"CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfort able you are from constipation, indiges tion, billousness and sluggish bowels -you always get the desired results with Gascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children-their little insides need a cleansing, too. Adv.

Her Platform.

At the Marshall home there was much discussion of woman suffrage and other political questions, and little Vera had always been a very much interested listener.

What will you do when you can vote?" a visitor asked her.

"Help to put candy on the free list." was the snexpected reply.-Youth's Companion.

Important to all Woman Readers of this Paper.

Thousands upon thousands of women have kidney or bladder trouble and never suspect A.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease. If the kidneys are not in a healthy con-

dition, they may cause the other organs You may suffer a great deal with pain

in the back, bearing-down feelings, head-ache and loss of ambition. Poor health makes you nervous, irritable and may be despondent; it makes

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

good kidney medicine, possessing healing and curative value, should be a blessing to thousands of nervous, over-worked women.

Many send for a sample bottle to see what Swamp-Root, the great Kidney, Liver and Bladder Remedy will do for them. Every reader of this paper, who Parcel Post. You can purchase the regular fifty-cent and one-dollar size bottles at all drag stores. Adv.

Slew Delivery.

Mrs. Gotham-Who spoke at the dinner tonight, dear? Mr. Gotham-Well, one of the speakers was the owner of that big depart-

ment store. 'No wonder you're late, then."

"Why?"

"I happen to know his delivery is ewfully slow."

A POTATO KING

"If I were a farmer boy, or a boy without capital, and wanted an early compe-tency, I'd start right out growing Pota-toes," said Henry Schroeder, the Potato king of the Red River Valley, whose story in the John A. Salzer Seed Co.'s Catalogue reads stranger than a romance.

That advice of Mr. Schroeder's, the self made Potato king, comes from a warm heart, a level head, an active hand, and above all, a successful Potato grower!



Do You Know, Mr. Farmer,

there is more money in five acres of Potatoes year in and year out than in anything you can grow on your farm, and the grow ery, etc., is easy. It's regular Fourth of

Salzer's Creations in Seed Corn put Wisconsin on the Corn Map with its as-tonishing yields! Headquarters for Oats, Barley, Clovers.

For 10c in Postage

We gladly mail our Catalog and sample package of Ten Fa-mous Farm Seeds, including Speltz, "The Cereal Wonder;" Rejuvenated White Bonanza Oats, "The Prize Winner;" Bil-lion Dollar Grass; Teosinte, the Silo Filler, etc., etc.

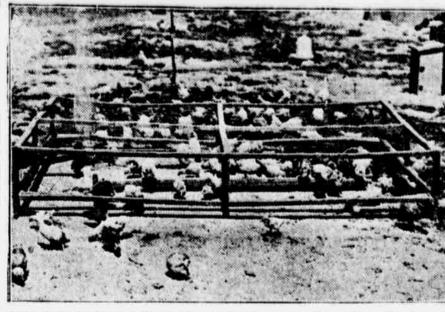
Or Send 12c

And we will mail you our big Catalog and six generous packages of Early Cabbage, Carrot, Cucumber, Lettuce, Radish, Onion—furnishing lots and lots of juicy delicious Vegetables during the early Spring and Summer.

Or send to John A. Salzer Seed Co., Box 703, La Crosse, Wis., twenty cents and receive both above collec-tions and their big catalog.

Many a great man is never heard o 20 miles from home.

MAKING MONEY WITH POULTRY AND SWINE



Frame Used to Protect Feed of Small Chicks From Older Ones in Use at Government Poultry Farm, Beltsville, Md.

to protect feed of young chicks from mals for breeding purposes. This se-

taken.

possible.

one part warm water.

milk at all times.

ty-fine bone, skin and hair. If the

Once the herd has been established

by the careful selection of sows and

standard raised by the exercise of the

greatest care in the selection of ani

lection should be made as early as

Youngsters Should Be Fed Cow's Milk

Weakened With Water-Mixture

Should Be Sweetened.

