

WORTH KNOWING.

Simple Remedy That Anyone Can Prepare at Home.

Most people are more or less subject to coughs and colds. A simple remedy that will break up a cold quickly and cure any cough that is curable is made by mixing two ounces of Glycerine, a half-ounce of Virgin Oil of Pine compound pure and eight ounces of pure Whisky. You can get these in any good drug store and easily mix them in a large bottle. The mixture is highly recommended by the Leach Chemical Co. of Cincinnati, who prepare the genuine Virgin Oil of Pine compound pure for dispensing.

A HINT.



The Boss—That's an ancient-looking coat you're wearing, Mr. Shrimp.
Mr. Shrimp—Yes, sir; it's the one I got when you last raised my salary!

Not Her First Purchase.

This is a baby story they tell out at Belmont: A woman called at a dry goods store to look at some baby dresses. The clerk showed her a line valued at five dollars each, and talked volubly about "how proud" the mother ought to be over the baby. He suggested that possibly she might want a more expensive dress.

But the mother did not seem to "enthusiasm" a bit over the clerk's gush. "How many children have you?" asked the clerk, cautiously.
"Oh, this is the eleventh," she replied, carefully scanning the price tags.

And out came a line of baby dresses with a more modest list of prices.—Kansas City Journal.

A Revelation to the Cook.

A happily married woman, who had enjoyed 33 years of wedlock, and who was the grandmother of four beautiful little children, had an amusing old colored woman for a cook.

One day when a box of especially beautiful flowers was left for the mistress the cook happened to be present, and she said: "Yo' husband send you all the pretty flowers you gits, missy?"
"Certainly, my husband, mammy," proudly answered the lady.
"Glory!" exclaimed the cook, "he suttinly am holdin' out well."—Ladies Home Journal.

There All the Time.

It is told of Dr. Thorold that he was once asked to give away the prizes at a school belonging to the London school board.

In the course of his opening address he gravely asked the children, "Which is the largest island in the world before Australia was discovered?"

When the youngsters gave it up, he said in the same grave way, which made them laugh all the more, "Why, Australia, of course; it was there all the time!"

Astonished the Company.

A famous dean was once at dinner, when, just as the cloth was removed, the subject of discourse happened to be that of extraordinary mortality among lawyers. "We have lost," said a gentleman, "not less than six eminent barristers in as many months." The dean, who was quite deaf, rose as his friend finished his remarks, and gave the company grace—"For this and every other mercy, make us truly thankful."

All the Same to Her.

"I must warn you, dearest," he said, "that after we are married you will very likely find me inclined to be arbitrary and dictatorial in my manner."
"No matter," she replied, cheerfully, "I won't pay the slightest attention to what you say."

RESULTS OF FOOD

Health and Natural Conditions Come From Right Feeding.

Man, physically, should be like a perfectly regulated machine, each part working easily in its appropriate place. A slight derangement causes undue friction and wear, and frequently ruins the entire system.

A well-known educator of Boston found a way to keep the brain and the body in that harmonious co-operation which makes a joy of living.

"Two years ago," she writes, "being in a condition of nervous exhaustion, I resigned my position as teacher, which I had held over 40 years. Since then the entire rest has, of course, been a benefit, but the use of Grape-Nuts has removed one great cause of illness in the past, namely, constipation, and its attendant evils.

"I generally make my entire breakfast on a raw egg beaten into four spoonfuls of Grape-Nuts, with a little hot milk or hot water added. I like it extremely, my food assimilates, and my bowels take care of themselves. I find my brain power and physical condition much greater and I know that the use of the Grape-Nuts has contributed largely to this result.

"It is with feelings of gratitude that I write this testimonial, and trust it may be the means of aiding others in their search for health."

Look in pkgs. for the little book, "The Road to Wellville." "There's a Reason."
Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

PAUL'S LAST WORDS

Sunday School Lesson for Dec. 12, 1909
Specially Arranged for This Paper

LESSON TEXT.—2 Tim. 4:1-18. Memory Verse, 6:8.
GOLDEN TEXT.—"For to me to live is Christ, and to die is gain."—Phil. 1:21.
Suggestion and Practical Thought.
Paul's battlefields, victories and crown.

