

## WOMEN OF MIDDLE AGE

Need Help to Pass the Crisis Safely—Proof that Lydia E. Pinkham's Vegetable Compound Can be Relied Upon.

Urbana, Ill.—"During Change of Life, in addition to its annoying symptoms, I had an attack of grippe which lasted all winter and left me in a weakened condition. I felt at times that I would never be well again. I read of Lydia E. Pinkham's Vegetable Compound and what it did for women passing through the Change of Life, so I told my doctor I would try it. I soon began to gain in strength and the annoying symptoms disappeared and your Vegetable Compound has made me a well, strong woman so I do all my own housework. I cannot recommend Lydia E. Pinkham's Vegetable Compound too highly to women passing through the Change of Life."

—Mrs. FRANK HENSON, 1316 S. Orchard St., Urbana, Ill.

Women who suffer from nervousness, "heat flashes," headaches and "the blues" should try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

A superstitious individual says it is a bad sign to write another man's name on a note.

### A SUMMER COLD

A cold in the summer time, as everybody knows, is the hardest kind of a cold to get rid of. The best and quickest way is to go to bed and stay there if you can, with a bottle of "Boschee's Syrup" handy to insure a good night's rest, free from coughing, with easy expectoration in the morning.

But if you can't stay in bed you must keep out of draughts, avoid sudden changes, eat sparingly of simple food and take occasional doses of Boschee's Syrup, which you can buy at any store where medicine is sold, a safe and efficient remedy, made in America for more than fifty years. Keep it handy.—Adv.

Poverty is the mother of many efforts.

### Freshen a Heavy Skin

With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Adv.

Debt makes cowards of us all—provided we are honest.

## HAD TO GIVE UP

Was Almost Frantic With the Pain and Suffering of Kidney Complaint. Doan's Made Her Well.

Mrs. Lydia Shuster, 1838 Margaret St., Frankford, Pa., says: "A cold started my kidney trouble. My back began to ache and got sore and lame. My joints and ankles became swollen and painful and it felt as if needles were sticking into them. I finally had to give up and went from bad to worse."



Mrs. Shuster

"My kidneys didn't act right and the secretions were scanty and distressing. I had awful dizzy spells when everything before me turned black; one time I couldn't see for twenty minutes. Awful pains in my head set me almost frantic and I was so nervous, I couldn't stand the least noise. How I suffered! Often I didn't care whether I lived or died."

"I couldn't sleep on account of the terrible pains in my back and head. Nothing seemed to do me a bit of good until I began using Doan's Kidney Pills. I could soon see they were helping me; the backache stopped, my kidneys were regulated and I no longer had any dizzy spells or rheumatic pains. I still take Doan's occasionally and they keep my kidneys in good health. Sworn to before me."

F. W. CASSIDY, JR., Notary Public.

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

## HEADACHE Often Caused by Acid-Stomach

Yes, indeed, more often than you think. Because ACID-STOMACH, starting with indigestion, heartburn, belching, food-repeating, bloating and gas, if not checked, will eventually affect every vital organ of the body. Severe, blinding, splitting headaches are, therefore, of frequent occurrence as a result of this upset condition.

Take EATONIC. It quickly banishes acid-stomach with its sour blood, pain and gas. It aids digestion—helps the stomach get full strength from every mouthful of food you eat. Millions of people are miserable, weak, sick and ailing because of ACID-STOMACH. Poisons, created by partly digested food charged with acid, are absorbed into the blood and distributed throughout the entire system. This often causes rheumatism, biliousness, cirrhosis of the liver, heart trouble, ulcers and even cancer of the stomach. It robs its victims of their health, undermines the strength of the most vigorous.

If you want to get back your physical and mental strength—be full of vim and vigor—enjoy life and be happy, you must get rid of your acid-stomach.

In EATONIC you will find the very best you need and it's guaranteed. So get a big 50c box from your druggist today. If it fails to please you, return it and he will refund your money.

EATONIC (FOR YOUR ACID-STOMACH)

## ICEBOUND CABIN TOMB OF TRAPPER

Dies All Alone in Frozen Wilderness of the Canadian Northwest.

### EPITAPH ON HIS DOOR

Wounded Policeman Makes Hazardous Journey of 2,000 Miles to Investigate Fate of Man Suspected of Being Murdered.

Saskatoon, Sask.—Emmanuel Peterson, a Hudson Bay company trapper, fell asleep in his lonely cabin in the northern wilderness near Fond du Lac 12 months ago. He lies today just as he fell asleep, in his bunk with his blankets tucked around him. The wolves that howl about his shack and the roaring blizzards that pile the winter snows to the clapboard roof will never awaken him from his slumber.

There he will continue to sleep, possibly forever. His old log cabin, which he built himself, has become his mausoleum. A sheet of paper tacked on the door bears his epitaph written in English, French Cree and Chepewyan:

"This is the grave of Emanuel Peterson. Let no man disturb it."

