

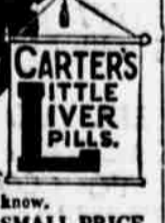
WHY GRIP IS DANGEROUS.



It requires a good tonic laxative to keep the body of the patient as strong as possible to counteract the effect of the poisons created by the grip bacillus. An expectorant tonic with some laxative qualities is the safest remedy. Such is Peruna.

Don't Persecute Your Bowels

Cut out cathartics and purgatives. They are brutal, harsh, unnecessary. Try CARTER'S LITTLE LIVER PILLS.



Here's a Tangle. How easy it is to mix up the average business man was demonstrated the other day when the son of a local merchant leaned against his father's knee and innocently asked: "Daddy, is today tomorrow?"

Good News. "Sir, I am going to raise your rent." "Glad to hear it; I can't."



Neuralgia. There is no need to suffer the annoying, excruciating pain of neuralgia; Sloan's Liniment laid on gently will soothe the aching head like magic. Don't delay. Try it at once.

SLOAN'S LINIMENT. is the best remedy for rheumatism, backache, sore throat and sprains. At all dealers, 25c. Send four cents in stamps for a TRIAL BOTTLE.

SELDOM SEE a big knee like this, but your horse may have a bunch of bruise on his Ankle, Hock, Stifle, Knee or Throat. ABSORBINE.

NO BAKING POWDER MORE WHOLESOME THAN ALUM POWDERS.

Washington, D. C.—Alum baking powders are no more harmful to a person than any other baking powders. Such is the conclusion of the referee board of consulting scientific experts of the department of agriculture as the result of experiments to determine the influence of aluminum compounds on the nutrition and health of man.

Putting it Up to Ma. "Pop?" "Yes, my son." "What is this war about over in Europe?"

THE COLONEL'S GOLD MINE

Out in Gregory County, South Dakota, lives Colonel Johnson, the famed Alfalfa King of that great section.

He has found a veritable gold mine in his thousand-acre Alfalfa field, and what is of particular interest to you and me is that his first Alfalfa Seed, twenty-five years ago or more, was purchased from the John A. Salzer Seed Co., La Crosse, Wis.

For 10c in Postage. We gladly mail our Catalog and sample packages of Ten Famous Farm Seeds, including Speltz, "The Cereal Wonder"; Rejuvenated White Bonanza Oats, "The Prize Winner"; Billion Dollar Grass; Teosinte, the Silo Filler, Alfalfa, etc., etc.

Or Send 12c. And we will mail you our big Catalog and six generous packages of Early Cabbage, Carrot, Cucumber, Lettuce, Radish, Onion—furnishing lots and lots of juicy delicious Vegetables during the early Spring and Summer.

He Had Some. Mollie—Is her hair all her own? Chollie—No; I've got a lock of it in my watch she gave me.

PHYSICAL WRECK RESTORED TO HEALTH BY GREAT KIDNEY REMEDY.

I feel it my duty to furnish you with my testimonial as to what your remedy Swamp-Root did for me when I was a physical wreck from kidney and bladder trouble.

Letter to Dr. Kilmer & Co., Binghamton, N. Y. Prove What Swamp-Root Will Do For You. Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course Moody Bible Institute, Chicago.)

LESSON FOR FEBRUARY 7

RUTH CHOOSES THE TRUE GOD

LESSON TEXT—Ruth 1:6-18. (Read entire book.) GOLDEN TEXT—Thy people shall be my people, and thy God my God.—Ruth 1:16.

The book of Ruth is a great love story, full of deep spiritual suggestiveness. Amid the tales of war, defeat, success and failure, this story most beautifully illustrates another side of the life of the Israelites.

I. "There Was a Famine in the Land." This famine drove Elimelech his wife Naomi and their two sons, Mahlon and Chilion, into the land of Moab, even as Abram before them "went down" into Egypt.

II. "Entreat Me Not to Leave Thee." This story puts to silence all of the mother-in-law jokes. When Naomi thought they had gone far enough she sought to dismiss the younger women and expressed to them the tender affection which existed between them.

III. "Whither Thou Goest I Will Go." Naomi gave Ruth another opportunity to go back to her people and this time bases her appeal upon the love of Ruth for Orpah (v. 15).

IV. The Sequel. At Bethlehem Ruth had no other thought than to cling to, her mother-in-law, even in poverty and a life of lowly service.

John C. Holmes of Orleans has been appointed by Governor Morehead as one of the three special deputies serving under Game and Fish Commissioner Rutenbeck.

The senate has passed on third reading the Gates bill permitting the sale of liquor at Fort Crook and other military posts, and repealing the two and a half-mile limit hitherto existing.

The committee on state institutions of the house has passed favorably on the bill to permit the giving of rations to old soldiers at the Grand Island home living in cottages, instead of compelling these old soldiers to go up to the home dining room for their meals.

Deputy Attorney General Andrew M. Morrissey is now chief justice of the supreme court of Nebraska. Mr. Morrissey took the oath of office and immediately entered upon his duties.

Will Head Off Tax Dodging. A movement to furnish county assessors and the state equalization and assessment board with more information than they now have regarding land transfers and values in each county was given impetus by Fuller of Seward.

Emphasize the beauty and value of lovingly serving our elders. Naomi is no less a heroine. Her name means "pleasant, winsome."

