

the root of the nail with the towel and thumb; this will give length to the nail and preserve unbroken the "selvedge" of the skin. Any raggedness of this selvedge should be carefully clipped off by a pair of toilet scissors with very fine points to insert under the raggedness. The usual "small scissors" of the work basket will not do.

Vaseline should not be used on the hands, as it is very apt to turn the skin yellow and to leave a stain on the nails that is hard to clear away.

Tepid water with a very few drops of household ammonia and a good lather of vegetable-oil or borax soap is best for hands that are inclined to redness; as in this case, the trouble usually lies with the circulation, slight gymnastics will relieve it.

Many women are worried by a constant tendency to perspire freely in the palms; this difficulty will ruin the gloves in one or two wearings, if the perspiration is very heavy. Magnesia is recommended for this; get it in square blocks and rub it thoroughly into the skin before pulling on the gloves; strictly followed, the effect is entirely successful.

For the lengthwise ridges which come on the nails, particularly the thumbs, the constant use of the nail polisher dipped in pink enamel powder is recommended; the ridges are due to weakness caused by bodily ill health and this method strengthens the nails. For the splitting and breaking of the nails there is a tonic put up by manicurists, but for home treatment they advocate bathing in oil and the friction of rubbing with chamois skin as the most helpful application. But the very best remedy is to attend to the general health, and "all things else shall be given unto you." To whiten and soften the hands, cold cream is recommended, applied at night, and old gloves, with split palms worn until morning to protect the bedclothing.

An Old-Time Recipe

Mrs. Martha L., of Michigan, sends us the following method of preserving strawberries in the long ago, before canning was so much a part of the housewife's work.

The strawberries must be gathered on a dry day, choosing the finest before they are quite ripe; leave the stems on. Place separately on a large dish or platter and strew over them twice their weight of pounded lump sugar; then, put ripe scarlet strawberries, crushed, into a jar with an equal weight of pounded lump sugar, and cover tightly, and allow the jar to stand in a saucepan of water until the berries are quite soft and all the juice extracted. Then strain through muslin into a preserving pan, boil, and well skim the juice, let cool; then put in the whole strawberries with the stems on, and place over the fire until milk warm, when the pan should be removed and allowed to get quite cold. Again put the pan over the fire and allow them to get a little hotter than the first time, letting them cool, and repeating the process until the berries look clear, but they must never be allowed to boil, as that would cause the stems to fall off. When cold, put into glass jars or tumblers, stems down, and fill the jar or glass with syrup. Paper dipped in brandy must be put over them, and they should be covered and the cover closely tied down.

Here is a way to can them: Pick off the stems from the fruit, which should be not quite ripe; put the fruit into bottles and fill the bottles quite to the top; put the cork in loosely, and set the bottles upright in a pan of water, and bring the water to the point of boiling; draw the pan back on the stove and leave stand at the point of boiling for a quarter of an hour. Then, fill to within an inch of the top with boiling water; cork



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neat trimming and used in a way to give novelty to the front of the blouse.

7696—Girls' Dress—Cut in sizes 6, 8, 10 and 12 years. A splendid style for combining materials. In the scalloped and plain-closing outline, to the left of the blouse there is almost enough decoration for this dress, but a sash with a great bow marking the four-gored skirt with a panel at back is a feature that all girls love.

7725—Ladies' Working Set—Cut in sizes 36, 40 and 44 inches bust measure. To give the air of a business suit to a working outfit is indeed art—this model proves it with its belted coat banded at the neck and down front where the closing is made. The skirt is cut in three gores.

7702—Girls' Dress—Cut in sizes 2, 4 and 6 years. Without the aid of ornament, this little dress wins admiration solely on account of its design. The odd closing outline is noteworthy; the square neck and novel sleeve cuffs are of interest and the skirt is cut in four gores.

7697—Ladies' Dressing Sacque and Cap—Cut in sizes 34 to 42 inches bust measure. Style requirements are met by the cut of this one-piece sacque and the use of ribbon. Any of the pretty crepe materials can be used to make this sacque with the collar and cuffs of figured or plain material.

7716—Ladies' Apron—Cut in sizes 36, 40 and 44 inches bust measure. This model is correctly styled with the generous use of bias banding on the V neck, sleeve edges and pocket laps—it effectively marks the closing at the left front side. A belt at the waist back, gives lines to the skirt portion.

