

## LIFE'S STRUGGLE WITH ILLNESS

Mrs. Stewart Tells How She Suffered from 16 to 45 years old—How Finally Cured.

Euphemia, Ohio.—"Because of total ignorance of how to care for myself when verging into womanhood, and from taking cold when going to school, I suffered from a displacement, and each month I had severe pains and nausea which always meant a lay-off from work for two to four days from the time I was 16 years old.

"I went to Kansas to live with my sister and while there a doctor told me of the Pinkham remedies but I did not use them then as my faith in patent medicines was limited. After my sister died I came home to Ohio to live and that has been my home for the last 18 years.

"The Change of Life came when I was 47 years old and about this time I saw my physical condition plainly described in one of your advertisements. Then I began using Lydia E. Pinkham's Vegetable Compound and I cannot tell you or any one the relief it gave me in the first three months. It put me right where I need not lay off every month and during the last 18 years I have not paid out two dollars to a doctor, and have been blest with excellent health for a woman of my age and I can thank Lydia E. Pinkham's Vegetable Compound for it.

"Since the Change of Life is over I have been a maternity nurse and being wholly self-supporting I cannot over estimate the value of good health. I have now earned a comfortable little home just by sewing and nursing since I was 62 years old. I have recommended the Compound to many with good results, as it is excellent to take before and after childbirth."

ADELIA STEWART, Euphemia, Ohio. If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

## The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS. Purity vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.

FREE TO ALL SUFFERERS. If you feel "hot of nose," "run down" or "not the blue," suffer from kidney, bladder, nervous diseases, chronic weakness, acidity, skin eruptions, piles, etc., write for my Free Book. It is the most instructive medical book ever written. It tells all about these diseases and the remarkable cures effected by the New French Remedy "CARTER'S LITTLE LIVER PILLS." You can decide for yourself if it is the remedy for your ailment. Don't send a cent. It's absolutely FREE. No "follow-up" charges. Dr. L. C. Carter, Med. Co., Haverstock Rd., Hampstead, London, Eng.

Not on the Program. A little four-year-old girl, whose parents had been discussing an approaching meeting in connection with the Society for the Prevention of Cruelty to Children, begged to be taken. Her mother explained that the meeting would not amuse her, but she persisted in her demand, and finally her mother agreed to take her if she promised to be very quiet.

She was very good throughout the greater part of the proceedings, but after listening patiently to the speeches for some time she whispered to her mother: "Mummy, this is dull! When is the cruelty going to begin?"

Fair to All. "Recently," says a Richmond man, "I received an invitation to the marriage of a young colored couple formerly in my employ. I am quite sure that all persons similarly favored were left in little doubt as to the attitude of the couple. The invitation ran as follows: 'You are invited to the marriage of Mr. Henry Clay Barker and Miss Josephine Mortimer Dixon at the house of the bride's mother. All who cannot come may send.'—Lippincott's Magazine.

A FREE SURPRISE BOX. In another part of this paper you will find a large ad of the Loose-Wiles Biscuit Co., Omaha, Neb. They offer to send to any reader a box of assorted biscuits absolutely free. Don't miss this opportunity. Cut out the coupon from their ad and mail it today.

The Reason. "Why is consistency considered such a jewel?" "Because it is rare." Married men like to board and pretend that they are doing light housekeeping.

**TAKE FOLEY KIDNEY PILLS** For Backache Rheumatism Kidneys and Bladder. Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists. FOR COUGHS AND COLDS.

## DOINGS AT WASHINGTON

ACTS OF THE NATIONAL LAW-MAKERS. Events of importance as they transpire in both branches of Congress.

**Saturday.** The Senate.—Not in session. Meets at noon Monday. Shipping interests before commerce commission opposed proposed change in Harbor law. The House.—Shipping trust committee in session. Ways and means committee continued its hearing on revision of tax, hemp and jute schedule of tariff. Adopted conference report on immigration bill, 166 to 71. Resumed consideration of rivers and harbors appropriation bill. Adjourned 5:50 p. m. until noon Sunday for eulogies on the late Representative George R. Maltby of New York.

