy by following this

Very pretty swiss and net frocks rely upon tucks and frills of the same materials for their trimming. Tucks at rather wide intervals above threeinch hems and frills, finished with parrow hems at the neck and finishing the short sleeves, emphasize a desired simplicity in these frocks. Girdles and sashes of narrow ribbons seem to belong to them. Occasionally the frills

These sheer frocks are to be worn over petticonts of the same fineness, or over silk slips. Organdles in light colors vary the choice and are used for lovely frocks. Only the first of the new offerings in party frocks for spring have arrived, but it is quite safe to use them as models to copy. Something different but nothing prettier will fol-

whia Bottomley

Waists to Match Suits.

Waists in shades to match winter suits are especially popular. They are most effective when combined way. But the result pays for the trou- with contrasting colors, either by ble. There is not so much work, but use of narrow vestees, embroidery it must be of first quality. There are of floss and beads, or dainty ruffled

The largest electric sign in the world advertises WRIGLEYS on Times Square, New York City: it is 250 feet long, 70 feet high. Made up of 17,286 electric lamps. The fountains play, the trade mark changes, reading alternately WRIGLEY'S SPEARMINT. DOUBLEMINT. and JUICY FRUIT, and the Spearmen "do a turn." This sign is seen nightly by about 500.000 people from all over the world. Kept Sealed Right A THE REPORT OF THE PROPERTY OF THE PROPERTY

Cultivate patience; it wins.

GREEN'S AUGUST FLOWER.

Constipation invites other troubles which come speedily unless quickly checked and overcome by Green's August Flower which is a gentle laxative, regulates digestion both in stomach and intestines, cleans and sweetens the stomach and alimentary canal, stimulates the liver to secrete the bile and impurities from the blood. It is a sovereign remedy used in many thousands of households all over the civilized world for more than half a century by those who have suffered with indigestion, nervous dyspepsia, sluggish liver, coming up of food, palpitation, constipation and other intestinal troubles. Sold by druggists and dealers everywhere. Try a bottle, take no substitute.—Adv.

Ignorant people are born critics.

YOUR COLD IS EASED AFTER THE FIRST DOSE

"Pape's Cold Compound" then breaks up a cold in a few hours

Relief comes instantly. A dose taken every two hours until three doses are taken usually breaks up a severe cold and ends all the grippe misery.

The very first dose opens your clogged-up nostrils and the air passages in the head, stops nose running. relieves the headache, duliness, feverishness, sneezing, soreness and stiff-

Don't stay stuffed-up! Quit blowing and snuffling! Clear your congested head! Nothing else in the world gives such prompt relief as "Pape's Cold Compound," which costs only a few cents at any drug store. It acts without assistance, tastes nice, contains no quinine-Insist upon Pape's !-- Adv.

Hobbies, like all horses, need bridles,

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and & or, of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not co'or the scalp, is not sticky or greasy, and does not rub off.—Adv.

One today is worth two tomorrows,

Important to Mothers Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Hash is the ghost of a square meal.

Keep Your Eves

Cuticura Soap SHAVES -Without Mug pticura Soap is the favorite foreafety razor shaving



Liver and Bowels Right—Always **Feel Fine**

There's one right way to speedily tone up the liver and keep the bowels regular.

Carter's Little CARTER'S fail. Millions will testify that there is nothing so

iousness, indigestion, headache or sal-low, pimply skin. Purely vegetable. Small Pill—Small Dose—Small Price

DR. CARTER'S IRON PILLS, Nature's great nerve and blood tonic for Anemia, Rheumatism, Nervousness, Sleeplessness and Female Weakness.

Senuine musi bear signature Brandfood

Caused by

Millions of people—in fact about 9 out of 10—suffer more or less from indigestion, acute or chronic. Nearly every case is caused by Acid-Stomach.

There are other stomach disorders which also are sure signs of Acid-Stomach—belching, heartburn, bloat after eating, food repeating, sour, gassy stomach. There are many aliments which, while they do not cause much distress in the stomach itself, are, nevertheless, traceable to an acid-stomach. Among these are nervousness, billousness, cirrhosis of the liver, rheumatism, impoverished blood, weakness, insomnia, melancholia and a long train of physical and mental miseries that keep the victims in miserable health year after year. The right thing to do is to attack these aliments at their source—get rid of the acid-stomach. A wonderful modern remedy called EATONIC now makes it easy to do this.

One of hundreds of thousands of grateful users of EATONIC writes: "I have been troubled with intestinal indigestion for about nime years and have spent quite a sum for medicine, but without relief. After using EATONIC for a few days the gas and pains in my bowels disappeared. EATONIC is just the remedy I needed."

We have thousands of letters telling of these marvelous benefits. Try EATONIC and you, too, will be just as enthusiastic in its praise.

Your druggist has EATONIC. Get a big too the suffernment of the will refund Your druggist has EATONIC. Get a big for box from him teday. He will refund your money if you are not satisfied.

W. N. U., LINCOLN, NO. 4-1920.