

MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs"

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness.

Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Limited Dissipation.
A small henpecked little man was about to take an examination for life insurance.
"You don't dissipate, do you?" asked the physician, as he made ready for tests. "Not a fast liver, or anything of that sort?"
The little man hesitated a moment, looked a bit frightened, then replied in a small, piping voice: "I sometimes chew a little gum."—Collier's Weekly.

BIG EATERS HAVE BAD KIDNEYS AND BACKACHE

Take a Glass of Salts at Once If Your Back Is Hurting or Kidneys and Bladder Trouble You.

The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out; they weaken from overwork, become sluggish; the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.—Adv.

The Better Method.
The deacons of a church were discussing possible ways of ridding themselves of an undesirable pastor who paid no heed to pointed suggestions that his resignation would be acceptable. Finally one of the deacons said: "If we make a large reduction in his salary it would probably have the effect of making him resign."
"I know a surer way than that," said the other deacon. "Let us double his salary and he will fall dead."

GAS, DYSPEPSIA AND INDIGESTION

"Pape's Diapepsin" settles sour gassy stomachs in Five minutes—Time It!

You don't want a slow remedy when your stomach is bad—or an uncertain one—or a harmful one—your stomach is too valuable; you mustn't injure it.

Pape's Diapepsin is noted for its speed in giving relief; its harmlessness; its certain unfailing action in regulating sick, sour, gassy stomachs. Its millions of cures in indigestion, dyspepsia, gastritis and other stomach troubles has made it famous the world over.

Keep this perfect stomach doctor in your home—keep it handy—get a large fifty-cent case from any dealer and then if anyone should eat something which doesn't agree with them; if what they eat lays like lead, ferments and sours and forms gas; causes headache, dizziness and nausea; eruptions of acid and undigested food—remember as soon as Pape's Diapepsin comes in contact with the stomach all such distress vanishes. Its promptness, certainty and ease in overcoming the worst stomach disorders is a revelation to those who try it.—Adv.

And when the children are at play many are called but few answer.

SENATE COMMITTEE APPOINTMENTS ARE ANNOUNCED

Spencer, Saunders, Kiechel and Mallery, Republicans, Are Favored With Chairmanships

Western Newspaper Union News Service.
Four chairmanships were given to the republican minority by the democratic committee on committees, whose appointments were presented to the senate. The republicans honored by chairmanships were: Spencer of Gage, banks and currency; Mallery of Box Butte, labor; Saunders of Douglas, miscellaneous subjects, and Kiechel, public institutions.

The committee appointments were as follows:
Accounts and Expenditures.
Krumbach, chairman; Robertson, Mattes, Hoagland and Spencer.
Agriculture.
Bygland, chairman; Henry, Robertson, Gates, Lahners, Douthett and Shumway.
Banks and Currency.
Spencer, chairman; Bygland, Henry, Howel, Gates, Douthett and Marshall, Constitutional Amendments and Federal Relations.
Krumbach, chairman; Spirk, Brookley, Bedford, Wallace H. Wilson, Saunders and Mallery.
Drainage, Irrigation and Water Power (combined).
Wink, chairman; Beal, Gates, Kiechel, Shumway and Bushee.
Education, University and Normal Schools and Library.
W. H. Wilson, chairman; Henry, Kiechel, Buhrman, Dodge, Pillar and Spirk.
Enrolled and Engrossed Bills.
Quincy, chairman; Robertson, Beal, Dodge and Marshall.
Finance, Ways and Means.
Kohl, chairman; W. H. Wilson, Wink, Quincy, Brookley, Howel, Kiechel, Bushee and Mallery.
Claims and Deficiencies.
Weesner, chairman; Grace, Willis Wilson, Lahners and Shumway.
Fish and Game.
Grace, chairman; Buhrman, Krumbach, Saunders and Lahners.
Highways, Bridges and Ferries.
Gates, chairman; Bygland, Robertson, Willis Wilson, Ruden, Lahners and Douthett.
Insurance.
Henry, chairman; Howel, Mattes, Kohl, Gates, Douthett, Sandall and Shumway.
Judiciary.
Beal, chairman; Mattes, Quincy, Brookley, Kohl, Sandall, Bushee, Spirk and Spencer.
Labor.
Mallery, chairman; Quincy, Weesner, Bedford and Kiechel.
Live Stock and Grazing.
Bedford, chairman; Brookley, Buhrman, Ruden and Douthett.
Manufactures, Retail and Commerce.
Pillar, chairman; Beal, Krumbach, Wink, Dodge, Mallery and Spirk.
Medical Societies.
Willis Wilson, chairman; Bygland, Weesner, Sandall and Marshall.
Miscellaneous Corporations.
Mattes, chairman; Howel, Kohl, W. H. Wilson, Henry, Saunders and Bushee.
Miscellaneous Subjects.
L. Saunders, chairman; Wink, Grace, Willis Wilson and Spirk.
Municipal Affairs.
Howel, chairman; Quincy, W. H. Wilson, Spencer and Hoagland.
Privileges and Elections.
Wallace Wilson, chairman; Mattes, Brookley, Spirk and Lahners.
Public Institutions.
Kiechel, chairman; Henry, Buhrman, Krumbach, Willis Wilson, Pillar, Hoagland and Spencer.
Railroads.
Brookley, chairman; Bedford, Grace, Mattes, Hoagland, Sandall, Ruden and Gates.
Revenue and Taxation.
Buhrman, chairman; Quincy, Weesner, Wink, Mallery, Bushee and Marshall.
School Lands and Funds.
Robertson, chairman; Bygland, Weesner, Dodge and Sandall.