7745—Ladies' Skirt—Cut in sizes 24 to 32 inches waist measure. Serge, cheviot or broadcloth can be used to make this skirt with the belt and pocket straps of contrasting material.

7746—Ladies' Apron Dress—Cut in one size. The odd style of buttoning over the shoulders almost to yoke line, gives the semblance of the cape effect—now good style in other garments. Edging is used to finish the square neck and sleeves; an elastic at the waist adjusts the garment which slips on over the head.

7731—Boy's Suit—Cut in sizes 2 and 4 years. Picturing the newest in boys' suits, this model shows a collar of neat and comfortable cut, in contrasting goods and cuffs and sleeves harmonizing. The closing of the plain waist is at the neck. The trousers have side fastening and a straight lower edge.

7717—Girl's Dress—Cut in sizes 6, 8, 10 and 12 years. Claiming the right to be called fascinating, this dress shows buttons in groups trimming a box plait that extends down the center front to where a belt marks the joining of a two-piece skirt.

7738—Ladies' Negligee—Cut in sizes 36, 40 and 44 inches bust measure. Irresistible, with a touch all its own, this negligee is in Empire style and has the body and sleeves in one for a distinguishing feature. The skirt portion is gathered at its upper part to give a ripple in its fall to the desired length.

7718—Ladies' Shirt-Waist—Cut in sizes 36 to 44 inches bust measure. Modesty meriting praise is shown in this model. The collar lending itself to revers is formed of contrasting goods and the sleeve cuffs are in harmony. Narrow braid or banding is a

tight and let get cold. Pack the bottles away, placing them horizontally, on their sides, to keep the corks moist, so the bottles will be water-sealed. If well corked the fruit will keep, as the moist corks admit no air.

Odd Bits

Here is something I want you to try: When putting up fruit and vegetables in tin, as many do, you will want to know how to fasten the label on the can so it will stay. When you are ready to put it away, brush the metal with a strong solution of cooking soda, and let dry; then give it a coat of onion juice. Before the onion juice becomes dry, press the paper label against the wet sides and hold, or fasten it there until thoroughly dry.

At most of the department, or ten cent stores you can get coat hangers, wooden or wire, two for five cents. The wooden ones are best, if you can get them. Then cover with cotton batting closely fitted to the hanger, sprinkle with sachet powder and cover with some pretty material; cover the hook, also. This will prevent the hanger rusting the garment where it touches it.

Another way to cover the hanger is to take a long strip of cloth—white is good; wind it over and over the arms of the hanger, with the edges of the strip just lapping, drawing it tight so it will not slip out of place. A few stitches along the lapping will make it more secure. Wrap the hook also. These hangers are very nice indeed for hanging up shirt waists, dresses, coats, and in fact any garment not wanted to be folded. One hanger will hold several garments.

For hanging up skirts, there is another make of hanger, which is clamped on the folded belt or binding of the skirt, holding it perfectly straight. Quite a few of these may be hung in the wardrobe, or, more can be used if you have a closet and suspend a curtain pole so these hangers can be hooked on the pole. They can lap each other and can be shoved along the pole when you are trying to get the particular garment you want.

For your nicest skirts, or dresses, make dust bags to slip over the garment as it hangs on the hook; even old calico, or sheets will answer for materials for these dust bags.

THE GREAT MODERN FOOL

The fool is one who has an impediment in his thought. It is not, as the modern fellows say, a prejudice put there by his grandmother. I have wandered over the world (so to speak) trying to find some faithful, simple soul who really believed in his own grandmother. He does not exist. The first act of the fool, when he is articulate, is to teach his grandmother how to suck eggs. Fools have no reverence. Fools have no humility. The impediment in the thought of the great modern fool (for in this department we have beaten all other epochs) consists in the fact that his head has found room for one idea. It is a very modern idea. But it is a very smooth head. The stopper fits the brain as stopper fits a bottle. And when you have really put in the stopper, the brain stops.—G. K. Chester, in Life.

The skirt is cut in three gores and is up to the minute in style.

7728—Ladies' Skirt—Cut in sizes 24 to 32 inches waist measure. If plainness is the single excellence in a garment, this three-gored skirt has excellence. The fashionable pockets are of a size to suggest side yoke and are as decorative as they are useful.

7726—Ladies' Dress—Cut in sizes 36 to 42 inches bust measure. A very becoming model blending many of the new style ideas. The blouse is gathered at the waist line. Closing is at the left front under a stitched band of material. The skirt is cut in two gores.