

flannel cloth and wringing it well each time it is dipped in the water before using. After it is clean, use cold water to rinse, then dry with an old piece of linen. White paint may be cleaned with a mixture of whiting and water to the consistency of cream. Rub lightly with this, then rinse with cold water and dry. The whiting will remove all dirt.

Good Things to Know

To clean a flower-vase—Mix a gill of vinegar and a tablespoonful of salt and pour into the flower vase, shake well, and allow it to stand an hour or two—longer will not hurt; then shake well again, and rinse in clean water. If this does not clean, put in the salt and vinegar and add pebbles or shot, and shake well again.

When the knobs usually on the cooking vessels have disappeared, try replacing them with a cork, or a spool, putting the screw through just as it was on the knob. You will find it quite serviceable.

Polishing cloths for silver are advertised for sale. Here is a way to make them: Mix together two quarts of gasoline, one pound of Spanish whiting and one-fourth ounce of oleic acid. Take woolen cloths of the desired size and soak in the mixture, then wring and hang to dry. These cloths clean and polish silver beautifully without soiling the hands. The cloths must be woolen, as cotton will not hold the whiting, and when the gasoline dries out, the whiting will fall from the cotton cloth.

It is claimed that for floor polish, a candle melted and mixed while hot with the same amount of turpentine, applied as other polish, is better for floors than the polish made of bees-wax and turpentine.

Yellowed linen may be bleached in this way: Take enough "Jimson" weed leaves to fill a gallon pail; put into a thin cotton bag, beat with a wooden paddle until well bruised, then cover with cold water in a pan for an hour. Then squeeze out the green juice, and when the clothes are put into the boiler pour the "Jimson"

DAME NATURE HINTS
When the Food Is Not Suited

When Nature gives her signal that something is wrong it is generally with the food; the old Dame is always faithful and one should act at once.

To put off the change is to risk that which may be irreparable. An Arizona man says:

"For years I could not safely eat any breakfast. I tried all kinds of breakfast foods, but they were all soft, starchy messes, which gave me distressing headaches. I drank strong coffee, too, which appeared to benefit me at the time, but added to the headaches afterwards. Toast and coffee were no better, for I found the toast very constipating.

"A friend persuaded me to quit coffee and the starchy breakfast foods, and use Postum and Grape-Nuts instead. I shall never regret taking his advice.

"The change they have worked in me is wonderful. I now have no more of the distressing sensations in my stomach after eating, and I never have any headaches. I have gained 12 pounds in weight and feel better in every way. Grape-Nuts make a delicious as well as a nutritious dish, and I find that Postum is easily digested and never produces dyspepsia symptoms."

Name given by Postum Co., Battle Creek, Mich.

Get the little book, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

juice over them and boil as you would any clothes, treating after the usual manner of wash day. This is said to bleach beautifully.

The worst of soiled brass may be polished by using shellac moistened with alcohol. Polish with this and then rub with a soft, dry cloth. Use a very little at a time, as the alcohol quickly evaporates. Keep the stuff in a wide-mouthed small bottle, well corked.

Fruit Combinations

Strawberries and gooseberries make a nice combination used in proportions of five quarts of strawberries to two quarts of ripe gooseberries. Jelly made of the green gooseberries alone in which vanilla bean is cooked has a delightful flavor. Another combination is a preserve made of three quarts of strawberries to one of pineapple chopped fine, and two oranges cut quite small. Add sugar as for preserves and cook gently, not too thick; this makes an attractive sauce. Equal measures of gooseberries, currants and raspberries make a fine jam; elderberries, which are rather insipid alone, combine nicely with green grapes, gooseberries, or crabapples, either singly or in combination. Black currants are often improved by adding red currants; the strong flavor of the black currants is neutralized by the red without the flavor being entirely lost. There are so many delightful combinations possible that it will pay one to experiment.

Salad Dressings

Boiled Dressing—Mix together a teaspoonful each of salt, mustard and celery salt, a tablespoonful of sugar and one of olive oil or butter, and three eggs. Beat all together until perfectly smooth, then pour in gradually, continuing to beat, a cupful of sour milk or cream. Set this over a kettle of boiling water or in a small double boiler and beat in rapidly half a cupful of hot vinegar. Stir and cook until thick as custard, but do not allow to boil, as boiling will curdle it. Remove from the fire, and when cold pour into small self-sealers, cover tightly and keep in a cold place.

No. 2—Mix together one teaspoonful of salt, sugar and pepper, and half a teaspoonful of mustard; add the yolks of two eggs and beat hard until they are light, then pour in gradually one cupful of sweet milk, and place over a kettle of boiling water. Beat in rapidly half a cupful of hot vinegar in which two tablespoonfuls of butter have been melted, cook and stir until the mixture is as thick as boiled custard. Remove from the fire, and when slightly cooled, beat in the stiffly-whipped whites of the eggs. Cover closely in small jars. This will keep perfectly for several days in a cool place. Before pouring it over the salad, thin with cream as desired.

