

One Box Dodd's Kidney Pills

Relieves Mrs. Frey's Rheumatism
Mrs. Ira Frey, of Le Mars, Ia., suffered for six long months with the agonies of rheumatism.

"For six months I had rheumatism. I had swelling of the limbs, stiffness in the joints and cramps in the muscles. I suffered greatly from backache. My limbs felt heavy, and I had a dragging sensation across my joints. I had a great deal of pain in the top of my head, was often dizzy and had flashes of light and floating specks before my eyes. I had heart flutterings and could not sleep well. My appetite was fitful and I felt heavy and sleepy after meals. I suffered from shortness of breath. After taking one box of Dodd's Kidney Pills I was much improved."

Mighty few people realize in time that kidney trouble is making its advances upon their health. They put off treatment—they say, "Oh, I'll be all right in a day or two." And the milder tightens its grip. Result: Bright's Disease, hospital treatment, doctor's bills—often death.

DOBBS KIDNEY PILLS

Insist on the name with three D's and enjoy freedom from kidney ills. At all druggists.

Hopping Exercise.

Hopping is one of the best exercises for developing muscles. It is easy to do, too, for the movement consists of jumping first on one foot and then on the other, so that the whole weight of the body will be borne by one foot and leg for one or more minutes. This exercise improves the way of carrying the body when walking, states a physical culturist, for it develops balance as well as muscle. This exercise should be taken when going to bed and the windows should be open, so there will be plenty of fresh air in the room. While hopping breathe deeply.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fletcher.

In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Qualified.

"What reason have they to hope that they can gain admission to the smart set?" "Before they were married each of them denied in at least a dozen interviews that they were engaged."

Chivalry notifies the enemy of its coming. Strategy hits him first.

GARGET or CAKED UDDER in COWS can be overcome by feeding row tonic to purify the blood and applying Dr. David Roberts' BADGER BALM. Price 25c. A soothing and healing ointment. Excellent for sore teats and inflamed udders. Head the Practical Home Veterinarian. Send for free booklet on UDDER in COWS. If no dealer in your town, write Dr. David Roberts Vet. Co., 100 Grand Avenue, Waukesha, Wis.

CARTER'S LITTLE LIVER PILLS. For Constipation. Carter's Little Liver Pills will set you right over night. Purely Vegetable. Small Pill, Small Dose, Small Price.

Carter's Iron Pills. Will restore color to the faces of those who lack iron in the blood, as most pale-faced people do.

Hooverize Tire Cost. Tires are constantly advancing in price. It pays you to have worn-out tires rebuilt. We rebuild with new tread, repair weak parts and relines, guaranteeing you a tire that will give mileage of new tires at half the cost.

Cuticura Soap is Easy Shaving for Sensitive Skins. The New Up-to-date Cuticura Method. MAGNUSON X-RAY CO. 390 Brandeis Theatre Bldg., OMAHA. Everything electrical for the PHYSICIAN, DENTIST and HOSPITAL. Also X-ray plates, films and dark room supplies.

FOR COUGHS AND COLDS. Take a prompt and effective remedy—one that acts quickly and contains no opiates. You can get such a remedy by asking for PISO'S.

METHODS SHOWN OF PIG RAISING

Work of Boys' Pig Clubs to Be Displayed by Motion Pictures.

TO INCREASE PORK SUPPLY

United States Department of Agriculture is Organizing Farm Youths in All Parts of Country—45,000 Members Enrolled.

(Prepared by the United States Department of Agriculture.)

Motion pictures, to be shown in picture theaters in all parts of the United States, will show the work of the boys' pig clubs which the United States department of agriculture is organizing in all parts of the country in co-operation with the extension divisions of the state agricultural colleges. The pig club film is the second of a series of official films of the department to be released through one of the large motion picture companies which is to distribute them. This educational film will help to increase the pork supply. It shows the method of instructing farm boys, and in some instances girls, who have joined the agricultural clubs, how to raise better pigs, and the methods used by club members in carrying out instructions. The first pig club was organized in Louisiana in 1910. Now approximately 45,000 members are enrolled in the pig clubs throughout the country.