**Friday.** The Senate.—Adopted resolutions authorizing naval affairs committee to investigate wisdom of placing naval observatory in hands of scientists irrespective of navy connections. Democrats in caucus reaffirmed determination to hold up all President Taft's appointments except army, naval and diplomatic. Senator McCumber unsuccessfully sought to have eight-hour law amendment vote reconsidered. Began consideration of Lever agricultural extension bill. Adjourned at 3:15 p. m. until noon Saturday.

The House.—Consideration of conference report on immigration bill was objected to and notice was given that it would be called up Saturday. Manufacturers of flux, hemp, jute, etc., before tariff revision hearing ways and means committee. James J. Hill and several bankers examined by "money trust" investigating committee. Merchant marine committee continued its investigation into alleged steamship pools. Immediate action on North river pier extension bills was urged before commerce committee. Samuel Gompers asked judiciary committee to postpone action on workmen's compensation bill. Representative Cannon spoke in favor of Lincoln memorial structure for appropriation of \$1,000,000 for relief of Ohio valley floor sufferers provided in resolutions introduced by Representative Stanley. Adjourned at 6:30 p. m. until 11 a. m. Saturday.

**Thursday.** The Senate.—Campaign funds investigating committee heard C. P. J. Mooney regarding Archbold letters. Considered miscellaneous legislation.

Adopted motion to hold eulogies on late Senator Rayner of Maryland February 22. Passed Penrose bill to promote efficiency of naval militia. Adjourned at 2:04 until noon Friday.

The House.—Prepared to begin debate on rivers and harbors appropriation bill. Cotton tariff revision hearing continued by ways and means committee. "Money trust" investigating committee heard the last bankers on its list of witnesses.

Representative Moore, urged \$1,000,000 appropriation for new custom house at Philadelphia. Shipping pool investigating committee heard testimony on trans-Atlantic lines traffic.

Interstate commerce committee heard protests of Louisville & Nashville railroad representatives on Stanley terminal facilities. Disagreed to senate amendment to executive and judicial appropriation bill and asked for a conference.

Resumed consideration of rivers and harbors appropriation bill. Adjourned at 6:40 p. m. to 11 a. m. Friday. **Hotels Ask Police Protection.** New York.—Harrassed by continued disturbances at the doors of their hotels and restaurants, members of the hotelmen's association have issued a defiant statement to the several thousand waiters and hotel workers on strike, declaring there could be no recognition of the union and that they would not grant the other demands of the waiters. The managers called on Commissioner Waldo for police protection.

Annapolis, Md.—The body of the famous naval hero of the revolution, John Paul Jones, which has reposed in Bancroft hall at the naval academy since it was brought here from France several years ago, has been transferred to the crypt prepared for it under the chapel.

Have Done Great Thing. Washington.—The "greatest moral victory in the history of the Osage tribe," was the way Acting Commissioner of Indian Affairs Abbott characterized the election of a new tribal council to succeed that deposed recently by Secretary Fisher on the charge that "undue influence" had been exerted over it by the Uncle Sam Oil company in trying to obtain leases to Osage oil lands. "Fred Lookout, who was elected chief," said Commissioner Abbott, "is a hard working farmer.

## SENATE'S EMPLOYEES

NORRIS ELECTED U. S. SENATOR FROM NEBRASKA. THE NEBRASKA LAWMAKERS

Brief Mention of the Work Being Done by Nebraska Solons in the Houses of Legislature. Norris Elected Senator. Lincoln.—George W. Norris was declared to be the unanimous choice of both the houses of the legislature Tuesday morning for United States senator, and his election was formally ratified Wednesday. Every senator voted for Norris, Democratic and republican alike, while the entire membership of the house voted for him excepting two absent representatives. In the senate the proceedings were very informal. The only explained vote was that of Senator Klein, dem-



GEORGE W. NORRIS Elected by the Legislature as United States Senator from Nebraska.

ocrat, who said that although he was not bound by statement No. 1, he wanted the people to rule and therefore voted for the republican senator. No demonstration accompanied the voting or the declaration of the secretary of the senate that Norris was the choice of that body.

