

The Food Value of a Soda Cracker

You have heard that some foods furnish fat, other foods make muscle, and still others are tissue building and heat forming.

You know that most foods have one or more of these elements, but do you know that no food contains them all in such properly balanced proportions as a good soda cracker?

The United States Government report shows that soda crackers contain less water, are richer in the muscle and fat elements, and have a much higher per cent of the tissue building and heat forming properties than any article of food made from flour.

That is why **Uneeda Biscuit** should form an important part of every meal. They represent the superlative of the soda cracker, all their goodness and nourishment being brought from the oven to you in a package that is proof against air, moisture and dust—the price being too small to mention.

NATIONAL BISCUIT COMPANY

Neusy Notes From Neighboring Towns

GATHERED FROM OUR EXCHANGES

SUPERIOR

(From the Journal)

Miss Vera Padden, formerly a Superior girl, is one of the ten who received one of the ten scholarships offered by one of the leading violin players of Chicago.

Announcements are out for the marriage of Miss Mabel Elizabeth Vincent, daughter of Mr. and Mrs. B. H. Vincent, to Mr. Sam F. Long, on Wednesday, Nov. 29.

Hugo Weir and aunt, Mrs. Mary Allison, have gone to Washington, Penn., their home, to spend Thanksgiving with relatives and friends. They will be gone two or three weeks.

Anna Jones was very agreeably surprised at her home in South Superior Saturday evening by about twenty of her little girl friends, who presented her with an opal ring and a bottle of perfume.

B. J. McConnell received a telegram this morning from Quartermaster Devel, U. S. A., dated the 24th, stating that the remains of his son, R. B. McConnell, had arrived at San Francisco, Calif., on the transport Buford on the 28.

Between twenty-five and thirty of Superior's young men have formed a club called the Roi re-pus, which if spelled backward, forms the word "Superior." They have fitted up rooms over Hunter Bros store with neat, new furniture. A club like this is what Superior boys need, and we wish them the best of success.

Amanda Boyer was born in Weisport, Penn., May 28th, 1851, and died at her home one mile east of Superior Nov. 21st, 1905, aged 54 years, 5 months and 21 days. At the age of 12 she moved with her parents to Illinois and in 1872 she was married to Mr. Henry C. Diehl, and moved to Kansas, where they resided until a few years ago, when they moved to the home in which she died.

CAMPBELL

(From the Citizen.)

Mrs. Geo Laporte, who has been absent on a visit in Canada for some time, returned last Friday.

Jacq Lemon and Miss Mabel accompanied Walt Anderson to his home in Nelson, Thanksgiving, to eat dinner.

Dr. A. Townsend has been making many visits here with old friends the past week while on professional calls near town.

Married, last Tuesday, at the Catholic church in this city, Mr. Mose R. U-

lier to Miss Noemie L'Heureux, Father Tasterin officiating.

Married, Thanksgiving day, at the home of the bride's parents, Mr. Wallace Elliott to Miss Bertha Dudek, Rev. A. A. Ling of Franklin officiating.

While coming to town yesterday Dr. Swatslander experienced a runaway. The doubletrees came down and he took no chances but gave the reins to the team and let them go. No damage resulted.

S. M. True, at different times cashier in both banks of this city, but now holding down a like position in the Bank of Inavale, drove over last Saturday to draw up the papers in the transfer of the livery business to its new proprietor. Sid says it is quite hard to remain away from Campbell altogether.

BLUE HILL

(From the Leader.)

Mrs. Mose Wilson returned from Red Cloud Friday.

Dr. Wegman reports a fine boy baby born to Mr. and Mrs. Wm. Shull Wednesday.

Mr. and Mrs. Clarence Paugh are the proud parents of a fine, bouncing boy born last Friday.

Mr. and Mrs. R. D. Norwood are the proud parents of a pretty little girl born Thursday last.

Richard Kort, son of Chris Kort, who has been so sick with typhoid fever since returning from California, has now almost recovered.

John Kottwitz, an aged and highly respected citizen of this vicinity, died at his home Wednesday. The funeral services were held on Friday, Dec. 1st, at the home at 1 p. m. and at the Lutheran church at 3 p. m.