Constable M. Chappins of the Royal Northwest mounted police traveled 2,000 miles through snow and storm to write that epitaph. His return to Saskatoon after a three-months journey is the last chapter in the tale.

### Suspected Slaying.

News that a man lay dead in a cabin somewhere north of Lake Athabaska trickled down out of the frozen North to Edmonton last February. The man had been dead then nine months. There was a suspicion that he might have been murdered. Chappins was assigned to make an investigation. It is such work as this that has built the heroic traditions of Canada's corps of Scarlet Riders.

He set out from Prince Albert. A branch line of one of the transcontinental railways took him beyond the farms to the northern end of the steel highway at Big River. He outfitted with a sled and dog team at Isle la Crosse and with an Indian guide struck into the wilderness. The thermometer registered 30 degrees below zero. The snow was two feet deep.

At Cree lake the snow was four feet deep and the mercury stood at



Has Become His Mausoleum.

50 degrees below. Packs of gray wolves hung on his trail. They killed two of his dogs in an attack on his camp. He killed them every day by the dozen. This, Chappins believes, saved his life, for the half-starved, desperate brutes feasted on the carcasses of their dead companions.

### Faced Snow Alone.

A little farther on his Indian guide turned back. The frozen desolation that lay ahead struck him with panic terror. Chappins went on alone. He drove ahead two days in the teeth of a blizzard. His provisions ran low. He lived on short rations of pemmican and tea. At the silver camp at Darnier he obtained fresh supplies and a new guide and pressed on to the Hudson Bay post at Fond du Lac.

He found Peterson's body perfectly preserved in the cold, dry air. There were no signs of violence. Peterson's diary lay open on a table. The last entry, made March 29, 1918, read:

"I am very sick. It would be hell if I should die out here among the snow-drifts all alone."

### BABY IS LOST IN MOVING

Forgotten by Mother, the Child is Found Smothered in Mattress.

Oakland, Cal.—Busied with getting her furniture ready for moving to another apartment, Mrs. Joseph Valado, placed her month-old baby on a mattress. She tossed a blanket over it to keep the baby warm.

The expressman failed to see the child when he rolled up the mattress and blanket and threw the bundle into the wagon. The child smothered before it was missed.

## BEAR STORY TOLD BY TROUBLE MAN

Says Bruin Chased Him Up Pole and Then Fell Ten Feet From Top.

Hardwick, N. J.—The story of being "poled" by the biggest black bear ranging the Blue mountains, was told here by Joseph Titman, a "trouble shooter" of the American Telegraph and Telephone company of Stroudsburg, Pa. Titman was repairing wires on the top of a telegraph pole when he saw a huge black bear charging upon him from a clump of trees about 10 yards away.

"I had taken my gun along," said Titman, "to shoot some ground hogs, and when I left my motorcycle on the



"Paraded Around That Pole for Two Mortal Hours."

edge of the road about 300 yards away, I thought I'd better take the gun along with me. Left the gun at the foot of the pole and climbed up to make some repairs. Just as I heard a roar my glance met the biggest black bear I ever saw in these parts or anywhere else, charging down on me. He was far enough away for me to slip down the pole and get my gun. As I started to climb up again in a hurry, old Bruin reared on his haunches and swiped at me with his paw. He just missed me and I went up to the top and he after me. I must have been excited, for I shot all my cartridges at him as he was climbing the pole.

"He got up about ten feet, began to slip, and down he went. He reared up on his haunches again and just paraded around that pole for two mortal hours. When I saw I had missed him I was so mad that I threw my gun at him.

"I was so scared, I'll tell the world, when that big black fellow started up the pole after me. I took my field telephone and connected as quick as I could with central at Stroudsburg and told her to send help quick as I had been treed by a bear.

"After waiting for me until he got tired the bear turned and ambled off into the woods. When I thought he had gone, I shinned down the pole, got my motorcycle and beat it for home."

"What gets me," said Titman, "is that I am a first-class telephone trouble shooter for my company, and I couldn't shoot my own troubles even when I had a gun."

### Farmer Is Victim of Own Dynamite Thief Trap

Winsted, Conn.—When Henry Koehler, fifty-eight, farmer of West Cornwall, discovered that his barn was being systematically looted, he fastened dynamite over the barn door so that if a thief came at night he would explode it and be blown up. Last night he forgot his trap and opened the door without taking precautions. The dynamite exploded, and Koehler is now in a hospital suffering with painful cuts on the legs and thighs.

### IMPRISONED IN BANK VAULT

Assistant Cashier Was Taking Family Over Institution When Child Closed Door.

Tulsa, Okla.—C. T. Everett, an assistant cashier of the First National bank, took his wife and small child and his father and mother down to the bank on a Saturday night to see where he worked. He showed them over the place and then took them into the safety deposit vault. The child closed the door to the vault, locking his parents and grandparents in. After debating for some time whether to call the fire department or the cashier, the bank employee called the latter, and Mr. Everett and his party were let out, none the worse for their experience.

