

"CASCARETS" FOR SLUGGISH BOWELS

No sick headache, sour stomach, biliousness or constipation by morning.

Get a 10-cent box now. Turn the rascals out—the headache, biliousness, indigestion, the sick, sour stomach and foul gases—turn them out to-night and keep them out with Cascarets. Millions of men and women take a Cascaret now and then and never know the misery caused by a lazy liver, clogged bowels or an upset stomach. Don't go in another day of distress. Let Cascarets cleanse your stomach; remove the sour, fermenting food; take the excess bile from your liver and carry out all the constipated waste matter and poison in the bowels. Then you will feel great. A Cascaret to-night straightens you out by morning. They work while you sleep. A 10-cent box from any drug store means a clear head, sweet stomach and clean, healthy liver and bowel action for months. Children love Cascarets because they never gripe or sicken. Adv.

Too Long.

Bacon—In a costly watch that has been made for exhibition purposes there is a wheel that makes a revolution but once in four years, operating a dial that shows the years, months and days.

Egbert—Never do in South America. They could never wait four years for a revolution down there.

A TRIAL WILL CONVINC ANYONE—THE GREAT KIDNEY REMEDY MAKES FRIENDS.

A few years ago I was troubled with a complication of kidney and stomach ailments and although I tried two or three different doctors, I was unable to obtain a cure. Having heard a great deal about Swamp-Root, I decided to give it a trial and purchased a one-dollar bottle of Mr. Alexander, the druggist. From the beginning I would notice a change for the better and after taking eight bottles of my medicine, I felt entirely cured and have not had any trouble since.

Had I begun using Swamp-Root sooner, I would have been a few hundred dollars to the good and saved myself a lot of suffering.

You may use my testimonial any time you wish. Yours very truly,

CHARLES E. HARRIS,

460 Sixth St., Marion, Iowa. I certify that Charles E. Harris signed the above testimonial in my presence, being first duly sworn to the truth thereof, this 12th day of July, 1909.

D. R. KINLEY, J. P.

Letter to Dr. Kilmer & Co., Binghamton, N. Y.

Prove What Swamp-Root Will Do For You. Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores. Adv.

Overhead Charges.

Church—"The overhead charges in this country are something awful.

Gotham—I should say so. I just read that American women yearly buy more than \$10,000,000 worth of millinery supplies from France."

Salzer's White Bonanza Oats.

Made C. J. Johnson of Lincoln Co., Minn., famous in growing 243 bushels from 2 1/2 bushels sown last spring. Can you beat that in 1915? Want you try?



This great Oat has taken more prizes and given bigger yields throughout the United States than any Oat known. It's enormously prolific. Just the Oat for Iowa, Minn., Wis., Ill., Ind., Mich., Ohio, Neb., Pa., N. Y., Kansas and Missouri.

We are America's headquarters for Alfalfa and Potatoes Timothy, Clovers and Farm Seeds.

For 10c in Postage

We gladly mail our Catalog and sample package of Ten Famous Farm Seeds, including Speitz, "The Cereal Wonder," Rejuvenated White Bonanza Oats, "The Prize Winner," Billion Dollar Grass; Teosinte, the Silo Filler, etc., etc.

Or Send 12c

And we will mail you our big Catalog and six packages of Early Cabbage, Carrot, Cucumber, Lettuce, Radish, Onion—furnishing lots and lots of juicy delicious Vegetables during the early Spring and Summer.

Or send to John A. Salzer Seed Co., Box 703, La Crosse, Wis., twenty cents and receive both above collections and their big catalog.

Every time a man looks into a mirror he imagines he sees the reflection of a hero.

Oh, That's It. Redd—Does he drive his own car? Greene—No, his wife's.

Ireland's Patron Saint



On March 17, in or about the year 465, St. Patrick, consecrated bishop of Ireland, died at Saul, in County Down, Ireland, in the seventy-eighth year of his age. Today, more than fourteen centuries later, his day is celebrated with reverence and with rejoicing throughout the English speaking world, for the Irish are everywhere, and nowhere now are they hanging men and women, too, for the wearing of the green.

IRELAND'S SAINT, AND HIS WORKS

Colleen Tells the Story of the Life and Labors of the Beloved Preacher Who Brought Christianity to the Beautiful Shores of the Green Isle.

BY A COLLEEN.

Erin's a spot famous for greenery. But we do not match with our scenery. We're not so green we can make hay with you—says the colleen. "Ah, get away with you!" —Modern Song.