The Nebraska conservation and soil survey declares that the Nebraska blue sky law is working better than similar laws in any other state. In a statement just issued. A few changes are asked for to make the law effective. All land companies and agents should be required to register with the state, and a penalty should be provided for not doing so. Funds should be provided to further systematize and extend the work and to get quicker action.

Members of the state legislature have each received a letter from the German Family society informing them that they have been elected honorary members of the organization, inviting them to visit the headquarters of the organization, and assuring them that full privileges of the club rooms will be accorded them.

A bill to prohibit any member of the legislature from holding any position in a state institution or on any state board will be introduced within a few days.

Last session's members amended the rules of each house to provide for printing of committee-of-the-whole notes in the journals of both houses. This session's indorsement of the publication of committee votes will be the last step and will enable the public to keep complete tabs on the lawmakers' records, singly and in groups.

House action will be taken during the week on the joint resolution indorsing the Hitecock munitions bill. No opposition appears to have been organized against it, thus far.

HE SUGGESTS REFORMS

LIEUTENANT GOVERNOR PEARSON HAS SOME RECOMMENDATIONS

An Innovation in History of Senate—State Officers Should Be on a Non-Partisan Ballot

Western Newspaper Union News Service.

For the first time in the memory of even the old timers, a lieutenant governor read a message to the senate. This occurred Monday afternoon when Lieutenant Governor Pearson read a short address in which he recommended many reforms. This followed a motion by Senator Howel of Douglas that the lieutenant governor be heard from, as the senate had been too busy Thursday after his inauguration to hear him. Following the reading a



GEORGE JACKSON Of Nelson, Speaker of the House, Nebraska Legislature.

motion was made by the same senator to accept the message and that it be spread upon the records. Mr. Pearson's message, which was greeted with vociferous applause by the senators, follows in part:
"I greet you today in the capacity of president of the senate and lieutenant governor. I come to you as the choice of the people as expressed at the last election, to do what seems to be for the best interests of the people of the state. I have and want to continue to always have the interests of the people of the state at heart. I have lived in Nebraska so long and mingled with her people so much until I now feel that as a plain Nebraskan I meet a friend every time I meet a Nebraska citizen.
"I want to co-operate with you in doing your duty to the people of the state. We are here for business and I hope we will all buckle right into the work and stay right with it until every measure and every subject receives due consideration."
In his message he states:
That he thinks all state, legislative and county officers should be non-partisan.
That the state should have a permanent and aggressive publicity bureau.
That Nebraska should establish a first-class state printing office.
That conservation of state water power should receive more careful consideration.
That the subject of public roads should not be slighted.
That appropriations should not be stunted, but should receive the most careful consideration and scrutiny.
That there should be a hearty concurrence in the public demand for a liberal amount of repeal bills at this session.
That consolidated rural schools should receive hearty encouragement.
That we need a rural credit system that will improve the condition of the farmers of the state.