(By W. D. NEALE.)

hand successfully if a little care is

milk, but the cow should be fresh if

Do not feed the milk at its normal

The mixture should be sweetened a

At the end of two weeks the quan-

tity of water may gradually be re-

duced and the amount of milk in-

creased until the water is left off al-

a month old it will be necessary to

feed it three or four times each day.

To teach the colt to drink from a

pail is not a very great task. Put your

finger in his mouth and lower your

hand into the milk. He will get a

taste of the milk and soon you can slip

your finger from his mouth and he

If he proves obstinate, wrap a goose

quill with a strip of cloth and use it as

a nipple in a bottle or purchase a nip-

Good care must be taken of the

pail from which the colt drinks. It

should be scalded each time it is used.

you would avoid bowel troubles.

be nipping the green grass.

sugar in it.

fine.

clean.

five pounds.

dressed poultry.

do not make it warm.

for a first-class soft roaster.

Never use sour or skim milk, if

Give clean water between feeds. Let

After a while he will be eating dry

bran from your hand if you put a little

Soon you will be able to feed him

some grain and then your hardest work

POULTRY NOTES

Roots of all kinds can be fed cooked

The legs of dressed poultry when

shipped to market should be perfectly

By "large roaster" is meant a plump,

Always turn the heads of the birds

back under the wings in packing

When the mornings are cold, take

During the months of April, May

Old cock birds have a class of their

own in market, and do not come un-

der the head of "large roasting fowls."

Each pigeon should have at least

and June the highest prices are paid

the chill off the drinking water, but

soft chicken, weighing about four or

DEOKO B DOGO

him run in the yard, and soon he will

will proceed without you.

ple from the drug store.

little with sugar and given when about

the temperature of a mare's milk.

An orphan colt can be raised by

sows tend toward overrefinement and

"rangy" and strong-boned.

Prepared by the United States Depart- | built, the boar should have high qualiment of Agriculture.)

A recent farmers' bulletin (No. 624) issued by the United States depart- delicacy, the boar should be rather ment of agriculture, entitled "Natural and Artificial Brooding of Chickens," contains some interesting suggestions regarding the feeding of young chick- boar, it must be maintained and its ens. The accompanying figure illustrates a frame cover with wire netting

the older fowls. Young chickens should be fed from possible. One celebrated breeder used three to five times daily, depending to select his show lambs and calves upon one's experience in feeding. Un- when they were three days old. This doubtedly chickens can be grown fast- of course, is unusual, but the decision er by feeding five times daily than by should not be delayed any longer than feeding three times daily, but it is absolutely necessary. No animals should be borne in mind that more should be selected for breeding pur harm can be done to the young chick- poses except for good reasons and ens by overfeeding than by under unless the breeder is quite sure that feeding, and at no time should they be he is right in his selection. fed more than barely to satisfy their appetites and to keep them exercis- RAISING THE COLT BY HAND ing, except at the evening or last meal, when they should be given all they will eat. Greater care must be exercised not to overfeed young chicks that are confined than those that have free range, as leg weakness is liable to result in those confined.

Farmers who have no experience in hog raising but who wish to start a herd on their farms are urged by the United States department of agriculture to make haste slowly. It will be real economy, they say, if the beginner can secure the advice and assistance of an experienced breeder. Whether he succeeds in this or not, he should start with a small herd. Five sows will be enough for the first year if these are really good animals.

The chief points to be desired in a brood sow are set forth in farmers' bulletin 205 of the United States department of agriculture, published under the title of "Pig Measurement." The sows selected should be nearly ive sample size bottle by neck moderately thin and the shoul- It will be a strengthener and will make ders smooth and deep; the back should the colt's hair sleek and glossy. be fairly wide and straight, and ample



Head of Herd of Duroc Jerseys.

coom for the vital organs should be provided by a good width and depth of chest, well-sprung ribs and straight, deep sides-a deep, capacious bod, from end to end. Depth of chest and sides are specially important in a brood sow. Pinched chests and waists must be avoided. Brood sows should, of course, show quality, but this should not become overrefined and delicate. Extremes of refinement usually lead to delicacy of constitution and often accompany sterility.

