State Historical Spei ty

Old People Need A Bowel Stimulant

The Ideal One Is a Mild Laxative-**Tonic That Will Keep the Bowels** Gently Active.

Healthy old age is so absolutely dependent upon the condition of the bowels that great care should be taken to see that they act regularly. The fact is that as age advances the stomach muscles become weak and inactive and the liver does not store up the juices that are necessary to prompt digestion.

Some help can be obtained by eating easily digested foods and by plenty of exercise, but this latter is irksome to most elderly people. One thing is certain, that a state of constipation should always be avoided, as it is dangerous to life and health. The best plan is to take a mild laxative as often as is

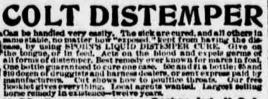
tainty it is suggested that cathartics, purgatives, physics, salts and pills be and are so harsh as to be a shock to a remedy. delicate system.

A much better plan and one that ing, is to take a gentle laxative-tonic kinds can usually be dispensed with. and because of her sedentary habits it will do.

MRS. MARY A. P. DAVIDSON

had continual bowel trouble. From deemed necessary. But with equal cer- the day she began taking Dr. Caldwell's Syrup Pepsin she has had no further inconvenience and naturally avoided, as they do but temporary good she is glad to say kind things of this

A bottle can be bought of any druggist at fifty cents or one dollar. People thousands of elderly people are follow- usually buy the fifty cent size first, and then, having convinced themselves of like Dr. Caldwell's Syrup Pepsin, which its merits, they buy the dollar size. acts as nearly like nature as is possible, which is more economical. Results are In fact, the tendency of this remedy always guaranteed or money will be is to strengthen the stomach and bowel refunded. Elderly persons of both muscles and so train them to act natu- sexes can follow these suggestions rally again, when medicines of all with every assurance of good results. Families wishing to try a free sam-This is the opinion of many people of ple bottle can obtain it postpaid by addifferent ages, among them Mrs. Mary | dressing Dr. W. B. Caldwell, 419 Wash-A. P. Davidson of University Mound Home, San Francisco, Cal. She is 78 card with your name and address on



Gretna Green Ceremony. A young couple who arrived at Berwick the other Sunday were married after the Scottish fashion in a delightfully simple way.

They drove over the border into Scotland, and stopping at a spot where two men were seated, the young man said that he and the lady wished to be married and that they could not adopt the conventional method, as it would be stopped directly the banns were put up.

The couple then formally took each other for man and wife before the two witnesses, and a document to that effect was produced and signed by the parties and the witnesses.

Landscape Would Be Hazy. "I wonder why it is that joy rides are always taken at night?"

"Chiefly, I suspect, because the person who is in the mood for a joy ride is seldom in a condition to view the scenery."

inside. Come Along.

"Out at Stop-well on second

came out of a house by the side of the road, and waited beside us. "Are you going to take this car?"

"Hope so," he replied, "if my wife

"Wait an' I'll see,' was the reply. Then he shouted to the house:

be ready?" "In just ten minutes, John," came the reply through an open up-

FOUND MISS WILDFIRE

RED ULUUD, NADARNAN, VALA.

By CLARISSA MACKIE.

Frank Churchill had had the briefest glimpse of her, but her face haunted him for months afterwards. As agent for an eastern land company he had stopped for a night at her father's ranch in Montana. The girl had appeared shyly in the living room of the house and her father had caught her sunbrowned little hand and drawn her affectionately to him.

"Come Bess, I want you to meet the man from New York who wants to build sky scrapers on the side of Money Mountain."

Bess Delorme had laughed merrily and placed her hand for an instant in Churchill's; with a few words of encouragement concerning his venture Bess had slipped away and he had never seen her again.

But her face haunted him always with its charm of sweet expression and the pretty curve of cheek and chin. The thick dark lashes that shaded her soft black eyes, and the curling tendrils of her jetty hair, were set in his memory like a painted picture.

The next year he returned to find her parents dead and the motherless home broken up. Bess Delorme had gone further west, someone said to relatives in California. No one knew definitely.

So Churchill nursed his secret love and looked always for the face of the girl he had seen but once. He became a traveling salesman and his business took him over much western territory. In every town or city he visited his first inquiry was for someone by the name of Delorme, but so far he had never found trace of her.

