

IN THE Maintenance OF HEALTH

It is highly important that you pay special attention to the stomach, liver and bowels

AT THE FIRST TENDENCY to sluggishness or weakness you should try

HOSTETTER'S Stomach Bitters

Lively Aid to Cupid. Eighteen residents of the Pueblo (Colo.) Young Men's Christian association dormitory have been married since that institution opened its doors about a year ago.

Twenty-Five Years' Experience With This Kidney Remedy

Some twenty-five or thirty years ago I began to sell Dr. Kilmer's Swamp-Root and I am satisfied that there is no superior kidney, liver and bladder medicine on the market.

Very truly yours, C. M. COBB, Druggist, 2008 South 10th Street, Lincoln, Neb.

Sept. 21, 1916. Prove What Swamp-Root Will Do For You. Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle.

WORD THAT IS OVERWORKED

Weakened Almost to Disability, and Frayed at the Edges, Is That Too-Much-Used "Very."

There is a word that once possessed a vigor and a power that is altogether lost: "Verily, verily"—"in truth, in truth." Now it is "very," and though it still means "in truth," it has become so weakened by usage that it conveys no force whatever.

Helping the Game Along. The midnight stillness of the darkened parlor was punctuated by a crash just overhead.

"Merely father dropping a hint," she replied, as she snuggled a little closer.—Judge.

Instead of Worrying about the high cost of living, just buy a package of Grape-Nuts

—still sold at the same fair price.

Enjoy a morning dish of this delicious food, and smile over the fact that you've had a good breakfast and

Saved Money Isn't that a fair start for any day?

WOUNDS OF HORSES

Animal Is Often Stung by Swarm of Insects.

SINGLE STING NOT DANGEROUS

Nostrils May Be Closed as Result of Swelling and Possibly Cause Asphyxiation—Treatment for Burns and Scalds.

(Prepared by the United States Department of Agriculture.) Poisoned wounds are the result of bites of snakes, rabid dogs, stings of bees, wasps, etc.

Douse the animal with cold water and apply an alkaline liquid, such as soap-suds, bicarbonate of soda, or weak solution of ammonia.

Wash out the wound thoroughly with antiseptics and then apply a caustic, such as silver nitrate, or burn with a hot instrument.

Bites of rabid dogs produce an infected wound, and the virus of rabies introduced in this manner should be removed or destroyed in the wound.

Burns and Scalds. These wounds of domestic animals are, fortunately, of rare occurrence; however, when they do occur, if at all extensive, they prove to be quite troublesome and in many cases are fatal.

Helping the Game Along. The midnight stillness of the darkened parlor was punctuated by a crash just overhead.

Treatment should be prompt and effective. If the burns are extensive, the constitutional symptoms should be combated with whisky and milk and eggs or ammonia carbonate, strychnin, caffeine, and other stimulants to prevent shock.

face should be covered with this lintment and then with a layer of borated gauze or absorbent cotton, to protect it from the air.

Burns due to mineral acids may be treated by flushing the parts with a copious quantity of cold water or by the application of whiting or chalk.

ECONOMIC PASTURE ON FARM

Practical Data Should Be Secured as to Number of Acres Needed to Support One Head.

In many cases land is given over to use as pasture which will not support sufficient stock to make any reasonable return on the investment.

It should be borne in mind that the quality of the pasturage in relation to the land value is an important consideration in choosing a farm.

TREATING COLT FOR VERMIN

Most of Lice Powders Will Prove Efficient if Used Frequently—Coal-Tar Dip Is Good.

Care must be taken that the colt does not become lousy, for no colt will thrive and make good growth while troubled with lice.

Most of the lice powders on the market will prove very efficient if used frequently, or one of the coal-tar dip preparations may be applied as a spray with a hand sprayer.

BEEES ARE GREAT TRAVELERS

To Collect a Pound of Clover Honey Insects Must Get Material From 62,000 Blossoms.

The bee is famed for industry, but to show how much work the bee really does a naturalist says that to collect a pound of clover honey the bees must deprive 62,000 clover blossoms.

COMPOSTED MANURE IS GOOD

Better Than Well-Rotted Article and Very Much Cheaper—Is Well-Balanced Plant Food.

Composted manure is as good or better than the ordinary well-rotted article and very much cheaper because more can be saved and much less is wasted by being washed away or leaching into the soil while rotting.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. BELLERS, Acting Director of the Sunday School Course in the Moody Bible Institute of Chicago.)

LESSON FOR JANUARY 14

JOHN THE BAPTIST AND JESUS.

LESSON TEXT—John 1:19-24. GOLDEN TEXT—Behold, the lamb of God that taketh away the sin of the world.—John 1:29.

John began his public ministry in the summer of A. D. 26 and the baptism of Jesus probably took place in January, A. D. 27.

I. John the Witness (vv. 15-18). John's ministry created great excitement. The people were in expectancy. All classes were reasoning as to who this strange but marvelously powerful man might be.

