### **APRIL**, 1923

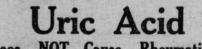
# The Commoner

tions.

# **Rupture Kills** 8,000 Annually

**O,OUC ATTILLATY** Eighty thousand persons each year are laid away—the burial certificate being marked "Rupture." Why? Be-cause the unfortunate ones had neg-lected themselves or had been merely taking care of the sign (swelling) of the affliction and paying no attention to the cause. What are you doing? Are you neglecting yourself by wearing a truss, appliance or whatever name you choose to call it? At best, the truss is only a makeshift—a false prop against a collapsing wall—and cannot be ex-pected to act as more than a mere mechanical support. The binding pres-sure retards blood circulation, thus which they need most—nourishment. But science has found a way, and all truss sufferers in the land are in-vited to make a FREE test right in the privacy of their own homes. The PLA-PAO method is unquestionably the most scientific, logical and successful self-treatment for rupture the world has over known. The PLAPAO PAD when adhering

treatment for rupture the world has ever known. The PLAPAO PAD when adhering elosely to the body cannot possibly slip or shift out of place, therefore cannot chafe or pinch. Soft as velvet—easy to apply—comparatively inexpensive. To be used whilst you work and whilst you sleep. No straps, buckles or springs attached. Learn how to close the hernial open-ing as nature intended so the rupture CANT come down. Send your name to-day to PLAPAO CO., 1338 Stuart Bldg., St. Louis, Mo., for FREE trial Plapao and instructive information.—(c) P.L.



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entirely new, advanced scientific meth-ods. The writing of this unusual book is the result of my twenty years study, experimentation and research in this disease and I want every sufferer of **RHEUMATISM, NEURITIS, SCIATICA, GOUT etc.**, no matter in what form or how chronic to read it. Therefore, al-though valuable, I will gladly send one complete copy only of the book abso-lutely free if you will send your ad-dress or that of any sufferer you may know, plainly written, to H. P. CLEARWATER, Ph. D. 1272-M Water St., Hallowell, Maine

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scruples of a multitude of menand then the community is shocked through hours of temptation and at an arrest or suicide when the discovery is made.

Only a few years ago the head of one of the oldest and most trusted an earnest desire to be sinless. If unbanks in New York died and investigation disclosed that he had been falls, it is the sin that grieves him, committing frauds on the bank for a decade.

What is the remedy? Christ supplies it. He cleanses the heart; He purges it of the love of money which "is the root of all evil," or, as the new version put it, "a root of every kind of evil."

The third illustration is to be found in the infidelity that wrecks homes, ruins lives, and does injustice to so many children.

What is the trouble? Dallying with sin, gradual yielding until the temptation becomes a consuming flame.

What is the remedy? Here again Christ supplies it. He warns against the thought before it ripens into act. Here, too, the beginning of evil must be avoided.

And so with every sin. But care in the avoiding of temptation is not sufficient; those who are conscious of human weakness and anxious to abstain from wrongdoing will pray as Christ advised His disciples to do, that they enter not into temptation. We must pray as well as watch.

But the Master felt another need of prayer, a need of strength to pass through the ordeal toward which He had been journeying and for which He waited. It was not fear that moved Him: it was the human side of Christ that asked the Father, "If thou be willing, remove this cup from me," but it was the deity in Christ that added, "nevertheless not my will, but thine, be done."

And as Jesus prayed there ap-peared unto Him an angel from heaven to strengthen Him, just as in the days before and since an all-loving Heavenly Father has sent winged messengers unto His children to be allies when the night is darkest and the fight is hottest.

As Elisha drew back the curtain that his frightened servant might behold the heavenly reinforcements camped upon the mountain top, so Luke records for us the appearance of an angel that brought strength in answer to a prayer uttered so earn-estly that His sweat "was as it were great drops of blood."

When Christ arose, He was ready for the final chapter. His flesh had been brought into subjection to the spirit and He who might have called legions to His defense meekly gave Himself into the hands of His executioners.

Judas comes for a moment into the limelight, gives the betraying kiss and then takes up his journey toward the potter's field, which he enters through the suicide gate.

And Peter? He "followed afar

eloquence, but all Christians pass many yield.

The Christian is not to be distinguished by sinlessness, but rather by der the pressure of temptation he not the discovery of it. He does not delay repentance until he is confronted by punishment-he repents when the fact of his sin burns itself into his consciousness and he prays for strength to resist future tempta-

Peter was emotional and, because emotional, had to pass through the valleys that lay between the mountain ranges which his enthusiasm enabled him to scale.

Sin can neither be desired nor justified on the ground that it sometimes, furnishes a stimulus to great achievement, but sin, when it does come, ought to be utilized as far as possible as an aid to others.

A man who has been a drunkard, especially if he has allowed drink to drag him down into that awful disease known as delirium tremens, can warn against alcohol as those cannot who have always been total abstainers. Those who have been released from bondage to intoxicants must find at least a crumb of comfort in the consciousness that they can use their own wretched experience to save others from similar degradation.

The lesson of Christ in Gethsemane may be summed up in three sentences.

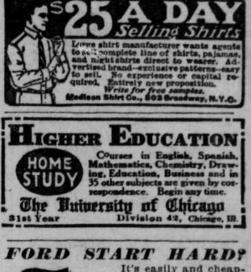
First, even Christ-Deity shining through humanity-needed prayer to strengthen Him when He entered upon the greatest of His struggles-how much more we!

Second, man needs constant and communion with the intimate Heavenly Father as a protection against the temptations that beset him-his easily besetting sins.

Third, Peter, by his triumph over his weakness, shows us how frail human beings may be made strong by faith.

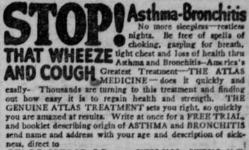
Christ is the Alchemist who can transform base human clay into the refined gold of a righteous life. He can lift man from the mire of sin to a place among those whose robes have been washed in the blood of the Lamb.







13











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ment.)

A poor example, certainly. If this were all we knew of Peter it would have been worse than a poor example. The story of Peter's life would have been even less interesting if it had ended a little later when he thrice denied the Saviour.

But Peter outlived the experience recorded in this chapter; he continued to follow Christ and his pace quickened with the years. When he sat by the fire in the high priest's house where they had taken Jesus, he played a sorry part for a disciple, but Peter did a wonderful work when, as Dr. Marquis puts it, he was warmed up.

To the average Christian Peter is the most helpful of the great personalities whom Christ called into serv-AGENTS WANTED-Write for special ice. Few can expect a conversion terms. R. V. Turner, 301 Jefferson street, Montgomery, Ala.-(Advertise-still less can hope to rival Paul in

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