It was a cool sweet, night such as California knows often, and Churchill lingered on the steps of his Los Angeles hotel wondering how to spend the evening hours before bedtime.

He lighted a cigar and wandered down the street until he came to an open air moving picture theater. He paused before the gay posters outside the entrance, studying the pictures of the western play "Miss Wildfire." Suddenly he bought a ticket and went

He sat patiently through several reels until finally there was flashed on the white screen the title of the next play: "Miss Wildfire, a story of love and hate on the plains."

Churchill settled back in his seat. It would be something to look on the familiar country where Bess Delorme lived.

At the very first scene his interest was aroused. Surely there was the Delorme ranch house, and the girl dressed in corduroy skirt and fiannel in vain. shirt with broad brimmed hat on her dark curis was Bess Delorme herself. The play proceeded; cowboys rode madly hither and thither; rival lovers appeared for the hand of the rancher's daughter; the rancher was a man who was strange to Churchill and Bess

SNAKES THAT REALLY WALK was the only familiar face among the characters. The characters came and went, made love, disagreed, hated each

over the correspondence that had accumulated during his absence. Someone opened the door behind him and slipped into a chair. He turned his head slightly, saw a dark, curly head the outline of a white clad shoulder, and arm and a slim brown hand poising a pencil over a fresh

notebook. Churchill's feet came down from the able and his hat flew into a corner. "Good morning," he said crisply.

Are you ready ?" "Yes," was the low-toned reply. The "Please take this letter: Goodenuf Film Company, San Francisco, California. Gentelmen:-Refer-

ring to my several inquiries concerning the whereabouts of Miss Lillian Delorme until recently a member of your company of players, may I not impose upon your courtesy a little further and ask you to institute some inquiry, in whatever direction you may deem advisable, concerning the destination of Miss Delorme when she left San Francisco. I am very anxious to find her present whereabouts and-"

"Oh, excues me!" cried the stenographer breathlessly.

"Going too fast for you?" he asked kindly.

"No-but, please, Mr. Churchill!" He whirled around in his chair and stared with unbelieving eyes into the blushing startled face of-Miss Wildfire herself.

He sat there with parted lips for an absurdly long time but it was rather disconcerting to search the west for a trace of Bess Delorme and come back to the east to find her prosaically established in his firm's business office!

It took Frank Churchill two hours to explain to Bessie Delorme why he wanted to see her and to hear from her lips that she had decided not to be an actress after all and that she had taken her dying father's advice and gone east to seek work in New York;

her only aid had been one of Churchill's business cards found among her father's effects. "Well, Churchill," said his sales manager when at last he interviewed the traveling man. "You can put mourning band on your sleeve-I'm

going to change your territory." "Not New England?" asked Church delightedly.

"Yes. I thought you'd kick a lot over it-you-ve been so keen for the west.

"I was looking for something out there but I've found it now. I say Mr. Robinson, fix it up so I can have a

month off in October, will you?" "Not getting married?" asked the other.

"Perhaps," returned Churchill guardedly, but in his heart he knew that Miss Wildfire and he had not crossed the continent in search of each other

"Then I'll see that you get a pass over the line to Niagara Falls," grinned his chief.

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Scientists Assert They Have Method of Locomotion of Which Few

TAKES OFF DANDRUFF HAIR STOPS FALLING

Giris! Try This! Makes Hair Thick, Glossy, Fluffy, Beautiful-No More Itching Scalp.

Within ten minutes after an application of Danderine you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most will be after a few weeks' use, when you see new hair, fine and downy at first-yes-but really new hair-growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is amazing-your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable luster, softness and luxurlance.

Get a 25 cent bottle of Knowlton's Danderine from any store, and prove that your hair is as pretty and soft as any-that it has been neglected or injured by careless treatment-that's all-you surely can have beautiful hair and bowel action for months. Chiland lots of it if you will just try a little Danderine. Adv.

Signatures on Paintings.

Experts rarely rely on signatures alone to determine the authenticity of an old painting, but trust rather 'to their knowledge of the painter's technique. Sometimes the painter's name is found in a conspicuous place, as for instance, in Raphael's "Sposalizo" at Milan.

