



**CASTORIA**  
For Infants and Children.  
Mothers Know That  
Genuine Castoria  
Always  
Bears the  
Signature  
of  
*Dr. J. C. Fitcher.*  
In Use  
For Over  
Thirty Years  
**CASTORIA**  
THE CENTAUR COMPANY, NEW YORK CITY.



**Economy Corner**

**Turning in Hems.**  
When turning in hems on wiry or sheer materials like swiss, it is often much easier to take a warm iron and press them down by the eye, which is generally accurate for long distances. This gives better results in many cases than measuring, as a wiry swiss will slip in spite of you when you attempt to measure accurately for a deep hem or tuck.

**Hints for Amateurs.**  
Neatness is always a requisite of good sewing, and besides the fact that durability is increased, there is a satisfaction in knowing that the inside of a garment need not be withheld from a critical eye. Binding the seams is a little thing, but most affectual in the attainment of the neatness that marks the careful sewer.  
If it is difficult to adjust binding, the edges of seams can be pinked—a method in favor with tailors. There is no fraying of the edges, and the bulky line is obviated.  
Hems of heavy material can be successfully and neatly finished if the raw edge of just one turn be stitched down underneath a pliable tape of the same color. Two rows of stitching are necessary, but the scheme is worth a trial.  
If a bias strip be used for binding armholes or seams, it can be adjusted easily and evenly if it be crossed in the center before it is placed on the edge of the seam.  
When cutting very sheer chiffons, batistes or soft materials, it is well to draw a thread as a guide line.  
It is better to shrink washable materials before making them into garments. A little salt in the water will set the color, and it is only necessary to wring out and hang by the selvedge on the line.  
**What Not to Do.**  
Do not sew trimmings or buttons on tight beneath. Use very fine thread or sewing silk for busting velvet, and to press the seams open them, very slightly dampen and run the seam across the narrow end of a warm iron standing on the broad end. Do not allow the weight of an iron on it.

**LONG-LASTING**



Satisfaction for the sweet tooth.  
Aid to appetite and digestion — benefit and enjoyment in LASTING form.  
And only 5 cents a package.



Sealed Tight  
Kept Right  
WRAPPED IN  
UNITED FOOD TRADE COUPONS



**The Flavor Lasts**

Subtlety wins but wisdom holds.

**GREEN'S AUGUST FLOWER**

has been a household remedy all over the civilized world for more than half a century for constipation, intestinal troubles, torpid liver and the generally depressed feeling that accompanies such disorders. It is a most valuable remedy for indigestion or nervous dyspepsia and liver trouble, bringing on headache, coming up of food, palpitation of heart, and many other symptoms. A few doses of August Flower will relieve you. It is a gentle laxative. Ask your druggist. Sold in all civilized countries.—Adv.

**Keeping it Up.**

A maid servant applied for a week-end off, as her home was distant, for the purpose of being at home on her parents' silver wedding day.  
The leave was granted, and the maid returned.  
"Well," said her mistress, "did everything go off satisfactory?"  
"Oh, yes, thank you, ma'am," said the girl, "and mother told me to say she is very grateful to you for letting me off."  
"And what did your father say?" asked the lady.  
"Oh, lor! ma'am," replied the girl, "he wasn't there. He's been dead this 20 years."

**That Friend!**

"Mother doesn't think she'll go to the theater with us tonight, Albert."  
"Is that so? I have got three tickets. What shall I do with the third one?"  
"Give it to the man you always go out to see between the acts. He can sit with us and you won't have to go out and see him."

**Complimentary to Him.**

He—But I asked you, dearest, to keep our engagement a secret for the present.  
She—I couldn't help it. That hateful Miss Oldum said the reason I wasn't married was because no fool had proposed to me, so I up and told her you had.—Brooklyn Citizen.

**Cuticura Stops Itching and Saves the Hair**

All druggists; Soap & Ointment 25¢; Talcum 15¢. Sample each free of "Cuticura, Dept. 5, Boston."



