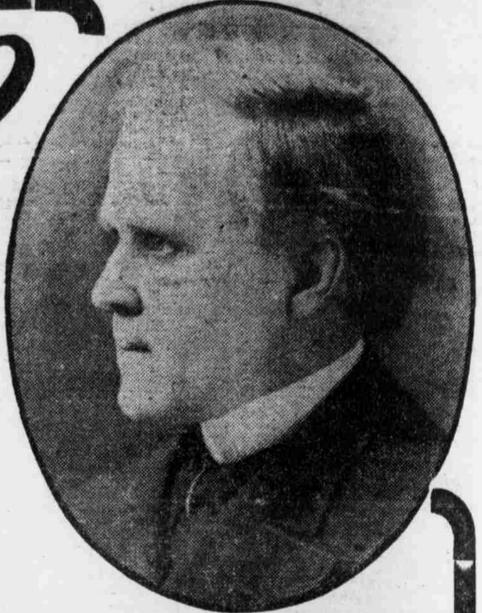
"Dr. Moras has written a Commonsense Book on Autology, and by so doing, placed the Standard of the Creed of Health farther to the front than any man who has lived for a thousand years." Elbert Hubbard



Here is what the Editor of the "Dental Summary" writes about Autology in the May, 1911, number: "Dr. E. R. Moras, Highland Park, Ill., has written a book that every man, woman and child owes it to his intelligence to read and study. It is called 'Autology and Autopathy,' which, being translated liberally, may be construed, 'He that knows himself may cure himself.' While it is a 'medical' book in the common acceptance of the term, there isn't a word about medicines in the entire work. But there is more hard commonsense, more information concerning the body in health and disease, more advice about diet and brain, nerve and body building than in the entire libraries of the world besides. Ethically and professionally, the author of this really remarkable book stands high, but the contents of the book are such as to place him high above his fellows, and it will stand as a monument to him after his professional record is forgotten. The book is worth \$500.00 to any man who cares for his own personal welfare, or the health of wife and babies."

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MRS. DROZ, Torrington, Conn.

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I began to be an Autologist. Last evening I was telling a friend about it, and she asked me if I would go back to the old way of living, and I answered her, 'No, not for all that is in this world.' I have not had a cold since last August, and not a hint of asthma since last December. I am often asked if I am not afraid it will return, and I say most decidedly, 'No.' I now know what perfectly good health is, and I expect to live one hundred years at least. I wanted to let you know that I have outwitted the doctors who told me that I could never be any better. God bless Autology and its noble any better. God bless Autology and its noble

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# E. R. MORAS, M. D.

Dept. 100, Highland Park, Illinois

Harvard University Medical School, '88; College of Physicians and Surgeons (Chicago), '89; formerly House Physician and Surgeon in Cook County Hospital, (Chicago); Professor of Obstetrics College of Physicians and Surgeons (Chicago); member Chicago Medical Society to 1912.

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