How Relief from Distressing Kidney Trouble Was Found.

Mrs. Elizabeth Wolf, 388 W. Morgan



of the bladder reached its climax last spring and I suffered terribly. My back ached and pained so I could hardly get around and the secretions were scanty, frequent of passage and painful. I was

tired all the time and very nervous. I began using Doan's Kidney Pills, and after taking a few boxes was cured and have been well ever since."

Remember the name-Doan's. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

HE DID HIS BEST.



Merchant-What? You were robbed of everything on the way? Messenger-Yes, but don't worry. They gave me a receipt.

LEWIS' "SINGLE BINDER."

A hand-made cigar fresh from the table, wrapped in foll, thus keeping fresh until smoked. A fresh cigar made of good tobacco is the ideal smoke. The old, well cured tobaccos used are so rich in quality that many who formerly smoked 10c cigars now smoke Lewis' Single Binder Straight Lewis' Single Binder costs the dealer some more than other 5c cigars, but the higher price enables this factory to use extra quality tobacco. There are many imitations; don't be fooled. There is no substitute! Tell the dealer you want a Lewis "Single Binder."

Stated in Cold Figures.

It costs on an average about \$250 to cure an incipient consumptive or to care for an advanced case of tuberculosis until death. If he is left in destitute circumstances without proper attention he will surely infect with his disease at least two other persons, and possibly more. Considering that the average life is worth to society in dollars and cents about \$1,500, the net loss which would accrue to a community by not treating its poor consumptives in proper institutions would be, for each case, including those who are unnecessarily infected, at the very lowest figure, \$4,250. On this basis, if the poor consumptives in the United States who are now sick were segregated from their families, and either kept in institutions until they died, or else cured of their disease, the saving to the country would be the enormous sum of \$1,275,000,000.

Woman's Daring Deed.

In southern Tunis lies an extensive salt marsh desert called the Shott Jerid, of which the Arabs stand in terror, for many a caravan has been lost in the salt incrusted morass, which, according to De Lesseps is as much as 1,200 feet deep in places. This region has been crossed for the first time in a small automobile by a woman, Myriam Harry, a well-known French novelist.

Taking the Tips. "Why did Dollarby sell his hotel?" "He wasn't making money fast enough."

"What is he doing now?" "He's luxuriating in the position of head waiter."

Heroic souls in old times had no more opportunities than we have; but they used them.-Charles Kingsley.

HABIT'S CHAIN Certain Habits Unconsciously Formed and Hard to Break.

An ingenious philosopher estimates that the amount of will power necessary to break a life-long habit would. if it could be transformed, lift a weight of many tons.

It sometimes requires a higher degree of heroism to break the chains of a pernicious habit than to lead a forlorn hope in a bloody battle. A lady writes from an Indiana town:

"From my earliest childhood I was a lover of coffee. Before I was out of my teens I was a miserable dyspeptic, suffering terribly at times with my stom-

"I was convinced that it was coffee that was causing the trouble and yet I could not deny myself a cup for breakfast. At the age of 36 1 was in very poor health, indeed. My sister told me I was in danger of becoming

a coffee drunkard. "But I never could give up drinking coffee for breakfast, although it kept me constantly ill, until I tried Postum. I learned to make it properly according to directions, and now we can hardly do without Postum for breakfast, and

care nothing for coffee. "I am no longer troubled with dyspepsia, do not have spells of suffering with my stomach that used to trouble

me so when I drank coffee." Look in Kgs. for the little book,"The Road to Wellville." "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human

QUARTERLY REVIEW

Sunday School Lesson for Dec. 19, 1909 Specially Arranged for This Paper

GOLDEN TEXT .- "I have fought a good fight, I have finished my course, I have kept the faith."-2 Tim. 4-7.

One of the most interesting of the general reviews may be made through references in literature to persons and events in the Acts.

Let each scholar have a pencil and paper and note down that to which reference is made in the literary quotations read by the teacher.

Or the references may be given to the class as a whole and the answers be made orally, each scholar contributing what he knows, till among them all the right answers may be obtained.

The review beyond the above should take in the whole life of Paul. Extent of Time. From the conversion of Paul to his death at Rome, about 30 years. Give the dates.

Early Biography. Tell all you can about Paul's early life, his relatives, his birthplace, education, experiences, how he came to be a foreign mission-

Friends and Helpers, from the earl-

lest time till his death. Paul's Travels, especially in his missionary work. Name the countries and the cities, tracing on the map his journeys, noting what he did in each place, particularly his success as a missionary.