Best Methods to Be Shown. The first lesson taught in the film story is that it costs no more to feed and care for the pig of carefully selected stock than the scrub, while the results in meat produced is greatly in favor of the well-bred animal. The picture shows further how to feed and care for the pigs, how to protect them



PIG CLUB MEMBERS EXHIBITING PRIZE HOGS.

from disease, and how to shelter them from the inclemency of winter and the heat of summer. The results of wise selection and intelligent care are shown in the well groomed, fat, healthy porkers wearing the prize ribbons they have won at county and state fairs.

Aid in Increasing Supply. "The practicability of producing rapid increase in the pork supply and of bringing greatly increased profits to the farmers who produce it are lessons which the bureau of animal industry wishes to call to the attention of all farmers," says an official of that bureau, "and it has been found that education of the farm youths is bringing about valuable indirect education of their elders in the possibilities of more profitable hog lots."

"It has become urgently important, as a war measure, that this country greatly increase its production of foodstuffs, especially of meats and fats. They are needed for our people at home, for our armies abroad, and for the armies and people of the entente nations. While the department of agriculture is working hard to increase our supply of beef, effective increases in the number of the country's cattle is necessarily slow, while much more rapid results can be obtained in the production of pork, as well as mutton."

MANURE APPLIED IN WINTER

Advantageous to Asparagus and Rhubarb at This Time—Some Use Large Amounts.

Stable manure may be applied advantageously at this time to asparagus and rhubarb. Intensive growers use large amounts as 25 tons to the acre, but half this quantity will be found of great value.

LIME IS OF SPECIAL VALUE

Greenhouse Growers of Vegetables Make Applications Regularly and Systematically.

The use of lime in soils at any time is of special value from the standpoint of sanitation. Greenhouse growers of vegetables, almost without exception, apply lime regularly and systematically.

COW BETTER WITHOUT HORNS

Danger of Animals Hooking Each Other is Eliminated—Apply Caustic Potash on Calif.

(Prepared by the United States Department of Agriculture.)

In the average dairy it is better that cows be without horns, as the danger of their hooking one another is thus prevented. Only in purebred herds, where the appearance of the herd is considered important from a show or sale point of view, is there any justification for allowing horns to grow. It is much easier to prevent the growth of horns than to remove them.

The points that ultimately will develop into horns can be felt as small buttons imbedded in the skin. The prevention is most effective if the treatment is applied when the buttons are just large enough to be felt, which is usually the third and the seventh days. To prevent their development, the hair should be removed from the horn buttons; a stick of caustic potash or soda, wrapped in paper to protect the hands of the operator, is then moistened with water and rubbed on each horn button two or three times, allowing the caustic to dry after each application. Care should be taken to apply the caustic, which should not be too moist, to the buttons only, for if it touches the surrounding skin it will cause unnecessary pain. Immediately after the application the calf also should be protected from rain, in order to prevent the caustic from spreading. If the operation is carefully performed the horns will make no growth. If scurs or horn growths appear, it is an indication that the caustic was not properly applied.

WEEDS ARE VALUABLE CROPS

Only Short Time Ago Tomato Was Generally Believed to Be Poisonous—Clover Was Despised.

The weeds of yesterday may become the cultivated crops of tomorrow. Not many decades ago, at least in the memory of some persons now living, the tomato was a weed of little value and generally believed to be poisonous. Not more than five years ago sweet clover,

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IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.) (Copyright, 1917, Western Newspaper Union.)

LESSON FOR FEBRUARY 10

JESUS CHOOSES THE TWELVE.

LESSON TEXT—Mark 3:7-35. GOLDEN TEXT—And he ordained twelve, that they should be with him, and that he might send them forth to preach.—Mark 3:14.

ADDITIONAL MATERIAL FOR TEACHERS—Matt. 10:1-4; Luke 6:12-16; John 15:15-27; Matt. 6:13-18; 16:24-28; John 17:25; 11 Tim. 4:7-8.

PRIMARY TOPIC—Jesus chooses twelve helpers.

INTERMEDIATE TOPIC—The twelve and what we know about them.