The selection of the boar is even more important than that of the sows. It is possible to obtain success from the use of a good boar with inferior sows, but nothing but disaster can possibly come from the use of an inferior boar with sows of high quality. One method raises the standard of the herd, the other lowers it. If, as is apt to be the case, the farmer's herd at the beginning is not of sufficient size to justify buying a high-grade boar for his exclusive use, it will be far better or raw, but they should be chopped for him to join with his neighbors in obtaining one in common, then to attempt to get results from an inferior animal. One boar can serve fifty or sixty sows a season, so that co-operation will be found profitable in a great majority of instances.

A boar with strongly developed masculine characteristics should be selected, preferably as a yearling, or else as a pig that has been purchased at the same time as the sows and allowed to come to maturity before being used. He should have a strongly masculine head and a well-crested neck. His shoulders should be developed according to age; but shields on the shoulders in pigs under a year or eighteen months are objectionable. The same indications of a good porkproducing carcass that the sows required should be seen in the boar-a broad, straight, deeply fleshed back, much depth and length of side, and well-developed hind quarters. The boar should be selected to correct any defects that may be common to the sows, for example, if the sows are one hundred cubic feet space in the rather coarse in bone and loosely flying pen writes J. L. Van Arsdale.

INTERNATIONAL

(By E. O. SELLERS, Acting Director of Sunday School Course Moody Bible In-stitute, Chicago.)

LESSON FOR JANUARY 24 GIDEON AND THE THREE HUN-

LESSON TEXT-Judges 7:1-8, 16-23. GOLDEN TEXT-Not by might, nor by power, but by my Spirit, saith Jehovah of nosts.—Zech. 4:6, R. V.

DRED.

This was the period of Israel's transition from a nomadic to an agricultural life. The record we have is an alternate succession of idolatry and subjugation with a return to Jehovah and to liberty.

I. "Gideon and All the People," vv. 1-8. Rallying about him his clansmen Gideon chose a position at the spring of Harod near Jezreel, his back to Mt. Gilboa and the Midianites to the north next to Mt. Moreh. He thus controlled the fords of the Jordan and could prevent the enemy from returning to their homes in the desert country. Outwardly the great discrepancy of numbers made the situation look dubious for Israel, but in reality the danger was that the army was too large, since when the victory was gained they might "vaunt themselves." Individuals and churches usually count their strength according to numbers. (See II Cor. 12:9.) If we desire God's strength it must be as we ourselves are weak (Isa. 40:29). God is sometimes limited by having too many and not enough of the right sort. When God delivers he leaves no room for boasting (Eph. 2:8, 9; Rom. 3:27). God can save as well by the few as by the many (I Samuel 14:6), and frequently uses the weak and despised things to confound the mighty (I Cor. 1:27, 28), that "no flesh should glory in his presence" (I Cor. 1:29). These were two tests whereby Gideon was to select his warriors: (1) "Go to, proclaim . . . whosoever is fearful

. . . let him return" (v. 3). It is not well to criticize too severely the It should be fed on cow's 22,000 who returned; even in the Garden not only Peter, but all the disciples forsook the Master and fled. God does not choose men because they are strength, but weaken with one-third heroes, but to make heroes of them water-that is, to two parts milk put by the power of his might. (2) There is yet another sifting. God gives Gideon the clue (v. 4), viz., to decide by their method of drinking. Those who drank "as a dog lappeth," were those not to be taken off guard even while drinking.