AND is it green you're after thinking we are? Then turn your intelligent eyes upon us, for it's probably due to us that you have an intelligent eye to turn upon anything at all! A fit of the blues and a streak of yellow may make one kind of green—the green young thing that hops out of life at a halter's end, mayhap; or the pale green of envy in a foolish eye. But the sweet, restful green that nature painted the isle was never that kind of a color. 'Tis the bright, cool and happy shade of the leaves and growing things like the bit of a shamrock that best tell the story of it.

And the story of the shamrock and the story of Ireland are the story of Saint Patrick himself. Are you telling me you never heard it? More shame to you that don't know the praises of the greatest of saints. Maybe you're one of them that thinks the blessed man was born in France—France, ochone! Heaven save the mark, 'twas in Dumbarton, called the Rocks of Clyde, in what is now Scotland. His father and mother were Christians, after a fashion that is, and they were subject to the Roman influence, Scotland having been licked by the Caesar, which Ireland was not.

A lad of sixteen he was when they nabbed him and, turning the prow of the coracle down the Clyde, headed for a spot near the Giant's Causeway. Once landed it was not long before he was sold to Milchu, son of Hau Bain, who was king of Dalaradia. His duty thereafter was none other than the tending of cattle in the valley of the Braid, not far from Broughshane. In that valley there is still a town called Ballypatrick or Patrick's Hollow.

Six Years of Slavery. Six years he slaved and planned, and then at the age of twenty-two he ran away. Away from Milchu and the cattle and down to the sea at Killala in the County Mayo, he went. A boat was ready to sail when he reached there—it was about two hundred miles from the valley of the Braid—but he had no money and the sailors refused to give him passage. Fearful of discovery, he went into the wood of Foclut, there to hide till he could get away safely, but the sailors' hearts became softened, and they sent after him and gave him free passage back to his home.

answer the "voice of the Irish" that he declared was calling to him.

He would bring happiness to the Isle of Destiny by way of Christianity—wasn't that a noble mission? And they were ripe for his hand. He landed near the mouth of the River Slany, two miles from the place now known as Saul. At that time there were many divisions and as many rulers in Ireland, each brave clan being a law unto itself. St. Patrick made straight for the nearest chief, Dichu, who thought he and his companions were pirates and came armed to meet them, but when St. Patrick spoke to him the melting sweetness of his message turned Dichu into a staunch friend on the spot, and straightaway he gave a barn to be used as a temporary church and land on which to build a permanent one—and the place is known to this day as Saul, (Saul meaning barn).

Peaceful Conquest of Erin. So the blessed man went up and down the island leaving the broad track of light behind him. He gathered together the chiefs and among themselves and he made them into one solid body. For the Irish never do things by halves, and their love and chivalry responded to the appeal of the apostle of Erin. It wasn't giving to the church with one hand and snatching back with two they were—not a bit of it—only each one trying to outdo his neighbor in goodness and self-sacrifice. Don't think that it was all easy sailing. The saint met with much opposition and had many threats made on his life, but that didn't faze him one whit. The strongest opponents he had were the Druids, as the pagan priests were called. He determined to put a stop to them, and went right into their stronghold at Tara, where they were holding high jinks, and began the celebration of Easter by lighting the Easter fire, for it was Easter eve. The royal command was sent to Patrick to present himself to the court at Slane. There he was received with dudgeon and welcomed by the royal bard Dubhthack. It was just what he wanted and he began to preach to them and converted more than half of them on the spot, gaining the king's permission to preach in any part of Ireland he wished.

No need to tell him twice. From Connaught he traveled to the Lakes of Killarney, from the east to the west and from the north to the south, back and forth he went baptizing thousands. His last years were spent near Saul, advising and teaching those who were to take up his work and follow after him. And on the 17th of March, in the year 493, "he was translated to heaven." Much has been said about just where his grave is, but as long as we know that his ashes rest in the soil of Inisfail, what matter?

And today Erin's sons are scattered far and wide doing the world's work. Literature, science and art have drawn from the Irish resources, not to mention that hardworking team, "Mike and Pat," that keep body and soul together for half of the vaudeville performers—nothing is so easy to attempt as the Irish brogue. Maybe you've noticed that the underdone bits are rarer than the overdone ones? Professional humorists had manners to them, would become extinct entirely if the same pair were not handy to have smart answers wished onto the ends of their tongues. 'Tis not saying the Irish are not witty I am, but only so good-natured that the sins of the world are grafted graciously upon them.

FARMERS WHO SUCCEED IN WESTERN CANADA

Those Who Exercise Thrift, Practice Due Economy, and Adopt Reasonable Methods Are Sure to Prosper.