SENIOR AND ADULT TOPIC—What it means to be a disciple of Jesus.

No man can alone accomplish any great task. Every great leader has been blessed by one or more equally great helpers. Luther had his Melancthon; Wesley, his brother Charles, Whitfield and others; Moody had Whittle, Bliss, Sankey, Townier and more. These leaders but followed the example of our Lord. Jesus' ministry made him much observed and greatly multiplied his duties and burdens. When, therefore, he chose these disciples, he desired not only to obtain help and to begin to teach those who were to take his place, but, like every other act, he desired to teach a lesson to those who were so carefully observing him. In verse 14 we are told that he chose twelve, which was a significant number, corresponding to the twelve tribes, and at once confirmed his assumption to the Messiahship and meant that the wondrous prophecies were being fulfilled. It also served to stimulate those upon whom the choice fell. Jesus, as we know from other passages, retired to the mountains to pray. The call came from on high (v. 13), and those called "went up" to him for preparation and for qualification. The call is a purposeful one, for it is not enough to go up; we must also go down and out, hence these are "sent" (vv. 14, 15). Only those who are authorized, however, are sent. Those whom Jesus sent out were to found a new kingdom and to do a greater work than merely to judge the people, because they were not only to judge results, but they were to change results by altering causes; hence they had power over demons, even as the Master, for evil has no rights. The source of their power is to be Jesus, for he is to be with them, our own protection as well (Matt. 28:20); and their power is to grow with its usage, for we learn by doing. These men were originally united, not by a creed but by an ideal; not by a doctrine or teaching, but by actions; not by a subscription to a confession. At once they met with conflict. First of all by a blasphemous unbelief. The Holy Ghost is no more holy than Jesus; but, if we slander him in his veiled condition and before his unfinished work, great shall be the penalty. Those who hate God shut out the light. Secondly, by a conflict with misdirected zeal. There were those about Jesus who watched over him, whereas rather they should have had him watching over them (v. 21). On the other hand, the scribes accused him of being possessed of devils. They attributed to the devil the work that the Holy Spirit and Son were doing. What a strange picture! Friends seeking to restrain, enemies accusing and relatives interposing, yet nothing can stop the onward march of the kingdom of God. Luke tells us that these twelve were selected from among the rest of the disciples. They were to have a greater nearness and more extended authority and, of course, greater testings than the others who were disciples or "learners." These disciples are to be the light of the world. The Christian, "who is the salt of the earth," loses his identity and will lose his saltiness and become like the world, if he keeps not near unto Christ. As light is a good thing to preserve, purify and to cleanse, so are the Christians, yet there is a greater thing, when we energize, direct and believe. This is what the apostles were to do. The aggressive Peter and the other "Son of Thunder," the reflective, cautious Thomas, these were the men who were sent forth as public heralds (John 1:36). Some they are to win by personal solicitation (James 1:41). Others by public proclamation (Acts 2:39-41). Men are saved through men, and those whom he sends forth are those who have first learned to follow. Their work is made permanent only as "they abide in him." God wants the hearing ear, the believing heart and the confessing mouth (Rom. 10:14). The one who would preach Jesus and have power in his name must first of all "be with him," that is, he must enjoy a deep, abiding, victorious life of fellowship with Jesus. Jesus gave directions to those he sent out, first to preach; second, to heal illness; third, to cast out demons.

Our mission is to both body and soul, but Christ puts the spiritual needs first (vv. 14, 15; see Matt. 10:7, 8). The difficulty with many heralds of today is that they invert this order. Those whom Jesus sends out are to offer his kingdom to men and not command men to receive it. Their work will bring variance upon the earth, even among those in the same family; but those who will not go are not "worthy of me." Jesus saw plainly that the victories of his kingdom were often hindered rather than helped by the presence of great crowds (v. 12).

CORN PRODUCES SLOW GAINS

It is Deficient in Protein and Mineral Matter Necessary for Growing Animals.