BLOOMINGTON

(From the Advocate.)

Attorney Byrum was down to Riverton last Sunday.

Wm. Dunn shipped two cars of cattle to Kansas City last Sunday.

Dr. Ella P. Sumner reports the arrival of a bouncing big boy baby at the home of Fred Hecht.

Dr. Sumner reports a thanksgiving present at the home of Lee Cook in the shape of a girl baby.

C. Z. Phelps has purchased the blacksmith shop of Mr. Gatcher and will hereafter be found at the old stand.

Chas. C. Brown and H. M. Crane returned the first of the week from a two weeks pleasure trip through the Gulf states.

Rev. Clatter, pastor of the German

Lutheran church, came down to Alma Thanksgiving and christened the infant son of Mr. and Mrs. Sievers.

Mr. and Mrs. J. W. Kukbride gave a "five hundred" party last Wednesday evening. W. L. Hayden and Mrs. E. J. Holmes won the prizes. After a pleasant evening ice cream and cake were served.

She came down with the beautiful snow—upon the wings of the winds she was borne hither—barefooted, naked and a stranger. This was Wednesday evening, and Mr. Vancil smilingly remarked that her weight was within a fraction of 10 lbs.

The case of John Hansberry vs the Burlington for damages for killing a cow was decided by Judge King in favor of the defendant on the theory that the cow was being herded on the right of way and the company was not responsible.

RIVERTON

(From the Review.)

Born, on Thursday, November 23, to Mr. and Mrs. Perry Bennett, a boy.

A baby boy was born Thursday, November 23, to Mr. and Mrs. Livengood, living four miles west of town.

Sheriff Walrath, John Parker and Wm. Fulton were here appraising some school land south of town Tuesday.

Mr. and Mrs. Will R. Burr arrived here Monday morning, and Mr. Burr is now installed in the Review office as foreman.

Wm. Hunt has purchased the Glick and Stetling pool halls, and has consolidated the businesses, occupying the building of the former.

Al Overlease, living 2 1/2 miles west of town, captured and now has in custody a full-grown doe, which mysteriously appeared at his place Thanksgiving morning.

Miss Campbell, who has had charge of the millinery department of Messrs. Whaley and Wickstrom for the past month, left for her home at Beatrice, Wednesday morning.

FRANKLIN

(From the Sentinel.)

Chas. E. Eads and Miss Zemma Jinkinson were married at Bloomington Thursday.

The old soldiers surprised W. H. Coultris yesterday with a big Thanksgiving dinner.

Mr. and Mrs. Jas. Conkling left Tuesday morning for a month's visit in New England.

J. U. Fager writes to his father, D. G. Fager, from Los Angeles, Calif., that his health is greatly improved.

J. M. Carnahan died at his home in Riverton last Friday afternoon of consumption. Funeral services were held Monday.

Caroline Hartley and Miss Louise Bland of Bloomington were united in

marriage, by Judge Miller at Alma last Tuesday.

Bert Shoemaker arrived from the Big Horn business Saturday night for a few weeks' visit with old friends and among the scenes of boyhood days.

A picked up eleven composed of academy and town boys went to Guide Rock Thursday and mopped the earth with the Red Cloud foot ball team to the tune of 29 to 0.

SMITH CENTER

(From the Messenger.)

Belleville, Kansas, is now having to school on account of several cases of diphtheria in that town.

R. F. Winslow returned Tuesday evening from Carmar, Oklahoma. He reports his son, Fred, much better.

The three-year-old son of Mr. and Mrs. Walter Scott died last Thursday after a brief illness with typhoid fever.

S. M. Crook, the man who sells farms, made the deal last Saturday that will soon make S. L. Amis owner of the Stafford farm just east of this city, for which he will pay \$7200.

Jake Moore returned last Friday night from a business and pleasure trip to Enid, Oklahoma. Mr. Moore bought fifteen acres joining Enid and expects to make that his home soon.

J. M. McCasland came in last Wednesday night from Lenore, Oklahoma, with the remains of Mrs. McCasland, who died there Sunday, November 12th. The funeral was held at the home of her parents, Mr. and Mrs. Jack Greaver.