The total number of senate employees has reached fifty-eight, and with the exception of a few which will be added from time to time as emergency demands, will likely not go very much higher. The employees chosen are:

Bill Clerks—H. C. Shultz and Ben Stewart, Omaha; J. A. Rodman, Sidney; Chester Dobbe, Beatrice; J. R. Forbes, Wayne; David Meeker, Imperial. Clerk Committee on Engrossed Bills—Mrs. M. M. Harris, Lincoln. Engrossing Clerks—Mrs. Anna E. Edwards, Omaha, and Mrs. Bertha Mann, Crete. Custodians—Alfred Hald, Omaha; George Cathoe, Omaha; George Kennedy, Genoa; M. Logasa, Omaha; Henry Bessey, Wilber. Engrossing Clerks—Mrs. William Hunter, Lincoln; Miss Stella Dlatas and Miss Verna Leonard, Plattsmouth. Stationers—Miss Laura Christensen, Lincoln; Mrs. Agnes A. Scott, Lincoln; Mrs. Alice J. Collins, Lincoln.

Smith Bill Passes Senate. The senate has passed the Smith bill providing for an annual occupation tax for express companies doing business in the state. The bill provides that 2 per cent of the gross receipts of the company shall be levied against it regularly, such receipts to be those resulting from business transacted at stations in Nebraska.

Declines the Appointment. Ex-Governor A. C. Shallenberger has declined the appointment as a member of the board of control tendered him by Governor Morehead. He sent a telegram to the governor Saturday in which he stated that it would be impossible for him to accept.

Neglected children, whose parents are proper guardians, but financially unable to provide a living for their offspring, can remain at home and still have the expense of their keep paid by county boards, under the provisions of a bill introduced by Senator Robertson of Holt county. The measure is an amendment to the statute relating to the matter of caring for dependent and neglected children. The state charities association is supporting the measure and will endeavor to secure its passage at the present session.

The election of a United States senator and the first consideration of proposed legislation will feature the week's sessions of the state legislature. George W. Norris will be elected senator in all probability. The vote will be cast under the Oregon plan, in accordance with the people's vote, November 5, and there is no uncertainty as to the result. Instead of sweating in smoky hotel lobbies, trading and bartering senatorial votes, members of the legislature peacefully spent the week-end in sundry occupations befitting the day.

## THE BANKS OF CANADA

The closing of the year 1912 has brought out the usual bank statements accompanied by the addresses of the Presidents and General Managers of these institutions. Their reading is interesting as they show in a striking manner the prosperity of the country, and deal with economic matters in a first hand way. Those who know anything of Canadian banking methods know the stability of these institutions, and the high character of the men who are placed in charge. In discussing the land situation the President of the Union Bank of Canada, whose branches are to be found in all parts of the Canadian West, said: "A good deal has been said about speculation in land. The increase in land values has added enormously to the assets of Western business, and has to some extent formed a basis for extended credit, but this is not felt to be a drawback when the value is real and convertible. We consider that a business standing which is strengthened and enhanced by property holdings is entitled to a reasonable enlargement of credit for legitimate business operations."

It will thus be seen that the banks recognize the certain rise in the value of farm lands in Western Canada. When the facts are known of the wonderful producing qualities of farm lands in the Provinces of Manitoba, Saskatchewan and Alberta, it is simple to understand the liberal stand taken by the banks.

Living not far from Lashburn, Sask., is a farmer named Clarke who in 1912 secured a crop of Marquis Wheat, yielding 76 bushels per acre. This is spoken of as a record yield, and this is doubtless true, but several cases have been brought to notice where yields almost as large have been produced, and in different parts of the country. During the past year there have been reported many yields of from 35 to 45 bushels of wheat to the acre. Oats, too, were a successful crop, and so was the barley crop. Wheat that would yield 40 bushels per acre, would bring on the market 70c (a fair figure) per bushel, a gross return of \$28.00 per acre. Allow \$12.00 per acre (an outside figure) there would be a balance of \$16.00 per acre net profit. This figure should satisfy anyone having land that cost less than \$100.00 per acre. Very much less return than this proves satisfactory to those holding lands in Iowa and Illinois worth from \$250 to \$300 per acre.

The latest Government returns give an approximate estimate of four hundred thousand of an immigration to Canada during 1912. Of this number 200,000 will be from the United States. Most of these are of the farming class and it is not difficult to understand why farming lands in Canada will advance from ten to twenty per cent within the next twelve months. Therefore investment in Western Canadian lands is not looked upon as being in the speculative class. Those fortunate enough to secure free homesteads in Canada will acquire in the intrinsic value of the land alone the best possible start for a splendid future. Advertisement.