When fed alone to young pigs, corn produces relatively slow gains at a high feed cost. Supplemental protein feeds will make faster gains at a lower feed requirement per unit of gain. While corn is the chief feed for fattening hogs, it is deficient in protein and mineral matter necessary for growing animals. A food rich in protein and minerals when fed with corn is, therefore, highly beneficial.

FATTEN ALL MARKET FOWLS

This Should Be Done Before They Leave Farm for Added Weight and More Profit.

Fatten all chickens that are to be marketed before they leave the farm or poultry yard. This can be done by confining the birds for a week or ten days and feeding them a good fattening ration. They will be marketed in better condition and their added weight will bring additional profit.

POTATOES SOLD BY WEIGHT

Announcement Made by Food Administration to Prevent Confusion in Making Comparisons.

Potatoes are now sold at wholesale on the hundredweight basis, not by the bushel as formerly. The United States food administration makes this announcement so that persons comparing current prices will not confuse them with quotations referring to bushel measure.

Nervous Headaches Four Bottles of Peruna Made Me Well

Mrs. Effie Hill, Blanchester, Ohio, writes as follows:

"I cannot tell how much I suffered in the past twelve years. I have been treated by physicians and no relief only for a short time. I was in such a condition from nervous headaches, such heavy feeling as if my brain was pressing down, and so nervous I could not get my rest at night. Would have sinking spells and then so weak that I could not do my work. I began to take Peruna. Have taken four bottles of Peruna and have gained in strength and flesh, and can say I am a well

I Cannot Thank You Enough For My Recovery

woman. I cannot thank you enough for my recovery."

Those who object to liquid medicines can secure Peruna tablets.



HIS PRESENT WAS SPURNED

Jack Thought It Pretty Fine, but the Girl of His Heart Had Another Viewpoint.

Fresna Spines put a little powder on her nose, rubbed it off, put a little more on, rubbed it off, and put a little more on and considered that she was dressed for the evening.

Downstairs, waiting, pacing nervously the length, breadth and thickness of the parlor, was handsome Jack Panty, looking even more than ordinarily distinguished in his white Sox and yellow shoes, according to the Detroit Free Press.

"Fresna," he said, nervously dusting a piano leg with his red silk handkerchief, "I've brought you a little something."

And he took a small jeweler's box from his back hip pocket, dropped it on the floor, and upset a \$200 twoozer vase picking it up.

"Never mind, Jack, we were going to break it anyway," said Fresna, with charming diplomacy. Meanwhile, her eyes glued to the little box, her heart beat like a sewing machine.

"I—I don't know whether it will fit your finger," stammered Jack, as he placed his right foot firmly on his left.

"O, Jack!" breathed Fresna. "This is so—"

She stopped. For Jack had opened the box, and the darned thing was only a thimble!

"I'll thank you to pay for that vase!" she said telly, and swept from the room in a cloud of dust.

Washington Once Drafted.

Even Washington himself was once drafted into the service of his country. It was in 1788, long after the revolution, and after Washington had been president for two terms, and had gone into a well-earned retirement at Mt. Vernon. France had broken relations with us, and war impended. Congress appointed Washington commander of the army, and the secretary of war, carrying the commission to him, found him in the harvest field. When Washington learned the errand on which his visitor had come, he said: "I am ready for any service that I can give my country."—Youth's Companion.

The Country Woman's Kick.

The wife of a congressman from a small place in Ohio complained to the cook who bosses things in her Washington establishment.

"The turkey has no flavor," said the lady. "I can't find any meat in the mince-meat, and back home they'd hardly give to the pigs such a mess of stuff as that plum pudding you handed us last night."

Whereupon the cook smiled indulgently and replied: "Well, mum, you'll get over them rural notions after a while."—Country Gentleman.

Gloomy Anticipation.

"After all, it requires the votes of men to make woman suffrage possible."

"That's the only thing about it that worries me," confided Mr. Meekton. "If it doesn't work out comfortably and satisfactorily, Henrietta is almost sure to say we men ought to have had better sense than to vote for it in the first place."

A true man would as soon be knocked down as pitted.

SLOWER THAN CITY COUSIN

Country Youngster in Army Found to Be Possessed of Much Less Initiative and Speed.