The Churches Founded by Paul and what he did for them.

The Epistles He Wrote. His Experiences, as recorded by

Luke and in his epistles. His Death at Rome.

His Chief Characteristics. The Motives and Truths which were the inspiration of his career as a missionary.

A Regular Examination of written answers to a select list of questions is always a most useful method of review, probably the best method in many cases,

The Travel Club should meet at some home, and, with pictures, or sterescope and map, travel with St. Paul and look at scenes amid which he lived and worked.

REAL SOURCE OF STRENGTH

Abounding Love of the Saviour Wherein the Christian Serves and Is Served.

Christ's love does not depend on our faith, but our faith depends on his love. Our service depends on his love, also. We need to feed our faith there if we are to serve him at all. "If any man serve me, let him follow me." The way to serve is to be a disciple; to sit at his feet, to learn of him. Before we can do his work we must drink of his spirit and let him teach us his secret. Before we can serve him we must be humble enough to let him serve us. "Behold," said Thomas a Kempis, "all things are thine which I have and whereby I serve thee. And yet contrariwise thou rather servest me than I thee."

This is the root of our faith, the source of our strength, and the very heart of our communion: Namely, that the Son of Man came not to be ministered unto but to minister. There are other aspects of religion, the fight of faith, the witness to the truth, Christian service, and the whole issue in practice of Christian love, but this first, and this last, also, and this all the time, that our spiritual life depends utterly on Christ. Creep close to the warmth of his love; get near to the source of all your joy and service. Let the Son of Man minister to you, serve you with his own sweet courtesy.-Hugh Black, M. A.

The Life in Christ.

"I am come," said Christ, "that they might have life, and that they might have it more abundantly." The world does not realize it-but "to live is Christ"; that is, to know and serve Christ is really and truly to live; whereas the service of the world and self is mere existence. So far from being a cramping, restrictive influence, allegiance to Christ is an introduction to an infinitely wider and fuller experience. "All things are yours, and ye are Christ's, and Christ is God's." To see life in its true sense is to realize its expanding possibilities as the grace of God enlarges its scope. In the realm and service of God everything abounds-love abounds; grace abounds; life abounds.

Evidence of the Father's Love. We ought not to be surprised at the coming of sorrow or suffering. It is a part of our common lot, to be accepted candidly and to be borne bravely. Let none of us conclude in consequence of pain that God is not good, that He is not wise, and that He has ceased to love His child, for nothing could be farther from the fact. He is the sum of all that is good. His plans never miscarry, and sorrow 's to the child of God an exalted evidence of the Father's love.

Need Men for the Ministry.

It is reported that there is a great lack of candidates for the ministry in the provinces of Canada, Nova Scotia, Newfoundland, New Brunswick and Prince Edward island. In the growing west there is said to be a demand for 50 to 75 new candidates each year, and were it not for the supplies received each year from England many pastorates would remain empty.

Some people get so little out of religion because they are so anxious to get so much for themselves.

Fossil Coryphodon and Remains of Member of Predentata Family Discovered in Montana.

New York.-Two dinosaurs have been discovered in the fossil beds of Montana by an expedition of the American Museum of Natural History led by Barnum Brown of the department of vertebrate paleontology. This discovery gives to the museum the distinction of naming two prehistoric monsters the finding of which adds to the already high scientific standing of the institution.

Two expeditions were sent out early last summer under the direction of the head of the department, Prof. Henry Fairfield Osborn, who is also president of the museum. The first, which was



Monster Found by Scientists.

under the charge of Mr. Walter Granger, went to the Wind River basin, in Wyoming, where its most important find was a skull of the coryphodon, a creature which somewhat resembles the hippototamus of the present day. This expedition also found some five hundred smaller specimens which are of great value in filling in connecting tinks in the chain of evolution.

The expedition of Mr. Brown, which went to the Lamarie formation, resulted in the unearthing of the fossil skeletons of a new reptile of the ceratopsia variety, and of one of the predentata family hitherto unknown to scientists.

The ceratopsian specimen, whose classic name translated means "horn face," is a dinosaur, and is closely at lied to the triceratops, of which there is a complete skeleton in the museum. The body measured 23 feet in length and seven in height, while it was fully four and a half feet across the back. The skull was missing, and some other expedition will have to get him a head. The frame of the reptile is lighter than that of the triceratops.

The accession from the predentata race is a lizard which walked about like a kangaroo. Three skeletons were found, but no head, and it is now for another expedition to see that he does not remain acephalus.