A Diplomat. Son—Pa, is a diplomat a man who knows how to hold his tongue? Father—No, my boy. A diplomat is a man who knows how to hold his job.

We feel sorry for the man who has a nagging wife to fuss over the ashes from his pipe dreams.

**Mail This Today**  
**To Sunshine**  
LOOSE-WILES BISCUIT COMPANY  
Omaha, Neb.  
Please send me FREE my "Surprise Box" of assorted Sunshine Biscuits.  
Name .....  
Address .....  
Grocer's Name .....  
Address .....

**Sunshine**  
**Takhoma Biscuit**  
is wonderfully good—crisp and flaky. Made to break evenly in center to a size handy for eating. Air-tight packages. Sunshine Biscuits in all styles are making friends everywhere. They come in kinds to suit every occasion—every taste—all full-flavored—all delicious.  
"The Quality Biscuits of America"  
There's a Free "Surprise Box" of six kinds for you. Mail the coupon.  
**LOOSE-WILES BISCUIT COMPANY**  
Bakers of Sunshine Biscuits

**HABIT.**  
  
Demagogue. William H. Maxwell, the superintendent of New York's schools, said the other day, apropos of certain demagogic proposals: "But the best definition of a demagogue will always remain that of a little girl of seven, who said: 'A demagogue is a vessel containing beer and other liquids.'"  
Trouble for the Future. First M. D. (from bedside of wealthy bachelor)—He is sleeping naturally—he will recover. Second M. D.—Yes, the worst is over. First M. D.—No, the worst is yet to come. Second M. D.—How is that? First M. D.—We have yet to break the news to his relatives.—Life.  
Almost Thrown Away. "The fish I had from yesterday wasn't fit to eat. I was obliged to give it to my servants!"—London Opinion.  
**SHAKE INTO YOUR SHOES**  
Allen's Foot-Powder, the Antiseptic Powder for tired, aching, swollen, nervous feet. Gives rest and comfort. Makes walking a delight. Sold everywhere, 25c. Don't accept any substitute. For FREE sample address Allen & Gilmsted, Le Roy, N. Y. Adv.  
Real Test. Gabe—How do you tell a genuine diamond from a fake? Steve—Try to hook it.

**Have You a Disordered Stomach and Liver?**  
Do you start the day feeling that the whole world is against you? You cannot hope to "make good" under these circumstances. Nobody can. You must have a clear brain and every organ in perfect trim to do justice to yourself.

**Dr. Pierce's Golden Medical Discovery**  
**Will Bring Quick Relief**  
Dr. R. V. Pierce found years ago that a glyceric extract of Golden Seal and Oregon grape roots, queen's root and bloodroot with black cherry bark, would aid in the assimilation of the food in the stomach, correct liver ills and in nature's own way enrich the blood, tone the entire system and consequently help in the restoration of perfect health. Many who have used Dr. Pierce's Golden Medical Discovery testify that they have been restored to health when suffering from stomach and liver ills. Let this famous old medicine start today to lead you to health and strength.  
Now—if you prefer—you can obtain Dr. Pierce's Favorite Prescription tablets of your druggist at \$1 per box, also in 50c size or send 50 one-cent stamps to R. V. Pierce, Buffalo, for a trial box.  
You can learn all about hygiene, anatomy, medicine, etc., from the People's Common Sense Medical Adviser, by Dr. R. V. Pierce, a newly revised, up-to-date edition of which is now offered, in cloth covers, post-paid, for 31 cents in one-cent stamps, to cover cost of wrapping and mailing only. Address, Dr. Pierce's Invalids Hotel, Buffalo, N. Y.  
**Don't be poisoned by sluggish bowels. Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar coated, tiny granules.**  
  
The Best Physicians Gave Him Up  
"I was attacked with a severe nervousness, which was caused by a disordered stomach and liver," writes Mr. J. B. Lyle, of Washburn, Tenn. "I tried Dr. Pierce's Golden Medical Discovery, and derived much benefit from same. My case had run so long, it had become so chronic, that nothing would effect a permanent cure, but Dr. Pierce's medicine has done much for me, and I highly recommend it. I heartily advise its use as a spring tonic and further advise alling people to take Dr. Pierce's medicine before their disease have run so long that there is no chance to be cured."