Justice discards party, friendship, and kindred, and is therefore represented as blind.—Addison.

Want Normal Board Abolished

Former State Treasurer W. A. George, an ex-member of the state normal board, and State Superintendent A. O. Thomas, now serving as a member of that body, joined in recommending to the house committee on education that the board be abolished and its duties and authority transferred to the regents of the state university.

To Prevent Useless Competition. Railway Commissioner T. L. Hai has drafted a bill which he will ask some member of the legislature to introduce, prohibiting the establishment of a competing public utility in the same community where one of the same kind is already in existence.

FOR NEW CAPITOL BUILDING. Asks One Mill Levy for Four Years to Raise Funds. Erection of a new state capitol is the end sought in the Chambers bill introduced in the house.

Substitute Warehouse Bill. The much heralded substitute public warehouse bill has been introduced in the senate by Grace of Harlan.

Primary and general election polls will be open from 8 in the morning until 8 in the evening under the provisions of a bill introduced by Representative Smith of Cuming county.

The house of representatives stood by the governor's premature veto of the sterilization bill and voted to kill the measure before it went any farther and took time of legislation with the known fact that it would run up against executive displeasure finally.

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Out of the Frying Pan.

David Starr Jordan, at a peace meeting at the Hotel Astor in New York, said to a reporter: "Half the world at war, and the counsel we are getting is that we must arm more heavily. That counsel reminds me of the African king's words: 'An African king feasted a white explorer royally. Then, at the end of the feast, 300 girls were led forward. 'Choose from among these 300,' said the king, 'a wife.' 'But the explorer blushed and stammered: 'Oh, but if I took one, then the remaining 299 would be jealous.' 'That is easily remedied,' the king answered. 'Take all.'"

It Puzzled Him. Silas—I hear your son left that small town and went to the city to have a larger field for his efforts. Hiram—Yes; and that's what gets me. When Hank was home a two-acre potato patch was too big a field for him.—Judge.

Labor is necessary to excellence. This is an eternal truth, although vanity cannot be taught to believe or indulgence to heed it.—John Randolph.

No Compromise

You must conquer Stomach Ills at once if you would retain the controlling power in health matters. Such ailments as Poor Appetite, Indigestion, Bilioussness, Constipation, Colds and Grippe soon undermine your health. Help Nature conquer them with the valuable aid of

HOSTETTER'S Stomach Bitters

W. N. U., LINCOLN, NO. 6-1915.

Sick Women Made Well

Reliable evidence is abundant that women are constantly being restored to health by Lydia E. Pinkham's Vegetable Compound

The many testimonial letters that we are continually publishing in the newspapers—hundreds of them—are all genuine, true and unsolicited expressions of heartfelt gratitude for the freedom from suffering that has come to these women solely through the use of Lydia E. Pinkham's Vegetable Compound.

Money could not buy nor any kind of influence obtain such recommendations; you may depend upon it that any testimonial we publish is honest and true—if you have any doubt of this write to the women whose true names and addresses are always given, and learn for yourself.

Read this one from Mrs. Waters: CAMDEN, N.J.—"I was sick for two years with nervous spells, and my kidneys were affected. I had a doctor all the time and used a galvanic battery, but nothing did me any good. I was not able to go to bed, but spent my time on a couch or in a sleeping-chair, and soon became almost a skeleton. Finally my doctor went away for his health, and my husband heard of Lydia E. Pinkham's Vegetable Compound and got me some. In two months I got relief and now I am like a new woman and am at my usual weight. I recommend your medicine to every one and so does my husband."—Mrs. FILLIS WATERS, 530 Mechanic Street, Camden, N.J.

From Hanover, Penn. HANOVER, Pa.—"I was a very weak woman and suffered from bearing down pains and backache. I had been married over four years and had no children. Lydia E. Pinkham's Vegetable Compound proved an excellent remedy for it made me a well woman. After taking a few bottles my pains disappeared, and we now have one of the finest boy babies you ever saw."—Mrs. C. A. RICKRODE, R.F.D., No. 5, Hanover, Pa.

Now answer this question if you can. Why should a woman continue to suffer without first giving Lydia E. Pinkham's Vegetable Compound a trial? You know that it has saved many others—why should it fail in your case?

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health.



Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.

HORSES FOR EUROPE. Europe is buying thousands of horses from the United States for the war. The army agents refuse all horses that are not in good condition and free from contagious and infectious diseases. When the buyers come you must be ready to sell. Keep YOUR horses in salubrious condition, prevent and cure Distemper, Pink Eye, Epistaxis, Catarrhal and Shipping Fever by using the longest selling veterinary remedy.

How It Came. "How did you get your musical temperament?" "I was born in a flat."—Princeton Tiger. Delicate Intimation. "I'll show them I can do more things than sit on a stool and look pretty." "Come to think of it, you can sit on a stool."

What a lovely collection of beautiful horses we would be if we could see our two sources; one pure, the other impure.—Hare.

WAITING FOR YOU. 160 Acre Farms in Western Canada FREE. Yes, waiting for every farmer or farmer's son—any industrious American who is anxious to establish for himself a happy home and prosperity. Canada's hearty invitation this year is more attractive than ever. Wheat is higher but her farm land just as cheap and in the provinces of Manitoba, Saskatchewan and Alberta 160 Acre Homesteads are Actually Free to Settlers and Other Land at From \$15 to \$20 per Acre.