Senate Employees to Wear Badges.
Employees of the senate will wear metal badges designating their respective offices, according to a resolution introduced by Senator Wilson of Frontier county, and passed. This practice was adopted in the house several sessions ago, and has been in vogue there since.
Senator Laurie J. Quincy of Douglas county Tuesday afternoon introduced Senate File 23, a bill to repeal the present capital punishment law. He wants to be away with the measure which was amended at the last session to provide electrocution instead of hanging.
Representative Hutton of Lancaster has announced his draft of a bill providing for widening the election ballots for such a party arrangement of candidates as will lend simplicity to the task of voting.
W. J. O'Brien, superintendent of the state fisheries, and Gust Rutenbeck, chief game warden, have prepared a bill to permit the state fish and game commission to use the proceeds of all game licenses for the payment of salaries and expenses of the department. The bill will be introduced by Senator Buhrman of Howard county. In two years, the game license fees amount to \$60,000. The appropriation for the support of the game and fish commission for a period of two years is about \$45,000. The license fees now go to the state school fund.

Stop That Backache

There's nothing more discouraging than a constant backache. You are lame when you awake. Fains pierce you when you bend or lift. It's hard to rest and next day it's the same old story.
Pain in the back is nature's warning of kidney ills. Neglect may pave the way to dropsy, gravel, or other serious kidney sickness.
Don't delay—begin using Doan's Kidney Pills—the medicine that has been curing backache and kidney trouble for over fifty years.
A Nebraska Case
Mrs. Helen Converse, 114 S. 15th St., Lincoln, Neb., says: "A fall severely injured my kidneys and I was in poor health after that. A tried languid feeling kept me in misery. My limbs and ankles swelled and I could plainly see that I had kidney trouble. Doan's Kidney Pills fixed me up in good shape and I am grateful for all they have done for me."
Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Close relatives can be very distant if they are rich.

YOUR OWN DRUGGIST WILL TELL YOU Eye Trouble Remedy for Red, Weak, Watery Eyes, and Irritated, Itchy, Swelling. Just Eye Comfort. Write for Book of the Eye by mail Free. Murrine Eye Remedy Co., Chicago.

The Chances.
"Do you think the chances of the hobbie skirt are promising?"
"I think they are very slim."

Important to Mothers.
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use For Over 30 Years. Children Cry for Fletcher's Castoria

The Attraction.
Bacon—I understand in many of the Chilean cities women are employed as street car conductors.
Egbert—Now I can understand why men want to crowd the back platforms.

His Mission.
The Professor—The fish of America, north of the Isthmus of Panama, embrace three classes, 30 orders, 223 families, 1,113 genera, 335 subgenera, 3,263 species and 133 subspecies.
The Student—Well, professor, if you will let me off today I'll go out and see if I can get a string of genera.

The Hyphen Explained.
Mrs. Dearborn—You say that is Mrs. Burke-Martin?
Mrs. Wabash—Yes; Burke was her name and Martin was her husband's name.
Mrs. Dearborn—But why does she use the hyphen between the names?
Mrs. Wabash—To show that she is separated from her husband.

Austria Protects Workers.
In order to prevent the wholesale dismissal of employees of private firms, the Austro-Hungarian ministry of war has directed that army contracts will only be given to those firms who have maintained their staffs at the ordinary full number, and without any reduction in wages. Manufacturers acting in a contrary manner will be rigidly excluded from all further contracts, and they may also expect to have existing contracts canceled.

NO CUSTARD FOR REGINALD

Young Wife Had Done Her Best, But Probably the Cook Book Was at Fault.

Reginald loved his wife tenderly and devotedly, but he had to acknowledge in the inmost recesses of his heart that the hand that wielded the powder puff lost its art in the pudding basin.
"What pudding would you like tonight, love?" she cooed at breakfast time.
"Oh, anything!" he whispered desperately.
"Anything?" she reiterated, in a pained tone.
"Well, you know, old girl; anything light—only don't tire yourself out."
"You shall have your favorite—custard, dear," she promised.
Toward seven o'clock Reginald returned, but the sound of weeping and gnashing of teeth greeted his trained ear.
"Whatever is it, my dear girl?" he implored, as he rushed into the kitchen.
"O-o-oh!" she sneived on his waistcoat. "I've been making you custards all the afternoon and—"
"And what, pet?"
"They all t-turned out sponge cakes!"