II. John the Baptizer (vv. 19-29). As John had denied that he was the Christ or Elijah, the priests and Levites made bold to question his authority at a later time (Matt. 21:23), and still later the authority of the apostles and the priests (Acts 5:28).

III. The Witness of the Spirit (vv. 28-34). The writer is very explicit, stating the exact time that these things occurred, for he was an eye witness.

The work of Christ is for the whole world till all its sin is removed. He is actually removing sin from the world, and when he comes again, sin will be banished.

Fraternity Adopts Orphan. Clarence Eckberg, five years old, was an orphan, but he is an orphan no longer.

Send 10c to Dr. Pierce, Invalids' Hotel, Buffalo, for large trial package of Anurie for kidneys—cures backache.—Adv.

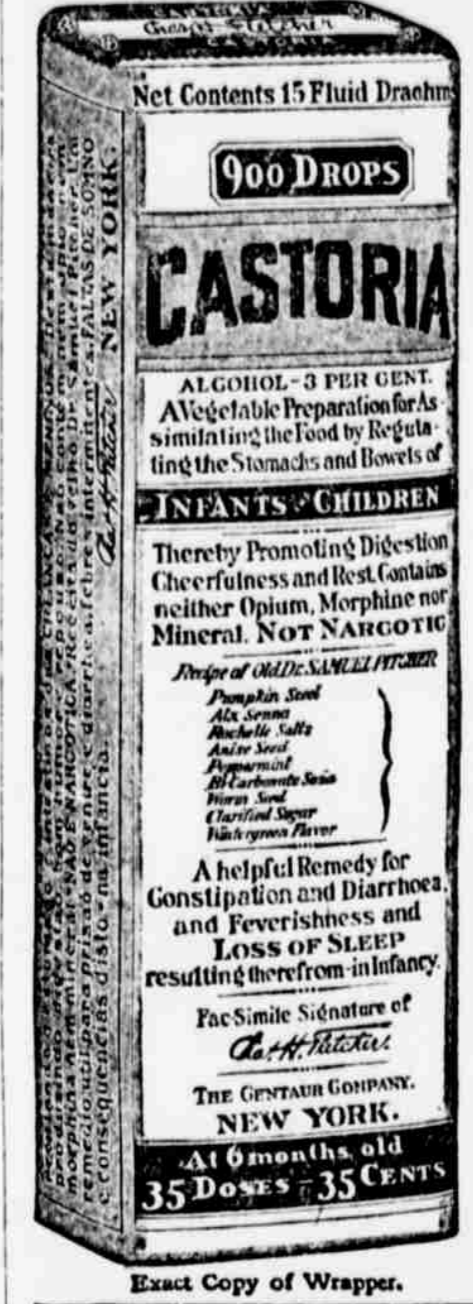
A census of the volcanoes in the world shows there are 672 in all, of which 275 are active.

Whatever is best administered is best.

The first sneeze is the danger signal. Time to take—



The old family remedy—in tablet form—safe, sure, easy to take. No opiates, no unpleasant after effects.



CASTORIA For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of

Dr. J. C. Hathorn In Use For Over Thirty Years CASTORIA

Serious. "She's only flirting with him." "It's more serious than that. I saw her looking up his rating."

ACTRESS TELLS SECRET.

A well known actress gives the following recipe for gray hair: To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 1/2 oz. of glycerine.

Heard in the Ananias Club. "Bliggins sometimes tells the truth." "Yes. But he always mixes something up with it so as to spoil it."

An Empty Echo. "Money talks," observed the Sage. "Yes," replied the Fool. "But all some of us hear is the echo."

10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation, Bilioussness, Sour Stomach, Bad Breath—Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, bilioussness and sluggish bowels—you always get relief with Cascarets.

The Kind It Was. "Did you have a fine kind of automobile trip?" "It was nothing but fines."

New York city has eight pension funds.

A Great Discovery

Swollen hands, ankles, feet are due to a dropsical condition, often caused by disordered kidneys. Naturally when the kidneys are deranged the blood is filled with poisonous waste matter, which settles in the feet, ankles and wrists; or under the eyes in bag-like formations.

Male and female slaves were sold publicly in the fairs of England during the fourteenth century.

Russians are to colonize in South America.



Green's Flower August Flower

Which for 51 years has contributed to the health and well being of countless thousands everywhere. 25c. and 75c.

TYPHOID

is no more necessary. Army experience has demonstrated the almost instantaneous efficacy and harmlessness of Antityphoid Vaccines.



RUPTURE CURED

without pain or a surgical operation. No pay until cured. Write Dr. Wray, 309 E. 12th St., Omaha, Neb.

To Kill Rats and Mice

ALWAYS USE STEARNS' ELECTRIC PASTE U. S. Government Buys It SOLD EVERYWHERE—25c and \$1.00

A WOMAN'S BURDEN. Are lightened when she turns to the right medicine. If her existence is made gloomy by the chronic weakness, delicate derangements, and painful disorders that afflict her sex, she will find relief and emancipation from her troubles in Dr. Pierce's Favorite Prescription.