The new reptile measures seven feet from tip to tip, and when he stood up he was probably five feet high. The preparation of the specimens which have been gathered by these two expeditions will require a year's work and research.

PRESIDENT'S NEW OFFICES

Taft Will Handle Affairs of State over Spot Where Roosevelt Played Tennis.

Washington.-President Taft's first love, the Philippines, has ousted former President Roosevelt's hobby, tennis, and where once the strenuous president battled with the opponents in his tennis cabinet Mr. Taft will sit at his desk in a new room which will constantly remind him of the

Philippine archipelago. The new executive offices have been finished and they are works of art, pronounced in Washington as the most sumptuously furnished of any of the host of magnificent offices in the capital. Mrs. Taft has inspected the new offices and she is well

pleased with the decorative scheme. Two large offices in the rear will be devoted to President Taft and Sec-



The President's Room

retary Carpenter. The president's is a large room, oval in shape and decorated in green and white. The walls are to be coated with burlap. The furniture will consist of new chairs and settees covered with a Philippine product, carabao or water buffalo leather. The floors will be parquet of callae wood and other lumber imported from the Philippines. Mr. Taft will use the deak of mahogany which was turned over to him by Mr. Roosevelt. President's Secretary Carpenter's room will be smaller in size, but furnished similarly, Philippine woods also furnishing the flooring.

A new feature of the executive offices will be a congressional waiting room. Heretofore representatives used the same rooms as the senators to wait on the president. This room was also used as a cabinet room. The new scheme provides a cabinet room in which the senators will wait, a congressional waiting room and the same old room, renovated and repainted, for the general run of visitors at the White House. The press room has been fixed up to look like new and more commodious and comfortable quarters for the assistant secretaries, clerks, messengers and telegraphers have been provided.

A girl may be angry at a man for trying to kiss her, but just the same she admires his good taste.

FIND PREHISTORIC MONSTER GOOD WORK IS LOVED WORK

And Therein One Should Find the Contentment That Is Chief Part of Life.

If a man doesn't love his work, he had better get something else to do. But the trouble is that such people will hardly love any kind of work. The trouble is in them. They lack intelligence. If they knew enough to know good work, they would soon learn to love it. The manual-training scheme has this in view-to surround the job a man is doing with such intelligence and taste as will make it attractive to him.

"The man who is in love with his job gets more contentment out of life than any other," says Brander Matthews; and he gets a great part of his contentment in doing his work right. No man can love his work who shirks. No man can be contented who is dishonest about his work. This is shirking or doing it negligently. So these things always go together-honest work, contentment and love of the job.

AGONIZING ITCHING.

Eczema for a Year-Got No Relief Even at Skin Hospital-In Despair

Until Cuticura Cured Him.

"I was troubled with a severe itching and dry, scrufy skin on my ankles, feet, arms and scalp. Scratching made it worse. Thousands of small red pimples formed and these caused intense itching. I was advised to go to the hospital for diseases of the skin. I did so, the chief surgeon saying: "I never saw such a bad case of eczema." But I got little or no relief. Then I tried many so-called remedies, but I became so bad that I almost gave up in despair. After suffering agonies for twelve months, I was relieved of the almost unbearable itching after two or three applications of Cutleura Ointment. I continued its use, combined with Cuticura Soap and Pills, and I was completely cured. Henry Searle, Little Rock, Ark., Oct. 8 and 10, 1907."

Potter Drug & Chem. Corp., Sole Props., Boston.

Detected.

The consul in London of a continental kingdom was informed by his government that one of his countrywomen, supposed to be living in Great Britain, had been left a million of money. After advertising without result, he applied to the police, and a smart young detective was set to

When a few weeks had gone by his chief asked him how he was going on. "I've found the lady, sir."

"Good! Where is she?" "At my place. I got married to her

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to sure. Send for list of testimonialis.

Address F. J. CHENEY & CO., Toledo, O. Sold by all Drogetsta, 78c.

Take Hall's Family Pills for constipation.

Described.

Miss Giddigosh-Oh, uncle, have you seen the Williamses' baby? Do describe it to me.

Uncle Snark-Description! Um!ah! very small features, clean shaven, red-faced, and looks a hard drinker.

Important to Mothers. Examine carefully every bottle of CASTORIA. a safe and sure remedy for infants and children, and see that it

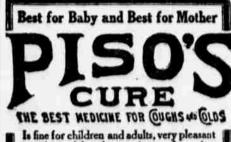
Bears the Signature of Chat H. Hutcher. In Use For Over 30 Years. The Kind You Have Always Bought.