Will Rorabaugh and Mart McCarty were arrested last Wednesday on complaint of J. B. Farens for stealing horse blankets. Constable Ben Williams went out with a search warrant and found the blankets. The boys were arraigned before Squire Eply Wednesday afternoon. Rorabaugh plead guilty and was fined \$20 and costs. He was placed in jail until Saturday when he paid the bill and was released. McCarty stood trial and was released on a fine of \$5 and costs.

LEBANON.

(From the Times.)

Albert Kretschmer is the proud possessor of a \$600 pipe organ.

Geo. Nolan has resigned his position as engineer at the Lebsnon mill.

Smith Center defeated Osborne at basket and football last Saturday.

Billy Kinsey of the Mankato Advertiser visited with home-folks in Lebanon Sunday.

Jas. Branton, father of our W. D., left Tuesday morning for Portage, Wisconsin, to visit a sick brother.

Jas. Buckley traded his residence property in this city to D. H. Hobbs, Tuesday, for an eighty acre farm.

Geo. Fowler, the carpenter, fell off of a building Friday and sprained an ankle so that he has to use a crutch.

T. S. Grisell received a message from Courtland Sunday, stating there were sixteen cases of smallpox down there.

Geo. Nolan received a telegram Sunday from his sister in Denver, announcing the death of her husband, Mr. John Heide.

C. Miss Helen Adams went down to Belleville Monday morning to resume her work as teacher in the Belleville schools.

Walt Crum has raised his corn husking record from 102 to 106 bushels and he had the scale weights with him to prove it.

MANKATO.

(From the Advertiser.)

Born, to Mr. and Mrs. Jesse Dobbins, Sunday, November 26, a baby boy.

The Rock Island bridge gang finished their work on the trestle west of town, and left today.

Mrs. Susie Eyre, of Superior, Neb., was the guest of Mrs. Gregory a couple of days the last of the week.

Will Lashley purchased a fine driving team of horses of John Calhoun Tuesday for which he paid \$300.

Miss Anna January left yesterday for Washington, Kas., in response to a telegram announcing the serious illness of her aunt.

Art Leadbetter is still laid up for repairs on account of the runaway he and Chet Dillman had last week. Art has one leg in a sling.

Fintey Rock came in over the Rock Island the first of the week with a nice bunch of calves which he hopes to leave to Jewell county.

Amrose Runyon, who lived northwest of town, died at his home Sunday afternoon. He was born in Ohio, March 22 1835. He was the father of two children, seven of whom are still living.

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Cleanses and beautifies the hair. Promotes a luxuriant growth. Never fails to Restore Gray Hair to its Youthful Color. Cures scalp diseases & hair falling. 25c and 50c at Drugstore.

Burlington Route	TIME TABLE.
	Red Cloud, Neb.

LINCOLN OMAHA CHICAGO ST. JOE KANSAS CITY ST. LOUIS and all points east and south.	DENVER HELENA BUTTE SALT LAKE CITY PORTLAND SAN FRANCISCO and all points west.
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TRAINS LEAVE AS FOLLOWS:

No. 13. Passenger daily for Oberlin and St. Joseph branches, Oxford, McCook, Denver and all points west. 7:05 a.m.

No. 14. Passenger daily for St. Joe, Kansas City, Atchison, St. Louis, Lincoln via Wynora and all points east and south. 2:07 a.m.

No. 15. Passenger, daily, Denver, all points in Colorado, Utah and California. 7:50 p.m.

No. 16. Passenger, daily for St. Joe, Kansas City, Atchison, St. Louis and all points east and south. 10:10 a.m.

No. 174. Accommodation, Monday, Wednesday and Friday, Hastings, Grand Island, Black Hills and all points in the northwest. 1:30 p.m.

Sleeping, dining, and reclining chair cars (seats free) on through trains. Tickets sold and baggage checked at any point in the United States or Canada.

For information, time tables, maps or tickets call on or address A. Conover, Agent, Red Cloud, Neb., or L. W. Wakeley, General Passenger Agent, Omaha, Nebraska.