American officers are making precisely the same comment as to the city boy versus the country boy that the British officers made when the first green regiment came to the continent, says a correspondent in France. The country boy is a heavier, stronger, but also a slower lad than his city cousin.

"City life sharpens the wits," is the British conclusion. "The city boys adapt themselves to this devilish life more rapidly than the country boys do. They are just as hardy, too, and soon pick up the little outdoor tricks that so many country boys have learned on hunting and fishing trips. The city youngster has more initiative and more speed."

"Is he game?" I asked.

"There are no gamier regiments in the British army than the cockneys," was the reply.

Americans find the country boy needs more watching and caring for than the recruit from the city. His morale and behavior are far better, but he does not adapt himself quickly to his new environment.

NO ROMANCE IN HIS SOUL

Man Who Could Destroy Little Wife's Illusion as He Did, Didn't Deserve to Have One.

"John," she asked, nestling up to him, for it was the third anniversary of their marriage, "what was the happiest moment of your life?"

"Ah, dear," he replied, "I remember it well. I shall never forget it. If I lived to be one hundred years old that moment would always stand out as plainly as it does tonight."

She sighed and nestled a little closer, looking longingly up into his honest blue eyes. After a moment's silence she urged: "Yes, but, John, dearest, you haven't told me when it was."

"Oh," he answered, "I thought you had guessed it. It was when you came to me in the autumn, if you remember, and told me that you had decided to trim up one of your old hats so as to make it do for the winter."

Then the celebration of the third anniversary of their marriage became exceedingly uninteresting and formal.—Milwaukee Journal.

Clearly Up to Somebody.

Bobby, with his mother and little friend, was at a movie. Bobby had some popcorn, which he passed to his friend, who took a generous portion. After waiting a few moments, apparently for his friend, Bobby said: "Thank you."

"Bobby, you shouldn't say that; it was the little boy's place to say 'Thank you!'"

"Well, I know it, but somebody had to say it."

Cultivate Self-Reliance.

The basis of good manners is self-reliance. Necessity is the law of all who are not self-possessed. Those who are not self-possessed obtrude, and pain us.—Emerson.

Best Way.

"How objects do pass from eye to eye." "Yes; I suppose they do it on the bridge of the nose."

Who Do I Give This Car To? YOU? On April 13, 1918 I am Going to Give Away Two Automobiles. I have been giving away automobiles for a long time. Now I'm going to give away two more. Send me the coupon down in the corner and I'll tell you about it. One of the cars I am giving away is an Overland. It is the latest model, fully equipped and complete in every detail. It will be delivered right at some one's front door without a cent of cost to them. Don't you want to get it? Send me the coupon and I'll tell you how. The other car is a Ford, and it will also be given to some one. Would you rather have it? As soon as I receive the coupon I'll send you full details of my offer. Besides the two cars I'm going to give away the other rewards listed here at the left. Surely there is something in that list you want. Cut out and Send the Coupon DO IT NOW! \$1500 in Rewards (Delivered through your local dealer.) 1st—Overland Touring Car 2d—Ford Touring Car 3d—Indian Motorcycle or Piano 4th—\$25 Diamond Ring 5th—Jewel Elgin Gold Watch 6th—15-jewel Elgin Gold Watch 7th—\$25 Chest of Silver 8th—\$15 Victor Talking Machine 9th—Jewel Elgin Gold Watch 10th—\$25-piece Dinner Set 11th—\$25-piece Dinner Set 12th—Eastman Folding Kodak 13th—Eastman Folding Kodak 14th—\$25-piece Dinner Set 15th—\$25-piece Dinner Set Rewards duplicated in case of tie. Maybe you think you are a friend, or that you know all about my plan. It won't hurt you to send the coupon and find out. I'll tell you all about my plan unless I tell you, I can't tell you unless you send the coupon. P. O. Box 1632 Philadelphia, Pa. THE REWARD MAN P. O. Box 1632 Philadelphia, Pa. Please send me full information about the automobiles you are giving away. The signing of this coupon does not obligate me in any way. Name P. O. State R. F. D. Box