If the women are to be credited,

every married woman finally dies of a broken heart, and every old bachelor has had his heart buried in a grave for years.

Constipation causes and seriously aggravates many diseases. It is thoroughly cured by Dr. Pierce's Peliets. Tiny sugar-coated granules. Did it ever occur to you that book

worms are awful bores?



to take and free from opiates. It soothes and heals the aching throat and assures restful nights to both mother and child. All Druggists, 25,cents

Mrs. Housewife: There's a Happy Medium in Everything Anything that is overdone or underdone is not good. This is especially true of baking — and it is just as true of baking powder. If you use the cheap and Big Can Kinds you are getting quantity at the sacrifice of quality. It cannot be as good — or as economical as Calumet—the medium price kind. If you use the High Price Kind, you are paying tribute to the Trust—the quality is no better.

quality is no better.



The Trust Kind Great in price, lätie in quanti ty and the qua-By is no better

BAKING POWDER Calumet, in the Standard 1 lb. can, sells at a moderate cost-but is great in all'round satisfaction. You use less of it-it makes the baking lighter, purer - more delicious. One baking will prove its superiority—try it. Ask your grocer and in-

What Governor Densen, of Illinois,

Says About It:

125 Million Bushels of

Wheat in 1909

Wheat in 1905

Western Canada field crops for 1909 will easily yield to the farmor \$170,000,000,000 in cash.

Yree Homesteads of 160 acres, and pre-emptions of 160 acres at \$3.00 an acre. Railway and Land Companies have land for sale at reasonable prices. Many farmors have paid for their land out of the proceeds of one crop. Splendid climate, good schools excellent railway facilities, low freight rates, wood, water and impre easily obtained.

For pamphiet "Last Best West," particulars as to gaitable location and low settlers" rate, apply to Eury to of Immigration, Ottin & Can., or to Canadian Gov't Agent

W. V. BENNETT

Readers siring to buy

Free-large handsome

secipe book. Send to



Your Liver is Clogged up

The Cheap

and Big

Can Kind

In this can you get

more substance but

not more baking

powder. It is great

in quantity only-

not in economy-

not in satisfaction.

That's Why You're Tired-Out of Sorts-Have No Appetite. CARTER'S LITTLE LIVER PILLS will put you right in a few days.

iousness, Indigestion, and Sick Madache. SMALL PILL, SMALL DOSE, SMALL PRICE GENUINE must bear signature:

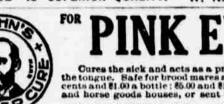
"I have suffered with piles for thirty-six years. One year ago last April I began taking Cascarets for constipation. In of a week I noticed the piles began to disappear and at the end of six weeks they did not trouble me at all. Cascarets have done wonders for me. I am entirely cured and feel like a new George Kryder, Napoleon, O.

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Gripe, 10c, 25c, 50c. Never sold in bulk. The gen-uine tablet stamped C C C. Guaranteed 600 cure or your money back.

LIVE STOCK AND ELECTROTYPES In great variety for sale at the lowest prices by

anything adver-tised in its columns should insist upon having what they ask for, refusing all

PATENTS Inventors' book free. Beeler DEFIANCE STARCH—16 ounces to "DEFIANCE" IS SUPERIOR QUALITY. W. N. U., LINCOLN, NO. 51-1909.



Cures the sick and acts as a preventive for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy; 50 cents and \$1.00 a bottle: \$5.00 and \$10.00 the dozen. Sold by all druggists and horse goods houses, or sent express paid, by the manufacturers. SPOHN MEDICAL CO., Chemists, GOSHEN, INDIANA

When Cold Winds Blow

When cold winds blow, biting frost is in the air, and back-draughts down the chimney deaden the fires, then the

PERFECTION Oil Heater

(Equipped with Smokeless Device) shows its sure heating power by steadily supplying just the heat that is needed for comfort.

The Perfection Oil Heater is unaffected by weather conditions. It never fails. No smoke-no smell-just a genial, satisfying heat. The new

Automatic Smokeless Device

prevents the wick being turned too high. removed in an instant.

Solid brass font holds 4 quarts of oil-sufficient to give out a glowing heat for 9 hours-solid brass wick carriers-damper top-cool handle-oil indicator. Heater beautifully finished in nickel or Japan in a variety of styles. Every Dealer Everywhere. If Not At Yours, Write for Descriptive Circular to the Nearest Agency of the

STANDARD OIL COMPANY