Elisha's Heavenly Defenders
$\qquad$
GEN. SAM HOUSTON


##  <br> Sarsaparilla

The Wretchedness of Constipation


A Country School for Girls


Thompson's Eye Water
FREE SAMPLE OF LAXATIVE
CURED THEIR CONSTIPATION


## Colds and Chills Bring Kidney Ills

grip and pneumonia, with their congestive colds, chills, or grip train the kidneys and start backache, urinary disorders and uric acid troubles. You feel lame, weak and tired and have headache, dizzy feelings, achy muscles and joints; too frequent, painful urinary passages, sediment, etc. Chills hurt the kidneys. Likewise well kidneys often prevent taking cold, by helping to pass off months. They stop backache and urinary disorders, keep the kidneys well and prevent colds from settling the kidneys. Strong testimony proves it. What better evidence could you ask?