Proud of having surpassed his mas ter the youthful genius wrote on a frieze in the very center of the canvas, "Raphael Urbinas."

Reynolds hardly ever signed his work. But upon the completion of the portrait of Mrs. Siddons as "The Tragic Muse," he wrote his name large on the gold embroidery of her dress. He was unable, he said, "to resist the temptation of sending my name to posterity on the hem of your garment."

Easy Winner.

Senator Kay Pittman was talking in Tonopah about two lobbyists who had quarreled.

"But there's no fear," he said, "of their maining or mutilating each other. They are like Bluff and Stuff. "'Who came out ahead,' a man asked, 'in that street row between Bluff and Stuff?'

"'Stuff did,' was the answer, 'but he had half a street's start.""

Most of the musk that is exported from Tibet is bought by a French firm and is used in the manufacture of perfumery.

Never.

"Is your wife still away from some?" "My wife is still nowhere."-Boston Franscript.



No sick headache, sour stomach, biliousness or constipation

by morning.

Get a 10-cent box now.

11

....

Turn the rascals out-the headache, biliousness, indigestion, the sick, sour stomach and foul gases-turn them out to-night and keep them out with Cascarets.

Millions of men and women take a Cascaret now and then and never know the misery caused by a lazy liver, clogged bowels or an upset stomach.

Don't put in another day of distress. Let Cascarets cleanse your stomach; remove the sour, fermenting food; take the excess bile from your liver and carry out all the constipated waste matter and poison in the bowels. Then you will feel great.

A Cascaret to-night straightens you out by morning. They work while you sleep. A 10-cent box from any drug store means a clear head, sweet stomach and clean, healthy liver dren love Cascarets because they never gripe or sicken. Adv.

Seldom Are.

"Did you attend that terrible play?" "I did?"

"And was it as immoral as you had been led to hope?"

Good positions far exceed the supply of good material available to fill them .-- Columbus Ohio State Journal.

Mrs.Winslow's Soothing Symp for Children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colle, 25c a bottle.

You have a right to your opinion. So have others.





Know Just When the Car Would

thought we will not give the number of the stop, because that would identify the person this story is about a little too closely. Out in the country, at a place where the interurban cars stop, we waited for a home-bound trolled the other day. A man

we asked.

gets here in time I will." "How soon doc; the car come?"

"Mary, how soon are you goin' to

Passing.

"It's very evident that the old school of press agents is passing away.

"What's the new school?" "There isn't any."

Don't neglect a cold. It means Consump-tion or Pneumonia. Dean's Mentholated Cough Drops check colds-5c at Druggists.

Don't judge by appearances. Men who wear diamond pins often have money.

Why Old Backs Ache

What a pity that so many persons past middle age are worried with lame backs, aching kidneys, poor eyesight, sick head-ache, dizziness, gravel, dropsy or dis-tressing urinary ills. Kidney weakness brings these discomforts in youth or age and is a dangerous thing toneglect, for it leads to Bright's disease and uric acid poisoning. Doan's Kidney Pills have brought new strength to thousands of lame backs-have rid thousands of annoying urinary trouble.

An Indiana Case



Bamuel Haley, grocor, 923 W. Race St., Port-land, Ind., says: "My kidneys and bindder were in terrible condition. My kidneys acted My kidneys acted My kidneys acted too frequently and my back ached terribly. Nothing helped me until I used Doan's Kid-ney Pills. It didn't take them long to oure me and I be-lieve they saved my life."

Cot Desa's at Any Store, 50e a Ben DOAN'S HIDNEY FOSTER-MILBURN CO., BUFFALO, N.Y.

The Army of Constipation le Growing Smaller Every Day. CARTER'S LITTLE LIVER PILLS are responsible — they not only give relief - they perma-nently cure Cee-. Mil-

s, Sick Headache, Sallow Skin. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature



stairs window. The farmer nodded to us. "If she's tellin' the truth," he said,

'the car'll be here in jest nine minutes an' a half. An' they aint' another car fer an hour."-Cleveland Plain Dealer.

He Obeyed.

Willie was struggling through the story in his reading lesson. "No, said the captain," he read, "it was not a sloop. It was a larger vessel. By the rig I judged her to be a-a-a-a-" The word was new to him.