Think Texan Has Right Tip. The municipal bat roost and the ordinance prohibiting the destruction of the little animals were discussed in San Antonio, Tex., by a local doctor several years ago. The city has since enjoyed such gratifying immunity from mosquitoes and malaria that the doctor's fame has gone abroad. He has now been invited by the Italian government to establish a "battery" in that country, and by the British to experiment with his idea in India. The insufferable heat and prolonged rains of the latter country often make the mosquito nuisance a serious menace to national health.—Popular Mechanics Magazine.

### Preserving Morale.

Morale implies morals, and more. It may be possible to be perfectly clean morally and yet have low morale. Morale implies hope, courage, determination. Many a good man lacks these. He is good morally, but has lost his grip on the world and himself. In spite of his goodness he is doomed to defeat. On the other hand a man can't have the highest morale if his life is not clean. Mental and physical impurity are bound to leave their stain upon the life. Then in time of stress something will give way and the papers will talk about collapse and overwork and things. The only way to meet life's problems is to keep fit. That means more than mere eating and drinking. It means the proper care of the whole organism.

## THE MEN IN CLASS A1

A sound, healthy man is never a back number. A man can be as vigorous and able at seventy as at twenty. Condition, not years, puts you in the discard. A system weakened by overwork and careless living brings old age prematurely. The bodily functions are impaired and unpleasant symptoms appear. The weak spot is generally the kidneys. Keep them clean and in proper working condition and you will generally find yourself in Class A. Take GOLD MEDAL Haarlem Oil Capsules periodically and your system will always be in working order. Your spirits will be enlivened, your muscles supple, your mind active, and your body capable of hard work.

Don't wait until you have been rejected. Commence to be a first-class man now. Go to your druggist at once. Get a trial box of GOLD MEDAL Haarlem Oil Capsules. They are made of the pure, original, imported Haarlem Oil—the kind your great-grandfather used. Two capsules each day will keep you toned up and feeling fine. Money refunded if they do not help you. Remember to ask for the imported GOLD MEDAL Brand. In three sizes, sealed packages.—Adv.

Shrewd Farmer. "The boys are eating your green apples," said one of the country boarders. "That's all right," said the farmer. "Let them eat all they want. It will keep them away from the table for the next three or four days, and I'll charge their daddies for the apples besides."

How's This? We offer \$100.00 for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Sold by druggists for over forty years. Price 50c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

Describing Her. "Is she the kind of woman who knows it all?" "No, but she's the kind of woman who tells it all."

A Voice From Sioux City, Iowa, says

# PE-RU-NA

Worth Its Weight In Gold

You cannot mistake the words of Mr. W. W. Northrup, of 908 Fourth Street, Sioux City, Iowa. He is enthusiastic about his present health and the merits of PE-RU-NA and wants everyone to know it. Here is a recent letter from him:—

"PE-RU-NA is worth its weight in gold and then some. I used to think it only a woman's remedy but have changed my mind. I had a cough, especially in the morning. After using half a bottle of PE-RU-NA was much better. I would cough up chunks of phlegm and mucus, my eyes itched and bothered me. Judging from the symptoms given in your almanac it was catarrh. My stomach is in much better condition since using your medicine."

"Use this testimonial, if you wish. Don't hesitate to advertise the merits of PE-RU-NA." (Signed) W. W. NORTHROP.

There are thousands just like Mr. Northrup, skeptical at first but convinced by a trial of PE-RU-NA. DON'T BE AN UNBELIEVER. If your trouble is of a catarrhal nature, try PE-RU-NA, then tell your friends. It is fine after an attack of grip or Spanish Flu.

Sold Everywhere Tablets or Liquid FOR CATARRH AND CATARRHAL CONDITIONS

Don't Be Discouraged. The burning thoughts of tomorrow are often thrown into the waste basket of today.

If you don't think a woman can keep a secret ask the next plump one you meet what she weighs.

Busy men nearly always are happy men.

Stated Financially. "Edith is one of those girls whose interest in a man is governed by his wealth."

"I see; the greater the principal the greater the interest."

Speaks for itself. "Are you an experienced aviator?" "Well, I've been at it three months and I'm all here."

Savory beans, Mexican peppers, choice bits of tender beef—all in a hot Spanish sauce! Such is Libby's Chili Con Carne—ask your grocer for a package today. Try it with rice, mashed potatoes or spaghetti—it's delightful.

Libby, McNeill & Libby, Chicago

# LUCKY STRIKE CIGARETTE

GET a package today. Notice the flavor—the wholesome taste of Kentucky Burley tobacco.

Why do so many "regular men" buy Lucky Strike cigarettes? They buy them for the special flavor of the toasted Burley tobacco.

There's the big reason—it's toasted, and real Burley. Make Lucky Strike your cigarette.



Guaranteed by The American Tobacco Co.