I. A Picture of One of Paul's Battlefields.—Vs. 1-5. The advice which Paul urges upon the younger Timothy was counsel he himself had often acted upon. He knew it was good, for he had tried it. So that in the evils and difficulties which Paul knew were confronting Timothy, we may see enemies which Paul had been compelled to meet. And in the weapons and methods of warfare Paul charged Timothy to use, we see the means by which Paul gained the victory.

The Three Kinds of Enemies. 1. Paul, like other men, had to fight enemies within himself. When we see a good man we are apt to think that he has natural qualities of goodness, or favoring circumstances that make it easy for him to be good.
2. Paul had many outward enemies and difficulties with which to contend. Many of them were brought before us in Lesson VIII. where we studied his account of his life. His "wrestling" was "against the principalities, against the powers, against the world rulers of this darkness, against the spiritual hosts of wickedness."

3. In the lesson to-day we find a series of dangers and enemies within the company of disciples which must be overcome.

3. "For the time will come when they will not endure" the sound, healthful, saving "doctrine," teaching which Paul had preached, and all the apostles.

4. "They shall turn away their ears from the truth." They are well pictured in Southey's poem, "The Inchcape Rock." The "holy abbot of Aberbrothock" had placed a bell over this rock, in such a way that it was rung by the motion of the waves.

II. How Paul Overcame These Enemies to the Truth.—Vs. 1, 2, 5. Paul gave to Timothy the most solemn charge, using the motives which had influenced his own life.

1. Before God, that is, "In the sight of God," R. V., who was always with him and "watching to see if he did his duty," watching, not to find fault, but to encourage and help.

And the Lord Jesus Christ, His Master and Teacher and Friend, Who shall judge the quick, the living and the dead. This was more than the consciousness that he himself must be judged according to what he was and what he did; but it added the even stronger motive that the fate of those to whom he preached depended on his faithfulness.

The coming again of Christ. At his appearing and his kingdom. Christ's glorious second coming, possible at any time, should spur Timothy to be a faithful steward, and he should do his work well because it would help to establish Christ's rule on earth, his kingdom of peace and righteousness.

Preach, proclaim like a herald, the word, the gospel message, the Word of God, embodied in the life and teachings of the Word who was made flesh.

Be instant, urgent, importunate, pressing on against all obstacles. In season, in the regular course of work, when the opportunity is favorable, and people wish to hear the gospel.

III. Paul's Victory in the Conflict.—Vs. 6, 7, 8. "For I am now ready to be offered." R. V.'s margin, "I am already being poured out as a drink offering." His life was wearing away in a foul dungeon, the infirmities of age after a life of great toil and exposure were upon him, and at any time the sword of Nero might end his life by a martyr's death. But this was merely death; his dying was a libation in honor of God, a willing sacrifice of sweet savor, holy and acceptable. It was the giving to God the choicest and most precious of all his possessions. It was the fitting close of a life which had been for years a living sacrifice. Paul's very death was a victory.

IV. Paul's Crown.—V. 8. "Henceforth." Paul's life struggles were over; there remained only to receive the reward. "There is laid up for me." "Deposited, reserved, put by in store out of the reach of all enemies and sorrows."—Bishop Wilson. A R. V. "the 'crown of righteousness.'" The leaf garland of the Grecian games, taken by Paul as a symbol of his eternal reward in heaven. Of righteousness is the name of the race for which the crown is awarded, just as Pindar wrote: "Pytheas, broad-shouldered son of Lampro, won the crown of the double contest (wrestling and boxing) at the Nemean games." It is a crown that "marks the wearer as righteous before God" (Hervey). It is a crown that a righteous God bestows on one who has become worthy of it.

A crown is a symbol, a sign, an emblem. Men seek a crown not for its value in gold and jewels, but for the things for which it stands. It means worthiness to wear it, it means success in winning the race, it stands for kinship, the character, the manliness, the power, the wealth, the authority to guide and defend one's country. The Iron cross of Germany, the Victorian cross of England, the circle of ivy in the Grecian games, have no value in themselves, but only the great deeds by which they are won. The Christian seeks heaven to reach his ideal of character.