II. Gideon's Second Assurance, vv 9-15. It was absurd, humanly speaktogether. Don't forget to sweeten the ing, for 300 men to expect to defeat 135,000. God "strengthened" Gideon Whenever possible the milk should the same age and uniform in type. The be given immediately after milking it (v. 11). Gideon and Phurah, at God's has not afready tried it, by enclosing ten forehead should be broad between the cents to Dr. Kilmer & Co., Binghamton, eyes, the throat clean and trim, the egg may be added three times a day. eyes, the throat clean and trim, the egg may be added three times a day. near the Midianite host. Avoiding the to hear a man telling his dream to "his fellow." The latter interprets The quantity of milk given should this as nothing else than the "sword of Gideon" (v. 14). Gideon worshiped be governed by one's judgment. Some colts require more than others, but be God and at once returned to arouse careful not to overfeed, for the colt the camp of Israel. may get the scours. Until the colt is

III. The Sword of the Lord and of Gideon, vv. 16-23. In all probability these men wore their usual weapons as soldiers and carried food for their use in pursuing the enemy. However, for this midnight attack they needed only three weapons, lamps, pitchers and trumpets. Each of these have a spiritual suggestion for the Christian. (See Matt. 25:4: Ps. 119:105: also II Cor. 4:6, 7, and Ezek. 33:3, 6; I. Cor. 14:8.) Gideon's stratagem of dividing his men into three companies and then as the pitchers are broken to blow the trumpet caused a lively panic among the Midianites. That Gideon had faith and courage in himself, and in the word of Jehovah, is suggested in his words, "Look on me and do likewise." We are to look to the "captain of our salvation" (Heb. 13:2) and by our lives of obedience prove the devotion of our life (John 15:14, 14:21). As already suggested, there were probably no defenses surrounding the enemy and in the darkness Gideon and his men easily approached the camp. It is easy to imagine the scene-the midnight hour, the army suddenly awakened by a deafening shout, the blasts of trumpets, the 300 torches flashing forth amid the crash of earthenware, and all of this in dense darkness. The Midianites in the confusion turned their weapons against each other and fled toward the Jordan and into the regions beyond toward the desert. Others followed by the ten thousand, fleeing toward Succoth and Penuel. We of this day have our wars and battles against the wrongs, the principalities and powers of evil, which are around us and within us. Such battles require the same courage, and skill, and consecration of ourselves, as did the wars of those ancients against the enemies that threatened the very existence of the people of God.

God's work in this world is often done by a few persons who have had a vision of him, who have grown in character and devotion, and who use the simple weapons of lamps, pitchers and trumpets, even as that small company of one hundred and twenty on the day of Pentecost, filled with the Spirit of God, led the forces which ultimately overthrew invincible Rome. The reformation under Luther, the work of the Puritans, Carey in India, the Wesleys in England, and countless other instances are illustrations of this truth, that "one with God is a majority."

Proof Positive. Visitor-The dear baby has got its grandmother's nose.

Aggrieved Papa-No, it hasn't, for she was around here this morning poking it into our business.

Their Places. "Where did you go in the theater, Mrs. Comeup?"

"We sat in the mezzotint boxes, but the girls preferred seats in the

The Bore. "I hate to ask Jinks about his health." "Why?"

"He promptly tells me all about it."

Stung: "After you refused Jack did he propose again?"

"Yes; but it was to another girl."

tastes finethe whole family will like Van Houten's Rona Cocoa, better than any other. Big red can, half-pound-

25c

THE PARTY OF THE P

ES Canadian Wheat. to Feed the World

The war's fearful devastation of European The war's fearful devastation of European crops has caused an unusual demand for grain from the American Continent. The people of the world must be fed and there is an unusual demand for Canadian wheat. Canada's invitation to every industrious American & therefore especially attractive. She wants farmers to make money and happy, prosperous homes for themselves while helping her to raise immense wheat crops.

You can get a Homestead of 160 acres FREE and other lands can be bought at remarkably low prices. Think of the money you can make with wheat at its present high prices, where for some time it is liable to continue. During many years Canadian wheat fields have averaged 20 bushels to the acre—many yields as high as 45 bushels to the acre. Wonderful crops also of Oats, Barley and Flax.

Mixed farming is fully as profitable an industry as grain raising. The excel-lent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, markets convenient, climate excellent.