Mysteries of Golf.
Josephus Daniels, secretary of the navy, was invited the other day to go out and play golf.

"I can't play it," said Daniels; "I made up my mind some time ago not to go in for golf until they change the rules."
"How do you mean?"
"Well, until they change the rules and make it as good a game as shinny."
That recalls the tale they tell about the time Franklin K. Lane, now secretary of the interior, first undertook the mystery of golf.

Two enthusiasts over the game lent a large set of clubs to Lane and they played a round. When they had reached the last hole Lane walked over to the nearest teeing place and began attempts to drive off with each club in his sack, one after another.
"The game's all over," they explained, gently.
"Well," asked Lane, picking up another kind of club, "can't I play my hand out?"—New York Sun.

Unnecessary Effort.
His Wife—This paper says an army of 100,000 men has wrecked a railroad in Belgium.
Railroad Magnate—What a waste of energy! A board of five directors could have done it just as thoroughly.—Life.

Too Small to Harm.
The Mother—I see a triangular tray to hold a piece of pie unharmed in a lunch box has been invented.
The Boy—But who would harm such a little piece of pie as you cut, mamma?
Not Supplying the Two.
The Angry One—For two cents I'd knock your block off!
The Calm One—Well, you won't get your working capital from me.

The Exception.
Payton—Are all the children bright?
Parker—No; one's level-headed.—Life.
Man is made of dust—which may account for his wanting the earth.

An Ohio Druggist

Wm. Vogel, 861 May St., Akron, Ohio, writes:
"Through cold and exposure and improper food during the flood, I was taken with appendicitis and a acute intestinal catarrh. In June and July my life was despaired of, but recovered sufficiently to be up and around. My bowels seemed paralyzed. Could eat no solid food.
"The first of last December I decided to try Peruna. My appetite improved, and very soon solid foods could be taken. In two months time I gained 18 pounds. Now I am heavier than I ever was before. When I began to use Peruna my bowels commenced to move at once."
Those who object to liquid medicines can now procure Peruna in Tablet form.



Speaking of Aunts.
"You say she is an auntie-quarian?"
"Well, that's what her fresh young nephew calls her."

CARE FOR CHILDREN'S

Hair and Skin With Cuticura. Nothing Easier. Trial Free.
The Soap to cleanse and purify the skin and scalp, the Ointment to soothe and heal rashes, itchings, redness, roughness, dandruff, etc. Nothing better than these fragrant super-emollients for preserving and purifying the skin, scalp and hair.
Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Parson Knew Better.
Uncle Jim Sugarfoot killed a fine rabbit for the entertainment of Parson Heavegrace, who was expected to dinner, but as rabbits were out of season he thought to avoid what might prove an embarrassing situation by making the parson think it was chicken he was eating.
"Brother Heavegrace," said Uncle Jim, when it came time for a second helping, "what part of de bird would you like now?"
With a merry twinkle in his half-closed eyes, Parson Heavegrace replied:
"If you all don't mind, Ah think Ah'll take de gizzard."—Pittsburgh Chronicle-Telegraph.

A Celebrity.
"You say he's the man who put this town on the map?"
"That's him, stranger. He just finished serving his sentence about six months ago."
Good Advice.
"So you want to be somebody, do you? There's only one way you'll ever make a noise in the world."
"What is that?"
"Join a brass band."

The New York thief who stole a barrel of ink will probably get a term in the pen.
The wideawake man doesn't wait for opportunity to knock at his door; he meets her at the gate.
Men with a keen sense of humor never try to tell funny stories.

The Bumper Wheat Crop

means nourishment to millions. But, did you know that a large percent of what are known as the vital phosphates of this wheat will be wasted, so far as human needs are concerned? That's unfortunate, but true.

Many so-called breakfast foods and all white flour products lack these mineral elements—phosphorus, iron, lime, etc.—because they are thrown out of the wheat in the milling process, just to make the flour look white and pretty. And yet these elements are absolutely necessary—all of them—for health.

There's one food, however, that does not lack these mineral elements. That food is—

Grape-Nuts

Made of wheat and barley, this sturdy food contains all the nutriment of the grain, including their rich phosphates, so essential for body, brain and nerve building. The long baking of Grape-Nuts food makes it easily digestible, with highly concentrated food-values.

Comes ready to eat; fresh, crisp, economical, and wonderfully appetizing.

"There's a Reason"