Women's Secrets

There is one man in the United States who has perhaps heard more women's secrets than any other man or woman in the country. These secrets are not secrets of guilt or shame, but the secrets of suffering, and they have been confided to Dr. R. V. Pierce in the hope and expectation of advice and help. That few of these women have been disappointed in their expectations is proved by the fact that ninety-eight per cent. of all women treated by Dr. Pierce have been absolutely and altogether cured. Such a record would be remarkable if the cases treated were numbered by hundreds only. But when that record applies to the treatment of more than half-a-million women, in a practice of over 40 years, it is phenomenal, and entitles Dr. Pierce to the gratitude accorded him by women, as the first of specialists in the treatment of women's diseases.

Every sick woman may consult Dr. Pierce by letter, absolutely without charge. All replies are mailed, sealed in perfectly plain envelopes, without any printing or advertising whatever, upon them. Write without fear as with-out fee, to World's Dispensary Medical Association, Dr. R. V. Pierce, Pres., Buffalo, N. Y.

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If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make.

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More cure and positive preventive, no matter how horses at any age are infected or exposed. Liquid, given on the tongue, acts on the blood and glands, expels the poisonous germs from the body. Cures distemper in dogs and cats, and cholera in poultry. Largest selling live stock remedy. Cures La Grippe among human beings and is the kidney remedy. See and fit a bottle. Brand fits a dose. "Fit this out. Keep it. Show to your druggist, who will get it for you. Free booklet, "Distemper, Causes and Cures." Special agents wanted.

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DEFIANCE STARCH—If you can't get the package other starches only 12 ounces—same price and "DEFIANCE" IS SUPERIOR QUALITY.

MEPO CURES CATARRH—Hay Fever, Hayfever, Colds. Two weeks' treatment sent on receipt of 25c. MEPO CO., 136 Nassau St., Brooklyn, N. Y.

Outwit the Horse Sharper

Did you ever find a lemon in a horse's nose? How and why did it get there? Did the last horse you bought go incurably lame the next day? Do you know why? Why were his ears tied together with a fine silken thread? Perhaps you are about to buy a horse because you like his "ginger"? Are you sure it is health and high spirits, or IS it ginger—commercial ginger? Are you sure you could tell the age of a horse by its teeth? Or would your experience be like that of other man's, who paid \$3500 for a 17-year-old horse, thinking he was buying a 7-year-old? The horse had been "Bishoped."



Doped and Doctored horses are sold every day; be on your guard.

A Partial List of Secrets

SECRETS OF HORSE TRADING AND SELLING:

The loose shoe trick. The turpentine and gasoline swindles. The horse-hair trick. The fresh butter and flaxseed tricks. Making a horse appear vicious or unsound. "Shutting" a "heaver." "Plugging" a "roarer." Hiding spavins or lameness. The ginger trick. Tricks of crooked auctioneers. The widow trick. The "burglar" dodge—and many others.

SECRETS OF HORSE FEEDING AND RAISING:

Successful silage feeding to horses. Secret of hand raising a foal. Secret method of fattening draughts. Secret of molasses feeding for horses.

SECRETS OF HORSE TRAINING AND HANDLING:

Secret of stopping halter pulling. Secret of keeping a mule from kicking. Secret of handling and curing balky horses. Secret of curing stall kicking, Etc., etc.

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The automatically-locking Smokeless Device is an exclusive feature of the Perfection Oil Heater. This Automatic Smokeless Device



doesn't allow the wick to rise to a point where it CAN smoke, yet permits a strong flame that sheds a steady, glowing heat without a whiff of smoke.

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By itself, FARM JOURNAL is worth many dollars a year to every American who lives in or near the country. Yet the price, WITH "Horse Secrets" is only \$1.00 for FIVE YEARS.

If you send your dollar within 10 days, we will include free "Poor Richard Revived," our splendid 1910 Farm Almanac. 48 pages of useful and amusing reading, calendar for the year 1910, etc.

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