Military service is not compulsory in Canada, but there is an extra demand for far labor to replace the many young men who have volunteered for the war. The Gov ernment this year is urging farmers to put extra acreage into grain. Write for literature and particulars as to reduced railway rates Superintendent Immigration, Ottawa, Canada, or

W. V. Bennett, 220 17th St., Roem 4,Bee Bldg.,Omaha,Neh. Canadian Government Agent



Cures the sick and acts as a preventive for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy: 50c and \$1 a bottle; \$5 and \$10 a dozen. Sold by all druggists and horse goods SPOHN MEDICAL CO., Chemists, GOSHEN, INDIANA

AS IT APPEARED TO EBEN

Surely Was Something of a Miracle as Event Was Explained by the Minister.

Here is one of George W. Cable's good southern stories:

"In a town in Georgia lives an old colored fellow who is a real thorn in the side of the local ministers, for the old fellow is always asking embarrassing questions of them touching mooted theological points,' says Mr.

"One day old Eben had a long and earnest discussion with his pastor in reference to just what constituted a miracle. The minister found it no easy matter to make his ideas clear to Eben.

"'I s'pose, now,' said the preacher, 'dat de greatest of all de miracles was dat of de loaves and fishes. You 'member, of co'ce, dat dere was five thousand loaves and two thousand fishes which was eaten by the twelve apostles.

"'Sho', I 'member,' replied old Eben, with a smile, 'an' it always 'peared to me dat de miracle was dat dey didn't bust!" "-The Sunday Magazine.

Stock Exchange. "What does her husband do? heard her say something about the stock exchange." "He's a horse trader."

> BAD DREAMS Caused by Coffee.

"I have been a coffee drinker, more or less, ever since I can remember, until a few months ago I became more and more nervous and irritable, and finally I could not sleep at night for I was horribly disturbed by dreams of all sorts and a species of distressing nightmare.

"Finally, after hearing the experience of numbers of friends who had quit coffee and were drinking Postum, and learning of the great benefits they had derived, I concluded coffee must be the cause of my trouble, so I got some Postum and had it made strictly according to directions.

"I was astonished at the flavor and taste. It entirely took the place of coffee, and to my very great satisfaction, I began to sleep peacefully and sweetly. My nerves improved, and I wish I could wean every man, woman and child from the unwholesome drugdrink-coffee.

"People do not really appreciate or realize what a powerful drug it is and what terrible effect it has on the human system. If they did, hardly a pound of coffee would be sold. I would never think of going back to coffee again. I would almost as soon think of putting my hand in a fire after I had once been burned. Yours for health."

Postum comes in two forms: Regular Postum - must be well boiled. 15c and 25c packages.

Instant Postum-is a soluble powder. A teaspoonful dissolves quickly Nebraska Directory in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum. -sold by Grocers Winter Pienics.

"Do you enjoy winter picnics?"

seem like picnics without spiders

Every girl vows when she marries that she will not stand for neglect from her husband the way her poor old mother does.

"Oh, yes, indeed, but they hardly

He who gets rich quick is apt to go broke in a hurry.

Mary's little lamb sometimes grows up and becomes the goat.



For Young and Old The acute agonising pain of rheumatism is soothed at once by Sloan's Liniment. Do not rub—it penetrates to the sore spot, bringing a comfort not dreamed of until tried. Get a bottle today.

RHEUMATISM

Here What Others Say:

"I highly recommend your Liniment as the best remedy for rheumatism I ever used. Before using it I spent large sums of money trying to get relief of the misery and pains in limbs and body, so I tried your Liniment both internal and external and I found quick relief, and now am well and strong again."—Geo. Curtee, \$55 N. 10th St., Springfield, IA. Here's Proof

"I wish to write and tell you about a fall I had down fourteen steps, and bruised my neck and hip very bad. I could not sleep at all. I sent my wife for a 25 cent bottle of your Liniment and in two days' time I was on my feet again."—Charles Hyde, 1820/2 Frairie Ave., St. Lewis, Mo.

for neuralgia, sciatica, sprains and

All Druggists, 25c. send four cents in stamps for s TRIAL BOTTLE Dr. Earl S. Sloan, Inc.

Wisconsin yields on top-Salzer's specialties belped do it. BIG SHED CATALOG FREE.

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