Those who are interested in developing the agricultural resources of Western Canada in bringing to the notice of those whom they desire to take part in this development present only the facts. There has never been given the impression that farming in Western Canada could be carried on without effort or labor, but it has been successfully stated that better results can be secured with less outlay of capital, either in money or labor, than anywhere else on the continent. This has been proven time and time again. Hundreds of cases could be cited where men have taken up farms, either a homestead, or purchased from railways or land companies, and with little capital at the start have acquired a competence, have established good homes for themselves, and provided a sure future. They have comfortable homes and all their surroundings are comfortable, speak of the reward that their thrift has accomplished.

Carl Dickan, of Russian Poland lived in Pittsburgh, Pa., for fourteen years, and saved up \$900. In 1903 he took the \$900 with him to Alberta. His own story is that he bought a quarter section, for which he agreed to pay \$1,200. "In 1904 I had thirty acres of crop, threshed 900 bushels. In 1909 I bought another quarter. I now have one hundred acres under cultivation, and have never had a crop failure. Have threshed forty-seven bushels of wheat per acre, but the average has been about forty. My oats for the eleven years that I have been here averaged forty-seven bushels to the acre. I now have 9 horses, 47 head of cattle, 33 hogs, which I consider worth \$3,600. I have a thousand dollars worth of farm implements and my land is worth \$8,000. This is all clear of debt. I have every reason to consider this a first-class mixed farming, dairying and poultry raising country, as I think that it is apparent that I have had some success. The only help that I had was my oldest boy, who was 8 years old when I arrived in Alberta."

About fifty miles west of Wetaskiwin there is a partially timbered district lying between Buck Lake and Pigeon Lake. All this land is ready for homesteading, and judging from a letter received by a resident there, this would seem to be an ideal place for a farmer who desired such surroundings. This settler lives on the shore of Buck Lake, his land is willow brush, which is easy to clear. Some of the lumber is good saw timber, and lots of good logs for buildings can be had, as well as rails for fencing. For wheat growing the soil is excellent. Water is easily secured, fishing is good and plentiful and game is anything but scarce. The settlers are mostly from the United States and Canada.—Advertisement.

Tip Topics.

The Gourmand—I suppose you've had to put up with "Tipperary" ever since the war started?

The Waiter (his labor unrewarded)—Yes, sir, and tip a rarity.—London Tatler.

NEGLECT YOUR SCALP

And Lose Your Hair. Cuticura Prevents It. Trial Free.

Cuticura Soap shampoos cleanse and purify the scalp of dandruff while the Ointment soothes and heals the irritated scalp skin. Dandruff and itching are hair destroyers. Get acquainted with these supercreamy emollients for the skin and scalp.

Sample each free by mail with Book: Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

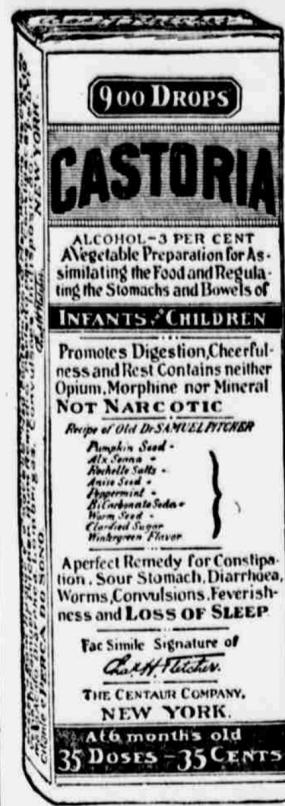
Their Name is Legion.

"I usually take the late train for home."

"I know; but which one?"—Philadelphia Public Ledger.

Stubborn Throat troubles are easily relieved by Dean's Mentholated Cough Drops. They act like magic—5c at all Druggists.

A man with horse sense is the hardest to drive.



CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the

Signature

of

Dr. J. C. Hatcher

In Use For Over

Thirty Years

CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

Mayor tells policemen to club the right man, but who's going to admit he's the right man?

STOMACH MISERY GAS, INDIGESTION

"Pape's Diapesin" fixes sick, sour, gassy stomachs in five minutes.

Time! In five minutes all stomach distress will go. No indigestion, heartburn, sourness or belching of gas, acid, or eructations of undigested food, no dizziness, bloating, or foul breath.

Pape's Diapesin is noted for its speed in regulating upset stomachs. It is the surest, quickest and most certain indigestion remedy in the whole world, and besides it is harmless.

Please for your sake, get a large fifty-cent case of Pape's Diapesin from any store and put your stomach right. Don't keep on being miserable—life is too short—you are not here long, so make your stay agreeable. Eat what you like and digest it; enjoy it without dread of rebellion in the stomach.