"Barque!" replied the teacher. Still Willie hesitated.

"Barque!" repeated the teacher, this time sharply.

Willie looked as though he had not heard aright. Then with an apprehensive glance around the class he shouted:

"Bow-wow!"

The Cause. She-I don't know what makes her so positive about everything. He-Her sex.-Puck.

A FOOD DRINK Which Brings Daily Enjoyment.

A lady doctor writes:

Though busy hourly with my own affairs, I will not deny myself the pleasure of taking a few minutes to tell of my enjoyment daily obtained from my morning cup of Postum. It is a food beverage, not an irritant like coffee.

"I began to use Postum 8 years ago, not because I wanted to, but because coffee, which I dearly loved, made my nights long, weary periods to be dread ed and unfitting me for business during the day. "On advice of a friend, I first tried

Postum, making it carefully as suggested on the package. As I had al ways used 'cream and no sugar.' mixed my Postum so. It looked good, was clear and fragrant, and it was a pleasure to see the cream color it as my Kentucky friend wanted her coffee to look-'like a new saddle.'

"Then I tasted it critically, for I had tried many 'substitutes' for coffee. I was pleased, yes, satisfied with my Postum in taste and effect, and am yet, being a constant user of it all these years. I continually assure my friends and acquaintances that they will like it in place of coffee, and receive benefit from its use. I have gained weight, can sleep and am not nervous."

Name given by Postum Co., Battle Creek, Mich. Write for the little book, "The Road to Wellville." Postum comes in two forms:

Regular Postum-must be well boiled.

Instant Postum is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage in-stantly. Grocers sell both kinds. "There's a reason" for Postum

other, fought and died-and Frank Churchill saw only one face through it all.

When the play was over he went dizzily around to the office of the manager and asked questions.

"Miss Wildfire-why that part is taken by Lillian Delorme, one of the most popular players; let me see, that's a Goodenuf film. Miss Delorme is one of the Goodenuf players, you know. Sorry, that's all I know about it. Write to the film company in San Francisco, they'll give you her address.'

Churchill thanked him and went away only to return and view the "Miss Wildfire" film again.

When the doors were closed for the night he went to his hotel and studied the telephone directory. The Goodenuf Film company could

not be expected to be doing business at midnight, therefore his long distance call to San Francisco was unanswered. He went to bed stirred by a thousand hopes and fears. "It must be that I'm going to meet her again somewhere or I wouldn't

have chanced on that film tonight when 'my thoughts are full of her." he told himself time and again during the sleepless night.

At nine o'clock the next morning he got the Goodenuf Film company by telephone and to his chagrin learned that Miss Delorme had left the company the week before and gone east. Her destination? Oh, New York, I suppose, they all go there," sighed his informant as the interview was closed.

was a clew that Churchill clung to takes hold of any projection on the as he finished his business in Los surface over which it is going This Angeles and prepared to leave for Chicago on his homeward trip.

eyes wide open for some glimpse of an ugly snake can hold fast while be his love and whenever he was in the pulls up his other half. Scientists do vicinity of a moving picture show he dropped in hoping to see Miss Wildbut that they sometimes jump. fire once more. Again and again he

raw the play in different cities until he knew it by heart. He grew intensely jealous of the big cowboy hero of the play who made such romantic love to the charming little western girl and he would have slain the villain singlehanded every night if he had been flesh and blood.

At last he reached New York and reported to the sales manager. Mr. Robinson was very busy that morning and he sent word out to Churchill to wait a couple of hours for him.

"I'll borrow a stenographer then and dictate a few letters," decided Churchill and he spoke to the chief clerk.

Five minutes afterwards he was seated in a small office his feet elevated to a table and his mind busy Are Aware

Apropos of the recent discovery in Africa of the Gigantosaurus Africanus it is interesting to note the many facts which point to the conclusion that snakes swam before they took to land It is not impossible that the traces of former snake locomotion which are found in the python and other snakes are the remains of former fins. It is said that when the reptiles came to land and learned to burrow in the sand

they lost these. There is one explanation of the rudimentary foot of modern times in the snake world, and that is in the remains of the flying dragon. When the dragons ceased to fly and came to earth it is said that some of them survived as snakes and that the remains of their feet and wings survive in the

species that tempted Adam and Eve. The usual method of walking in the snake tribe is peculiar and is more like walking in a bag. A snake walks; he does not crawl, as the average layman imagines. Snakes walk on their ribs. The old Germans or Teutons used to have a warlike custom of proclaiming their kings. The sturdy warriors would lock their brasen shields together lifted high above their heads, on which the future king was elevated.