Harold Somers, 150 De Kalb Ave., Brooklyn, N. Y.

**Mystery Explained.**

He stood amid the blaze and splendor of his magnificent mansion, and in his hand he held the portrait of a beautiful woman. His face was pale and haggard, and his lips moved convulsively.  
What was this mystery. Was this the picture of his departed wife?  
No.  
Was it the portrait of his dead but dearly remembered daughter?  
No.  
What, then, was the cause of his haggard face?  
Was it not the same portrait that two minutes ago had fallen from its nail, and raised a lump as big as a hen's egg on his head?  
It was.

**A Diagnosis.**

"Oh, doctor," said a worried looking agrarian, "My wife is in an awful condition! From a medium fat woman she has been reduced to skin and bones. She talks incessantly in a loud squawking voice, begins a sentence and never finishes it, and jumps from subject to subject without uttering anything that has the least sense to it."  
"H'm! I see!" returned the physician. "Go home, Mr. Gableby, and take out your party line telephone at once. Your wife has been listening in on it too much."—Kansas City Star.

Lots of people make fortunes out of other people's curiosities.

**Make This Test For Acid-Stomach**

There are millions of people who suffer almost daily from the horrors of an acid-stomach—indigestion; sour, gassy, stomach; distressing heartburn; sickening food-repeating; painful bloating and that miserable, puffed up, lumpy feeling after eating. Many of these people have tried treatment after treatment; medicine after medicine; others have gone to doctors and stomach specialists and some to hospitals, but in spite of all their efforts they have obtained no lasting relief or a permanent cure.  
These symptoms simply mean acid-stomach. If allowed to run on, they are very likely to cause a lot of serious trouble. Dyspepsia, rheumatism, gout, lumbago, sciatica, splitting headache, dizzy spells, nervousness, sleeplessness, mental depression, melancholia, a feeling of listlessness and all-goneness—these are just a few of the disorders which can be traced to acid-stomach. As a matter of fact, acid-stomach is often the direct cause of those almost incurable conditions known as catarrh of the stomach, intestinal ulcer, and cancer of the stomach. The lives of those who suffer from these serious troubles are nothing short of daily agony. Surely, then, you must see how important it is to go at once to the seat of the trouble—acid-stomach. You know what acid-mouth does to the teeth—how it eats right through the hard enamel and causes them to decay. Think then of the havoc that must be caused by excess acid in the stomach!  
Even if you are not suffering any immediate stomach pains, but are not feeling just as fit and fine as you should, you should by all means make this test: Go to your drug store at once and get a big box of EATONIC. It is in the form of pleasant-tasting tablets—you eat them like a bit of candy. EATONIC is prepared for just one purpose—correcting acid-stomach by driving out the excess acid. EATONIC literally absorbs the excess acid. It brings instant relief from the pains of indigestion, heartburn, belching, sour, gassy stomach, bloating, etc. It makes the stomach pure, sweet, cool and comfortable, puts it in a normal, healthy condition, so that your food is properly digested. You need every bit of strength you can possibly get out of the food you eat—and EATONIC helps you get it.  
Don't put this test off if you value your future good health and happiness. You run no chance at all because EATONIC is absolutely guaranteed to give you relief or your druggist will refund your money. The cost is a mere trifle.

**EATONIC FOR YOUR ACID-STOMACH**

Very Naturally, Gert—What did Myrt do when she found out you said she was homely? Mabel—Oh, she got real ugly about it.

Counterfeiter Caught! The New York health authorities had a Brooklyn manufacturer sentenced to the penitentiary for selling throughout the United States millions of "Talcum powder" tablets as Aspirin Tablets.

**Aspirin "DON'TS"**

Don't ask for Aspirin Tablets—say "Bayer!"  
Don't buy Aspirin in a pill box! Get Bayer package!  
Don't forget that the "Bayer Cross" is your only protection against dangerous counterfeits.