Pape's Diapesin belongs in your home anyway. Should one of the family eat something which don't agree with them, or in case of an attack of indigestion, dyspepsia, gastritis or stomach derangement at daytime or during the night, it is handy to give the quickest relief known. Adv.

The paving of streets with wooden blocks originated in Russia.

Beautiful Recipe Book For Every Woman.

We have been asked by the Calumet Baking Powder Company of Chicago to announce through the columns of this publication that they have just gotten up one of the best Recipe Books ever published, 16 pages of which are beautifully illustrated, showing in the colors a lot of dainty dishes and good things to eat that can be prepared with Calumet Baking Powder.

In addition to this there are 222 valuable recipes and numerous household hints prepared by the most noted Domestic Science teachers and Cooking Experts. We know you will find this a very valuable book, as you will have use for it almost every day.

All you have to do to get one is to take the slip that you find in a pound can of Calumet Baking Powder, fill in your name and address according to the instructions on the slip and mail it to the Calumet Baking Powder Company, Chicago, Ill. If you are not already using Calumet Baking Powder, we would suggest that you try it today. You will find it wholesome and economical to use.

You will find it a Baking Powder of unusual merit and the recipe book one of the most beautiful and useful books of this kind that you have ever possessed.—Adv.

Life is never monotonous to the woman who can afford a cook.

A good camel will travel 100 miles a day for ten days.

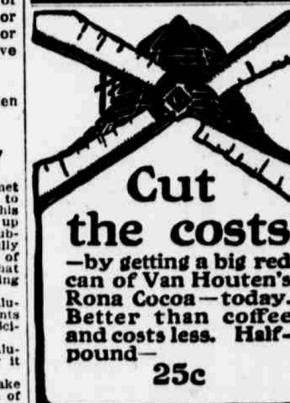
SAGE TEA DARKENS GRAY HAIR TO ANY SHADE. TRY IT!

Keep Your Locks Youthful, Dark, Glossy and Thick With Garden Sage and Sulphur.

When you darken your hair with Sage Tea and Sulphur, so one can tell, because it's done so naturally, so evenly. Preparing this mixture, though, at home is messy and troublesome. For 50 cents you can buy at any drug store the ready-to-use tonic called "Wyeth's Sage and Sulphur Hair Remedy." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears, and, after another application or two, your hair becomes beautifully darkened, glossy and luxuriant. You will also discover dandruff is gone and hair has stopped falling.

Gray, faded hair, though no disgrace, is a sign of old age, and as we all desire a youthful and attractive appearance, get busy at once with Wyeth's Sage and Sulphur and look years younger. Adv.

The beauty of the kalsomined countenance is not even skin deep.



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W. L. DOUGLAS

CAUTION! When buying W. L. Douglas shoes look for the NAME AND PRICE stamped on the bottom. Shoes thus stamped are always worth the price paid for them. For 32 years W. L. Douglas has guaranteed their value and protected their name against cheap imitations. The price stamped on the bottom before they leave the factory. Do not be persuaded to take some other make claimed to be just as good. You are saving your money and are entitled to the best.

W. L. Douglas shoes are sold through 90 stores in the large cities and shoe dealers everywhere.

W. L. Douglas shoes are made of the best domestic and imported leathers, on the latest models, carefully constructed by the most expert last and pattern makers in this country. No other make of equal prices, can compete with W. L. Douglas shoes for style, workmanship and quality. As comfortable, easy walking shoes they are unsurpassed.

The \$3.00, \$3.50 and \$4.00 shoes will give as good service as other makes costing \$4.00 to \$5.00. The \$4.50, \$5.00 and \$5.50 shoes compare favorably with other makes costing \$5.00 to \$6.00. Wherever you live there are many men and women wearing W. L. Douglas shoes. Consult them and they will tell you that W. L. Douglas shoes cannot be excelled for the price.

If you could visit the W. L. Douglas factory at Brockton, Mass., and see how carefully the shoes are made, and the high grade leathers used, you would then understand why they look and fit better, hold their shape and wear longer than other makes for the price.

If your dealer cannot supply you, write for Illustrated Catalog showing how to order by mail. W. L. Douglas, 210 Spark St., Brockton, Mass.

BEWARE OF SUBSTITUTES

MEW'S \$2.50 \$3 \$3.50 \$4.00 \$4.50 \$5 \$5.50 SHOES
WOMEN'S \$2.00 \$2.50 \$3.00 \$3.50 \$4.00 SHOES
BOYS' \$1.75 \$2 \$2.50 \$3.00 MISSES' \$2.00 & \$2.50

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