The snake's belly is in some respects like the interlocked shields. His feet are his ribs, which he is capable of working forward or backward, at the same time bending them. Over each rib there is a shield, and

as the foot moves the point of the foot "East" was indefinite-New York is lowered and digs into the ground or moves his bulk along. He also curis himself up and thus moves along more And everywhere he went he kept his swiftly. Grabbing with his front ribs, not believe that snakes can spring,

Dining Early.

Lord Shaw told a good story at a dinner to the Bench and Bar given recently by the Fishmongers' company. He said that in the old days the Scottish bench in Edinburgh were accustomed to dine at four o'clock in the afternoon, and sometimes these convivial gatherings were prolonged to a late-or early-hour, as the case

At two o'clock one afternoon a client called at the house of a distinguished lawyer and asked to see the master. "He's at dinner," replied the maid. "At dinner!" gasped the caller. "Din-

ner at two o'clock in the afternoon! Surely your master danes early?" "No," replied the maid. "It's yesterday's dinner he's still eatin'!"



From 40 to 50 Woman's Critical Period.

Such warning symptoms as sense of suffocation, hot flashes, severe headaches, melancholia, dread of impending evil, palpitation of the heart, irregularity, constipation and dizziness are promptly treated by intelligent women who are approaching the period of life.

This is the most critical period of woman's life and she who neglects the care of her health at this time invites incurable disease and pain. . Why not be guided by the experience of others and take Lydia E. Pinkham's Vegetable Compound? It is an indisputable fact that this grand old remedy has helped thousands of women to pass through this trying period with comfort and safety. Thousands of genuine and honest testimonials support this fact.

From Mrs. HENRY HEAVILIN, Cadis, Ohio. Fort Worth, Texas. - "I have taken Lydia E. Pinkham's Vegeta-Fort Worth, Texas. — "I have taken Lydia E. Pinkham's Vegeta-ble Compound and derived great benefit from its use. It carried me safely through the Change of Life when I was in bad health. I had that all gone feeling most of the time, and headache constantly, I was very nervous and the hot flashes were very bad. I had tried other remedies and doctors, but did not improve until I began taking Lydia E. Pinkham's Vegetable Compound. It has now been sometime since I took the Compound and I have had no return of my old complaints. I always praise your remedies to weak women."—Mrs. HENEY HEAVILIN, R. F. D. No. 5, Cadiz, Ohio.

From Mrs. EDWARD B. HILBERT, Fleetwood, Pa.

Fleetwood, Pa.—" During the Change of Life I was hardly able to be around at all. I always had a headache and I was so dizzy and nervous that I had no rest at night. The flashes of heat were so bad sometimes that I did not know what to do.

"One day a friend advised me to take Lydia E. Pinkham's Vege-table Compound and it made me a strong, well woman. I am very thankful that I followed my friend's advice, and I shall recommend it as long as I live. Before I took the Compound I was always sickly and now I have not had medicine from a doctor for years. You may publish my letter."—Mrs. EDWARD B. HILBERT, Fleetwood, Pa.

From Mrs. F. P. MULLENDORE, Munford, Ala.

Munford, Ala.—" I was so weak and nervous while passing through the Change of Life that I could hardly live. My husband had to nail rubber on all the gates for I could not stand to have a gate slam. "I also had backache and a fullness in my stomach. I noticed that

Lydia E. Pinkham's Vegetable Compound was ad-vertised for such cases and I sent and got a bottle. It did me so much good that I kept on taking it and found it to be all you claim. I recommend it to all women afflicted as I was."-Mrs. F. P. MULLEN-DORE, Munford, Ala.

Write to LYDIA E. PINKHAN MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., foradvice. Your letter will be opened, read and answered y a woman and held in strict confidence.



might be.