French Dressing—Three tablespoonfuls of olive oil, one of vinegar, one-half teaspoonful of salt, one-fourth teaspoonful of paprika or white pepper; mix the dry ingredients with the oil in a bowl until the salt dissolves, then add the vinegar and stir well. Pour over the vegetables to be dressed, taking care to coat all parts with the dressing. This may be varied by mixing together half a teaspoonful each of salt and sugar, one-eighth teaspoonful of paprika, a few drops of tobasco sauce and a quarter of a cupful of vinegar. Drop in oil, beating constantly and rapidly until it thickens.

DOING THEIR DUTY

City Visitor (to farmer)—"Do you keep good hens?"

Farmer—"I should say I do. Some of they say 'Now I lay me' twice a day."—Life.

Talks With Commoner Readers---No. 6

In your business transactions, don't you like to deal with people who are up-to-date and progressive rather than with the tradesman who stands still?

Haven't you found that the progressive business man is the one who endeavors to gain your trade by giving the best facilities, service and satisfaction?

On the other hand, haven't you experienced the feeling of doubt and dissatisfaction when dealing with business firms that are not up-to-date? Haven't you felt that they were trying to make as much money out of you as possible, giving you the least service, or not caring whether you ever came back again?

In ninety-nine cases out of a hundred, the non-progressive business man is not an advertiser. He tells you that he saves this expense and gives you the benefit of better and lower prices? But did you ever know of a case where he did so, or where he was ever able to?

The business man who advertises does so for economic reasons—it is the cheapest and most effective way to reach old as well as new customers. He does business by the wholesale, and with a larger number of people. He is continually enlarging and expanding his territory. He has large numbers of people to serve. He has more goods to buy and he buys them for less money than the smaller dealer. He has to turn his goods over more quickly and he must be content with giving lower prices and better service in order to keep up the volume of his business.

Advertising is the cheapest and best means for the business man to enlarge his trade. As an instance of the saving in cost that a progressive business man makes when he has a proposition to submit to The Commoner readers, if he should send a circular letter to every Commoner reader it would cost him in postage alone nearly \$1,500, while if he advertised in The Commoner he could run his announcement in a one-inch space for but \$7.

One good reason why it will pay you to deal with Commoner advertisers is that you are dealing with reliable, progressive business firms, who sell to large numbers of people and who are able to make better prices. They ask for your business through The Commoner columns because they can reach the largest number of people at the lowest possible expense. Write to The Commoner advertisers whenever you see anything that interests you, even if you do not decide to buy. It will pay you in many ways.

Latest Fashions for Readers of The Commoner



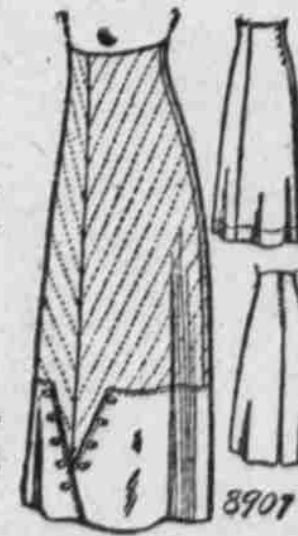
8825—LADIES ONE-PIECE APRON
Sizes, small, medium and large. Requires 4 yards of 36-inch material for the medium size.



8865-8719—LADIES COSTUME
Waist, 8865, cut in sizes 34, 36, 38, 40 and 42 inches, bust measure. Skirt, 8719, cut in sizes 22, 24, 26, 28 and 30 inches, waist measure. Requires 9 yards of double width material for a medium size. This illustration calls for two separate patterns which will be mailed to any address on receipt of 10c for each, in silver or stamps.



8907—MISSES FOUR-PIECE SKIRT
Sizes, 14, 15, 16 and 18 years. Requires 3 3/4 yards of 27-inch material for the skirt and 1 3/8 yards for the flounce for the 15-year size.



8860—BOY'S BLOUSE SUIT
Sizes, 4, 6, 8 and 10 years. Requires 3 1/2 yards of 36-inch material for the 6-year size.

THE COMMONER will supply its readers with perfect fitting, seam allowing patterns from the latest Paris and New York styles. The designs are practical and adapted to the home dressmaker. Full directions how to cut and how to make the garments with each pattern. The price of these patterns 10 cents each, postage prepaid. Our large catalogue containing the illustrations and descriptions of over 400 seasonable styles for ladies, misses and children, mailed to any address on receipt of 10 cents. In ordering patterns give us your name, address, pattern number and size desired.

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