Don't fail to say to druggist: "I want 'Bayer Tablets of Aspirin' in a Bayer package." The genuine! Buy only the regular Bayer package with the safety "Bayer Cross" upon it and on each tablet inside.

**Bayer-Tablets of Aspirin**

The genuine American owned "Bayer Tablets of Aspirin" have been proved safe by millions for Pain, Headache, Neuralgia, Toothache, Earache, Rheumatism, Lumbago, Colds, Grippe, Influenzal Colds, Joint Pains, Neuritis. Proper dosage on every "Bayer" package.  
Boxes of 12 tablets—Bottles of 24—Bottles of 100—Also Capsules.  
Aspirin is the trade mark of Bayer Manufacturer of Monocrocinacidester of Salicylicacid

**Velveteen Jackets for Sport Skirts**



There is a new order of apparel brought about by the combination of sport styles and the new weaves in fiber silks and in genuine silk. It is a glorified kind of sport apparel and it suits the up-to-date girl of today—"down to the ground." The skirts of these handsome sport outfits are made of these splendid novelties in silks and the coat or jacket to be worn with one of them must manage some way not to suffer by comparison. Coats, made of the same material as the skirts, just about divide honors with suits in which coats are made of fabrics that are different from those used in the skirts. Quite a number of the new silk and silk-fiber materials are conveniently classed as "sport fabrics," along with other materials that manage some way to achieve the same character.  
Velveteen jackets are shown to be worn with skirts made of sport fabrics. In the picture above one of these velveteen jackets finds itself in the company of a handsome skirt of heavy silk in which a figured pattern is accomplished by variety in the weave. The pattern is bold but the color is white and this combination spells style and refinement in the fabric.  
The jacket is made with revers, plain sleeves and braided bindings. Pearl buttons make the best finishing touch in the world for it and a plain blouse of white wash silk believes in effacing itself where there is so much else to attract attention. For there is a sport hat that measures up to the skirt and jacket in this outfit and footwear that holds its own in this smart and elegant interpretation of the sport costume.

*Julia Bottomley*

**Shawls in the Spotlight.**

Shawls may be the fashion of next season; at any rate, two very fetching shawls that have made their bow behind the footlights recently have seemed to put an idea into feminine heads anent shawls. After all, why has the shawl been ostracized for so long? In the days of our grandmothers an expensive camel's hair or Paisley shawl was the high mark of elegance and prosperity. Now, nobody wears a shawl on the street but hatless immigrant women. Behind the footlights, however—well that is another story and perhaps the story is going to point a moral, and the moral will be: Shawls as fashionable wraps!

**Practical Table-Runner.**

With the return to simplicity in home decoration, which is making itself felt so decidedly on every hand, comes an appreciation of the modest cotton and jute fiber table runners and scarfs, woven in exotic patterns of Indian or Mexican design. These strips are usually found in dull combinations of reds, browns, and greens, with an occasional glint of yellow or orange, to give the required relieving note to the whole composition. Whether or not they are planned purposely for this end, it is certain that they blend harmoniously in almost any living room, library or dining room.

**Pleatings for Neck.**

One of the most gratifying details about the present clothes is the round neck. And this for the reason that the round neck calls for the use of pleating that can be bought by the yard and put into the neck of the frock by way of refurbishing it. It is a simple matter and this pleating arranged about a round neck is generally becoming.

**To Adorn Hats.**

Small garden vegetables, fruits and berries, effectively made up in excellent imitations, both as to size and coloring, are used to trim some very smart hats this season, and the use of such garden flowers as hollyhocks and nasturtiums gives a pleasing relief from the rather timeworn violet and rose hat.

**Breakfast is Ready when you have a package of Grape-Nuts**  
for this tasteful blend of wheat & barley is ready-cooked.  
Not a bit of waste: Usable to the last crumb  
Usual price 15¢ per package.